

Post Test

Standards of Pain Management

Select only one answer

1. Historically there have been no problems with pain treatment for inpatients.
True or False
2. The Joint Commission was the one entity that worked on developing pain management guidelines.
True or False
3. Some services do not require a pain assessment.
True or False
4. Since Congress declared a “Decade of Pain” in 2001, patients have reported huge increases in satisfaction with management of their pain while hospitalized.
True or False
5. According to the Joint Commissions’ standards related to pain management, healthcare providers must:
 - a. recognize the right of patients to have an assessment of pain
 - b. screen for its presence
 - c. record results of the assessment
 - d. ensure staff competency
 - e. all of the above
6. Joint Commission standards related to pain management include all of the following concepts but:
 - a. policies should address appropriateness of prescribing and ordering
 - b. addressing the need for symptom management after discharge
 - c. importance of patient and family education
 - d. data collection for performance measures is not necessary
7. What should be done when a patient refuses pain medication?
 - a. nothing, it’s the patient’s right to refuse medication
 - b. just offer an alternative pain management option
 - c. document refusal, reason, and notify the prescriber
 - d. educate the patient why he/she shouldn’t refuse
8. According to the “Patient Care Bill of Rights” a person with/in pain:
 - a. shouldn’t discuss risks, benefits or cost of pain medication
 - b. is usually too sick to participate in decisions about pain management
 - c. can’t refuse a type of treatment for pain if it’s recommended
 - d. can be referred to a pain specialist if their pain persists
9. A major barrier to good pain management practice includes:
 - a. physicians often perform treatments with too much pain medication
 - b. nurses know too many different methods of pain management
 - c. it’s consistently the priority of many administrations
 - d. lack of time, staffing, and resources
10. Included in evidenced-based practice related to pain management guidelines:
 - a. all you need is a good performance improvements process
 - b. any instrument to measure pain is acceptable
 - c. compliance is evaluated through review of nursing documentation
 - d. all of the above
11. The main focus of the new Pediatric Standard for 2012 includes:
 - a. pediatric procedural pain requirement
 - b. nursing expertise and not utilizing family bias
 - c. one valid pediatric pain scale for universal use
 - d. intervening during a painful procedure
12. Many factors affect pain perception and necessary interventions:
 - a. pain threshold
 - b. release of endorphins
 - c. pain tolerance
 - d. all of the above
13. Concepts in a multidimensional approach to pain management include:
 - a. only need to identify etiology, or mechanism of injury
 - b. assessing chronicity or acuteness of pain
 - c. assessment and reassessment
 - d. chronicity, severity, quality, contributing factors, location and etiology
14. Pain should be reassessed:
 - a. after each pain management intervention
 - b. once a sufficient time has elapsed for treatment to reach peak affect
 - c. with a major change in the patient’s status
 - d. all of the above
15. Reassessment should include:
 - a. only a pain scale and vital signs
 - b. if the ordering physician’s goal was met for treatment
 - c. whether side effects occurred and were tolerable
 - d. none of the above

- over -

16. Actual pain is rarely population specific and varies little with age, cultural diversity or cognitive impairments.
True or False
17. When discussing pain which of the following statements is true?
- Abnormal pain sensations involve transmission and interpretation - termed "nociception"
 - Clinicians just need to understand pain perception to care for patients
 - Pain is so diverse assigning ICD-9 codes is impossible
 - Pain is the body's signal of distress
18. Match the type of pain with its definition:
- | | |
|----------------|---|
| a. acute | a. pain due to malignancy |
| b. chronic | b. difficult to cite source, tends to follow dermatome pathways |
| c. somatic | c. no active disease or unhealed injury |
| d. neuropathic | d. intermittent, abrupt, and < 90 days |
| e. visceral | e. localized that becomes uncomfortable with movement and tender with palpation |
| f. cancer | f. constant & localized, may be referred |
19. By definition physical dependence equates with addiction.
True or false
20. By definition tolerance is:
- always equated with addiction
 - always a psychological state resulting from opioid treatment
 - a physiological state resulting from regular use of a drug in which an increased dose is needed to produce a specific effect
 - nurses obtaining a CE on pain year after year

Evaluation & Post Test Responses

Standards of Pain Management

Name _____

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MNA member (**FREE**)

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Enclosed is Check No. _____ made payable to the Michigan Nurses Association.

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Evaluation

Circle your response: E = Excellent, G = Good, S = Satisfactory, U = Unsatisfactory

Rate your achievement of the objectives for the activity.

- | | | | | |
|--|---|---|---|---|
| 1. Recognize the right of patients to appropriate assessment and management of pain. | E | G | S | U |
| 2. Identify how to screen patients for pain during their initial assessment and when ongoing, periodic re-assessments are clinically required. | E | G | S | U |
| 3. List three best practices and approaches to improving the quality of pain management. | E | G | S | U |

Post Test Responses

Circle your answers to the Post Test Questions, below.

- | | |
|---------------|---------------------|
| 1. True False | 14. A B C D |
| 2. True False | 15. A B C D |
| 3. True False | 16. True False |
| 4. True False | 17. A B C D |
| 5. A B C D E | 18. A = A B C D E F |
| 6. A B C D | B = A B C D E F |
| 7. A B C D | C = A B C D E F |
| 8. A B C D | D = A B C D E F |
| 9. A B C D | E = A B C D E F |
| 10. A B C D | F = A B C D E F |
| 11. A B C D | 19. True False |
| 12. A B C D | 20. A B C D |
| 13. A B C D | |

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Michigan Nurses Association
Attn: Pam Wojtowicz • 2310 Jolly Oak Road • Okemos, MI 48864