

# CAMBRIDGE VALLEY SUMMER DAY CAMP

At Lake Lauderdale & the Brieman Building

Administered by the Village of Cambridge Youth Commission

## Schedule & Times

**DATES** – The program begins on **July 7th and ends on August 15th** operating Monday through Friday.

### **EARLY DROP-OFF (7:00am-8:45am)**

If you need to drop your kids off before 9am, no problem! We are at the lake beginning at 7am

### **MORNING ENRICHMENT PROGRAM**

**(9 – 11:30am)** - The morning portion will feature a variety of workshops and activities that you may choose to have your child participate in. Each week, a new set of courses will be offered. Experienced staff and teachers are eager to help your child have an enriching summer!

### **AFTERNOON COMMUNITY CAMP (11:30am – 5:30pm)**

Following our Morning Enrichment Program we'll have recreational swim time. Then we'll travel by bus to the Brieman Building in the Village of Cambridge where we'll have lunch and gear up for an afternoon of fun. Arts, music, sports, walking trips, gardening, cooking are just some of the activities that are planned. We hope to visit the Public Library, the school playground, community garden and more! Weekly schedules will be provided so campers are prepared for the activities. Pick up will be between 5 and 5:30 at the Brieman Building.

## Rates

**MORNING ENRICHMENT PROGRAM** – Thanks to the contributions from local municipalities, the Washington County Youth Bureau and our sponsors. **There is no fee to participate** in the Morning Enrichment Program for children in participating Towns/Villages. Be sure to thank your Town and Village representatives as well as our sponsors for helping to provide this program to your children. These include the Town and Village of Cambridge, The Town of Jackson, the Town and Village of Salem and the Town of White Creek. **Children living outside these towns are required to pay \$150/summer or \$30 per week.**

### **FULL DAY CAMP PROGRAM – \$90/week or \$20/day**

7am-5:30pm

*Families with three or more children may pay a family rate of \$250/week or \$55/day*

### **EARLY DROP-OFF PROGRAM – \$25/week or \$6/day**

7am-9am

Children who are routinely dropped-off early will be charged for this service. No family rate for early drop off.

**SCHOLARSHIPS** – We want every child to be able to participate in the summer program regardless of their family's financial status.

**Please contact us to ask about scholarships! Call our Director Directly, Meaghan Wilkins, 677-3086 to inquire or email [youth@cambridgeny.gov](mailto:youth@cambridgeny.gov).**

## Odds and Ends

**WHO CAN PARTICIPATE?** All children who will be in Pre-K to 8<sup>th</sup> grade in the fall of 2014.

**DROP-OFF/PICK-UP:** Many cars drop-off and pick-up at the lake at 9am and 11:30am. For efficiency and safety you **MUST** park in the parking lot and walk your child(ren) to the check in person at the pavilion. **DO NOT STOP IN THE ROADWAY.**

**PREPARING FOR CAMP:** If your child is signed up for swimming lessons, please send them with their swim suit under their clothes and please apply sunscreen. Also, please go over our CAMPER GUIDELINES page with them.

**WHAT TO BRING:** Dress child comfortably and in clothes and shoes appropriate for a variety of activities. Sneakers are recommended. **NO FLIP FLOPS** Please also bring: Backpack, reusable water bottle, swimsuit & towel, waterproof sunscreen, extra clothes, bagged lunch and/or snacks.

**MONEY:** Children may bring money to use at our snack bar, but other than that money is not necessary. If you do not wish to send money with your child you may purchase a **snack bar card when you register**. This card will be kept on file with CYC staff, so your child won't be in danger of losing it. This also helps prevent theft or other problems that arise over money.

# Enrichment Program Course Descriptions

## **Counselor in Training Program**

Campers ages 13-15 may enroll in our CIT program. They will get valuable volunteer experience by assisting our staff during camp. *CIT's may attend the afternoon program for 50% off the normal rate.*

## **Reading & Art Instructor: Jill McDonald**

**Reading Rainbow** - Enjoy reading, theater, arts and crafts all at the same time! We will share stories and have an accompanying activity. A new story each day! For children Pre-K – 2<sup>nd</sup> grade.

**Harry Potter Active Book Club** - Enter the wizarding world of Harry Potter by exploring the first book, competing as houses through reading, crafts, trivia and quidditch. Grades 3 & up.

## **Sports Instructor: Sara Tironi**

**Soccer** - Beginners will learn and improve their basic skills through drills and games. The advanced will focus on building upon already acquired skills, learning game strategy and fine tuning fundamentals.

**Basketball** - Beginners will learn and improve their basic skills through drills and games. The advanced will focus on building upon already acquired skills, learning game strategy and fine tuning fundamentals.

**Volleyball** - Children will learn skills and rules for volleyball. While this is open to all ages, it is more appropriate for children who are older and willing to learn the proper techniques.

**Camp Games 1** - Designed for younger children who love to be active this class includes popular organized games like kickball, tag, Red Rover and other popular favorites!

**Camp Games 2** - Specifically for our older campers this class will include high energy activities like flag football, capture the flag, scavenger hunts, kickball and more!

**Track & Field** - Participants will enjoy participating in various running and field events, with a mini Olympics on the last day. We'll also add a few events like the three legged race and a sack race!

## **Science Instructor: Hannah O'Grady**

**Earth Science** - Find out how fossils are formed by looking at different fossils and making your own replicas! Look at and identify rocks and minerals. Make your own water filtering gadget.

**Chemistry** - Do fun experiments like making your own paper. Make gooey things like slim and silly putty. Learn about the strange behavior of gases and super absorbent crystals. Discover the difference between acids and bases.

**Engineering** - Engineering

Work in small groups to build towers, machines and boats out of simple materials. Build a container to protect a raw egg.

**Leaves & Trees** - Go on a scavenger hunt to find leaves and other things found in a forest. Learn to identify leaves. Make artwork with just paint, leaves and tree bark.

**Birds & Insects** - Look at bird's nests and try to build your own nest. Learn about beehives and bees. Go on a scavenger hunt for insects and look at them under a magnifying glass. Identify birds and their habitats and behavior.

**Science & Art** - Combine science and art by learning about the science behind different art projects! We will be making crafts such as kaleidoscopes, glitter globes, bird feeders, and more!

## **Swimming Lessons**

Swimming lessons are available for all children all summer. Abilities will be assessed and children will be placed in skill appropriate groups. Our instructors will follow the American Red Cross Learn-to-swim curriculum and are supervised by Water Safety Instructor Meghan Wilkins. A certified lifeguard watches all lessons.

We want all children to have the opportunity to take lessons, please do not sign up for swimming every week and consider other courses listed above.

CAMBRIDGE VALLEY  
**SUMMER DAY CAMP**

Registration due June 1st

(\$ 10 late fee after above date)

MAIL FORMS TO:  
Meaghan Wilkins  
65 State Route 372, Cambridge, NY 12816 OR  
DROP OFF AT:  
Village of Cambridge Clerk's Office  
56 North Park Street, Cambridge

CHILD'S NAME \_\_\_\_\_ NICKNAME \_\_\_\_\_

BIRTH DATE \_\_\_\_\_ GENDER \_\_\_\_\_ RACE (For grant records) \_\_\_\_\_

FALL 2014 Grade \_\_\_\_\_ HAVE YOU BEEN TO CYC CAMP BEFORE: Y N

PARENT OR GUARDIAN \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_  
(street address) (city & state) (zip)

PHONE NUMBER \_\_\_\_\_  
(home) (work) (cell)

EMAIL \_\_\_\_\_

Please circle where you live: (This is where your home's property taxes are paid, if you rent please inquire with your landlord)

Town of Cambridge

Town of Jackson

Town of Salem

Town of White Creek

Village of Cambridge

Village of Salem

Other \_\_\_\_\_

Please list up to four people who are authorized to pick-up your child other than those listed on the Parent or Guardian Line. Your child will not be released to anyone but the five people listed on this form. A photo ID may be required by these adults, please inform those on this list.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

Children who qualify for FREE or REDUCED lunch at school may order a bagged lunch provided by the Cambridge Food Pantry. A suggested donation of .50 cents/day is requested, but not mandatory. Please check here \_\_\_\_\_ if you qualify and would be in need of a bagged lunch for your child.

# CAMBRIDGE VALLEY SUMMER DAY CAMP

Name \_\_\_\_\_

Fall 2014 Grade \_\_\_\_\_

## **PART 1 – FREE MORNING ENRICHMENT PROGRAM 9-11:30AM**

For each week please choose your 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> choices for Enrichment Courses by writing 1, 2 or 3  
Age restrictions on some activities. Please refer to course descriptions for more information.

July 7-11<sup>th</sup>

\_\_\_ Camp Games 1 (ages 4-7)  
\_\_\_ Swimming Lessons  
\_\_\_ Volleyball  
\_\_\_ Earth Science  
\_\_\_ CIT

July 14-18<sup>th</sup>

\_\_\_ Beginner Basketball (ages 4-7)  
\_\_\_ Swimming Lessons  
\_\_\_ Camp Games 2  
\_\_\_ Chemistry  
\_\_\_ CIT

July 21-25<sup>th</sup>

\_\_\_ Track & Field  
\_\_\_ Swimming Lessons  
\_\_\_ Engineering  
\_\_\_ Reading Rainbow PK-2nd  
\_\_\_ CIT

July 27-Aug 1<sup>st</sup>

\_\_\_ Beginner Soccer (ages 4-7)  
\_\_\_ Swimming Lessons  
\_\_\_ Leaves & Trees  
\_\_\_ Harry Potter Club (3<sup>rd</sup>+)  
\_\_\_ CIT

Aug 4-8<sup>th</sup>

\_\_\_ Camp Games 1  
\_\_\_ Swimming Lessons  
\_\_\_ Birds & Insects  
\_\_\_ Advanced Basketball (8+)  
\_\_\_ CIT

August 11-15<sup>th</sup>

\_\_\_ Advanced Soccer (8+)  
\_\_\_ Swimming Lessons  
\_\_\_ Science & Art  
\_\_\_ Camp Games 1  
\_\_\_ CIT

## **PART 2 – FULL DAY CAMP PROGRAM (7AM-5:30PM)**

Please check all weeks your child will attend the full day program (\$90/week)

\_\_\_ July 7-11    \_\_\_ July 14-18    \_\_\_ July 21-25    \_\_\_ July 27-Aug 1    \_\_\_ Aug 4-8    \_\_\_ August Aug 11-15

## **PART 3 – EARLY DROP OFF (7AM-9AM)**

Please check all weeks your child will attend the afternoon program (\$25/week)

\_\_\_ July 7-11    \_\_\_ July 14-18    \_\_\_ July 21-25    \_\_\_ July 27-Aug 1    \_\_\_ Aug 4-8    \_\_\_ August Aug 11-15

## **Payment Calculation**

# \_\_\_\_\_ FULL DAY CAMP WEEKS x \$90 .....\$ \_\_\_\_\_

# \_\_\_\_\_ EARLY DROP OFF WEEKS x \$25 .....\$ \_\_\_\_\_

# \_\_\_\_\_ Snack Bar Cards x \$10.....\$ \_\_\_\_\_

\$10 late fee if completed after June 1<sup>st</sup> .....\$ \_\_\_\_\_

Total Due.....\$ \_\_\_\_\_

Deposit (Must be at least \$75).....\$ \_\_\_\_\_

Balance (Total minus deposit. Due by July 1).....\$ \_\_\_\_\_

*Make checks payable to Village of Cambridge*

***SALEM BUS FEE: \$25/CHILD OR \$40/FAMILY. Make check payable to Town of Salem***

## MEDICAL FORM & RELEASE STATEMENT

Registration Not Accepted Unless Medical Form is Complete, including copy of Immunization Record

NAME \_\_\_\_\_ BIRTH DATE \_\_\_\_\_ GENDER \_\_\_\_\_

HOME ADDRESS

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

### CONTACT INFORMATION IN CASE OF EMERGENCY

MOTHER'S NAME HOME PHONE # WORK PHONE # MOBILE PHONE #

FATHER'S NAME HOME PHONE # WORK PHONE # MOBILE PHONE #

EMERGENCY CONTACT HOME PHONE # WORK PHONE # MOBILE PHONE #

### INSURANCE INFORMATION

IS THE PARTICIPANT COVERED BY FAMILY MEDICAL/HOSPITAL INSURANCE? \_\_\_\_\_ YES \_\_\_\_\_ NO

IF SO, INDICATE CARRIER OR PLAN NAME \_\_\_\_\_  
GROUP # \_\_\_\_\_

### MEDICAL TREATMENT AUTHORIZATION

This health history is correct and complete. The person described in this form has permission to engage in all camp activities except as noted within. I hereby give permission to the Village of Cambridge Youth Department to provide, seek, and consent to routine health care, administration of prescribed medications, and emergency treatment for me/my child, as may be necessary, including, but not limited to x-rays, routine tests and treatment, and/or hospitalization. I also give permission for the camp to arrange related transportation. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the Village of Cambridge Youth Department to secure and administer treatment, including hospitalization, for the person named above.

Signature of Parent or Guardian: \_\_\_\_\_ Date \_\_\_\_\_

Printed Name \_\_\_\_\_ Relationship to camper \_\_\_\_\_

### ALLERGIES

\_\_\_\_\_ No known allergies \_\_\_\_\_ This camper is allergic to: \_\_\_\_\_ Food \_\_\_\_\_ Medicine \_\_\_\_\_ Environmental

Please describe below any allergies and the reaction seen:

**HEALTH HISTORY** Please list any health or behavioral issues below. (Included an additional sheet if necessary)

### IMMUNIZATIONS

**Attach a copy of your child's up-to-date immunization record to this form or fax to 518-677-8323.**

Children will not be placed in enrichment courses unless this form is on file. Registration on hold until we receive it.

Please check all over the counter medicines you would allow your child to have at camp:

\_\_\_\_\_ Tylenol \_\_\_\_\_ Motrin \_\_\_\_\_ insect repellent \_\_\_\_\_ sunscreen \_\_\_\_\_ anti-itch cream  
\_\_\_\_\_ antibiotic ointment \_\_\_\_\_ Benadryl \_\_\_\_\_ first aid cream

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_

## **Village of Cambridge Youth Recreation Program Anti-Bullying Policy**

Bullying is when one or more people exclude, tease, taunt, gossip, hit, kick, or put down another person with the intent to hurt another. Bullying happens when a person or group of people want to have power over another and use their power to get their way, at the expense of someone else. Bullying can also happen through cyberspace: through the use of e-mails, text messaging, instant messaging, and other less direct methods. This type of bullying can also lead to persons being hurt during or between the camp seasons and be especially hurtful when persons are targeted with meanness and exclusion.

**At the Village of Cambridge Youth Recreation Programs bullying is inexcusable, and we have a firm policy against all types of bullying.** We work together as a team to ensure that participants gain self-confidence, make new friends, and go home with great memories.

Unfortunately, persons who are bullied may not have the same potential to get the most out of their experience. Our leadership addresses all incidents of bullying seriously. We train our staff to promote communication within the staff and camp participants so both staff and participants will be comfortable alerting us to any problems during their time at our programs. Every person has the right to expect to have the best possible experience, and by working together as a team to identify and manage bullying, we can help ensure that all participants and staff have a great experience at the Village of Cambridge Youth Recreation Program.

The following page is the list of guidelines we expect all staff and participants of the Village of Cambridge Youth Recreation Programs to follow. While, these guidelines address more than bullying, they stand as our program's discipline policy

## Village of Cambridge Youth Recreation Program Guidelines

1. Respect staff and other participants by not using foul, hurtful or obscene language or engaging in physical violence, bullying or other aggressive behaviors that threaten the safety and well being of others.
2. Do not intentionally damage the property or supplies used at the program.
3. Put back supplies in their proper place after using them and clean-up work/play areas properly.
4. Listen carefully to directions and when someone else is talking.
5. Respect designated quiet areas, such as homework/reading area.
6. Stay within the programs designated areas within the school building/grounds or Lake Lauderdale Park.
7. Cooperate and participate in organized activities.
8. Participants are responsible for their own belongings and should leave valuables at home.
9. Inappropriate materials such as weapons, cigarettes/drugs, alcohol, or anything illegal are not allowed at the program.

### Bad Language/Abusive Teasing Consequence Schedule

- 1<sup>st</sup> Time: Verbal warning  
2<sup>nd</sup> Time: Loss of privilege, *guardian notified from this point forward*  
3<sup>rd</sup> Time: 1-day suspension from program  
4<sup>th</sup> Time: 1-week suspension from program  
*Next occurrence child is removed from the program.*

### Physical Violence & Inappropriate Items Consequence Schedule

- 1<sup>st</sup> Time: Removal from situation, loss of privilege,  
*guardians of all parties involved notified from this point forward*  
2<sup>nd</sup> Time: 1-day suspension from program  
3<sup>rd</sup> Time: 1-week suspension from program  
*Next occurrence child is removed from the program*

*- In the instance that a child is in possession of an illegal item police will be notified*

*- If a child is removed from the program, re-entrance will only be allowed after meetings between Director/Family result in a satisfactory assessment and plan of that child's participation in the program.*

I, \_\_\_\_\_, have read and understand the Anti-Bullying Policy and Program Guidelines for the Village of Cambridge Youth Recreation Programs.

Date \_\_\_\_\_ Signature \_\_\_\_\_