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ACT Against Violence Training Program

When parents know better they can do better. You can help parents know the best ways to guide their young children's growth and development in order to promote safety and reduce violence in our communities. Adults and Children Together Against Violence (ACT) is a program designed by the American Psychological Association (APA) to train **early childhood**, **mental health and service agency professionals** to deliver an enhanced parent education curriculum *Parents Raising Safe Kids*. The seminar format of the ACT Against Violence program is structured to be highly interactive and utilizes self-discovery learning. This APA program was evaluated by the Centers for Disease Control for training of facilitators. Participants who complete the program will receive a certificate from The Melissa Institute for Violence Prevention and Treatment, the APA's designated Southeastern ACT Regional Center, and 14 CEUs from Miami-Dade College.

The ACT Facilitator II training will emphasize ways to raise parent awareness and promote violence prevention by addressing four issues:

- 1. Child development Define and discuss realistic expectations regarding the behavior and abilities of children ages 0-8 years.
- 2. Anger management Train parents to recognize anger in self, considering alternative strategies to corporal punishment, coping with children's tantrums and practice role modeling behaviors.
- 3. Social problem solving Demonstrate the ability to establish boundaries and appropriate consequences. Discuss and practice seeking alternatives to verbal and physical violence.
- 4. Media literacy Raise parental awareness about the significance of reading aloud; reducing television viewing and actively monitoring computer usage, video games and action movies to protect children from media violence.

The course consists of two-days training. Attendees will receive 14 CEU's with completion of the second day. For additional registration information please contact The Melissa Institute for Violence Prevention and Treatment at: info@melissainstitute.org or 786-662-5210

<u>Scheduled Trainings:</u> See page 2 - Registration Fee (still at 2009 sale price): <u>\$100</u> for two-day (consecutive days 8:30 a.m. – 4:30 p.m.) course includes lunch both days, Facilitator Manual, Parent Handbook, brochures, CD to replicate materials, DVD of a PSA and poster.





ACT Against Violence Facilitator II Training Schedule REGISTRATION FORM (Please indicate dates below)

6200 SW 73 Street \$100 Wed/Thu Mar. 24-25, 2010 – SMH Classroom C Miami, FL 33143 \$100 Mon/Tue Jun. 28-29, 2010 – SMH Classroom E \$100 Sep. 29-30, 2010 – SMH Auditorium 3 Sep. 29-30, 2010 – SMH Classroom D	Victor E. Clarke Education Center			
Solid Soli		\$100 \$100	Mon/Tue Wed/Thu	Jun. 28-29, 2010 – SMH Classroom E Sep. 29-30, 2010 – SMH Auditorium 3
Cancellations must be 7 days advance and fee will be applied to rescheduled training. Registration deadline 7days prior to each training session. Payment method: Check enclosed (Make payable to The Melissa Institute.) Purchase Order number	8900 N. Kendall Drive	\$100	Wed/Thu	
Credit Card: American ExpressMasterCardVisaDiscover	Payment method: • Check enclosed (Make payable • Purchase Order number	days advance on deadline 7 deadline 7 deadline 1 deadli	e and fee will be a days prior to each issa Institute.)	applied to rescheduled training. In training session.
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