

One Month Blood Sugar Log

10 Tests a Day

This log sheet is courtesy of Diabetes ActiveCare.

To submit your completed log to OptumRx:

Fax: 1-800-384-3416

Mail: P.O. Box 8621, Greenville, TX 75404-9912

E-mail: testinglogs@optum.com

Name _____

Date of birth _____ Zip code _____

Start date _____ End date _____

Prescribed frequency _____

	Check 1		Check 2		Check 3		Check 4		Check 5		Check 6		Check 7		Check 8		Check 9		Check 10	
Week 1	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result
Example 7/15	8 am	118	11 am	141	2 pm	236	8 pm	135	-	-	-	-	-	-	-	-	-	-	-	-
DAY 1																				
DAY 2																				
DAY 3																				
DAY 4																				
DAY 5																				
DAY 6																				
DAY 7																				
Week 2	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result
DAY 1																				
DAY 2																				
DAY 3																				
DAY 4																				
DAY 5																				
DAY 6																				
DAY 7																				
Week 3	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result
DAY 1																				
DAY 2																				
DAY 3																				
DAY 4																				
DAY 5																				
DAY 6																				
DAY 7																				
Week 4	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result	Time	Result
DAY 1																				
DAY 2																				
DAY 3																				
DAY 4																				
DAY 5																				
DAY 6																				
DAY 7																				



Medicare Part B patients: Call us and mention reference code **EDO6500** to order your diabetes testing supplies.
1-877-231-5199 | www.optumrx.com/diabetes

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