Creating Hope The Power of Faith Communities in Mental Health Recovery

► More than 70% of individuals have interaction with a place of worship or faith community monthly.

Clergy outnumber psychiatrists nearly 10:1 and are more equitably distributed geographically than health professionals.

► More than 30% of individuals who sought treatment and support for mental illness did so from a clergy member (compared with 16% for psychiatrists and general medical doctors).

► Faith communities play a crucial role in the mental health care system; however, most clergy and faith leaders report feeling inadequately trained to support people with mental illness.

Samaritan Counseling Center's Clergy and Congregation Care (CCC) program and NAMI (National Alliance on Mental Illness) Fox Valley along with members of the Mental Health Ministries Task Force are partnering to offer a one-day mental health training to clergy and church staff members. Learn how faith communities and people engaged in mental health recovery can work together to educate their communities about mental illness, break stigma and develop supportive, caring responses. The training will offer faith leaders resources to create caring congregations that help facilitate mental health recovery.

Thursday, Oct. 30 8:00am - 4:30pm

Grand Meridian 2621 N Oneida Street, Appleton

Registration

Deadline: Oct. 17, 2014

\$50 registration fee includes lunch and a congregation toolkit with information about breaking stigma, creating a faith-based support group, materials for worship services, community resources, etc.

REGISTER ONLINE samaritan-counseling.com

REGISTER BY MAIL Complete form on reverse side (*

Schedule

7:30 am	Registration
8:00 am	Introductions
	First-Person Accounts of Faith & Recovery
9:00 am	Mental Illness 101
10:15 am	Break
10:30 am	Special Populations: Veterans, Children,
	Older Adults, Cultural Awareness
11:30 am	Lunch (included)
12:30 pm	Crisis De-Escalation
1:45 pm	Addressing Stigma in Faith Communities
	Powerful Partnerships: Faith and Recovery
2:45 pm	Break
3:00 pm	Sharing the Journey through Practices of Companionship
	Bridges of Hope: Utilizing Faith in Recovery
3:45 pm	Congregation Toolkit
	What's Next and Evaluations

For More Info Contact:



Doug Bisbee (920) 886-9319 x107 dbisbee@samaritan-counseling.com

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Fox Valley	(920) 9
National Alliance on Mental Bloess	<u>ລກກ@ກ</u>

Ann Jadin (920) 954-1550 x210 ann@namifoxvalley.org

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REGISTRATION DEADLINE: Octo	Faith Communities in Mental Health b er 17, 2014		
Congregation:			
Address:	City:	Zip:	
Contact Name:			
Email:	Phone	Phone:	
Names of Congregation Clergy ar			

The Mental Health Ministries Project

In 2012, Samaritan Counseling Center approached NAMI Fox Valley to discuss support for faith communities and leaders on understanding mental health. Through NAMI Fox Valley's 2012 Community Survey, the agency found that education and programming for faith communities and education and support programs incorporating spirituality were identified as community needs and part of desired programming. Both agencies were being approached by faith leaders and congregations to provide training and support for members affected by mental illness. In 2013, a diverse group of faith leaders, clergy, consumers, family members and other interested community members formed a Mental Health Ministries Task Force to explore community need, opportunities for training/support and planning and funding. The Task Force hopes to provide further training and resources to create caring congregations in our community that support and promote mental health and recovery.



Samaritan Counseling Center provides costeffective, state-licensed professional counseling

to children, youth, adults, couples and families. The center views your spirituality as integral to your emotional healing and growth, and when skillfully integrated into therapy, offers hope, inspiration and direction. Samaritan also provides support to faith-based organizations through education, coaching and consulting to renew their organization and grow through the Clergy & Congregation Care (CCC) initiative. More information at:

www.samaritan-counseling.com.



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NAMI (National Alliance on Mental Illness) Fox Valley works to support and empower everyone touched

by mental illness by committing to eliminate stigma and nurture recovery through education, support, advocacy and outreach. NAMI offers a broad range of programs and services for persons living with mental illness, their families, professionals and community members. NAMI Fox Valley is affiliated with NAMI Wisconsin and NAMI national.

More information at: www.namifoxvalley.org.

