

# Mt. Lebanon Youth Sports Alliance

## *PARENT PLEDGE*

**Please read, sign and return to the bottom portion of this form to your coach. Keep the top portion of this form as a reminder of your commitment to the principles of the Parent Pledge.**

1. I pledge to “Honor the Game.” I understand the importance of being a good example of sportsmanship to my child and all associated with the game. No matter what others may do, I will show respect for all involved in the game including coaches, players, opponents, opposing fans, and officials.
2. I pledge to limit my comments during the game to encouraging my child and other players for both teams. Games can be chaotic times for my child who is trying to deal with the fast-paced action of the game, respond to opponents, officials, teammates and also listen to coaches. I will not add to the confusion.
3. I pledge to refrain from making negative comments about my child’s coach, officials, other players and opposing fans in my child’s presence.
4. I pledge to be on time or even early when dropping off my child for a practice or game and picking her up afterwards. I understand that it is embarrassing for my child to be late to a game or practice and that I am putting him/her at physical risk by not providing adequate time to warm up prior to a game.
5. I pledge to focus my energy on my child having fun and in keeping sport in its proper perspective. I understand that the top three reasons kids play sports are to have fun, make new friends, and learn new skills and that far less than 1% of all youth sports participants ever receive college scholarships. I understand that athletes can do their best when their “Emotional Tank” is full so I will use positive encouragement to fill my child’s Emotional Tank.
6. I pledge to redefine what it is to be a “Winner” in my conversations with my child. A Winner is: Someone who makes maximum **Effort**, continues to **Learn** and improve, and does not let **Mistakes**, or fear of making mistakes, stop them. I understand that mistakes are an inevitable part of any game, that people learn from their mistakes and that the true measure of how my child is doing is not related to how she is doing in comparison to others but how she is doing in comparison to her best self.

*Mt. Lebanon Girls Softball Association is a member of the Mt. Lebanon Youth Sports Alliance  
Visit [www.positivecoach.org](http://www.positivecoach.org) for more information about the Positive Coaching Alliance*

*Keep the top portion of this pledge as a reminder of your commitment to the Parent Pledge*

*Sign this portion and return it to your child’s coach.*

I pledge to honor the Parent Pledge in my words and actions.

\_\_\_\_\_  
**Parent Signature**

\_\_\_\_\_  
**Print Child’s Name**

