

DIVISION OF ENDOCRINOLOGY  
 1717 South Orange Ave, Suite 100  
 Orlando, FL 32806

Phone: (407) 650-7210  
 Fax: (407) 650-7211  
 Email: sugarmail@nemours.org

**IMPORTANT:** If having a diabetes emergency, please call the office immediately! Do not use email/fax to contact the diabetes team in an emergency!

## BLOOD GLUCOSE LOG

Patient's Name: \_\_\_\_\_ Patient's Date of Birth: \_\_\_\_\_ Contact Name (if different): \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

Phone number(s) where you can be reached for the next 48-72 hours: \_\_\_\_\_ Please initial if OK to leave message: \_\_\_\_\_

**Current Correction Formula/ Scale for High Blood Glucose, if used:** Insulin  Humalog®  Novolog®  Regular

Breakfast: \_\_\_\_\_ Dinner: \_\_\_\_\_

Lunch: \_\_\_\_\_ Bedtime: \_\_\_\_\_

Other Diabetes Medications: \_\_\_\_\_

Day/Date:	Night		Breakfast		Lunch		Dinner		Evening		Comments:	
	Insulin	BG	Insulin	BG		Insulin	BG		Insulin	BG		
				Before	After		Before	After		Before		After

Comments (Illness, Stress, Site Problems, Schedule Change, etc.): \_\_\_\_\_ What changes do you suggest? \_\_\_\_\_

Do Not Write Below This Line!

Diabetes Team Recommendations: \_\_\_\_\_

By: \_\_\_\_\_ Date: \_\_\_\_\_