

# OUTPATIENT DISCHARGE FORM

Please complete and submit this Discharge Form for your ValueOptions patient as soon as you confirm a Discharge Date. For example, if this is an unplanned, patient-directed discharge, submit this form as soon as you are aware of the fact that your patient has discontinued using your services.

**Actual Discharge Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

Type of Service: ☐ Mental Health ☐ Substance Abuse

**Patient Name:** \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ ☐ M ☐ F

Address (City/State only): \_\_\_\_\_ Tel #: \_\_\_\_\_

Patient's Insurance ID#: \_\_\_\_\_

Patient's Employer/Benefit Plan: \_\_\_\_\_

**Provider Name:** \_\_\_\_\_ License: \_\_\_\_\_

Provider Program/Clinic (if applicable): \_\_\_\_\_

VO Provider # (if known): \_\_\_\_\_

Service Address: \_\_\_\_\_ Tel #: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Licensure level (type of license): \_\_\_\_\_

Are you independently licensed to provide services in the State where you are treating this patient? ☐ Yes ☐ No

ID #: \_\_\_\_\_ Check Which: ☐ SSN ☐ Tax ID ☐ NPI

**Primary Discharge DSM-IV Diagnosis:** \_\_\_\_\_

**Discharge Condition:** ☐ Improved ☐ No Change ☐ Worse ☐ Unknown

**Type of Discharge:** ☐ Planned ☐ Unplanned

**Discharge Reasons:** (Check all that apply)

☐ No further treatment indicated/stable

☐ Chose to disengage at this time

☐ Medication Management follow-up only

☐ Required more intensive services

☐ Chose other outpatient provider/service

☐ No longer eligible

☐ Moved

☐ Unable to contact

☐ Other: \_\_\_\_\_

## Current Risk Assessment:

Scale: 0 = none 1 = mild, ideation only

2 = moderate, ideation with EITHER plan or history of attempts

3 = severe, ideation AND plan, with either intent or means

na = not assessed

(Please select/circle one value for each type of risk)

Patient's risk to self: 0 1 2 3 na With: ☐ Ideation ☐ Intent ☐ Plan ☐ Means

Patient's risk to others: 0 1 2 3 na With: ☐ Ideation ☐ Intent ☐ Plan ☐ Means

## Current Impairments: (Please select/circle one value for each type of impairment)

Scale: 0=none 1=mild/mildly incapacitating 2=moderate/moderately incapacitating

3=severe or severely incapacitating na=not assessed

Mood Disturbance (Depression or Mania)	0	1	2	3	na
Anxiety	0	1	2	3	na
Psychosis/Hallucinations/Delusions	0	1	2	3	na
Thinking/Cognition/Memory/Concentration Problems	0	1	2	3	na
Impulsive/Reckless/Aggressive Behavior	0	1	2	3	na
Activities of Daily Living Problems	0	1	2	3	na
Weight Change Associated with a Behavioral Diagnosis	0	1	2	3	na
Medical/Physical Condition	0	1	2	3	na
Substance Abuse/Dependence	0	1	2	3	na
Job/School Performance Problems	0	1	2	3	na
Social/Relationship/Marital/Family Problems	0	1	2	3	na
Legal Problems	0	1	2	3	na

**Treating Provider's Signature:** \_\_\_\_\_

Date: \_\_\_\_\_