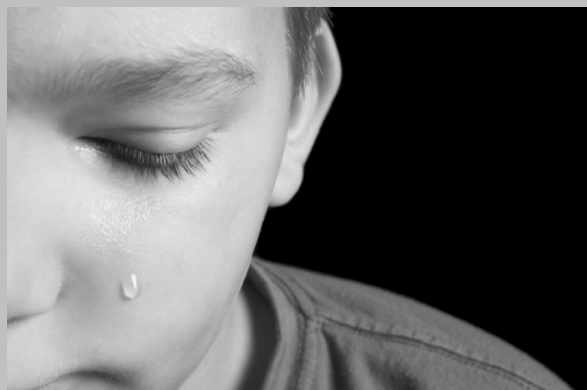




Caring for Children Who Have Experienced **TRAUMA** Educational Forum



TWO LOCATIONS

CEDAR RAPIDS

Friday & Saturday,
July 19 & 20, 2013
(8:30am-5:00pm)
Best Western Longbranch
(90 Twixt Town Road NE)
REGISTRATION DEADLINE IS JULY 5

DES MOINES

Friday & Saturday,
August 2 & 3, 2013
(8:30am-5:00pm)
Polk County DHS River Place
(2309 Euclid Ave)
REGISTRATION DEADLINE IS JULY 19

What is Trauma?

Trauma is a psychologically distressing event that is outside the range of usual human experience, one that induces an abnormally intense and prolonged stress response.

Because infants' and young children's reactions may be different from older children's, and because they may not be able to verbalize their reactions to threatening or dangerous events, many people assume that young age protects children from the impact of traumatic experiences. A growing body of research has established that young children—even infants—may be affected by events that threaten their safety or the safety of their parents/caregivers.

How Does Trauma Affect the Child In My Care?

Young children who experience trauma are at particular risk because their rapidly developing brains are very vulnerable. Early childhood trauma has been associated with reduced size of the brain cortex which is responsible for many complex functions including memory, attention, perceptual awareness, thinking, language, and consciousness. These changes may affect IQ and the ability to regulate emotions. Children who have experienced trauma may exhibit the following symptoms:

- Avoidance
- Numbing
- Arousal
- Attachment issues
- Attention/concentration issues
- Impulsivity
- Oppositional behaviors

What Will I Learn?

Participants will cover a wide range of information during the two day educational forum including trauma's effects on cognitive and physical development, what parents can do to promote safety and help children cope with trauma reminders and ways to deal with problem behaviors caused by trauma. Participants will also have the opportunity to explore important steps they can take to be advocates for the children in their care and learn ways to take care of themselves to reduce the impact of compassion fatigue.

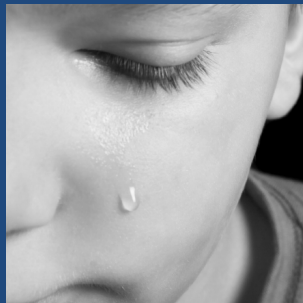
Two Days....That Seems Like a lot of My Time. Why Should I Make the Commitment?

- For you
- For the children in your care
- To improve your level of education
- To ensure you remain part of the greater discussion happening in the state
- A little bit of knowledge really does go a long way
- The information you will learn may drastically improve your ability to parent children with tough behaviors
- Even the most experienced professionals recognize the need for growth in their chosen field



More info: 800-277-8145 / www.ifapa.org

Funding for this project was provided by a generous grant from the Mid-Iowa Health Foundation as well as the Department of Human Services through its contract with Magellan Health Services for Iowa Plan for Behavioral Health Medicaid Community Reinvestment funding.



Caring for Children
Who Have Experienced
TRAUMA
Educational Forum



TWO LOCATIONS

CEDAR RAPIDS

Friday & Saturday,
July 19 & 20, 2013
(8:30am-5:00pm)
Best Western Longbranch
(90 Twixt Town Road NE)
REGISTRATION DEADLINE IS JULY 5

DES MOINES

Friday & Saturday,
August 2 & 3, 2013
(8:30am-5:00pm)
Polk County DHS River Place
(2309 Euclid Ave)
REGISTRATION DEADLINE IS JULY 19

HOTEL ROOMS

IFAPA has reserved a block of rooms at the Best Western Longbranch for participants attending the Cedar Rapids Forum on Thursday and Friday night. The cost is \$89.99 per night for a single and \$99.99 per night for a double (taxes not included). Rooms will be released by the hotel on June 28, 2013.

Details Regarding Training Forum

- **CREDIT - Worth 14 hours of foster parent training credit/social worker CEUs** - All participants must attend both days of the educational forum. Certificates will not be provided to participants until the second day. No partial credit will be given.
- **COST - For parents: \$15 per person** (includes attendance to 2-day forum and lunch for both days). **For social workers and other human service professionals: \$40 per person** (includes attendance to 2-day forum, the cost of lunch for both days and CEU fees—if needed). **To register online and pay with a credit card, visit: <https://ifapa.ejoinme.org/2013TraumaEducationalForum>.**

REGISTRATION FORM

1st Participant _____ 2nd Participant _____

Mailing Address _____

City _____ State _____ Zip _____

Home # _____ Cell # _____ Email _____

I/We are registering for the following location: _____ **Cedar Rapids (July 19 & 20)** _____ **Des Moines (August 2 & 3)**
(Registration deadline is July 5) (Registration deadline is July 19)

Please check all that currently apply:

_____ I am a foster parent. _____ I am an adoptive parent. _____ I am a kinship caregiver.
_____ I am a social worker. Do you need Social Worker CEUs? ___Yes ___No If yes, please include license # _____
_____ I am a _____.

Cost:

Attendees	Number Attending	Cost Per person	Total Price
Parents	x	\$15.00	=
Social Workers	x	\$40.00	=

For more info:

800-277-8145 / www.ifapa.org
Funding for this project was provided by a generous grant from the Mid-Iowa Health Foundation as well as the Iowa Department of Human Services through its contract with Magellan Health Services for Iowa Plan for Behavioral Health Medicaid Community Reinvestment funding.