



# COACHING OPEN WATER SWIMMERS EXTENSION COURSE INFORMATION



SAL COURSE CODE 14017WOWS

*“A Coach of Open Water Swimmers has the competence to plan and conduct coaching sessions that meet the specific needs of their Open Water Swimmers and analyse Open Water skills and performance to make appropriate alterations to training programs and racing strategies.”*

**Where:** Perth College, Cnr Beaufort St and Queens Cres, Mt Lawley

**When:** Sunday 3 August 2014

**Cost:** \$230

**Information:** Contact Fiona Njirich on 0403 241 622 or [Fiona.njirich@pc.wa.edu.au](mailto:Fiona.njirich@pc.wa.edu.au)

**Your Coaching Open Water Swimmers course price covers:**

- course presentations
- accreditation upon satisfactory completion of all course requirements
- course resources
- refreshment breaks
- National Coach Accreditation Scheme (NCAS) registration Fee

Like to be kept abreast of the latest swimming happenings? Subscribe at [www.swimming.org.au](http://www.swimming.org.au) for Swimming Australia’s free e-newsletter or if you are not an ASCTA member subscribe at [www.ascta.com](http://www.ascta.com) for E-splash.

**Course Modules:**

- Key Open Water Swimmers Rules for Coaches
- Skills of Open Water Swimming
- Environmental Considerations of Open Water Swimmers
- Mental Skills Training for Open Water Swimmers
- Recovery Strategies for Open Water Swimmers
- Programming for Open Water Swimming Success



**14017WOWS ENROLMENT**

<i>First Name</i>	<i>Middle Name</i>	<i>Surname</i>	
<i>Preferred Postal Address</i>		<i>Suburb</i>	<i>Postcode</i>
<i>Email</i>			
<i>Phone</i>		<i>Mobile</i>	
<i>Are you Aboriginal or Torres Strait Islander? Yes / No</i>			<i>Date of Birth</i> /    /
<i>Do you suffer from any medical conditions? Yes / No    If yes, please specify</i>			<i>Gender</i> <b>MALE / FEMALE</b>
<i>Person to contact in case of emergency:</i>		<i>Emergency person contact number:</i>	

I understand and agree to the terms and conditions.

\_\_\_\_\_

*Course Student’s Signature*

**TERMS AND CONDITIONS**

**To participate, Course Students should have:**

⇒ read this enrolment

**To be accredited, a Course Student must:**

*At the course:*

- ⇒ return this Enrolment
- ⇒ attend all sessions

*After the course:*

- ⇒ hold a current Bronze Licence
- ⇒ have current ASCTA membership
- ⇒ provide a current nationwide police check
- ⇒ complete the activities and assessment tasks to a satisfactory standard

**Recognition of Current Competency (RCC):**

Some potential Course Students may be able to satisfy all or some of the competency requirements for accreditation without having to attend the entire formal course. The RCC application can be obtained upon request from [accreditation@ascta.com](mailto:accreditation@ascta.com) if you think this applies to you. Complete and return the RCC application and supporting evidence along with fee of \$40. The application will then be assessed. Further fees are payable if the application is successful (minimum \$100).

**Payment, Refunds, Transfers & Course Cancellations:**

Courses may be cancelled for a variety of reasons, at the Course Administrator’s discretion. In this event, a full refund of your course fee will be provided. Because of this unlikely possibility, it is recommended that you consider separate insurance for accommodation and travel expenses.

**Language, Literacy and Numeracy:**

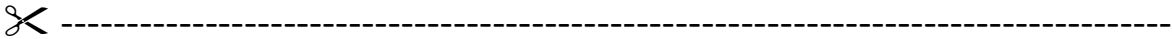
Course Students should contact **ascta**ACCREDITATION if extra assistance is required. An extra fee may be charged.

**Appeals and Complaints:**

Appeals and/or complaints should be in writing and addressed to the ASCTA General Manager. A written response will be forwarded within 21 days of receipt.

**Privacy Disclosure:**

**ascta**ACCREDITATION maintains records of all Student contact and assessment details. This information is required for accreditation and is disclosed to Swimming Australia Ltd (SAL) including member organisations and the Australian Sports Commission.



**14017WOWS ENROLMENT PAYMENT DETAILS – TAX INVOICE ABN 61123546100**

Please photocopy and retain a copy for your tax records.

Enclosed is     Cheque     Money Order     Direct Deposit     Cash

Bank Account – Perth Swim Academy    BSB 016363    Account number 478407555

Add Surname and COWS then email the bank transfer to [Fiona.njirich@pc.wa.edu.au](mailto:Fiona.njirich@pc.wa.edu.au)

Payable to Perth Swim Academy in the amount of \$230

Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_



Send to            Name            Fiona Njirich  
                      Address        PO Box 708, Inglewood WA 6932