



**NORTH PARK
UNIVERSITY
CHICAGO**

&



**Galter
LifeCenter**

Presents

The North Park ~ River Run

Saturday, September 23rd 2006

- Start times: **2 mile -- 10:30am** (Open to runners of all ages)
Kids ½ mile --11:15am (Ages 9-14) **Kids ½ lap --11:30am** (8 or under)
- Registration: Registration will take place at the River Park Gym (5100 N. Francisco Ave.) in Chicago, IL
 Race day check-in required before 10:15am for the 2-mile and before 11am for the kids races.
- Fee: The 2-mile race cost is \$15.00 (\$5.00 for current NPU students) and the kid's races are free.
- Location: Race begins in East River Park (5100 N. Francisco Ave.) and ends on the North Park Track in West River Park (the corner of W. Argyle St. and N. Albany Ave.)
- Course: Grass, bike paths, and ending on the NPU Outdoor Track.
- Refreshments: There will be a block party on Carmen Ave. (near the new Helwig Recreation Center).
 With your race entry fee, you will receive a free drink and hot dog.
- Awards: The overall winner (male and female) will receive A Year Membership to Galter Life Center, top 3 NPU students and top 3 Alumni will receive awards as well as the top finisher in each age category (19 and under, 20-29, 30-39, 40-49, 50-59, 60 and older).
- T-Shirt The first 200 registered runners receive a race T-shirt.
 All participants in the kids races will receive a prize.
 Please stay for the extensive Raffle and the Awards Ceremony at the Block Party.
- Questions: Call Elliott Nott at (773) 244-5678 or E-mail: enott@northpark.edu.
- How to enter: Please complete an entry forms for each adult and child participating in a race.

-----Entry form below-----

_____		_____			
Last name		First name			
_____		_____		_____	_____
Street Address		City		State	Zip Code
_____	_____/_____/_____	M or F	NPU Student	NPU Alumni	Community Runner
Age (9/23/06)	Date of Birth	(circle one)		(circle one)	
T-SHIRT SIZE:	S M L XL XXL		RACE:	2 mile ½ mile ½ lap	
	(circle one)			(circle one)	
Phone (____) _____	- _____	Email: _____			

READ WAIVER BEFORE SIGNING

I know that running/walking a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of race officials relative to my ability to safely complete the run/walk. I assume all risks associated with running/walking in the River Run Race(s) including, but not limited to: falls, contact with other participants, the effects of weather, including low temperatures, high heat and/or humidity, traffic and conditions of the road and all other such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the North Park University, Galter Life Center, City of Chicago, Chicago Park District, & all event sponsors, and their agents, all event volunteers, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the forgoing to use any photographs, motion pictures, video tape recordings or any record of this event for legitimate purposes.

MAIL TO: Elliott Nott - Athletics
 3225 W. Foster Ave. #25 Chicago, IL 60625

X _____ Date _____
 Participant Signature (or of parent/guardian if under 18 year old)