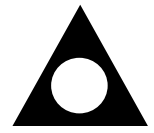


AL-ANON-CER



A Quarterly Newsletter of Al-Anon Family Groups of Maryland and District of Columbia (AFG of MD and DC, Inc.)
P.O. Box 10898, Parkville, MD 21234-0898 • www.marylanddc-alanon.org • email: area24@marylanddc-alanon.org

AREA 24 CALENDAR OF EVENTS

- Jan. 9, 2010** **Wrap-up/Kick-off Meeting**, Fall Convention, 10:00 am – 2:00 pm (see Flyer page 16)
- Feb. 6, 2010** **Spring Convention Committee meeting**, Alano Club, Columbia, MD, 2:30pm
- Mar. 20, 2010** **Spring AWSC**, 10:00 am – 3:00 pm, Dist. 8, St. John's Lutheran Church, Harford Road
- April 10, 2010** **WMAAIS Workshop** (save the date)
- April 10, 2010** **Baltimore AIS Al-Anon Birthday Luncheon**, 12-3 pm, Grace United Methodist Church, 5407 N. Charles St, 21210, Cost \$20/person, contact Sharyn R. EMAIL area24@marylanddc-alanon.org
- April 17, 2010** **Spring Convention Committee meeting**, Alano Club, Columbia, MD, 2:30pm
- May 1, 2010** **District 11 Spring Workshop**, 8:30 am – 12:00 noon, North Arundel Church, 7604 Baltimore-Annapolis Blvd, Glen Burnie.
- May 8, 2010** **Spring Convention Committee meeting**, Alano Club, Columbia, MD, 2:30pm
- May 15, 2010** **Spring Assembly**, Dist. 18, Washington DC
- June 4-6, 2010** **34th Annual Al-anon Family Groups of Maryland/District of Columbia Spring Convention**, Washington College, Chestertown, MD, "Al-Anon: A Fellowship of Hope" (flyer page 17)
- Sep. 25, 2010** **Fall AWSC**, Dist. 17, Washington DC
- Oct. 23, 2010** **Fall Assembly**, Dist. 11, Glen Burnie

District Meeting Schedule

ALL members, not just Group Representatives, are welcome at district meetings. If you would like your district meetings listed in this calendar, please contact the Editor (see page 3).

- District 2** Usually held first Saturday of the month from 9:30 to 11:30 a.m. at Mt. Zion United Methodist Church, 603 Main St., Myersville, MD 21773. For more information, contact District Rep Connie C. at EMAIL area24@marylanddc-alanon.org
- District 9** Last Friday of the month, February, April, June, August, October, December. Meeting is held at 7:00 p.m., before the Friday Night Fellowship meeting at Orem's United Methodist Church, Fellowship Hall, Room 100, 1020 Orem's Rd., Middle River MD 21220. For more information, contact District Rep John K. EMAIL area24@marylanddc-alanon.org.
- District 11** Jan 21, 2010 at 7:00 p.m. at Glen Lutheran Church, 106 Carroll Rd, Glen Burnie, MD. For more information contact District Rep Carol F. at EMAIL area24@marylanddc-alanon.org
- District 12** Wednesday, Feb. 3, May 5, Aug. 4 & Nov 3, 2010 from 7:30 – 8:45 pm at Neelsville Presbyterian Church, Room L-2 (lower basement) 20701 Frederick Rd, Germantown, MD 20876

This is your Area's confidential newsletter. Please share this information within the Fellowship only.

- District 13** District 13 Group Reps meet on the third Wednesday, every other month. The next meeting will be on January 20, 2010 at Colesville Presbyterian Church on 12800 New Hampshire Ave. at 7:30 pm. The meeting schedule for 2010 is as follows; March 17; May 19; July 21, and September 15, 2010. For more information email Gail K. area24@marylanddc-alanon.org
- District 18** September 26, and November 21 @ 10:00 a.m. at the Martin Luther King, Jr. Library, 901 G St., NW, Washington, DC (Red, Green or Yellow Line Metro). For information call DR Hannah G or ADR Cindy S. . Meeting dates, usually on the 3rd Saturday, are subject to change due to other scheduled AI-Anon events.
- District 22** District meetings are every other month on Friday at the Life Stream Church of the Nazarene in Waldorf.

AI-Anon Information Services Meeting Schedule

- Anne Arundel** January (snow date provision), May, and September on the third Wednesday of the month, 8:00 p.m., at Woods Memorial Church, 611 Baltimore-Annapolis Blvd., Severna Park, MD 21146. For more information, call (410) 766-1984 or email alanon@md-al-anon.org. Information is also available at www.md-al-anon.org.
- Baltimore** Second Tuesday of the month (no meetings held in July or December), 7:30 p.m., at Parkville Senior Center, 8601 Harford Rd., Baltimore, MD 21234. For more information, call (410) 832-7094 or go to www.alanon-maryland.org.
- Mary Del Tri-County** Every other month (Feb/Apr/Jun/Oct/Dec), first Tuesday of that month, 7:30 p.m., at North East United Methodist Church, 308 South Main St., North East, MD 21901. For more information, call (410) 836-6209 or go to www.marydelalanon.org.
- WMAAAIS** WMAAAIS meetings are being rotated among Montgomery and Prince George’s Counties, as well as the Service Center in D.C. Business meeting are held on the 4th Thursday of the month, except for December which is on the 1st Thursday. There is no meeting in July, August or November. For further information contact Chairperson, Saundra M. or Service Center Administrative Assistant, Caroline at 202-635-2023, or go to www.al-anon-alateen-dcmd.org.

IN THIS ISSUE			
Calendar.....	Page 1	Budget	Page 11
AIS meeting schedules.....	Page 2	District Highlights.....	Page 12
From the Editor.....	Page 2	Group Records.....	Page 12
Delegate’s Corner.....	Page 3	Our Trusted Servants	Page 14
Submission/Subscription Info	Page 3	Member Article (Picnic).....	Page 15
Fall Assembly Minutes.....	Page 4	Fall Wrap up/Kick-off Flyer.....	Page 16
Treasurer’s Report	Page 9	Spring Convention Flyer.....	Page 17
Individual Subscription Form	Page 10		

From the Editor

It has been a hectic season. Final exams in November and December, holiday activities and winter weather have kept me very, very busy. My apologies for the lateness of this edition.

In AI-Anon service,
 Diane Z.
 Editor

Delegate's Corner

An Informed Group Conscience and Substantial Unanimity

Most of us who have been in AI-Anon for a while are familiar with the notion of a group conscience. It is the procedure by which members of the group make decisions about group matters through a democratic voting process. AI-Anon's Tradition 2 states "For our group purpose there is but one authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants -- they do not govern."

In the past few years we have begun hearing two new terms **informed group conscience** and **substantial unanimity**. While these terms may be relatively new, they merely emphasize the group conscience principles expressed in Warranty 3: "that all decisions be reached by discussion, vote, and whenever possible, by unanimity".

Informed Group Conscience - The discussion phase of a group conscience is critical. As members discuss an issue, it often becomes clear that we really do not have all the knowledge required to make a decision that we can truly feel comfortable with. It may be the case that we have to do some homework to gather the information we need in order to make a sound decision. This homework may include consulting the AI-Anon Service Manual, talking with our District Representative or another AI-Anon Trusted Servant, or asking the World Service Office for background material.

Substantial Unanimity - Even when all possible information is available to us, there may be issues where we are not all in agreement as to what decision is best for the group. When we cannot arrive at unanimity, we may be able to achieve consensus or substantial unanimity. Many groups define substantial unanimity as a minimum of 2/3 of the voting members. An inability to attain substantial unanimity indicates the group is deeply divided and no action should be taken at the present time. (Personal experience tip: Always, always, always decide what percentage determines substantial unanimity *before* doing a vote!)

Charlie
World Service Delegate

Al-Anon-Cer

Published by **AI-Anon Family
Groups of MD & DC**

P.O. Box 10898
Parkville, MD 21234-0898

www.marylanddc-alanon.org

Editor: Diane Z

Email: area24@marylanddc-alanon.org

SUBMISSIONS

Send articles, calendar events, and reports for the AI-Anon-Cer to the editor at the email address above or by US mail to:

**AI-Anon-Cer
c/o AFG of MD and DC
P.O. Box 10898
Baltimore, MD 21234-0898**

Please include a phone number or email address with your submission to enable the editor to verify/clarify information.

SUBMISSION DEADLINES

Issue	Deadline
March	February 1
June	May 1
September	August 1
December	November 1

SUBSCRIPTIONS

The AI-Anon-Cer is mailed at no charge to: Group Reps (or Current Mailing Address for group if different from GR), District Reps, Area Officers and Coordinators, Past Delegates, Regional Trustee, and Area Information Services. Email delivery is available by request.

For all other subscriptions:

For delivery by US Mail: send a check for \$5.00 made payable to "AFG of MD & DC" to AFG of MD & DC, P.O. Box 10898, Parkville, MD 21234-0898.

Include your name, mailing address, and phone number (for address verification).

There is no charge for email subscriptions. Email your request to:

area24@marylanddc-alanon.org.

**AREA 24 –AL-ANON and ALATEEN FAMILY GROUPS
OF MARYLAND AND DISTRICT OF COLUMBIA**

FALL AREA ASSEMBLY
OCTOBER 17, 2009 10:00 am – 3:00 pm

Host: District 7 (Thank you!)
Location: Aisquith Presbyterian Church, 7515 Harford Rd, Baltimore 21234

Opening – Serenity Prayer

Reading of Legacies: Steps- Marion, Traditions- Alex, Concepts- Jane, Warranties- Zinnia

Roll Call – Angela F.

Number of Group Reps in attendance from each District:

1- 0, 2- 1, 3= 3, 4= 0, 5= 0, 6= 0, 7=7, 8= 9, 9=2, 10= 1, 11= 2, 12= 4, 13= 4, 14= 1, 15= 1, 16= 0, 17=2, 18= 5, 19= 0, 20=0, 21=0, 22= 5, 23= 1, 24= 3

total votes= 54 We agreed to use a 2/3s majority to pass a vote, which would be 36 votes.

Chairman’s Report – Idalia R.

Proposed Meeting Dates for 2010:

- Spring AWSC-Mar. 20, 2010, Dist. 8 (to be held at St. John’s Lutheran Church, Harford Road)
- Spring Assembly-May 15, 2010, Dist. 18 Washington DC
- Fall AWSC-Sep. 25, 2010, Dist. 17 Washington DC
- Fall Assembly-Oct. 23, 2010, Dist. 11 Glen Burnie

There are two open service opportunities-- Area Convention Coordinator and Public Outreach Coordinator.

Secretary’s Report – Dolores M.

The minutes from the Spring Assembly were approved as printed in the Al-Anon-cer.

Treasurer’s Report – Teddie B.

The treasurer’s report was accepted unanimously.

Recommended 2010 Budget -

We voted to accept the budget, with the ability to make changes. (This was done in lieu of going through it line by line and then voting to accept it.) This is a calendar year budget. After review, we noted that Categories 3 NE Reg Del Conf and Category 7 Delegate NERD Exp are duplicates. There should only be 1 \$500 projected expense. Category 11c- we will change the name from lower eastern shore literature to Wicomico detention center literature. There were no further changes to the 2010 budget.

[Please note that District 2 contacted me after the meeting. The projected expense for the Frederick County Detention Center literature was incorrect. It was voted on at the AWSC meeting to be \$650, not \$500. See Fall AWSC meeting minutes.)

Delegate Report – Charlie S.

The delegate is primarily your link to the world service office. The Delegate goes once a year to the World Service Conference. There are about 90 voting people there. The World Service Office is basically like the World Series. It is not the whole world; it is mostly North America. He had some things to give away at the assembly- service manuals, 2009 WSC Conference reports, DVDs of the new public service announcement (not broadcast quality).

Your outreach coordinators may buy professionally made copies of the public service announcement to send to stations for use (mostly seen on commercial stations). The radio version is well played. The Spanish version has the most hits. If you hear or see the announcement contact the TV station to give them positive feedback. It encourages them to play that. (A Public Outreach Coordinator is needed at the area level.) The PSAs are listed in the catalog. So they can be purchased by a group, area, or district. \$30 videocassette. Radio is cheaper.

The 2009 WSC was held in April. He gave his report at the Spring Assembly. There is also a summary in Area highlights. Most detail is in the 2009 WSC Conference Report.

Looking ahead to 2010- It will be the 50th conference. The theme will be Celebrating 50 years. On the agenda is property ownership. In everything the WSC proceeds cautiously, usually doing things as a trial. Property ownership was a 15 year trial. They are expected to vote on that in 2010. Overall, though, it's been seen as a great success because there is less talk about property now that we have our own building. When we were renting, we were always focused on the cost of the rent, moving, landlord issues, etc.

There will be rewording of the policy about using CAL in meeting, to make it read better.

Chosen agenda items- As the delegate, he can submit 1 topic. (50 words for the topics, 300 words for the background.) All 90 people get to submit one topic. There is a filtering process, after which only 2 are selected. But, if you want to talk to the WSO about something, just call them. You don't have to go through the Delegate. You will get a response, not necessarily action, but a response.

Purpose of chosen agenda items- Something that affects Al-Anon groups and members worldwide. Some topics have been: attracting family members of AA to Al-Anon, spiritual business principles, decreasing membership. This is not for the purpose of taking an action necessarily but for discussing a topic that benefits Al-Anon as a whole.

Former Delegate, Angela was in attendance at the fall assembly. She encourages people to do service. It really helps you.

Alternate Delegate – Carol F.

The organizational Chart for the area will be discussed next year. It is in the works (copy attached.) For those of you interested in being involved, she used pg. 157 in Service Manual as a guide. If your AIS is incorporated you should have an organizational chart.

Seven people in the room had written articles for the Forum. Carol wrote one and she encouraged others to send articles to the Forum. The Forum edits your article and makes it more readable. The Forum sent her back the edits before publication.

Take the Forum to the groups and give newcomers a Forum. Some people might only come one time but they will have the Forum to read and subscribe to. She encourages subscriptions to the Forum.

District 7 has a member who wants to lead workshops about writing articles for the Forum. If anyone else has any ideas see Lucinda. District 4 at one time had a workshop with a Forum rep from WSO.

Vera takes Forums to the Jessup prisons. Her district did not approve of some of the changes to the Forum and they sent in their comments but never got a response.

At the Delaware mini-conference, one of the door prizes was the Forum. District 3 goes to rehabilitation facilities and gives out the Forum to family members.

Suggested topic for an article- how to get newcomers to come back.

Committees:

Member Outreach

Al-Anon-cer Newsletter – Diane Z. The last Al-Anon-cer had a wrong header. It repeated June/July/August. It should be September/October/November.

Convention Coordinator (Opportunity for service)

Al-Anon Fall Convention – Jack S.

As of last Wednesday, 254 people are registered. The dance theme is the British Invasion. They are having the AA Panel again, during which anyone can ask questions.

Al-Anon Spring Convention – Jane M.

The Spring Convention will be June 4-6, 2010. The theme is “Al-Anon: A Fellowship of Hope.” The cost is \$175 for weekend, \$85 day only. The spring convention may have some suites available at an additional cost- \$20. The suites are further away.

All positions are filled except co-chair. They may have someone for the Saturday night alternative. The AA Chair is now filled. Since the Alano Club is moving, they are not sure where the next meeting will be held. Everything is squared away with the budget.

Al-Anon Liaison to AA State Convention – chairperson was not in attendance

Al-Anon Liaison to AA Fall Convention – no one in attendance

Group Services:

Alateen – MaryAnn M.

She hasn't received any forms for any new sponsors, since she said we need more meetings than we need sponsors. She has forms if anybody does want to become a sponsor. She's been noticing that the teens that come, come a few times, but don't come back. Some went off to college. A few came by bus but stopped coming after it's getting dark earlier. She had two people that were sent by the courts. If we are going to reach teens, we need to work on getting meetings in schools.

How are we going to let people know that the sponsors are registered. There is no ID card. We need a way to let people know you are registered.

WMAAIS luncheon is happening October 24th, next Saturday in Gaithersburg. She has tickets here. There will be a young Alateen speaker along with AA and Al-anon speakers. You can get tickets to the up to the 20th. They will hold them at the door for you.

Bill F. has been pursuing getting Alateen meetings in the school system in Balto. County, and has been invited to give a presentation to the Archdiocese of Baltimore about Alateen in the schools.

Online Alateen- Charlie had a demonstration of an Alateen chat room at the 2009 WSO. It was a demonstration only. The main concern is safety. It is only open during certain hours. There are two sponsor monitors. There is password access and no personal identification.

It was tried in a Scandinavian country where people were geographically isolated. It is not intended as a replacement for going to a meeting.

Monday night Alateen in Eldersburg- the group took up a collection to attend the Fall Convention at Rocky Gap.

What do you do with younger children? How to get people to bring their kids?

District 2 had a problem because they had two age groups. Needed to separate them and have 2 sponsors for each age group. The group was discontinued. It may reopen as Alateen only.

Group Records – Angela F.

If you have any information changes please see Angela.

Public Outreach: (Opportunity for service)

Public Info/Institutions/Cooperating with Professional Community

Fellowship Communication:

Webmaster-Linda M

As requested at the May Assembly, the Al-Anon regions have been added to the website. Abundant Resources survey was also added. (If anyone has a better title for that page, please give Linda your ideas.) More Baltimore County locations have been added to the Find a Meeting page. Sept. Al-Anon-cer without names and phone numbers has been added to the site.

Payment of \$130 for the website is due Oct. 25th. The host did a server upgrade, so we lost the counter. It started over with 0. We had 12, 997 visits before it started over. Add the new 324 for a subtotal of 13,321 visitors.

There was a request at the AWSC meeting to include directions with the meeting locations. Baltimore website has this. Someone made an editable PDF file of the Group Records Form for inclusion. They are testing this out.

If you want a subscription to the Al-Anon-cer email it to the website and Linda will make sure Diane gets it. They will be working on an archives page.

We talked about the possibility of making the site accessible to the blind. We also talked about search optimization. Linda did a search of “alanon and Maryland” and it came up as the 2nd and 3rd listing- same for “al-anon and Maryland”.

Literature/Forum- (Terry is away)

Archives – Mike H (not here)

Al-Anon Information Services:

Anne Arundel AIS- This AIS is doing fine and the answering service is doing well. Bob said they ordered a subscription to the Forum for their doctor’s office. The doctor’s office just renewed it themselves. If you are going to the Eastern Shore you can get a list of meetings on the website.

Baltimore AIS- Co-chair Maryrose gave the report. All permanent positions are filled. Fairly new Alateen meeting in Dist. 7 needs support. They are looking for a chairperson for the Luncheon. Since they became incorporated, they are getting a tax number, and they got insurance.

Mary/Tri-Del AIS- (choose to be with the Delaware delegate)

Washington Metropolitan Area AIS- Sandra is the chairperson for WMAAIS- in March we had a group inventory. Ideas that came out of that were:

For the steering committee focus on the details at the meeting then come up with theme for what we want to do. Trying to rotate the meetings so people can get their more easily.

Fall luncheon- Oct. 24th

Spring workshop at Providence Hospital April 24th.

New website- www.al-anon-alateen-dcmd.org

Tell groups to send donations to the area- AFG of MD, DC, Inc. PO Box 10898, Parkville, MD 21234
Put group # and/or group name

What is amount for mileage- .55 per mile is federal (this is recommended). Nonprofits go by the federal

Glen Burnie Alateen group is not meeting right now. We do have a sponsor.
Question about whether this meeting is going on.

The children are never in there with one sponsor. Two sponsors need to be in the room. Keep the meeting doors open. If there is no Alateen meeting it is okay for them to be in Al-Anon. An Alateen is a member of Al-Anon. Alateens should talk about anonymity too.

We talked about each group being autonomous.

Old Business:

For the bylaws we were required to have a resident agent. It was Karen L. The Steering Committee changed the resident agent to Lee T. a few months ago, and submitted the proper paperwork.

New Business:

Chosen agenda items- District 8 suggested "What is cross talk? What are ways to deal with it effectively?"

Charlie said this has come up as a topic before and there is no Al-Anon definition of crosstalk.

It is not in any Conference Approved Literature. The group consciences would decide how to deal with cross talk. While there is nothing in the literature specifically about cross talk, there are lots of references in literature about giving advice.

Other suggested topics for chosen agenda items - how to get newcomers to come back.

Members at the assembly began discussing cross talk issues:

When is it appropriate to stop someone from rattling on at a meeting? Whose responsibility is it at a meeting?

Some people think it is the responsibility of the group rep. Other groups reference the secretary, the chairperson, or any regular home group member. Someone said that if she is chairing she will interrupt someone going on too long.

A separate reading at the beginning of the meeting may help establish the "rules"- no crosstalk, no outside literature, etc. Many groups already have a "group statement".

Each person has an opportunity to share, no one interrupts their share, and people may talk to you after the meeting. Most people considered cross talk to be another member directly responding to what someone has shared. You are not cross talking when something really strikes a cord. The person can bring it back to their own situation, especially in a small group. That is different than talking directly to the person.

Chosen Agenda Item for Charlie to submit to the WSC: Getting families of AA members involved in the Al-Anon program.

Some suggestions that were discussed:

Provide Al-Anon meeting directories to AA

Wilhelmina (District 7) gives directories to the AA groups that meet at the same time as the Al-Anon meeting.

Al-Anon participation in the AA convention

End with Declaration

"The primary function of the Area World Service Committee should be to plan for the general improvement of both the Assembly and the Groups" Al-Anon Alateen Service Manual

3rd Quarter Group Donations & Other Income

AFG of MD & DC Inc. GROUP NAME	WSO Num	Quarter Ending September 30th,2009		
		Aug-Sept	Quarter Total	Year-to-Date
District 7				
District 8		\$75.00	\$75.00	\$75.00
District 9		\$100.00	\$100.00	\$100.00
District 13				
Spring Convention		\$1,000.00	\$1,000.00	\$1,000.00
Spring Conven.Liab&Bond		\$415.00	\$415.00	\$415.00
Fall Convention-Refund		\$100.00	\$100.00	\$100.00
Fall Conven. Bonding Ins		\$166.67	\$166.67	\$166.67
Baltimore AIS		\$100.00	\$100.00	\$100.00
Wed Nite Oakland Mills		\$60.00	\$60.00	\$60.00
Al-Anon-Cer Subs		\$5.00	\$10.00	\$10.00
Emmorton	5768	\$35.00	\$35.00	\$35.00
Wash DC	2438	\$20.00	\$20.00	\$20.00
Fri.Steo	2443	\$52.60	\$52.60	\$52.60
Bowie Daytime	5862	\$20.00	\$20.00	\$20.00
Monday Emmorton	5768	\$35.00	\$35.00	\$35.00
Thurs Pathways	5777	\$150.00	\$150.00	\$150.00
Hagerstown	5937	\$35.00	\$35.00	\$35.00
EasyDoesIt	6014	\$50.00	\$50.00	\$50.00
ForestHill Sun Nite Al-Anon	5916	\$10.00	\$10.00	\$10.00
Glen Gardens	5930	\$61.00	\$61.00	\$61.00
:Monday Nite AL-Anon	6015	\$20.00	\$20.00	\$20.00
Crofton Easy Does It	41209	\$360.00	\$360.00	\$360.00
Early Friendly	23954	\$20.00	\$20.00	\$20.00
Leitersberg 12 12	63352	\$10.00	\$10.00	\$10.00
7th Heaven		\$30.65	\$30.65	\$30.65
Gaithersburg	45964	\$31.68	\$31.68	\$31.68
SerenityStep	42081	\$22.00	\$22.00	\$22.00
Mon Nite Serenity	48731	\$100.00	\$100.00	\$100.00
Bethesda	6035	\$80.00	\$80.00	\$80.00
Baltimore	6047	\$50.00	\$50.00	\$50.00
	5839	\$75.00	\$75.00	\$75.00
Clinton Daytime	5884	\$30.00	\$30.00	\$30.00
Growing Up In Al-Anon	501269	\$17.49	\$17.49	\$17.49
Colors of the Rainbow	502097	\$25.00	\$25.00	\$25.00
Middleton	502454	\$30.00	\$30.00	\$30.00
Monday Matters	50306	\$30.00	\$30.00	\$30.00

Rockville	53483	\$75.76	\$75.76	\$75.76
Laurel	500932	\$20.00	\$20.00	\$20.00
Candlelite Fri.Eve.		\$40.43	\$40.43	\$40.43
Focus Point	38738	\$53.30	\$53.30	\$53.30
Pathfinders AFG	39718	\$15.00	\$15.00	\$15.00
Bethesda	67295	\$57.00	\$57.00	\$57.00
Rogers Forge		\$40.00	\$40.00	\$40.00
Govans-Boundary Tues		\$33.65	\$33.65	\$33.65
Valley Al-Anon (Reist)		\$60.00	\$60.00	\$60.00
Promfret Tues Nite		\$92.40	\$92.40	\$92.40
Wed.Noon Al-Anon		\$89.21	\$89.21	\$89.21
Wed.Nite Churchville	27995	\$20.00	\$20.00	\$20.00
Slade Al-Anon		\$25.00	\$25.00	\$25.00
Leitersurg 12&12	63352	\$10.00	\$10.00	\$10.00
Evergreen Discussuin	66136	\$54.09	\$54.09	\$54.09
Bethesda	65794	\$110.00	\$110.00	\$110.00
Salisbury	503754	\$25.00	\$25.00	\$25.00
Cockeysville	??	\$150.00	\$150.00	\$150.00
Silver Spring	63518	\$7.34	\$7.34	\$7.34
Mechanicsville	67023	\$39.00	\$39.00	\$39.00
Westside Club	66938	\$59.66	\$59.66	\$59.66
Kensington, Tues.Morn		\$20.00	\$20.00	\$20.00
Total:		\$4,518.93	\$4,523.93	\$4,523.93

SUBSCRIBE TODAY! YOUR BEST SOURCE FOR NEWS ABOUT AREA 24 AFG OF MD and DC

AL-ANON-CER

Published quarterly: March, June, September and December

\$5.00 per year

Name _____

Mailing Address _____

City _____ State _____ Zip (+4) _____

Phone: () _____ E-mail: _____

Renewal New Subscription Donation Receive by E-mail (no charge)

Mail this form, along with a check for \$5.00 (for US Mail subscription), payable to "AFG of MD and DC" to: AFG of MD & DC, P.O. Box 10898, Baltimore, MD 21234-0898. email to: area24@marylanddc-alanon.org for questions or info.

➔ Request a FREE subscription by email to: area24@marylanddc-alanon.org.

AFG of MD&DC Inc
APPROVED BUDGET FOR 2010

CATEGORY	AMOUNT
Group Contributions	\$19,650.00
Misc Income	\$400.00
Al-Anon Subs	\$10.00
Conv.Share (2/3)2010	
Ins.Prem	\$1,000.00
Total Income	\$21,060.00

Cat 01 Delegate WSC	\$2,000.00
Cat 02 Delegate Exp.Other	\$1,000.00
Cat 03 NE Reg Del Conf	\$500.00
Cat 04 Alt Delegate Exp	\$400.00
Cat 05 Past Del NERD	\$1,000.00
Cat 06 Past Delegate Exp.	\$500.00
Cat 08 Chairman Expense	\$750.00
Cat 09 Treasurer Expense	\$560.00
Cat 10 Secretary Expense	\$700.00
Cat 11a Jessup Prison Liter	\$500.00
Cat 11b Fred. Det Cnt Literat	\$650.00
Cat 11c Wicomico Detention Cnt	\$400.00
Cat 11 Literature Coord	\$300.00
Cat 12 Archives Coord	\$300.00
Cat 12 AL-Anon-Cer Exp	\$3,000.00
Cat 13 Web Service	\$300.00

CATEGORY	AMOUNT
Cat 14 Liaison AA State Conv	\$350.00
Cat 15 Liason AA Fall Conv	\$350.00
Cat 16 AlaTeen Area P.P.	\$1,000.00
Cat 17 Public Outreach Coord.	\$550.00
Cat 18 Group Records Coord	\$350.00
Cat 19 Convention Coord	\$200.00
Cat 20 PO Box Rent	\$90.00
Cat 21 Assembly Mtg Expen	\$700.00
Cat 22 AWSC Meetings	\$700.00
Cat 23 Liability Ins Prem	\$750.00
Cat 24 Bonding Ins Prem *	\$166.67
Cat 25 D&O Ins Prem	\$750.00
Cat 26 Contingency	\$800.00
Cat 27 Audit Books	\$750.00
Cat 28 Software Expense	\$240.00
Cat 29 Spring Conv Chairperson	\$200.00
Cat 30 Fall Conv Chairperson	\$200.00
Bank Fees	\$50.00
Total Spending Budget	\$21,057

* Amount = 1/3 of 3 year prem. Due 2012

** Premium \$750 not due till Dec 2009



Group Records

Our Area Al-Anon family is saddened by our Group Records Coordinator's sudden loss of her son.

Group Representatives—please keep your District, Area Information Service, Area 24, and the World Service Office informed of your group's new contact information by sending each of them a copy of a completed "Al-Anon Registration/Group Records Change Form." The form is available on the Area website: www.marylanddc-alanon.org.

District Highlights

District 2

Connie C has gratefully taken the DR position for District 2. Her e-mail address is area24@marylanddc-alanon.org and the alternate DR is Paul C and his E-Mail address is area24@marylanddc-alanon.org

Outgoing District Rep, Tim W

District 3

Directories have been updated and distributed to our groups. Our Outreach commitment has been reinstated. All groups are making monthly service commitments to attend the facility. One hundred "Al-Anon Faces Alcoholism 2010" books with directories were distributed throughout the professional and public community. Al-Anon literature continues to be replenished at our local hospital's emergency room.

All groups remain active in the district. Our Holiday Pot-Luck Dinner will be on December 6, 2009, at St. Paul's United Church of Christ at the corner of Bond and Green Streets in Westminster. Set up is at 4:00 pm, dinner at 5:00 pm, and Al-Anon, A.A. and Alateen speakers at 6:30 pm.

The Monday night Alateen has a core group attending regularly. The group held enough fund raisers to attend the Rocky Gap Convention. Additional funds came from groups and individuals. Thanks to everyone who supported the Alateens in making this event happen.

Yvonne G, District Rep

District 11

The Brooklyn Monday Night meeting has discontinued. District 11 will be hosting a Spring workshop on May 1, 2010 at North Arundel Church located at 7604 Baltimore-Annapolis Blvd, Glen Burnie, MD 21060. Registration begins at 8:30 am and we will wrap up about 12:00 pm. Hope to see you there.

Carol F, District Rep

District 13

At our September meeting, Sarabess F. was voted in as the Alternate District Rep. Thanks

Sarabess for your service! On the beautiful weekend of October 2-4 the "10th Annual Spirituality Weekend" was held. We had 17 overnights and 5 day-trippers on Saturday. The theme, "Let Go and Let God" was carried through in meetings, nature walks, campfires, and fellowship. We even made "God Boards." The meals were created by a great crew, with everyone pitching in to help with the preparations. The campfires were "hot & grand" as usual and I would like to especially thank the co-leaders, Angela D. and Arthur M. "You both did an outstanding job!! Thanks!!!"

Gail K. District Rep

District 18

Since our last article, we have acquired two additional group representatives. Various GR have visited some meetings that we don't hear from to see how they are going. Sadly, two meetings have closed: Twelve Step Study AFG on Monday and Capitol Hill AFG on Thursday both located at the Lutheran Church of the Reformation.

However, two newer meetings in this district have been added to the local directory. Progress Not Perfection meets on Saturday at 5:00 pm and Judiciary Square is on Tuesday at noon. Both these meetings need support, as does the Alateen meeting on Saturday at 2:00 p.m. at Calvary Episcopal Church at 820 6th St, NE. There is an Al-Anon meeting at the same time and location.

The October 11 picnic which we co-sponsored with District 17 (see article) was a success, with approximately 35 people present. Currently we are working on obtaining a location for the Spring Assembly on May 15, 2010.

Ten GRs were present at the District meeting on November 21. Charlie S, our World Service delegate came to that meeting to discuss getting people involved in service and the organizational structure above the group level. The next District meeting is on January 16, 2010 is at the same time 10:00 am but a different location. It will be at the SW Branch Public Library, 600 Wesley Place, SW, Washington, DC 20024 (a few blocks from the Waterfront Metro Station which is at 399 M St SW).

For further information about District 18, please contact DR Hannah at area24@marylanddc-alanon.org or ADR Cindy S area24@marylanddc-alanon.org
Hannah G, District Rep

OUR TRUSTED SERVANTS

* = New office holder as of 2009. Not all Districts updated DR information. Please notify me of changes.

AREA OFFICERS

Delegate*

Charlie S. email
area24@marylanddc-alanon.org

Alternate Delegate*

Carol F. email
area24@marylanddc-alanon.org

Chairperson*

Idalia email
area24@marylanddc-alanon.org

Secretary*

Dolores McK
email area24@marylanddc-alanon.org

Treasurer*

Teddie B

email area24@marylanddc-alanon.org SEND AREA CONTRIBUTIONS AND CORRESPONDENCE TO THIS ADDRESS:
AFG OF MD AND DC
P.O. Box 10898
PARKVILLE, MD 21234-0898

COORDINATORS

Group Records*

Angela F email
area24@marylanddc-alanon.org

Archives*

Mike H
email area24@marylanddc-alanon.org

Public Outreach

OPEN – SERVICE OPPORTUNITY

Alateen Coordinator

Maryann M
email area24@marylanddc-alanon.org

Al-Anon-Cer Editor*

Diane Z email
area24@marylanddc-alanon.org

Webmaster

Linda M email
area24@marylanddc-alanon.org

Literature Coordinator*

Terry McK email
area24@marylanddc-alanon.org

Convention Coordinator*

OPEN – SERVICE OPPORTUNITY

Spring 2009 Convention Chair*

Jane M. email
area24@marylanddc-alanon.org

Fall 2010 Convention Chair*

Paul C
email area24@marylanddc-alanon.org

AA Summer Convention Liaison

OPEN – SERVICE OPPORTUNITY

AA State Convention Liaison

KAREN L. EMAIL
area24@marylanddc-alanon.org

AA Fall Convention Liaison

OPEN – SERVICE OPPORTUNITY

Spanish Language Contact

OPEN – SERVICE OPPORTUNITY

NORTHEAST REGIONAL TRUSTEE

Frank R email
area24@marylanddc-alanon.org

PAST WORLD SERVICE DELEGATES

Karen L (Panel 46) email
area24@marylanddc-alanon.org

Julie M (Panel 43) email
area24@marylanddc-alanon.org

Lee T (Panel 37)
email area24@marylanddc-alanon.org

Melody B (Panel 34) email
area24@marylanddc-alanon.org

Beatrice R (Panel 28) email
area24@marylanddc-alanon.org

MiKell L (Panel 25)
email area24@marylanddc-alanon.org:

PAST DELEGATES (cont'd)

Angela W (Panel 23) email
area24@marylanddc-alanon.org

Isabel F (Panel 17) email
area24@marylanddc-alanon.org

AREA INFORMATION SERVICES

Al-Anon/Alateen Information Service of Anne Arundel County
P.O. Box 763
Severna Park, MD 21146-0763

Baltimore Area Al-Anon Information Service
P.O. Box 28259
Baltimore, MD 21234
(410) 832-7094
www.alanon-maryland.org

Carroll County Answering Service
(410) 857-7000

Cumberland Answering Service
(301) 722-6110 (through AA answering service)

Easton Answering Service
(410) 822-4226 (through AA answering service)

Frederick – Hagerstown Answering Service (Frederick & Washington Counties)
(301) 663-6626
1-800-344-2666

Mary Del Tri-County Al-Anon Information Service (Harford & Cecil Counties)
PO Box 561
North East, MD 21901-0561
(410) 398-2004 (Cecil County)
(410) 836-6209 (Harford County)
www.marydelalananon.org

Salisbury/Ocean City Answering Service
(410) 742-2504

Southern Maryland (Calvert, Charles, & St. Mary's Counties) Answering Service
(301) 934-4086
1-800-425-2666

Washington Metropolitan Area Al-Anon/Alateen Information Service (WMAAIS)

c/o Mc Kendree Methodist Church
2421 Lawrence St. NE
Washington, DC 20018-2915
(202) 635-2023
www.al-anon-alateen-dcmd.org

LITERATURE DEPOTS

Baltimore, Baltimore County, Harford County and surrounding areas:

Mildred H.
email area24@marylanddc-alanon.org.

Washington DC and surrounding areas:

See WMAAIS contact information above.

Eastern Shore (District 24):

Tammie J email
area24@marylanddc-alanon.org

DISTRICT REPRESENTATIVES

D1 Diane W email
area24@marylanddc-alanon.org

D2 Connie C email
area24@marylanddc-alanon.org

D3 Yvonne G email
area24@marylanddc-alanon.org

D4 OPEN – SERVICE OPPORTUNITY
email area24@marylanddc-alanon.org

D5 Steve N email
area24@marylanddc-alanon.org

D6 Claude T. email
area24@marylanddc-alanon.org

D7 Wilhelmina H* email
area24@marylanddc-alanon.org

D8 Dolores McK
email area24@marylanddc-alanon.org

D9 John H. Klemail
area24@marylanddc-alanon.org

D10 Phyllis P email
area24@marylanddc-alanon.org

D11 Carol F email
area24@marylanddc-alanon.org

D12 (shared position)

Marylen F
email area24@marylanddc-alanon.org

Gerry G
email area24@marylanddc-alanon.org

D13 Gail K
email area24@marylanddc-alanon.org

D14 OPEN – SERVICE OPPORTUNITY
email area24@marylanddc-alanon.org

D15 Bob M (Acting)
email area24@marylanddc-alanon.org

D16 OPEN – SERVICE OPPORTUNITY
email area24@marylanddc-alanon.org

D17 OPEN – SERVICE OPPORTUNITY
email area24@marylanddc-alanon.org

D18 Hannah G *
email area24@marylanddc-alanon.org

D19 OPEN – SERVICE OPPORTUNITY
Renee J , (Acting)
email area24@marylanddc-alanon.org

D20 Mary D
email area24@marylanddc-alanon.org

D21 Jill B
email area24@marylanddc-alanon.org

D22 Audrey S
email area24@marylanddc-alanon.org

D23 OPEN – SERVICE OPPORTUNITY
Dee C (Alternate DR)
email area24@marylanddc-alanon.org

D24 Madeline M *
email area24@marylanddc-alanon.org

WORLD SERVICE OFFICE

Al-Anon Family Group
Headquarters, Inc.
1600 Corporate Landing Parkway.
Virginia Beach, VA 23454-5617
Email: wso@al-anon.org
Meeting information:
1-888-425-2666
All other business: (757) 563-1600
[:www.al-non.alateen.org/members](http://www.al-non.alateen.org/members)
Note: Make WSO donation
checks payable to "AFG, Inc."

PICNIC STORY

Once upon a time there was a district (18) that wanted to hold a function where members could gather to have a good time, in addition to at meetings. So the GRs decided to organize a picnic during the autumn months. Were they ever excited to learn that another district (17) had the same idea! So the districts banded together and put on the picnic.

Said picnic was held on Sunday October 11 in Rock Creek Park at a shelter with picnic tables, plenty of grassy area on which to play, and a big parking lot as well as being near a restroom. The weather was sunny and warm without a chance of rain, which was thought to have been arranged by the Higher Power

The set up of the event was simple. The districts chipped in to buy the essentials such as charcoal, items for grilling, buns, drinks and condiments, while attendees brought snacks, appetizers, side dishes, and desserts. One member volunteered to lend her grill. Two people were responsible for signs, with one providing poster board and the other making them. Three people arrived early to post the directional signs through the park, to heat up the grill and to set an atmosphere of serenity.

The announcement flyer had actually been produced by one person creating it and then sending it by email to others for modification and suggestions. Finally, the mutually agreed upon version was emailed to GRs who printed it out and

distributed at their meetings. It was also sent in the same manner to the Area 24 and local webmasters and the local AIS.

Activities throughout the afternoon included grilling, eating, talking, hugging, laughing, croquet, eating more, meeting new people, and talking some more. As the sun began to fade and a chill came through the air, the remaining participants chipped in to clean up and divvy up the leftovers. This was accomplished amazingly fast and without any difficulty, illustrating the fourth concept that "participation is the key to harmony."

Many pleased attendees repeatedly told the co-chairs what a wonderful job they had done, while the co-chairs repeatedly averred that there was hardly any work involved. All they had done was communicate through a great many emails with each other, ask questions in this manner to other members, share thoughts and suggestions, and give praise to those who were thus helping. They both stated that praying also contributed to the ease of implementing ideas. The co-chairs never even met each other until the day of the event!

At the end of the beautiful day, the picnic was declared a success with approximately 35 people having attended. Many expressed hopes that this would become an annual event.

Hannah G., District 18 DR

MD & DC Area Fall Convention



Wrap-Up / Kick-Off Meeting January 9, 2010 (snow date: January 23, 2010)

- What:** Wrap-up the 2009 fall convention (review finances, evaluation forms, committee reports) and kickoff the 2010 fall convention (elect committee chairs, decide on theme, set planning meeting dates)
- Who:** Anyone interested in personal growth through Al-Anon service work. Talk to others in your Al-Anon district to see if members from your district would like to take on or share a committee. Put someone in the car!
- When:** January 9, 2010 (if postponed because of snow, January 23, 2010)
10:00 AM – 2:00 PM or so
- Where:** Paul and Margaret's house in Buckeystown.

From the East (these directions might change, as this area is under construction-call ahead for the latest!) Take 70 West into Frederick and exit at Rt85/Rt355 South. Bear to right off ramp and go to 2nd light and turn right. At next light, bear right onto Rt85 South. Follow 85 through retail area and past FSK mall. Follow common directions.

From the West: Take 70 East into Frederick. Bear to the right at 70/270 split, onto 270 South. Stay to right and exit in 1 mile onto Rt.85 South to Buckeystown. Follow common directions.

From the South: Take Rt.270 North to Rt. 80 towards Buckeystown/Urbanna. At end of ramp, bear to right towards Buckeystown, then proceed through roundabout to stay on Rt. 80. Follow Rt. 80 to end. At stop sign, turn right onto Rt. 85. Follow 85 into Buckeystown, and look for Buckeystown Market/Gas station on left. We are the 3rd house up on the left, past station. Red brick with green shutters and yellow trim/wrap around porch.

From the North: Take Rt. 15 South, and exit at Rt. 85 South, toward Buckeystown. Follow common directions.

Common directions: Continue about 3 miles to Buckeystown. Speed limit drops to 30. Look for small street on right "Keller Lime Plant Road". We are the 4th house past Keller Lime Plant Road. Red brick with green shutters and yellow trim/wrap around porch.

34th Annual Al-Anon Family Groups of Maryland and the District of Columbia

Spring Convention
With AA Participation



Al-Anon Speaker

20 Workshop Topics

*Entertainment, Dancing,
Bingo, Games*

Spirituality speakers

!! Get a suite for \$20 extra !!

All meals included

*Serenity & Fellowship
in a Peaceful Environment*

Washington College
Chestertown, Maryland
June 4, 5 & 6, 2010

\$175 per person for the entire weekend
\$195 for a suite*

Weekend registrations include \$10 refundable key deposit.

*Up to four persons per suite. Separate & double bedrooms, semi-private baths, located across campus.

Saturday-only registrations available
\$85 includes all Saturday events and meals

No Walk-Ins

Everyone must be pre-registered by May 29, 2010

Questions? Email Jane M., Convention Chair at SpringConventionChair@gmail.com or
Julie M., Convention Registrar, at MDDCSpringCon@gmail.com

Individual subscriptions are available for \$5.00 per year (4 issues). E-mail subscription is free – instructions inside.

**Newsletter
P.O. Box 10898
Parkville, MD 21234-0898**