

CHEERLEADING TRYOUT PROCEDURE

1. To be eligible for tryouts you must:
 - a. Sign the Guidelines
 - b. Have a completed application & coach's or teacher's score on time
2. Give evaluation sheet to your most recent cheerleading/gym coach as soon as possible. If you have not cheered before, or can no longer get in touch with a coach give evaluation sheet to one of your current teachers. The teachers should return the form **in a sealed envelope with their names signed across the back flap** to Mrs. Gregory's mailbox no later than April 1st. For middle school or out of area applicants, the coach/teachers should hand the sealed evaluation to the applicant to bring to the BHS coaches during the tryout clinic.
3. Tryout practice sessions will be held **in the BHS Auxiliary gym** March 30th and 31st.. Each candidate will wear tennis shoes, shorts, and a shirt.
Tryouts will be held **in the BHS Auxiliary gym April 1st and 2nd**.

TRYOUT DATES and TIMES

March 30 th	3:45 – 5:30	Cheer Clinic
March 31 st	3:45 – 5:30	Cheer Clinic
April 1 st	3:45 – 5:30	Cheer Clinic/Pre-Judge jumps and tumbling
April 2 nd	4:00 - ??	Cheer Tryouts (cheer/dance)

4. **NO PARENTS OR FRIENDS WILL BE ALLOWED AT THE PRACTICE OR TRYOUT SESSIONs.**
5. Tryout results will be posted on the BHS cheerleading website at www.bhscheers.com no earlier that 8:00 p.m. If there is a technology issue, scores will be posted on the outside doors at the entrance to the main gym.
6. Tryout scores will consist of the following:

Communication	5 pts.
Motion Technique	5 pts.
Dance	5 pts.
Toe Touch	5 pts.
Standing Tumbling	5 pts.
Running Tumbling	5 pts.
<u>Stunt Technique</u>	<u>5 pts.</u>
Points possible per judge(3)	35 pts. x 3 = 105 pts.

BLACKMAN HIGH SCHOOL CHEERLEADING APPLICATION

(must be returned by final try-out date to be eligible to make a squad)

Name: _____ Birthday: _____

Address: _____

Guardian(s) Name: _____

Guardian Phone: (home) _____ (work) _____
(cell) _____ (cheerleader cell) _____

Guidance Department Information

Name of current school student attends: _____

This student is: (circle one)

- a. currently zoned for Blackman High School.
- b. has an approved zone exemption to attend Blackman High
- c. will be re-zoned for Blackman High School for the 2009-2010 school year.

Cumulative GPA: _____ (must have a minimum GPA of 2.3 on a 4.0 scale)

Any ISS or OSS? YES NO (please circle) Reasons: _____

Guidance Counselor's Signature

Date

Please answer the following questions, using the space provided:

1. What is your experience with school cheerleading?
2. What is your experience with All Star cheerleading?
3. What is your experience with Youth or Recreational cheerleading?
4. What is your willingness to participate in the following positions ? (please check all that apply) Your willingness could affect your participation on a squad.

_____ flyer _____ base _____ backspot _____ signs/ crowd involvement

5. Describe the tumbling skills you are able to perform without a spot (if any):

I have read the BHS Cheerleading Guidelines and promise to abide by its rules and regulations as well as cooperate and follow any instruction set forth by the cheerleading coach.

Signature of applicant

Signature of guardian

Date

Blackman High School Cheerleading

COACH OR TEACHER RECOMMENDATION

(only teachers if applicant has never cheered before)

Student Name:

Rate the student above on the following categories. Grade point average will be considered separately, so do not use the student's academic standing as a criteria. THIS WILL BE CONFIDENTIAL.

(1 = poor, 5 = excellent)

Attendance and Punctuality 1.....2.....3.....4.....5

Cooperation/ Attitude 1.....2.....3.....4.....5

Leadership Ability 1.....2.....3.....4.....5

Dependability and Responsibility 1.....2.....3.....4.....5

Behavior 1.....2.....3.....4.....5

Total _____

Additional Comments:

Coach or Teacher Name
(Please Print)

Signature

Date

BHS teachers: Please return to Mrs. Gregory's mailbox no later than April 1st.

Middle school or out of area teachers: Please place in sealed envelope, sign your name across the back flap, and either place in the Rutherford County school courier to the attention of Courtney Gregory, or return to the applicant. All evaluations must be received by April 1st.

BHS CHEERLEADING TRYOUT SCORESHEET

Candidate # _____

Judge # _____

Category	Possible Points	Points Received	Comments
Communication Skills Projection, Voice, Enthusiasm Crowd Appeal	5		
Motion Technique Sharpness, Arm Levels	5		
Dance Technique Coordination, Rhythm	5		
Toe Touch Height, Flexibility, Technique	5	head up: 1 pointed toes: 1 land with feet together: 1	chest up: 1 height/ even legs: 1
Standing Tumbling Form, Technique, Difficulty	5	backhandspring: 1 toe touch BHS: 2 backhandspring tuck: 3 standing tuck: 4 standing full or triple toe tuck: 5	
Running Tumbling Form, Technique, Difficulty	5	round off backhandspring: 1 round off backhandspring series: 2 round off backhandspring tuck: 3 layout: 4 full: 5	
Stunt Technique Form, Technique, Dismount	5	Flyers: elevator: 1 extension: 2 lib: 3 stretch: 4 scorpion/ scale: 5	

Total Points 35 _____

Comments/ Areas to improve:
