

# The Spoke n Word

The Newsletter of the Orange County Bicycle Club, Orange County New York

<http://www.ocbicycleclub.org/index.php>

September 2012

## The Artic Circle

Preparing for Country Roads; reminders of safe riding

Page 1

## More on Country Roads

Volunteers still needed

Page 2

## Slaying the Dragon

Crazy Mike documents Greg Solis' Princeton victory

Page 3

## Tour de Foliage

September 23; Westchester County

Page 4

## The Ride Connection

Making contact with other riders

Page 4

## Tour de Goshen

A photo essay of OCBC members at the Tour

Page 6

## The Artic Circle

Hello everyone,

The summer is fast disappearing, but don't worry, the fall brings some of the best riding weather and some of the best "Tours" to ride.

One of these is our own Country Roads "Ride with the Camels". Thanks to all the volunteers and the Country Roads committee who are finalizing all the details for September 16th.

One of the things that makes this Tour unique and special are all the home baked goods that the riders get to feast on while enjoying our country roads here in Orange County.

The Saturday morning before (The 15th) we will be collecting all of your baked goods, so dig out those recipes and bake away.

Also support our club by registering and riding the tour and helping our guests on the roads if needed. [Country Roads Registration.](#)



I want to bring one more thing to everyone's attention. On a recent Saturday club ride the Warwick Police brought to my attention some cyclists on the Pulaski Highway who were across the road blocking traffic. They will be out watching and they will ticket anyone that is not obeying the rules of the road. When vehicles approach from behind, cyclists are supposed to form a single file, so let's set a good example and if you see someone not following these rules let them know. This next photo is an example of the type of riding which can get you a ticket:



Thanks to all the ride leaders this summer who have volunteered to lead our rides. Without them we would be lost. If you would like to volunteer to lead a ride, pick a date and starting point and Tom Folkl can put it on the calendar.

September is here so I will let you sleep a 1/2 hour extra since all rides now start at 8:30 AM.

Get out and enjoy the rides  
Be safe

## Country Roads; September 16



While we do have a substantial number of volunteers who have offered to step up to the various tasks involved in running Country Roads, we are still in need of additional help, particularly in the areas of:

- \*rest stops
- \*clean up
- \*registration
- \*sag support

Please consider helping out your bike club in running our annual signature event. If you can help, please contact Susan Glusica at:

[susan\\_glusica@wagroupplc.com](mailto:susan_glusica@wagroupplc.com)



Mike "Spinguy" Finnegan and Jason Silver Streak ready to take off on the August 25 Saturday club ride.

## OCBC welcomes new members:

Anjanette Milladge; Woodbridge, VA  
Chris Pittaluga; Pine Island, NY  
Justin and Orsolya Sussner; Monroe, NY  
Ken and Ashley Allchurch; Newburgh, NY  
Louis Tafuto; Warwick, NY  
Gregory, Deborah, Jessica and Dan Spencer; Goshen, NY  
Brian, Laura, Sean and Brendan MacNamara; Warwick, NY  
Joseph, Kathy, Matthew and Teresa Paternoster; New Hampton, NY  
Ray Ferriola; West Milford, NJ  
Glenn Hubert; Milford, PA  
John Finneran; Salisbury Mills, NY  
Matthew and Lisa Winkler; Summit, NJ  
Stefan Davenport; Chester, NY  
Richard Trueman; West Milford, NJ



Awaiting the signal to start at Tour de Goshen.



The Camel Shop was open for business at Tour de Goshen.

# Greg Solis Slays Dragon!

by Crazymike

August 4th 2012, Greg Solis shows up to ride the Princeton Free Wheelers Metric Century and slays the Dragon. For those of you that are not sure what I am writing about here's the background story.

It began in August 2011 when Greg along with a cast of OCBC characters drove down to the Princeton area to ride the Princeton Free Wheelers Metric Century. Greg, being typical Greg, might have been thinking, "no problems here, heck I ride with OCBC where they be hills." Greg went out to dinner drank wine and danced with wild women the night before the ride. Little did he know he was looking into the mouth of the Dragon and teasing it with his jokes.

He wakes up that Saturday from his wine induced coma and making it to the ride still laughing in the face of the Dragon. He never realized, at that time, that the Dragon had many teeth as well as fire. The Fire? Well as most days in August are, it was hot with some humidity. It would require a great deal of hydration to complete the ride that day something that might have been overlooked.

Greg, rides the first 15 miles of the 70 mile ride (The Princeton Club miscalculated the metric miles) at a leisurely pace, telling stories and cracking jokes. Me, leaving later, eventually catches up with Greg at the first rest stop. For me, after the rest stop it was time to hammer that route heck, I did not want to be out there all day! Greg joins me at the increased speed and we leave the OCBC women to enjoy their ride. Greg and I are cranking the gears when, I hit debris on the road and flatted. Greg proceeds to leaves me at the side of the road and in the heat to suffer the fate of changing a flat (Don't worry about me, the OCBC women rescued me).

As I understand it Greg left me for dead at mile 25 and he kept on talking to me as if I was still riding with him.. Greg said he did not realize I was not around until mile 35.

From what I could make of it, Greg started to feel the heat, and the miles at about the 40mile mark. The Dragon was applying pressure. Greg was becoming beat. Amazingly as this sounds Greg was not cracking wise, no jokes he was in agony. He barely made it back to Mercer Community College that Saturday, the Dragon bit him and stomped on him. It looked like Susan would be the driver for the ride home that day.

August 4th 2012, we see a different Greg, a leaner Greg, a savvy Greg. Greg has been planning his vengeance on this route for a year. He arrives in Princeton 2 days early this time. He makes jolly on Thursday leaving Friday before the ride as a rest day.

He uses Friday to plan his attack on the dragon. If Lance could see Greg planning the route on Friday he would be pleased to say the least.

It is Saturday, the OCBC group leaves in mass. Greg and I ride an easy pace for the first 15 miles. After the rest stop we are back on course. Carolyn asks me, "are you gonna lead?" I thought she meant she was waiting for me to really ride so, I increase my speed and I am off the front. Behind me is Don and behind him is Greg. We are in a 3 man breakaway and we are not looking back.

This year, August was hot and more muggy then it was in 2011. This year Princeton added and extra rest stop. We hydrated, we ate fruit, we were not going to let this dragon bite us this year.

How well was Greg doing? During the last 20 odd miles we came across a guy wearing an Alessio jersey. This guy did not just had guns (guns in cycling terms means big quad muscles), he had cannons. I tell Greg latch onto this guy and Greg did. I was at 22 mph when when I saw Greg and the Alessio jersey pulling away from me. So, Greg not only got his revenge on the Dragon he stomped all over it. Good job Greg.

Hey Greg? Its time for you to ride a century!



Sue Solis at Princeton

# Westchester County Tour de Foliage

Hi,

I'd like to introduce myself. My name is Lisa Newman and I Co-Chair a very special cycling event called the Tour de Foliage each year in Westchester County.

This year, the 9th Annual Tour de Foliage will take place on September 23<sup>rd</sup>, beginning and ending at Pace University in Pleasantville, NY. This event benefits the Dysautonomia Foundation, which funds research and treatment for familial dysautonomia, a rare genetic disorder affecting the sensory and autonomic nervous systems. Because FD is so very rare, afflicted families reach out to their extended community for fundraising support through events like this. Each year, the Tour de Foliage attracts a group of very dedicated riders, each of whom truly makes a difference in the lives of the FD community. All riders are served breakfast and lunch; each receives a Tour t-shirt, goody bag and is entered into a raffle to win fabulous prizes. Riders who raise \$500 or more are entered into a raffle for a new bike! Entry fee is \$25 until September 10<sup>th</sup>, with a minimum donation of \$75. This year's Tour includes both 15 and 50 mile routes.

All Tour details can be found at: [www.fdcycletour.org](http://www.fdcycletour.org) or by contacting David Brenner, Executive Director, Dysautonomia Foundation, 212-279-1066.

Best,

Lisa Newman  
Co-Chair, 2012 Tour de Foliage  
Mother of Rebecca, age 15, who has FD



Tracey Ross on a ride from earlier this past summer.

## The Ride Connection

Hello

My name is Desi. I am a cyclist in Northern Virginia. I belong to several bike clubs, including the WABITS Tandem Club.

I am hoping that you will help me get the word out about "The Ride Connection" website. It just went live in November 2011.

The Ride Connection is located at <http://www.therideconnection.com>

So what does The Ride Connection offer you as a cyclist? Our mission is to match cyclists with other cyclists and riding opportunities.

Although cycling is a great solitary sport we have a fundamental belief that cycling is more fun when enjoyed with others. We provide powerful search tools to connect you with other cyclists with similar goals and abilities.

Here are some of the website's cool features:  
Automatic ride notifications by email based on your profile and preferences. Sophisticated search for members, rides, ride groups and routes. Post impromptu, scheduled and recurring rides.  
Google maps integration including feet of climbing. Printable cue sheets in PDF, Word and Excel. Anonymous email through the site until

you get to know your future riding buddy. Create favorite ride and favorite route lists. Be notified if your favorite rides change. The ability to link your ride and route. Rides and routes can function separately as well. Create and join ride groups. Just add a ride group to your favorites list. It's that simple. Ride RSVP. Let the ride leader know if you will ride with them. SSL encryption. Your connection is as secure as online banking.

These are just a few of The Ride Connection's many highlights. There will be many more features in the coming months and years.

What The Ride Connection is: The Ride Connection is about connecting cyclists with cycling resources. In particular other cyclists, rides and ride groups. Later versions of The Ride Connection will include a section for Bike Clubs, Bike Shops and Events. These sections are under development.

What The Ride Connection is not: Another "mapping" site like [ridewithgps.com](http://ridewithgps.com) or [mapmyride.com](http://mapmyride.com). Yes, there is mapping on The Ride Connection but mapping is only a piece of the pie.

Please check out the site and search for member "Milano". View profile by selecting the Detail link. This member gets the website's mission.

I encourage you to forward this email to all your cycling friends.

The website will not be useful unless people use it.

I hope the website enhances your cycling experience.

Have fun and ride safe.

Desi

FYI: The website is totally FREE!



Randi Barlow, Dick Candlemo, and Stu Greenberg



Fred Laux and Carolyn Riley



Cruising Round Hill Road on another fine Saturday morning.

## OCBC rides Tour de Goshen:



Dr. Art Donahue and George Meyer consider restarting their ride after Tuthill Farm rest stop.



Bob "The Gapper" Gaimon and Robb "the Cardinal" Daly at Tuthill Farm



The Soho Barber and Tom Haley at the Craigville Church rest stop



Chris O'Connell and Cranky at Tuthill Farm



Paul Levine takes off from Craigville



Frank "The Polish Missile" Zwolinski feels like a winner before the ride has even started.

## **OCBC Saturday Rides**

*April: 9 AM May: 8:30 AM  
June; July; August: 8 AM;  
September: 8:30 AM; October: 9 AM;  
Winter: 9 AM*

### **Meet at Florida Big V/ Quik Chek**

#### **AA - The Hump**

21-23 mph pace (36 miles); advanced riders

Ride Leader: Dan "Palletman" McNeilly (845) 497-3988  
[danmcneilly@fronternet.net](mailto:danmcneilly@fronternet.net)

#### **A - The Hump**

19-21 mph pace (36 miles) No regrouping

Ride Leader: Mary Beth "Cranky" Henderson: marybe10@yahoo.com

#### **B - The Buzz (Killer B's)**

18-20 mph pace (30-35 miles)

Ride Leader: Ralph "Soho Barber" Miranda; [rem19902003@yahoo.com](mailto:rem19902003@yahoo.com)

#### **B (SOB) Smarter Other B's**

Expect 16-18 mph (25-30 miles); a bit of more relaxed pace than the Killer B's

Leader: Chris O'Connell;  
[IBC13@aol.com](mailto:IBC13@aol.com)

#### **Power Pokers**

25-30 miles; 13-15 mph pace, with regrouping.

Ride Leader: Walter "Not Freud" Jung; [notfreud@optimum.net](mailto:notfreud@optimum.net)

#### **The Poke**

25 miles; 10-13 mph pace; very novice friendly; frequent regrouping..

Ride Leaders: Bill "Iceman" Siegel (845) 342-3098; [lsiegel3@hvc.rr.com](mailto:lsiegel3@hvc.rr.com)

Harriet Greenberg; 845 783 1649;  
[stuart43@frontiernet.net](mailto:stuart43@frontiernet.net)

#### **The Ultimate Poke**

25 miles; 10 mph. Very beginner friendly.

### **Weekday Rides; Tuesday**

#### **Harriman Park Ride**

When: 5:30pm – 7:30pm

Where: Sterling Forest Visitors Center, Warwick NY

Description: A/B 20-35 miles with regroup. Afterwards we stop at Rhodes Tavern to refuel.

Ride Leader: Paul Labrie  
[cyclor169@optonline.net](mailto:cyclor169@optonline.net)

#### **Tuesday**

#### **Joe Fix It's Ride**

When: 6:00pm – 7:30pm

Where: Joe Fix It's Bike Shop in Goshen Description: Ride 20 to 30 miles; rides; vary week to week. If enough riders will run several groups (A, B, and P riders). Located in the heart of Downtown Goshen. Joe Fix It's back door opens onto North Church Street. Park in Municipal parking lot on North Church Street.

#### **Tuesday**

#### **Pine Island Polka Night**

When: 6:00pm – 7:30pm

Where: Bank of America Parking Lot in Pine Island

Description: slower B's and pokers; ~ 22 miles; out to route 284 in Sussex; north to Unionville; back via State Line Road

Ride Leaders: "Not Freud" Walter Jung; [notfreud@optimum.net](mailto:notfreud@optimum.net)

Joe Maggio; [kbrieger@warwick.net](mailto:kbrieger@warwick.net)

Location: Bank of America Parking Lot Pine Island Turnpike (County Route 1) Pine Island NY

## **Tuesday**

### **Middletown Psych**

5:45 PM – 7:45 PM; Maple Hill Elementary School, 491 CR 78, Middletown, NY 10940

Description: 20-35 miles at A pace with the Bike Doctor Ride Leader: Rich Cruet

### **Thursday**

#### **Chester Trailside**

When: 6:00pm – 7:30pm

Where: Chester Train Station

Description: A & B ride of 20-27 miles  
Location: Chester Train Station  
Winkler Ave Chester New York  
Directions: Located in Old Downtown section of Chester. Heritage Trail located here. Parking available.  
Facilities: Portable toilet available.  
Leader: Tom Folkl; [tom151@msn.com](mailto:tom151@msn.com)

### **Thursday**

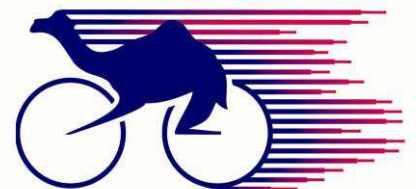
#### **Florida B-Toos**

6:00pm – 7:30pm

Where Dollar Tree in Florida, NY

Description 20 miles at 15-16 mph.  
Ride Leader: Sam Agro

Park between Dollar Tree and the Ice Cream stand.



## **Orange County Bicycle Club; Officers and Committees**

**President:** Paul "Artic" Labrie; 845 837 9607; [cycler169@optonline.net](mailto:cycler169@optonline.net)

**Vice President:** Chris O'Connell ; [IBCJ3@aol.com](mailto:IBCJ3@aol.com)

**Treasurer:** Don Karlewicz; [deekay99@aol.com](mailto:deekay99@aol.com)

**Secretary:** "The Artful" Rodger Friedman; 845 351 2510; [rf@rarebookstudio.com](mailto:rf@rarebookstudio.com)

**President Emeritus:** Mary Beth "Cranky" Henderson; 845 258 3036; [marybe10@yahoo.com](mailto:marybe10@yahoo.com)

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**Club Peddlers:** Peggy Cullen; [peggycullen1@yahoo.com](mailto:peggycullen1@yahoo.com)

Carol Kalajian; [carkalajian@gmail.com](mailto:carkalajian@gmail.com)

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Robb Daly; [rdaly@frontiernet.net](mailto:rdaly@frontiernet.net)

Greg Tsoucalas; [gtsoucalas@aol.com](mailto:gtsoucalas@aol.com)

**Ride Chairs:** Tom Folk; 845 774 5408; [tom151@msn.com](mailto:tom151@msn.com)

Walter "Not Freud" Jung; 845 782 0907; [notfreud@optimum.net](mailto:notfreud@optimum.net)

**Web Site:** Frank Wolfe; [wolfe@warwick.net](mailto:wolfe@warwick.net)

**Country Roads:** Susan Glusica; [mayring.glusica@gmail.com](mailto:mayring.glusica@gmail.com)



The following bicycle dealers are supporters of Orange County Bicycle Club. They all offer members a 10% discount off non-sale clothing and selected items.

**Action Bikes & Outdoor LLC**

102 Milford Landing Dr. Suite 6  
Milford, PA 18337  
(570) 491-4000

**Bicycle Doctor**

30 East Main Street  
Middletown, NY  
(845) 344-1414

**Bikeway**

1581 Route 376  
Wappingers Falls, NY  
(845) 297-2453

**Bikeway**

692 Route 6  
Mahopac, NY  
(845) 621-2800

**Bryan's Bikes**

240 Main Street  
Cornwall, NY  
(845) 534-5230

**Dark Horse Cycles**

628 Route 17K  
Montgomery, NY 12549  
845 787 0412

**Joe Fix-It's**

20 West Main Street  
Goshen, NY  
(845) 294-7242

**Joe Fix-It's**

401 Route 208  
Monroe, NY  
(845) 774-2377

**Signature Cycles**

2 Grandview Road  
Central Valley, NY 10917  
(845) 928-3060

**Sussex Bike & Sport**

155 Route 23  
Sussex, NJ  
(973) 875-6565

**Town Cycle**

1468 Union Valley Road  
West Milford, NJ  
(973) 728-8878



CYCLING APPAREL

[www.jriapparelstore.com](http://www.jriapparelstore.com)

[jriapparel@gmail.com](mailto:jriapparel@gmail.com)

(845) 238-1405

Orange County Bicycle Club  
PO Box 122  
Warwick, NY 10990

# Orange County Bicycle Club

Club Information  
Membership Application

## 2012



**Orange County  
Bicycle Club**  
PO Box 122  
Warwick, New York 10990  
[www.ocbicycledclub.org](http://www.ocbicycledclub.org)

# Orange County Bicycle Club

**Paul Labrie**

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845-837-9607, [cycler169@optonline.net](mailto:cycler169@optonline.net)

**Chris O'Connell**

Vice President  
914-450-7328, [IBC13@aol.com](mailto:IBC13@aol.com)

**Don Karlewicz**

Treasurer  
914-393-2277, [deekay99@aol.com](mailto:deekay99@aol.com)

**Rodger Friedman**

Secretary  
845-351-2510, [rf@RareBookStudio.com](mailto:rf@RareBookStudio.com)

**Tom Folkl & Walter Jung**

Rides Chairs  
Tom: 845-774-5408, [tom151@msn.com](mailto:tom151@msn.com)  
Walter: 845-782-0907, [notfreund@optimum.net](mailto:notfreund@optimum.net)

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845-258-3036, [marybe10@yahoo.com](mailto:marybe10@yahoo.com)

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**Joe Maggio**

Spoke 'n Word Editor  
845-258-4121, [kbrieger@warwick.net](mailto:kbrieger@warwick.net)

**SEND MEMBERSHIP APPLICATION TO:**  
**Steve Hoagland**  
Membership Chair  
1 Ridge View Terrace Cornwall, NY 12518  
845-534-9110, [hoaglands@hvc.rr.com](mailto:hoaglands@hvc.rr.com)

# Orange County Bicycle Club

The Orange County Bicycle Club was founded in the mid-1980s to provide safe, noncompetitive group rides for the cyclists of Orange County, New York. Our membership totals about 250 riders.

The club consists of riders of all cycling levels and age groups. Some ride for fitness, some for the social aspect, but all members have an interest in organized riding as well as a desire to encourage new riders to participate in the sport. Club rides are generally held in Orange County and vary in length, pace, and terrain.

An individual membership is \$20. A family membership is \$25. Dues are used to pay for insurance, club newsletters, and other member benefits. All memberships come up for renewal in April. To participate in a ride, a member must have a bicycle in good working condition and must wear an ANSI- or Snell-approved helmet.

Prospective new members or guests of members may attend up to two club rides before joining up. For insurance purposes, nonmembers are required to sign a liability waiver before the ride. If you are just starting out and working on becoming fit, we suggest you begin with an easy Poker ride. If you have any questions about which ride(s) might be best suited to your needs, please contact any club member for assistance.

We hope to hear from you soon. In the mean time, keep 'em spinning!

## ORANGE COUNTY BICYCLE CLUB



Membership is based upon a fiscal year beginning **April 1**. Individual membership is **\$20**. Family membership is **\$25**. Membership application is also available through Active.com for an additional nominal fee at: <http://www.active.com/cycling-membership/warwick-ny/orange-county-bicycle-club-membership-2012>  
Please complete the entire application. Checks should be made payable to **Orange County Bicycle Club**. Mail completed application with check to **Steve Hoagland, 1 Ridge View Terrace, Cornwall, NY 12518, Tel: (845) 534-9110, Email: hoaglands@hvc.rr.com**

Name 1: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Name 2: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Name 3: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Name 4: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Street Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_

City, State: \_\_\_\_\_ Zip: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_ (Please include your email address to ensure that you receive the electronic newsletter.)

\_\_\_\_ Individual Membership \$20    \_\_\_\_ Family Membership \$25    \_\_\_\_ Cash    \_\_\_\_ Check    \_\_\_\_ Check No.

\_\_\_\_ New Member    \_\_\_\_ Renewing Member    See [http://www.ocbicycleclub.org/about\\_us.php](http://www.ocbicycleclub.org/about_us.php) for explanation of Ride Ratings and ability/speed/distance info

Ride Level: AA \_\_\_\_ A \_\_\_\_ Killer B \_\_\_\_ B-Tweens \_\_\_\_ B (SOB) \_\_\_\_ C/Power Pokers \_\_\_\_ D/Pokers \_\_\_\_ Ultimate Poker/Beginner \_\_\_\_

\_\_\_\_ Yes \_\_\_\_ No I am interested serving on a committee or as a club officer.

\_\_\_\_ Yes \_\_\_\_ No I authorize my name/address to be made available to non-profit bicycle oriented activities and groups.

\_\_\_\_ Yes \_\_\_\_ No I am interested in volunteering to lead rides.

\_\_\_\_ Yes \_\_\_\_ No I am interested in event volunteering.    **New Members:** How did you hear about the club? \_\_\_\_\_

### LEAGUE OF AMERICAN WHEELMEN d/b/a LEAGUE OF AMERICAN BICYCLISTS ("LAB") RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")

**IN CONSIDERATION** of being permitted to participate in any way in the Orange County Bicycle Club ("Club"), sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

- AKNOWLEDGE**, agree and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in such Activity.
- FULLY UNDERSTAND** that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity
- HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE** the Club, the LAB, their respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

**I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.**

NOTE: If applying for FAMILY MEMBERSHIP, ALL cyclists in family MUST SIGN WAIVER. (Attach additional page, if necessary.)

Signature 1: \_\_\_\_\_ Date: \_\_\_\_\_ Signature 2: \_\_\_\_\_ Date: \_\_\_\_\_

Signature 3: \_\_\_\_\_ Date: \_\_\_\_\_ Signature 4: \_\_\_\_\_ Date: \_\_\_\_\_

PARENT OR GUARDIAN of a minor (under 18 years of age): I, as parent or guardian of the above-named minor, hereby give my permission for my child or ward to participate in bicycle touring or any events and further agree, individually and on behalf of my child or ward to the terms above.

Guardian's Signature: \_\_\_\_\_ Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_