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Welcome to Metamorphosis!

Your completed intake paperwork helps our providers get to know you and your medical history. We rely on its accuracy and completeness to provide you with the best care possible. Please take your time and inquire at our front desk or call (719) 371-0100 if you have any questions or are unsure how to complete any section of this form.

New Patient Intake Paperwork

Patient Information

Today's Date _____

Your Name: _____ Social Security Number: _____

Date of Birth: _____ Age: _____ Height: _____ Weight: _____ lbs

Street Address: _____

City/State/Zip: _____

Email: _____ Gender: _____

Physical Address Same as Mailing? ☐ Yes ☐ No If not, please list mailing address:

_____

_____

Preferred Phone: _____ ☐ Home ☐ Mobile ☐ Work

Secondary Phone: _____ ☐ Home ☐ Mobile ☐ Work

Driver's License # / State: _____

Emergency Contact Name: _____

Phone: _____ Relationship: _____

Marital Status: ☐ Married ☐ Single ☐ Divorced ☐ Widowed ☐ Other _____

Race: ☐ American Indian or Alaskan Native ☐ Asian or Pacific Islander ☐ Black ☐ White ☐ Decline to Report

Ethnicity: ☐ Hispanic ☐ Non-Hispanic ☐ Refuse to Report

Primary Language: ☐ English ☐ Spanish ☐ Other _____

Preferred Pharmacy

Pharmacy Name: _____ Phone Number: _____

Street Address: _____ City/State/Zip: _____

Primary Insurance Plan

Payer (e.g. BC/BS): _____ Plan: _____

Policy/I.D. Number: _____ Group Number: _____

Complete this box if you are *not* the policy holder for your primary insurance

Insurance policy holder: ☐ Self ☐ Spouse ☐ Child ☐ Other: _____

Policy Holder Name: _____ Policy Holder Gender: ☐ Female ☐ Male

Date of Birth: _____ Social Security Number: _____

Secondary Insurance Plan (if any)

Payer (e.g. BC/BS): _____ Plan: _____

Policy/I.D. Number: _____ Group Number: _____

Complete this box if you are *not* the policy holder for your secondary insurance

Insurance policy holder: ☐ Self ☐ Spouse ☐ Child ☐ Other: _____

Policy Holder Name: _____ Policy Holder Gender: ☐ Female ☐ Male

Date of Birth: _____ Social Security Number: _____

Workers Compensation Claim Information

Complete this section only if your visit today is related to a Workers Compensation claim

Workers Comp Company: _____

Agent Name: _____ State of Injury: _____

Phone number: _____ Fax number: _____

Claim Number: _____ Date of initial injury: _____

Injury Claim

Is your pain the result of a Motor Vehicle Accident or Personal Injury? (legal term describing injury sustained to your person by negligence of another) ☐ Yes ☐ No If yes, you will be asked to complete a separate form

I certify that the above information is accurate, complete and true. I give my consent for Arizona Pain Specialists to retrieve and review my medication history. I understand that this will become part of my medical record.

Patient Signature: _____ Date: _____

CLINICAL INFORMATION

Your Name: _____ **Today's Date** _____

Referral

Were you referred to our clinic by another physician? If so, whom? _____

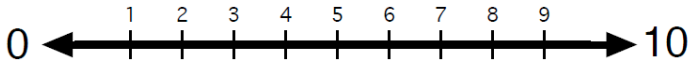
If not, how did you hear about us? ☐ TV ☐ Radio ☐ Insurance Company ☐ Family ☐ Friend ☐ PCP

☐ http://www.CanonCityPain.com ☐ Facebook ☐ Other Website _____

Pain Description

Use the pain scale described below to rate your pain for the questions below:

0 – Pain-free
1 – Very minor annoyance, occasional minor twinges
2 – Minor annoyance, occasional strong twinges
3 – Annoying enough to be distracting
4 – Can be ignored if you are really involved in your work/task, but still distracting
5 – Cannot be ignored for more than 30 minutes
6 – Cannot be ignored for any length of time, but you can still go to work and participate in social activities
7 – Makes it difficult to concentrate, interferes with sleep, but you can still function with effort
8 – Physical activity is severely limited. You can read and talk with effort. Nausea and dizziness caused by pain.
9 – Unable to speak, crying out or moaning uncontrollably, near delirium
10 – Unconscious, pain makes you pass out



_____ What number on the pain scale (0-10) best describes your pain **right now**?

_____ What number on the pain scale (0-10) best describes your **worst pain**?

_____ What number on the pain scale (0-10) best describes your **least pain**?

_____ What number on the pain scale (0-10) best describes your **average pain over the last month**?

Where is your worst area of pain located? _____

Does this pain radiate? If so, where? _____

Please list any additional areas of pain: _____

Onset of Symptoms

How did your current pain episode begin? ☐ Gradually ☐ Suddenly

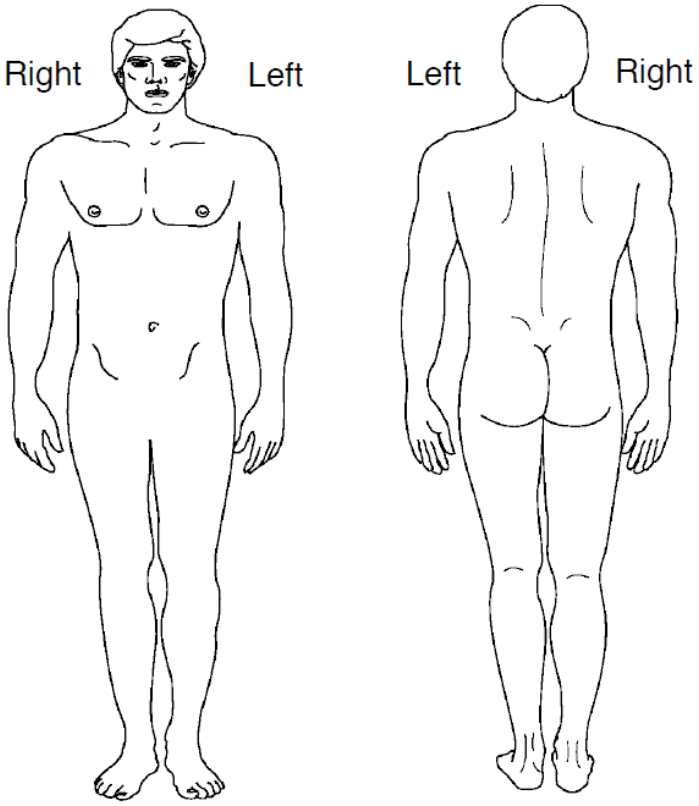
Since your pain began, how has it changed? ☐ Decreased ☐ Increased ☐ Stayed the same

When did the pain begin? _____

What caused the pain? _____

Use this diagram to indicate the location and type of your pain. Mark the drawing with the following letters that best describe your symptoms:

"N" = numbness
"S" = stabbing
"B" = burning
"P" = pins and needles
"A" = aching



Pain Description - Check all of the following that describe of your pain:

☐ Aching	☐ Numbness	☐ Spasming	☐ Throbbing
☐ Cramping	☐ Shock-like	☐ Squeezing	☐ Tingling/Pins & Needles
☐ Dull	☐ Shooting	☐ Stabbing/Sharp	☐ Tiring/Exhausting
☐ Hot/Burning			

What word best describes the frequency of your pain? ☐ Constant ☐ Intermittent

When is your pain at its worst? ☐ Mornings ☐ During the day ☐ Evenings ☐ Middle of the night

Mark all of the following activities that are adversely/negatively affected by your pain

☐ Enjoyment of Life	☐ Normal Work	☐ Sleep
☐ General Activity	☐ Recreational Activities	☐ Walking
☐ Mood	☐ Relationships with People	☐ Other: _____

☐ My goal is to resume normal activities

In the past three months have you developed any new:

☐ Balance Problems	☐ Bladder incontinence	☐ Bowel incontinence	☐ Chills
☐ Difficulty Walking	☐ Fevers	☐ Nausea	☐ Vomiting

☐ Numbness/Tingling – Where? _____ ☐ Weakness – Where? _____

☐ **I HAVE NOT RECENTLY DEVELOPED ANY OF THE ABOVE CONDITIONS**

Diagnostic Tests and Imaging

Mark all of the following tests you have had that are related to your current pain complaints:

☐ MRI of the _____ Date: _____ Facility: _____

☐ X-ray of the _____ Date: _____ Facility: _____

☐ CT scan of the _____ Date: _____ Facility: _____

☐ EMG/NCV study of the _____ Date: _____ Facility: _____

☐ Ultrasound of the _____ Date: _____ Facility: _____

☐ Other diagnostic testing: _____

☐ **I HAVE NOT HAD ANY DIAGNOSTIC TESTS PERFORMED FOR MY CURRENT PAIN COMPLAINTS**

Pain Treatment History

Mark all of the following pain treatments you have undergone prior to today's visit:

☐ Chiropractic ☐ Physical Therapy ☐ Psychological Therapy ☐ Podiatrist Treatment

☐ Discogram – (circle all levels that apply) Cervical / Thoracic / Lumbar

☐ Epidural Steroid Injection – (circle all levels that apply) Cervical / Thoracic / Lumbar

☐ Joint Injection – Joint(s) _____

☐ Medial Branch Blocks or Facet Injections – (circle all levels that apply) Cervical / Thoracic / Lumbar

☐ Nerve Blocks – Area/Nerve(s) _____

☐ Radiofrequency Ablation – (circle all levels that apply) Cervical / Thoracic / Lumbar

☐ Spinal Column Stimulator – (circle one) Trial Only / Permanent Implant

☐ Spine Surgery

☐ Trigger Point Injection – Where? _____

☐ Vertebroplasty / Kyphoplasty – Level(s) _____

☐ Other: _____

☐ **I HAVE NOT HAD ANY PRIOR TREATMENTS FOR MY CURRENT PAIN COMPLAINTS**

Anesthesia History

Have you ever had anesthesia (sedation for a surgical procedure)? ☐ Yes ☐ No

If so, have you ever had any adverse reaction to anesthesia? ☐ Yes ☐ No

Which type of anesthesia did you react adversely to? Please check all that apply.

☐ Local anesthesia ☐ Epidural ☐ General anesthesia ☐ IV Sedation

Do you have a family history of adverse reactions to anesthesia? If so, to which of the following?

☐ Local anesthesia ☐ Epidural ☐ General anesthesia ☐ IV Sedation

Past Surgical History

Please indicate any surgical procedures you have had in the past, including the date, type, and any pertinent details.

Abdominal Surgery

- ☐ Gallbladder removal _____
- ☐ Appendectomy _____
- ☐ Other _____

Female Surgeries

- ☐ Caesarean section _____
- ☐ Hysterectomy _____
- ☐ Laparoscopy _____
- ☐ Ovarian _____
- ☐ Other _____

Heart Surgery

- ☐ Valve replacement _____
- ☐ Aneurysm repair _____
- ☐ Stent placement _____
- ☐ Other _____

Joint Surgery

- ☐ Shoulder _____
- ☐ Hip _____
- ☐ Knee _____

Spine / Back Surgery

- ☐ Discectomy (levels) _____
- ☐ Laminectomy _____
- ☐ Spinal fusion (levels) _____

Other Common Surgeries

- ☐ Hemorrhoid surgery _____
- ☐ Hernia repair _____
- ☐ Thyroidectomy _____
- ☐ Tonsillectomy _____
- ☐ Vascular surgery _____

Please list any other surgeries and dates (attach an additional sheet if necessary): _____

☐ **I HAVE NEVER HAD ANY SURGICAL PROCEDURES**

Current Medications

Please indicate which (if any) of the following **blood-thinners** you are taking:

☐ Aggrenox ☐ Coumadin ☐ Effient ☐ Eliquis ☐ Lovenox ☐ Plavix ☐ Pletal ☐ Pradaxa

☐ Ticlid ☐ Warfarin ☐ Xarelto ☐ Other _____

Please list **ALL** medications you are currently taking. Attach an additional sheet, if required.

Medication Name	Dose	Frequency	Medication Name	Dose	Frequency

Allergies

Do you have any known drug allergies? ☐ Yes ☐ No

If so, please list all medications you are allergic to:

Medication Name	**Allergic Reaction Type**

Please check if you are allergic to ☐ Iodine or ☐ Tape Are you allergic to shellfish? ☐ Yes ☐ No

***Are you allergic to latex?** ☐ Yes ☐ No

Family History

Mark all appropriate diagnoses as they pertain to your biological *MOTHER AND FATHER* only.

	Arthritis	Cancer	Diabetes	Headaches	Heart Disease	High Blood Pressure	High Cholesterol	Kidney Problems	Liver Problems	Osteoporosis	Rheumatoid Arthritis	Seizures	Stroke
Mother													
Father													

Other medical problems: _____

☐ **I HAVE NO SIGNIFICANT FAMILY MEDICAL HISTORY** ☐ **I AM ADOPTED (No Medical History Available)**

Social History

Are you capable of becoming pregnant? ☐ Yes ☐ No *If so*, are you currently pregnant? ☐ Yes ☐ No

Highest level of education obtained: ☐ Grammar school ☐ High School ☐ College ☐ Post-graduate

Alcohol Use: ☐ Current Alcoholism ☐ Daily Limited Alcohol Use ☐ History of Alcoholism
☐ Never Drinks Alcohol ☐ Social Alcohol Use

Tobacco Use: ☐ Current Tobacco User ☐ Former Tobacco User ☐ Never Used Tobacco

Illegal Drug Use: ☐ Denies Any Illegal Drug Use ☐ Currently Using Illegal Drugs (Which: _____)
☐ Currently Uses Marijuana ☐ Current Medical Marijuana Card Holder
☐ Currently Using Someone Else's Prescription Medications
☐ Formerly Used Illegal Drugs (not currently using) (Which: _____)

Have you ever abused narcotic or prescription medications? ☐ Yes ☐ No (Which: _____)

Past Medical History

Mark the following conditions/diseases that you have been treated for in the past:

General Medical
- ☐ Cancer – Type _____
- ☐ Diabetes – Type _____
- ☐ HIV / AIDS

Head/Eyes/Ears/Nose/Throat
- ☐ Glaucoma
- ☐ Headaches
- ☐ Head Injury
- ☐ Hyperthyroidism
- ☐ Hypothyroidism
- ☐ Migraines

Cardiovascular / Hematologic
- ☐ Anemia
- ☐ Bleeding Disorders
- ☐ Coronary Artery Disease
- ☐ Heart Attack
- ☐ High Blood Pressure
- ☐ High Cholesterol
- ☐ Mitral Valve Prolapse
- ☐ Murmur
- ☐ Pacemaker/Defibrillator
- ☐ Phlebitis
- ☐ Poor Circulation
- ☐ Stroke

Respiratory
- ☐ Asthma
- ☐ Bronchitis
- ☐ Emphysema / COPD
- ☐ Pneumonia
- ☐ Tuberculosis
- ☐ Valley Fever

Gastrointestinal
- ☐ Bowel Incontinence
- ☐ Acid Reflux (GERD)
- ☐ Gastrointestinal Bleeding
- ☐ Constipation

Musculoskeletal
- ☐ Amputation
- ☐ Bursitis
- ☐ Carpal Tunnel Syndrome
- ☐ Chronic Low Back Pain
- ☐ Chronic Neck Pain
- ☐ Chronic Joint Pain
- ☐ Fibromyalgia
- ☐ Joint Injury
- ☐ Osteoarthritis
- ☐ Osteoporosis
- ☐ Phantom Limb Pain
- ☐ Rheumatoid arthritis
- ☐ Tennis Elbow
- ☐ Vertebral Compression Fracture

Genitourinary/Nephrology
- ☐ Bladder Infection(s)
- ☐ Dialysis
- ☐ Kidney Infection(s)
- ☐ Kidney Stones
- ☐ Urinary Incontinence

Hepatic
- ☐ Hepatitis A (active / inactive / unsure)
- ☐ Hepatitis B (active / inactive / unsure)
- ☐ Hepatitis C (active / inactive / unsure)

Neuropsychological
- ☐ Alcohol Abuse
- ☐ Alzheimer Disease
- ☐ Bipolar Disorder
- ☐ Depression
- ☐ Epilepsy
- ☐ Prescription Drug Abuse
- ☐ Multiple Sclerosis
- ☐ Paralysis
- ☐ Peripheral Neuropathy
- ☐ Schizophrenia
- ☐ Seizures
- ☐ Reflex Sympathetic Dystrophy/CRPS
- ☐ Other Diagnosed Conditions

_____

Review of Systems

Mark the following symptoms that you currently suffer from. *Note: Diagnosed conditions/diseases should be noted under Past Medical History, above.*

Constitutional:
- ☐ Chills
- ☐ Difficulty Sleeping
- ☐ Easy Bruising
- ☐ Excessive Sweating
- ☐ Excessive Thirst
- ☐ Fatigue
- ☐ Fevers
- ☐ Insomnia
- ☐ Low Sex Drive
- ☐ Night Sweats
- ☐ Tremors
- ☐ Unexplained Weight Gain
- ☐ Unexplained Weight Loss
- ☐ Weakness

Eyes:
- ☐ Recent Visual Changes

Ears/Nose/Throat/Neck:
- ☐ Dental Problems
- ☐ Earaches
- ☐ Hearing Problems
- ☐ Nosebleeds
- ☐ Recurrent Sore Throats
- ☐ Ringing in the Ears
- ☐ Sinus Problems

Cardiovascular: ☐ Bleeding Disorder ☐ Chest Pain ☐ Deep Vein Thrombosis
☐ Fainting ☐ High Blood Pressure ☐ Irregular Heartbeat ☐ Lightheadedness
☐ Shortness of Breath During Sleep ☐ Swelling in the Feet

Respiratory: ☐ Cough ☐ Wheezing ☐ Pulmonary Embolism
☐ Shortness of Breath on Exertion/Effort ☐ Shortness of Breath at Rest

Gastrointestinal: ☐ Abdominal Cramps ☐ Acid Reflux ☐ Constipation
☐ Coffee Ground Appearance in Vomit ☐ Dark and Tarry Stools ☐ Diarrhea
☐ Hernia ☐ Vomiting

Musculoskeletal: ☐ Back Pain ☐ Joint Pain ☐ Joint Stiffness
☐ Joint Swelling ☐ Muscle Spasms ☐ Neck Pain

Genitourinary/Nephrology: ☐ Blood in Urine ☐ Decreased Urine Flow/Frequency/Volume
☐ Erectile Dysfunction ☐ Flank Pain ☐ Painful Urination ☐ Pelvic Pressure

Neurological: ☐ Carpal Tunnel Syndrome ☐ Dizziness ☐ Headaches
☐ Instability When Walking ☐ Numbness/Tingling ☐ Seizures ☐ Tremors

Psychiatric: ☐ Depressed Mood ☐ Feeling Anxious ☐ Stress Problems
☐ Suicidal Thoughts ☐ Suicidal Planning

Medical History and Consent for Treatment

I certify that the above information is accurate, complete and true.

I authorize Metamorphosis ltd. and any associates, assistants, and other health care providers it may deem necessary, to treat my condition. I understand that no warranty or guarantee has been made of a specific result or cure. I agree to actively participate in my care to maximize its effectiveness. I give my consent for Metamorphosis ltd. to retrieve and review my medication history. I understand that this will become part of my medical record.

I acknowledge that I have had the opportunity to review Metamorphosis ltd. Notice of Privacy Practices, which is displayed for public inspection at its facility and on its website. This Notice describes how my protected health information may be used and disclosed, and how I may access my health records.

I authorize Metamorphosis ltd. to release my Protected Health Information (medical records) in accordance with its Notice of Privacy Practices. This includes, but is not limited to; release to my referring physician, primary care physician, and any physician(s) I may be referred to. I also authorize Metamorphosis ltd. to release any information required in obtaining procedure authorization or the processing of any insurance claims.

I understand that Metamorphosis ltd. will not release my Protected Health Information to any other party (including family) without my completing a written "Patient Authorization for Use and Disclosure of Protected Health Information" form, available at its facility and on its website.

In the event that I am asked to provide a urine and/or blood sample, **I voluntarily seek laboratory services and hereby consent to provide a urine and/or blood sample as requested**. I have the right to refuse specific tests, but understand this may impact my pain management treatment. This agreement can be revoked by me at any time with written notification and is valid until revoked. I hereby assign to the Laboratory my right to the insurance benefits that may be payable to me for services provided, arising from any policy of insurance, self-insured health plan, Medicare or Medicaid in my name or in my behalf. I further authorize payment of benefits directly to the Laboratory. I understand that ac acceptance of insurance assignment does not relieve me from any responsibility concerning payment for laboratory services and that I am financially res ponsible for all charges whether or not they are covered by my insurance. I also acknowledge that the Laboratory may be an out-of-network provider with my insurer. Payment in full is expected 30 days of being notified of any balance due. Please note that in the event that you fail to make payment when due, this account will be referred to a collection agency for collections. In that event, the contingency fee assessed by the collection agency will be added to the principal and interest due. You will be additionally liable for attorney fees. Both collection agency fees and attorney fees will increase the balance you owe.

Signed:_____ Date: _____