

**North Allegheny School District
Health Services**

TO: Parent/Guardian of 10th grade student
FROM: Charity Istone CRNP
NAI School Nurse
412-369-5426
<mailto:cistone@northallegheny.org>

The Pennsylvania School Health Law requires that all students receive a physical examination for 11th grade. This exam can be dated anytime during the 12 months prior to the start of the mandated exam school year. ***Therefore, since your child will be starting 11th grade in August of 2015, the physical exam can be dated anytime from August, 2014.*** This information is provided early for your convenience. ([click here](#) to print the Physical exam form)

The best interests of your child are served by having a continuous relationship with a Primary Care Provider. Please have your child's PCP complete the physical exam report form found on the back of this paper. Here are a few tips to remember:

- Take the form with you. If you forget the form, there is typically an additional charge to have it completed at a different time.
- Be sure that any immunizations administered at this appointment are written on the form.
- You should return the form to school as soon as it is completed. During the summer, you can mail it to the school to the attention of the school nurse.
- A copy of a camp physical, athletic physical or driver's license physical form will suffice in lieu of this form.

If you are unable to pay for an examination by your primary care provider, please sign below and return this form to the school nurse who will schedule your child for a physical exam by the School Physician or Certified Registered Nurse Practitioner.

I _____, *do permit* my child _____
(PARENT/GUARDIAN) (name) (student id)
to receive a medical examination by the School Physician or Certified Registered Nurse Practitioner.

Thank you for your assistance in completing this Pennsylvania school requirement. The philosophy of the NASD Health Services Department supports the belief that each child will acquire and maintain a level of wellness that ensures the opportunity to achieve maximum benefit from his/her educational experience. Parents/guardians have primary responsibility for the welfare of their children. The certified school nurse serves as liaison between the family, school, and community in order to improve the health status of children. The Health Services Department focuses on prevention, early intervention, and strengthening the ability of children, youth and families to practice a healthy life style. It is through the collaboration of the family, school, and community that the students of today will become healthy and productive adults of the future.