



Central College
Men's basketball
Elite Prospect Camp
June 7, 2014

2014 DUTCH MEN'S BASKETBALL

- NCAA tournament round of 32
- Iowa Conference tournament champions
- Iowa Conference champions
- Iowa Conference MVP (Matt Greenfield)
- Two all-Iowa Conference first-team selections (Matt Greenfield, Kevin Kaerwer)
- D3hoops.com all-West Region first-team honoree and rookie of the year (Matt Greenfield; Colby Taylor)
- NABC all-West District first-team honoree (Matt Greenfield)

CENTRAL MEN'S BASKETBALL HISTORY

- 17 Iowa Conference championships
- 10 NCAA Division III tournament berths (most in the Iowa Conference)



CENTRAL ELITE PROSPECT CAMP REGISTRATION--JUNE 7, \$60

Name _____ Grade in fall _____

Address _____ Street _____ City _____ State _____ Zip _____

Home phone _____ Father cell phone _____ Mother cell phone _____

Athlete cell phone _____ Athlete email _____

Parents' name(s) _____ High school _____

Position _____ Adult T-shirt size _____

PARENTS' RELEASE AND INDEMNITY AGREEMENT

Prior to the start of camp, all camp participants must submit a liability and medical release form signed by a parent. The form is available on the Central athletics website at: <http://www.central.edu/go/liability-form>

If there are problems accessing the form, please contact coach Craig Douma.

RETURN REGISTRATION FORM AND PARENT RELEASE FORM TO:

Craig Douma, Men's Basketball Coach, Central College, 812 University, Campus Box 6600, Pella, Iowa 50219

CAMP DIRECTORS



Craig Douma

- Entering third season as Central College head coach
- 2014 Iowa Conference coach of the year
- 299 career coaching victories (31-22 (.585) record over two seasons at Central; 268-78 (.774)

record over 15 Iowa high school seasons)

- Piloted Carroll High School to three state tournament berths and five substate appearances in six years, recording a 123-22 (.848) mark
- Two district coach of the year awards
- Assistant at Northwestern College (Iowa)
- Two-time NAIA all-America honoree at Northwestern, leading Red Raiders to three national tournaments



Joe Steinkamp

- Entering ninth season on Central College coaching staff
- 2003 Central graduate
- Two-time letterwinner and team co-captain for the Dutch
- Former graduate assistant

with Loras College women's basketball team

- Central has posted a 101-57 (.639) mark during Steinkamp's six years as top varsity assistant

CAMP STAFF

Camp directors are joined by members of the Central College men's basketball coaching staff and current Central players. Participants are assured of receiving individual attention throughout the camp. The staff also includes an athletic trainer.

FOR MORE INFORMATION

Contact Coach Craig Douma

Phone: (641) 628-5225

Email: doumac@central.edu

ABOUT THE CAMP

The Elite Prospect Camp is a one-day camp for players entering grades 9-12 in the fall of 2014. The goals of the camp are to prepare student-athletes mentally and physically for the demands of the college game and the framework for which they can develop those skills. Participants can expect position-specific instruction to improve their game. The camp is structured for players wishing to compete at the college level.

CAMP SCHEDULE

8 a.m.	Check-in at Kuyper Gym lobby
9 - 9:30 a.m.	Introduction and warm-up
9:30 - 11 a.m.	Position instruction
11 a.m. - Noon	Competition games/Contests
Noon - 1 p.m.	Lunch/Speaker
1:15 - 2 p.m.	Strength and conditioning session
2 - 3 p.m.	Individual instruction
3 - 4 p.m.	5-on-5 games
4 p.m.	Checkout at Kuyper Gym

COSTS/REGISTRATION

The \$60 camp fee covers the instructors, insurance, camp T-shirt and all-you-care-to-eat meal at Central Market. Deadline for registration is May 31. Checks can be made out to Central Men's Basketball. Enrollement is limited.



Central College is the only Under Armour college or university in Iowa.

LOCATION

The Central College campus is located in Pella, Iowa, just 40 miles southeast of Des Moines on Highway 163 and 22 miles south of I-80. P.H. Kuyper Gymnasium is on the corner of West 5th Street and Independence in the southwest section of Pella.

CAMP BENEFITS

- Skill and technique drills for all positions
- Principles of speed and weight training
- Speaker Doug Diers, Shoot-It Instructor
- Experienced coaching staff
- Individual instruction
- Outstanding facilities
- Buffet meal at Central Market on campus



Online registration available at
www.centralcollegebasketballcamps.com