

## McLean at Naukeag Ambulatory Treatment Center Self-Referral Packet

**NOTE:** *To be considered for admission application must be complete in full (If you need assistance with the application call 978-827-5115 ask for admissions)*

How did you hear about Naukeag: \_\_\_\_\_

### PATIENT INFORMATION

**DATE:** \_\_\_\_\_

Have you been to Naukeag previously? ☐ Yes ☐ No

Are you being referred by any program or treatment provider? ☐ N ☐ Y (name): \_\_\_\_\_

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ State/Country: \_\_\_\_\_ ZIP: \_\_\_\_\_

Email: \_\_\_\_\_ Daytime phone #: \_\_\_\_\_ Cell #: \_\_\_\_\_

Preferred method of contact: ☐ Email ☐ Phone ☐ Cell ☐ All Best time: \_\_\_\_\_

**PRESENTING PROBLEM:** Check all boxes that describe issues you are currently dealing with:

- ☐ alcohol problem ☐ drug problem ☐ depression ☐ anxiety ☐ trauma issues ☐ suicidal ideation  
☐ eating disorder ☐ relationship conflict ☐ housing/homelessness ☐ anger management ☐ ADD  
☐ work issues ☐ school issues ☐ grief issues

**Briefly state why you are considering admission to Naukeag at this time:**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### CURRENT TREATMENT

Do you have current treatment providers? ☐ Y ☐ N Do you have a psychiatric diagnosis? \_\_\_\_\_

Name/Agency \_\_\_\_\_ therapist, psychiatrist, IOP, partial Phone: \_\_\_\_\_

Name/Agency \_\_\_\_\_ therapist, psychiatrist, IOP, partial Phone: \_\_\_\_\_

### PAST TREATMENT (ADDICTION & MENTAL HEALTH)

Treatment Type	# of admits	Facility Name (of most recent treatment)	Dates
Detoxification			
Inpatient Psychiatric			
Residential			
Halfway house			
Sober House			
Intensive Outpatient (IOP)			
Outpatient therapy			
Couple/family therapy			
Suboxone, Methadone maintenance			

**McLean at Naukeag Ambulatory Treatment Center Self-Referral Packet**

2

PATIENT NAME: \_\_\_\_\_

**DRUG USE HISTORY**

Primary Drug(s): \_\_\_\_\_ Secondary: \_\_\_\_\_

✓ if used in the past year	Drug	Age First Use	Last Use	Frequency	Amount
	Alcohol				
	Amphetamines				
	Benzodiazepines (Klonopin, Xanax, Valium Ativan)				
	Cocaine				
	Fentanyl				
	GHB				
	Hallucinogens (mushrooms, LSD, PCP, DXM)				
	Heroin				
	Inhalants				
	Ketamine				
	Marijuana				
	MDMA (Ecstasy)				
	Methadone				
	Methamphetamine				
	Morphine				
	Over the counter (cough syrup, Asthma Inhalers, Laxatives, Diet Pills, Cold Medicines, Ephedrine, Sleeping Pills, Benadryl)				
	Oxycontin, Oxycodone, Percocet				
	Rohypnol				
	Steroids (Anabolic)				
	Suboxone				
	Tobacco				
	Other: _____				

**MEDICATIONS:** List all current medications**MEDICAL**

Date of Last Physical: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Phone \_\_\_\_\_

List Any current medical conditions:

Name of Medication	Dosage	Reason Taking

**PATIENT NAME:** \_\_\_\_\_

**RISK FACTORS**

History of Suicide attempts	<input type="checkbox"/> No <input type="checkbox"/> Yes: _____
Present Suicidal ideation	<input type="checkbox"/> No <input type="checkbox"/> Yes: _____
Self-harm(past/present)	<input type="checkbox"/> No <input type="checkbox"/> Yes: _____
Harm to others	<input type="checkbox"/> No <input type="checkbox"/> Yes: _____
Fire-setting	<input type="checkbox"/> No <input type="checkbox"/> Yes: _____
Access to firearms	<input type="checkbox"/> No <input type="checkbox"/> Yes: _____
Trauma History	<input type="checkbox"/> No <input type="checkbox"/> Yes: If yes do you feel that trauma may affect your recovery? <input type="checkbox"/> No <input type="checkbox"/> Yes

**LEGAL**

Any current legal charges	<input type="checkbox"/> No <input type="checkbox"/> Yes: _____
On probation	<input type="checkbox"/> No <input type="checkbox"/> Yes: _____
Upcoming Court Dates	<input type="checkbox"/> No <input type="checkbox"/> Yes: _____
Restraining orders	<input type="checkbox"/> No <input type="checkbox"/> Yes: _____

**AFTERCARE PLANS-** (Please note) Insurance companies decide length of stay, which is usually 10-12 days, once they deny approval you usually need to discharge the next day, so it is important to work on aftercare plans from the beginning of your admission.

**HOUSING:** ☐ Return Home ☐ Sober House ☐ Residential Program ☐ Friends ☐ Homeless ☐ Other \_\_\_\_\_

Emergency Placement if needed to leave program unexpectedly: \_\_\_\_\_

**TREATMENT:** ☐ Back to current providers ☐ Partial ☐ IOP ☐ Individual Therapist/Psychiatrist ☐ Group  
☐ Another Program ☐ Self Help ☐ Unsure

**ANY ADDITIONAL COMMENTS:** \_\_\_\_\_  
 \_\_\_\_\_

**\*Upon completion of this application, Fax to: 978-827-4809. Call within 48 hrs 978-827-5115 (ask for John or Noelle). Applications will be kept on file for 10 days only. If appropriate, a telephone interview will be schedule with you. Applications are assessed for need, ability to participate successfully, motivation for sobriety and with meeting insurance criterion**

**McLean at Naukeag Ambulatory Treatment Center Self-Referral Packet**  
**Pre-Admit Form**

4

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_ Program: ☐ ART or ☐ PHP

Patient DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Telephone #: \_\_\_\_\_

Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Insurance: \_\_\_\_\_ Telephone#: \_\_\_\_\_

Insurance ID#: \_\_\_\_\_ Group# (if applicable): \_\_\_\_\_

\*Subscriber Name: \_\_\_\_\_ \*Subscriber DOB: \_\_\_\_\_

Secondary Insurance: \_\_\_\_\_ Telephone#: \_\_\_\_\_

Insurance ID#: \_\_\_\_\_ Group# (if applicable): \_\_\_\_\_

\*Subscriber Name: \_\_\_\_\_ \*Subscriber DOB: \_\_\_\_\_

**Pharmacy Information**

**In order to be prescribed medication at Naukeag the following information is required. If you don't have a prescription card call your pharmacy and they will be able to give you the information.**

Cardholder I.D.: \_\_\_\_\_ RxBIN: \_\_\_\_\_

RxGroup: \_\_\_\_\_ Person Code: \_\_\_\_\_ Pharmacy: \_\_\_\_\_

Town: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Do you have any allergies? \_\_\_\_\_

You are responsible for all co-pays which you may pay in cash or by credit card. The card number can be called into the pharmacy.

**STOP PROGRAM USE ONLY**

**FAX TO PT ACCOUNTS 617-855-2366**

Is Precertification Required? Y N

Telephone #: \_\_\_\_\_

Information Received: