

JUNIOR HIGH SCHOOL ELIGIBILITY CLEARANCE **CHECKLIST**

To download: http://www.cusd80.com

Choose:	Departments –	- Athletics – Junior High School Athletics
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Name	e:	Student#:	Grade:
	ligibility requirements are listed below. After you have ic Office prior to the start of the season's try-out.	completed all of the steps, your entire p	packet should be turned in to the
	 1. Physical Examination: AIA Annual Preparticipation Physical Evaluat AIA Annual Preparticipation Physical Evaluat Physical Examination must be dated on or Physical Examination must be performed by registered nurse practitioner (N.P.) licensed Joint Board of Medical examiners and the control of the AIA Statement and Acknowledgement Form (CDC Concussion Fact Sheet – information CDC Concussion CDC Concussion CDC Concussion CDC Concussion CDC Concuss	ion (Form 15.7-B) *Signature require after March 1 by a doctor of medicine (M.D.), osteopal to practice, or a certified physician's Dsteopathic Examiners in Medicine an Form 15.7-C) *Signatures required-Particles.	athic physician (D.O.) or certified assistant (PA-C) registered by the d Surgery.
	 2. CUSD Emergency Insurance Card *Signature req Provide policy name, number and expiration d Insurance can be purchased through the school 	ate.	
	 3. East Valley Conference Academic Requirements: Grade checks will be run every Thursday. Throughout the first 4 weeks, grade checks wi affected. Progress reports will be utilized as the eligibility competition. Some sites may have additional acade Any student deemed ineligible must sit out a matchest the student will be immediately eligible for co After each <i>Progress Report</i>, grades will be checked. Please contact your site Athletic Director for 	ty grade check. Any student- athlete weemic requirements (ACP-Oakland/Erieninimum of 1 competition. When failing mpetition.	rith an F will be ineligible for requires a C or better for eligibility) ag grade(s) are improved to passing,
	 4. CUSD Code of Conduct *Signatures required-Pa Student-Athlete Parent 	rent & Student	
	5. Implied/Legal Consent & Hazing/Harassment Pol	icy *Signature required-Parent	
	6. Guidelines for Team Try-Outs and Sportsmanship	*Signatures required-Parent & Student	ent
Eac questi	ch junior high school may require additional forms. Plea	ase contact your Junior High School A	thletic Director if you have any













Exam Date	
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ARIZONA INTERSCHOLASTIC ASSOCIATION

OUR STUDENTS, OUR TEAMS . . . OUR FUTURE.

7007 North 18th Street, Phoenix, Arizona 85020-5552 Phone: (602) 385-3810

2013-2014 ANNUAL PREPARTICIPATION PHYSICAL EVALUATION

Address Phone Personal Physician Hospital Preference In case of emergency, contact: Name Relationship Phone (H): (W): (C) Explain "Yes" answers below. Circle questions you don't know the answers to. 1 - Issa adoctor ever denied or mercinded your participation in sports or any reason? 2 - Do you been an ongoing medical condition (like diabetes or assistance)? 3 - Net you cannot by lasting any prescription or on prescription (overnectured) your participation your participation (overnectured) your participat	Name Sex							_
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Signature of athlete Signature of parent/guardian



2013-2014 ANNUAL PREPARTICIPATION PHYSICAL EVALUATION

Name			Date of birth	Age _	s	ex		
Height	Weight	% Body f	at (optional)	Pulse	BP	/(_//)
Vision R	R 20 / L 2	20 /	Corrected: Y N	Pupils:	Equal	Unequa	I	
		NORMAL		ABNORMAL F	INDINGS			INITIALS *
MEDICAL								
Appearance	се							
Eyes/Ears/	/Nose/Throat							
Hearing								
Lymph No	des							
Heart								
Murmurs								
Pulses								
Lungs								
Abdomen								
Genitourin	arv +							
Skin	шу							
	OSKELETAL	<u> </u>						<u> </u>
Neck	JORLLLIAL							
Back								
Shoulder/A	1 rm							+
Elbow/Fore								+
								+
Wrist/Hand	a/Fingers							1
Hip/Thigh								
Knee								
Leg/Ankle								
Foot/Toes		<u> </u>						
Notes:		ner set-up only. ird party present is red	commended for the o	genitourinary exami	nation.			
□ Cleared	d without restriction	on						
□ Not clea	ared for:	□ All sports □ Ce	ertain sports:		Rea	ıson:		
Recomme	ndations:						· · · · · · · · · · · · · · · · · · ·	
Name of p	hysician (print/typ	pe)					Exam Date _	
Address _						Phone		
Signature	of physician				, MD /	' DO / NP / F	PA-C	



Arizona Interscholastic Association, Inc.

Mild Traumatic Brain Injury (MTBI) / Concussion

Annual Statement and Acknowledgement Form

I, (student), acknowledge that I have to be an active participant in my own health
and have the direct responsibility for reporting all of my injuries and illnesses to the school staff (e.g., coaches,
team physicians, athletic training staff). I further recognize that my physical condition is dependent upon
providing an accurate medical history and a full disclosure of any symptoms, complaints, prior injuries and/or
disabilities experienced before, during or after athletic activities.

By signing below, I acknowledge:

- My institution has provided me with specific educational materials including the CDC Concussion fact sheet (http://www.cdc.gov/concussion/HeadsUp/youth.html) on what a concussion is and has given me an opportunity to ask questions.
- I have fully disclosed to the staff any prior medical conditions and will also disclose any future conditions.
- There is a possibility that participation in my sport may result in a head injury and/or concussion. In rare cases, these concussions can cause permanent brain damage, and even death.
- A concussion is a brain injury, which I am responsible for reporting to the team physician or athletic trainer.
- A concussion can affect my ability to perform everyday activities, and affect my reaction time, balance, sleep, and classroom performance.
- Some of the symptoms of concussion may be noticed right away while other symptoms can show up hours or days after the injury.
- If I suspect a teammate has a concussion, I am responsible for reporting the injury to the school staff.
- I will not return to play in a game or practice if I have received a blow to the head or body that results in concussion related symptoms.
- I will not return to play in a game or practice until my symptoms have resolved AND I have written clearance to do so by a qualified health care professional.
- Following concussion the brain needs time to heal and you are much more likely to have a repeat concussion or further damage if you return to play before your symptoms resolve.

Based on the incidence of concussion as published by the CDC the following sports have been identified as high risk for concussion; baseball, basketball, diving, football, pole vaulting, soccer, softball, spiritline and wrestling.

I represent and certify that I and my parent/guardian have read the entirety of this document and fully understand the contents, consequences and implications of signing this document and that I agree to be bound by this document.

Student Athlete:		
Print Name:	Signature:	
Date:		
Parent or legal guardian must print	and sign name below and indicate date	signed.
Print Name:	Signature:	
Date:		





A Fact Sheet for PARENTS

WHAT IS A CONCUSSION?

A concussion is a brain injury. Concussions are caused by a bump or blow to the head. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

You can't see a concussion. Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If your child reports any symptoms of concussion, or if you notice the symptoms yourself, seek medical attention right away.

WHAT ARE THE SIGNS AND SYMPTOMS OF A CONCUSSION?

Signs Observed by Parents or Guardians

If your child has experienced a bump or blow to the head during a game or practice, look for any of the following signs and symptoms of a concussion:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows behavior or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

Symptoms Reported by Athlete

- · Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Does not "feel right"

HOW CAN YOU HELP YOUR CHILD PREVENT A CONCUSSION?

Every sport is different, but there are steps your children can take to protect themselves from concussion.

- Ensure that they follow their coach's rules for safety and the rules of the sport.
- Encourage them to practice good sportsmanship at all times.
- Make sure they wear the right protective equipment for their activity (such as helmets, padding, shin guards, and eye and mouth guards). Protective equipment should fit properly, be well maintained, and be worn consistently and correctly.
- Learn the signs and symptoms of a concussion.

WHAT SHOULD YOU DO IF YOU THINK YOUR CHILD HAS A CONCUSSION?

- Seek medical attention right away. A health care professional will be able to decide how serious the concussion is and when it is safe for your child to return to sports.
- 2. Keep your child out of play. Concussions take time to heal. Don't let your child return to play until a health care professional says it's OK. Children who return to play too soon—while the brain is still healing—risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.
- 3. Tell your child's coach about any recent concussion. Coaches should know if your child had a recent concussion in ANY sport. Your child's coach may not know about a concussion your child received in another sport or activity unless you tell the coach.

Mark Alterna

It's better to miss one game than the whole season.



CHANDLER UNIFIED SCHOOL DISTRICT

INSURANCE INFORMATION

Student Name		
Student ID		Grade
Accident insurance is requi in an athletic or vocational we		
Please complete the followin NAME OF INSURANCE CO	•	ERING STUDENT:
Policy No:	_ Group No:	
Effective Date:		
Student is covered by Schoo At-School Protection?_		
Parent/Guardian Signature		
Address		· · · · · · · · · · · · · · · · · · ·
City	State	Zip

CH VOT IN THE PROPERTY OF THE

CHANDLER UNIFIED SCHOOL DISTRICT

EMERGENCY INFORMATION

Student Name		
Grade Sport		
I,(Print Parent/G	uardian Name)	,
authorize the school administ seek medical aid, as d son/daughter in the event I can	eemed necess	ary, for my
Parent/Guardian Signature		
Address	, , , , , , , , , , , , , , , , , , , 	
City	State	Zip
Telephone	Telephone	
Name of Doctor		
Telephone		
Insurance Company		

67-75-0150 Revised 6/06



CODE OF CONDUCT FOR INTERSCHOLASTIC STUDENT-ATHLETES AND PARENTS

Interscholastic athletic competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. The highest potential of sports is achieved when participants are committed to pursuing victory with honor according to six core principles: Trustworthiness, Respect, Responsibility, Fairness, Caring, and Good Citizenship (the "Six Pillars of Character"). The Code applies to all student-athletes involved in interscholastic sports in Arizona.

TRUSTWORTHINESS

- 1. **Trustworthiness** Be worthy of trust in all I do.
 - Integrity Live up to high ideals of ethics and do what's right even when it's unpopular or personally costly.
 - Honesty Live and compete honorably, don't lie, cheat, steal or engage in any other dishonest or unsportsmanlike conduct.
 - Reliability Fulfill commitments; do what I say I will do; be on time to practices and games.
 - Loyalty Be loyal to my school and team; put the team above personal glory.

RESPECT

- Respect Treat all people with respect all the time and require the same of other student-athletes.
- 3. Class Live and play with class, be a good sport, be gracious in victory and accept defeat with dignity, give fallen opponents help, compliment extraordinary performance, show sincere respect in pre- and post-game rituals.
- Disrespectful Conduct Don't engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual or racial nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.
- 5. **Respect Officials** Treat contest officials with respect; don't complain about or argue with official calls or decisions during or after an athletic event.

RESPONSIBILITY

- 6. **Importance of Education** Be a student first and commit to getting the best education I can. Be honest with myself about the likelihood of getting an athletic scholarship or playing on a professional level and remember that many universities will not recruit student-athletes that do not have a serious commitment to their education, the ability to succeed academically or the character to represent their institution honorably.
- 7. Role Modeling Remember, participation in sports is a privilege, not a right and that I am expected to represent my school, coaches and teammates with honor, on and off the field. Consistently exhibit good character and conduct myself as a positive role model. Suspension or termination of the participation privilege is within the sole discretion of the school administration.

- 8. **Self-Control** Exercise self-control; don't fight or show excessive displays of anger or frustration; have the strength to overcome the temptation to retaliate.
- Healthy Lifestyle Safeguard my health; don't use any illegal or unhealthy substances including alcohol, tobacco and drugs or engage in any unhealthy techniques to gain, lose or maintain weight.
- Integrity of the Game Protect the integrity of the game; don't gamble. Play the game according to the rules.

FAIRNESS

11. **Be Fair** – Live up to high standards of fair play; be openminded, always be willing to listen and learn.

CARING

- 12. **Concern for Others** Demonstrate concern for others; never intentionally injure any player or engage in reckless behavior that might cause injury to others or myself.
- 13. **Teammates** Help promote the well being of teammates by positive counseling and encouragement or by reporting any unhealthy or dangerous conduct to coaches.

CITIZENSHIP

- 14. **Play by the Rules** Maintain a thorough knowledge of and abide by all applicable game and competition rules.
- 15. **Spirit of Rules** Honor the spirit and the letter of rules; avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

I have read and understand the requi Conduct. I understand that in order to p to perform according to this code and may be sanctions or penalties if I do not.	oarticipate I am expecte
Student-Athlete Name (Print)	SPORT
Student-Athlete Signature	Date

I have read and understand the requ Conduct. I understand that I am expect to this code and I understand that the penalties if I do not.	cted to perform according
Parant/Guardian Signatura	Data



IMPLIED/LEGAL CONSENT & HAZING/HARASSMENT POLICY

ATHLETICS/ACTIVITIES HAZING POLICIES

The Chandler Unified School District takes a no tolerance position on hazing in any form in our schools. Hazing is defined as any act that injures, degrades or disgraces – or tends to injure, degrade or disgrace – any student.

Students found in violation of the Hazing Policy will be subject to disciplinary action as per Chandler Unified School District Policy.

ATHLETICS/ACTIVITIES HARASSMENT POLICY

The Chandler Unified School District is committed to a policy of nondiscrimination in relation to race, color religion, sex, age, national origin and disability. The policy will prevail in all matters concerning staff members, students, the public educational programs and services and individuals with which the district does business.

Students found in violation of harassing another student in any of the above-mentioned areas will be subject to disciplinary action as per the Chandler Unified School District policy JICFB.

INFORMED CONSENT

Athletes and their parent/guardian will have the opportunity to view a video outlining the risks of participating in athletics prior to the first practice. It is important to understand that there is some risk of a life-threatening injury, permanent disability and a multitude of other injuries when participating in athletic programs. Parents are invited to watch this video with their student athlete when scheduled at the beginning of each season. The Risk Management video is available for viewing at parent meetings, online, and DVD's are available in the school's athletic office.

LEGAL GUARDIAN CONSENT

I/we give our permission to participate in organized interscholastic athletics, realizing that such activity involves the potential for injury, which is inherent in all sports. I/we acknowledge that even with the best coaching, use of the most advanced protective equipment and strict observance of rules, injuries are still a possibility. On rare occasions, these injuries can be so severe as to result in total disability, paralysis, quadriplegia or even death.

My signature also verifies that I am the legal guardian of the student identified below.

I HAVE READ AND UNDERSTAND THE ABOVE POLICIES AND CONSENTS.

I HAVE ALSO READ AND UNDERSTAND THE SUMMARY OF A.I.A. BYLAWS CONCERNING MY SON'S/DAUGHTER'S ATHLETIC ELIGIBILITY.

Print Student Name	Student Signature	Date
		_
	Parent/Guardian Signature	Date



GUIDELINES FOR JUNIOR HIGH SCHOOL TEAM TRY-OUTS AND SPORTSMANSHIP

- 1. Team members will be selected based on the coach's evaluation of a candidate's skill level, team contribution and attitude
- 2. Candidacy for team membership will be based on a five day practice/try-out period for evaluation by the coach(es) unless there are extenuating circumstances as determined by the Site Athletic Director.
- 3. Evaluation for team membership is based on both objective and subjective criteria, which is developed by each coach(es) for their sport.
- 4. Athletes shall be informed of what is expected of them in terms of skills, team contribution and team attitude.
- 5. Athletes will be notified by the coach(es) at the end of the fifth practice/try-out regarding their selection or non-selection to the team. The Athletic Director may make an exception to this time period based upon extenuating circumstances (i.e. weather, high number of candidates). Athletes have the opportunity to meet personally with the coach to go over criteria for non-selection.
- 6. Athletes' participation in non-season club competition, preseason programs, or other such activities shall not be criteria for selection to team, nor for placement on a particular team.
- 7. Candidates for team membership must understand that the expenses incurred for shoes, physical examinations or other such necessities does not guarantee team membership.
- 8. Athletes coming from another sport will be allowed to try-out for the team. The athlete will not be eligible to participate in anyway for a game until all obligations regarding returning or missing equipment are cleared through the bookstore or site equipment technician.
- 9. Athletes' parents/guardians shall not participate in any aspect of preseason team try-outs unless the parent/guardian is an approved CUSD Coach.
- 10. During the season and at all tournaments/competitions, the parents/guardians may observe the activities from the stands or sidelines but shall not be on the field or courts. In addition, sportsmanship at athletic events is a major importance in the Chandler Unified School District. Parents/guardians need to understand that behavior by fans at athletic events is a direct reflection on the athletic programs in Chandler.
- 11. Each school may have additional guidelines. See Athletic Director for more information.

I	have	read	and	fully	understand	the	information	above	regarding	candidacy	for	team
m	ember	ship.	I und	erstan	d that the he	ad co	ach will rende	er the fi	nal decision	on team sel	ectio	ns.

Student/Athlete Name	Student/Athlete Signature	Date
Parent/Guardian Name	Parent/Guardian Signature	Date

Santan JHS Tryout Information

Parents and Athletes,

- 1. Students need to be picked up after tryouts as we do not have late buses. Parents should be here by 5:30pm, tryouts should not last much past this each day.
- 2. Per school guidelines, all tryouts are **closed** to parents and/or spectators. In the past, we have had many people attend tryouts, placing undo pressure on athletes and in some cases, trying to provide instruction to those participating during the tryout. The idea of the tryout is to assess the skill and attitudes of the student athletes at their current level. For outside sports, such as flag football, baseball, softball, and soccer, we require that parents refrain from approaching the tryout area until after the tryout has completed.
- 3. During tryouts students need to wear a plain t-shirt. Jerseys, shirts or hats showing affiliation with any organization or club team are **not** allowed.
- 4. We expect all athletes to be role models both in and out of the classroom. Our athletes represent Santan as they travel to various schools around the district. Grades, classroom behavior, and talent are all taken into consideration before the final team is chosen.

Athlete Signature	Date	
Parent Signature	Date	