



New Braunfels ISD Lunch Menu

October 2014

DAILY SIDE OPTIONS

VEGETABLES

BROCCOLI
 BABY CARROTS
 GLAZED CARROTS
 STEAMED CARROTS
 CELERY
 CUCUMBER
 COLESLAW
 CORN
 FRENCH FRIES
 GREEN BEANS
 GREEN PEAS
 MASHED POTATOES
 PINTO BEANS
 POTATO SALAD
 TATER TOTS
 TOMATOES
 REFRIED BEANS
 RICE

SIDE ROMAINE SALAD

FRUIT

APPLESAUCE
 BANANAS
 DICED PEARS
 MIXED FRUIT
 SEASONAL FRESH FRUIT

JUICE

APPLE JUICE
 FRUIT PUNCH JUICE
 GRAPE JUICE
 ORANGE JUICE

MILK

FAT FREE CHOCOLATE
 1% WHITE

*Sides may vary daily

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		1	2	3
		Chicken Quesadilla BBQ Pork Sandwich Chicken Salad Sub Fruit, Yogurt & Cheese Plate	Cheese & Bacon Bake Potato Meatball Pizza Sub Turkey & Cheese Wrap Chicken Caesar Salad	Soft Fish Tacos Pizza Sticks Chicken & Cheese Sandwich Italian Ham Salad
6	7	8	9	10
Cheese Ravioli w/Marinara Sauce BBQ Pork Sandwich Chicken Cheddar Wrap Tune Salad w/Celery & Carrots	Baked Chicken w/Pasta Salad Cheeseburger Wrap Ham & Cheese Wrap Popcorn Chicken Salad	Chicken & Sausage Etouffee Spicy Chicken Sandwich Turkey & Cheese Sub Vegetarian Baja Salad	Beef & Bean Nachos Chicken Pasta Bake Chicken & Cheese Sandwich All American Salad	Chili Mac Chicken Cordon Bleu Melt Santa Fe Turkey Wrap Buffalo Chicken Salad
13	14	15	16	17
Chicken Parmesan Bacon Swiss Burger Turkey & Cheese Wrap Fruit, Yogurt, & Cheese Plate	Fish Burrito Pizza Sticks Chicken Salad Sub Turkey & Cheese Salad	Spicy Beef Tacos BBQ Pork Sandwich Ham & Cheese Sub Chicken Caesar Salad	Orange Chicken w/Broccoli & Fried Rice Philly Cheesesteak Melt Roasted Veggie Wrap Chicken Baja Salad	Mexican Lasagna Hot Dog Buffalo Chicken Wrap Italian Ham Salad
20	21	22	23	24
Chicken Pot Pie Meatball Pizza Sub Chicken Salad w/Celery & Carrots Ham & Cheese Sub	Chili Con Carne BBQ Chicken Turkey & Cheese Wrap Popcorn Chicken Salad	Chicken Bruschetta Melt Beef & Bean Burrito Tuna Salad Sub Beef Nacho Salad	Popcorn Chicken Mashed Potato Bowl Corn Dog Chicken & Cheese Sandwich Turkey & Cheese Salad	Rotini & Meat Sauce Fish Melt Chicken Cheddar Wrap Fruit, Yogurt & Cheese Plate
27	28	29	30	31
Salisbury Steak Pizza Sticks Chicken Salad Sub Buffalo Chicken Salad	Chicken & Bean Nachos BBQ Pork Sandwich Santa Fe Turkey Wrap Italian Ham Salad	Teriyaki Chicken w/Broccoli & Fried Rice Bacon Cheeseburger Ham & Cheese Wrap Chicken Caesar Salad	Chicken Pasta Bake Sloppy Joe Sandwich Turkey & Cheese Sub Popcorn Chicken Salad	Beef Enchiladas w/Rice Chicken Snack Wrap Buffalo Chicken Wrap Turkey & Cheese Salad
				



*Menu subject to change