

Health Net Medicare Advantage Silver&Fit[®] Provider Directory

This directory provides a list of Health Net's contracted Silver&Fit fitness centers and exercise clubs.

This directory is for Alameda, Contra Costa, Fresno, Kern, Los Angeles, Orange, Placer, Riverside, Sacramento, San Bernardino, San Diego, San Francisco, San Joaquin, San Mateo, Santa Barbara, Santa Clara, Santa Cruz, Solano, Sonoma, Stanislaus, and Yolo counties.

This directory is current as of August 2013. Some contracted fitness facilities may have been added or removed from our network after this directory was printed. To get the most up-to-date information about Silver&Fit contracted facilities in your area, you can visit www.SilverandFit.com or call Silver&Fit Customer Service at 1-877-427-4788, Monday through Friday, 5:00 a.m. to 6:00 p.m. Pacific time (PT), except holidays. TTY/TDD users should call 1-877-710-2746.

Health Net of California, Inc. has a contract with Medicare to offer HMO plans. Health Net of California, Inc. has a contract with Medicare and the State of California to offer HMO SNP coordinated care plans. Enrollment in a Health Net Medicare Advantage plan depends on contract renewal.

This plan is available to anyone who has both Medical Assistance from the State and Medicare.

Information is subject to change without notice. Fitness facilities within this listing may cater to a specialized population, including but not limited to gender. Members are encouraged to contact the fitness facilities to determine whether a fitness facility is suitable to their needs. Silver&Fit is provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health Incorporated (ASH). ASH is contracted with Health Net to provide services.

This information is available for free in other languages. Please call our customer service number at: (HMO Plans) 1-800-275-4737. Our hours of operation are 8:00 a.m. to 8:00 p.m., seven days a week. TTY/TDD users call: 1-800-929-9955.

Esta información está disponible en forma gratuita en otros idiomas. Comuníquese con el número de nuestro servicio al cliente al (HMO Plans) 1-800-275-4737. Nuestro horario de atención es de 8:00 a.m. a 8:00 p.m., los siete días de la semana. Los usuarios de TTY/TDD deben llamar al: 1-800-929-9955.

本資訊備有其他語言版本，可免費提供。請聯絡我們的客戶服務部，電話 (HMO 計畫) 1-800-275-4737。我們的服務時間是每週七天，每天上午 8:00 至晚上 8:00。聽障人士請致電 1-800-929-9955。

This information is also available in a different format including larger print and audio tape. Please call Member Services at the number listed above if you need plan information in another format.

Directorio de Proveedores de Silver&Fit[®] de Health Net Medicare Advantage

Este directorio proporciona una lista de los centros de acondicionamiento físico y gimnasios de Silver&Fit contratados por Health Net.

Corresponde a los condados de Alameda, Contra Costa, Fresno, Kern, Los Angeles, Orange, Placer, Riverside, Sacramento, San Bernardino, San Diego, San Francisco, San Joaquin, San Mateo, Santa Barbara, Santa Clara, Santa Cruz, Solano, Sonoma, Stanislaus y Yolo.

Entra en vigencia a partir de agosto de 2013. Es posible que se hayan agregado o eliminado algunos gimnasios contratados de nuestra red después de que se haya impreso este directorio. Para obtener la información más actualizada sobre los centros contratados de Silver&Fit de su área, puede visitar www.SilverandFit.com, o bien, puede llamar a Servicio al Cliente de Silver&Fit al 1-877-427-4788, de lunes a viernes, de 5:00 a.m. a 6:00 p.m., hora del Pacífico (por sus siglas en inglés, PT), excepto los días feriados. Los usuarios de TTY/TDD deben llamar al 1-877-710-2746.

Health Net of California, Inc. tiene un contrato con Medicare para ofrecer planes HMO. Health Net of California, Inc. tiene un contrato con Medicare y el Estado de California para ofrecer planes de atención coordinada HMO SNP. La inscripción en un plan Health Net Medicare Advantage depende de la renovación del contrato.

Este plan está disponible para cualquier persona que tiene tanto la Ayuda Médica del Estado como Medicare. La información está sujeta a cambios sin previo aviso. Los gimnasios de este listado pueden ofrecer servicios para un grupo de población específico, incluyendo, pero sin limitarse a, el sexo. Se recomienda a los afiliados que se comuniquen con los gimnasios para determinar si alguno de ellos es adecuado para sus necesidades. Silver&Fit es proporcionado por American Specialty Health Fitness, Inc., una subsidiaria de American Specialty Health Incorporated (ASH). ASH tiene un contrato con Health Net para brindar servicios.

This information is available for free in other languages. Please call our customer service number at: (HMO Plans) 1-800-275-4737. Our hours of operation are 8:00 a.m. to 8:00 p.m., seven days a week. TTY/TDD users call: 1-800-929-9955.

Esta información está disponible en forma gratuita en otros idiomas. Comuníquese con el número de nuestro servicio al cliente al (HMO Plans) 1-800-275-4737. Nuestro horario de atención es de 8:00 a.m. a 8:00 p.m., los siete días de la semana. Los usuarios de TTY/TDD deben llamar al: 1-800-929-9955.

本資訊備有其他語言版本，可免費提供。請聯絡我們的客戶服務部，電話 (HMO 計畫) 1-800-275-4737。我們的服務時間是每週七天，每天上午 8:00 至晚上 8:00。聽障人士請致電 1-800-929-9955。

Esta información también está disponible en un formato diferente, incluyendo letra más grande y cinta de audio. Llame al Departamento de Servicios al Afiliado al número que se indica anteriormente si necesita información sobre el plan en otro formato.

Section 1 – Introduction

This directory provides a list of participating Silver&Fit contracted fitness clubs and exercise centers. Silver&Fit benefits are administered by American Specialty Health Fitness, a subsidiary of American Specialty Health Incorporated (ASH).

Membership Choices

The Silver&Fit program provides two membership choices:

1. Silver&Fit Facility Membership is a membership at a participating fitness club or exercise center, or
2. Silver&Fit Home Exercise Program is a home-based fitness and health education program for members who do not have access to a participating fitness facility or prefer to work out at home.

To Enroll

1. You will receive a temporary ID card in your Silver&Fit pre-enrollment packet.
2. Simply choose a fitness facility by using this directory, going online to www.SilverandFit.com, or by calling Silver&Fit Customer Service at 1-877-427-4788, or TTY/TDD users at 1-877-710-2746, Monday through Friday, 5:00 a.m. to 6:00 p.m. PT, except holidays.
3. Take your temporary ID card to the participating fitness facility to sign a membership agreement. The membership agreement that you may be required to sign at the fitness facility is for a “standard fitness facility

membership” at no additional cost, which includes the covered services available through the program.

4. If you choose to access fitness facility services otherwise available by the facility at an additional fee, then the agreement you have with the fitness facility may reflect costs associated with those nonprogram related services.
5. The “network providers” (participating facilities) listed in this directory have agreed to provide you with your fitness and exercise coverage. You may go to any of the fitness facilities listed in this directory. You are able to change fitness facilities up to one time per month. The change will be effective the first of the following month.
6. If you choose the Silver&Fit Home Exercise Program, you can enroll online at www.SilverandFit.com or by calling Silver&Fit Customer Service at 1-877-427-4788, or TTY/TDD users at 1-877-710-2746, Monday through Friday, 5:00 a.m. to 6:00 p.m. PT, except holidays.

It is important to consult your physician before you begin the Silver&Fit program or any physical fitness program.

To get detailed information about your health care coverage, please see your *Evidence of Coverage*.

Please Note: The providers in the following counties are only available to Health Net Seniority Plus (Employer HMO) Medicare Advantage members:

San Mateo County

Solano County

For directories listing other Health Net participating network providers and/or Silver&Fit facilities, call our Member Services Department at 1-800-275-4737, 8:00 a.m. to 8:00 p.m. PT, seven days a week. TTY/TDD users should call 1-800-929-9955.

What Is the Service Area for Silver&Fit Facilities?

The counties and parts of counties in our service area are listed below.

Northern Area:

Alameda County

Contra Costa County

Fresno County

Placer County for the following ZIP codes only:

95602–04, 95631, 95648, 95650, 95658, 95661, 95663, 95677–78, 95681, 95701, 95703, 95713–15, 95717, 95722, 95736, 95746–47, 95765

Sacramento County

San Francisco County

San Joaquin County

Santa Clara County

Santa Cruz County

Sonoma County

Stanislaus County

Yolo County

San Mateo and Solano counties are for Health Net Seniority Plus (Employer HMO) only

Southern Area:

Kern County

Los Angeles County

Orange County

Riverside County

San Bernardino County

San Diego County

Santa Barbara County for the following ZIP codes only:

93013–14, 93067, 93101–03, 93105–11, 93116–18, 93120–21, 93130, 93140, 93150, 93160, 93190, 93199, 93252, 93427, 93436–38, 93440–41, 93460, 93463–64

How Do You Find a Silver&Fit Facility in Your Area?

We have arranged the information in several different ways. If you are interested in a particular contracted fitness facility, turn to the Index provided. To get the most up-to-date information about Silver&Fit plan providers in your area, you can visit www.SilverandFit.com or call Silver&Fit Customer Service at 1-877-427-4788, Monday through Friday, 5:00 a.m. to 6:00 p.m. PT, except holidays. TTY/TDD users should call 1-877-710-2746.

Sección 1 – Introducción

Este directorio proporciona una lista de los gimnasios y centros de ejercicios contratados participantes de Silver&Fit. Los beneficios de Silver&Fit son administrados por American Specialty Health Fitness, una subsidiaria de American Specialty Health Incorporated (ASH).

Opciones de Afiliación

El programa Silver&Fit brinda dos opciones de afiliación:

1. La Afiliación a un Centro de Silver&Fit, que es una afiliación a un gimnasio o centro de ejercicios participante; o bien,
2. El Programa de Ejercicios en el Hogar de Silver&Fit, que es un programa de acondicionamiento físico y educación sobre la salud en el hogar para los afiliados que no tienen acceso a un gimnasio participante o que prefieren hacer ejercicio en su hogar.

Para Inscribirse

1. Recibirá una tarjeta de identificación temporal en su paquete de preinscripción de Silver&Fit.
2. Para elegir un gimnasio, simplemente utilice este directorio, visite www.SilverandFit.com, o bien, llame a Servicio al Cliente de Silver&Fit al 1-877-427-4788, o para los usuarios de TTY/TDD al 1-877-710-2746, de lunes a viernes, de 5:00 a.m. a 6:00 p.m., PT, excepto los días feriados.
3. Lleve su tarjeta de identificación temporal al gimnasio participante para firmar un contrato de afiliación. El contrato de afiliación que posiblemente deba firmar en el gimnasio es para una “afiliación estándar al gimnasio gratuita”,

que incluye los servicios cubiertos disponibles a través del programa.

4. Si elige acceder a los servicios del gimnasio que, de otro modo, están disponibles en ese centro por un cargo adicional, entonces el contrato que usted tiene con el gimnasio puede reflejar costos asociados con esos servicios no relacionados con el programa.
5. Los “proveedores de la red” (centros participantes) enumerados en este directorio han aceptado brindarle su cobertura de acondicionamiento físico y ejercicio. Puede ir a cualquiera de los gimnasios enumerados en este directorio. Tendrá la posibilidad de cambiar de gimnasio hasta una vez al mes. El cambio entrará en vigencia el primer día del mes siguiente.
6. Si elige el Programa de Ejercicios en el Hogar de Silver&Fit, puede inscribirse en línea en www.SilverandFit.com o llamando a Servicio al Cliente de Silver&Fit al 1-877-427-4788, o para los usuarios de TTY/TDD al 1-877-710-2746, de lunes a viernes, de 5:00 a.m. a 6:00 p.m., PT, excepto los días feriados.

Es importante que consulte a su médico antes de comenzar el programa Silver&Fit o cualquier programa de acondicionamiento físico.

Para obtener información detallada sobre su cobertura de cuidado de la salud, consulte su *Evidencia de Cobertura*.

Tenga en Cuenta que: Los proveedores de los siguientes condados sólo se encuentran disponibles para los afiliados a Health Net Seniority Plus (Employer HMO) Medicare Advantage:

Condado de San Mateo

Condado de Solano

Para obtener directorios que enumeran a otros proveedores y/o centros de Silver&Fit participantes de la red de Health Net, llame a nuestro Departamento de Servicios al Afiliado al 1-800-275-4737, de 8:00 a.m. a 8:00 p.m., PT, los siete días de la semana. Los usuarios de TTY/TDD deben llamar al 1-800-929-9955.

¿Cuál Es el Área de Servicio de los Centros de Silver&Fit?

A continuación se detallan los condados y las partes de los condados que se encuentran dentro de nuestra área de servicio.

Área del Norte:

Condado de Alameda

Condado de Contra Costa

Condado de Fresno

Condado de Placer para los siguientes
códigos postales únicamente:

95602-04, 95631, 95648, 95650, 95658,
95661, 95663, 95677-78, 95681, 95701,
95703, 95713-15, 95717, 95722, 95736,
95746-47, 95765

Condado de Sacramento

Condado de San Francisco

Condado de San Joaquin

Condado de Santa Clara

Condado de Santa Cruz

Condado de Sonoma

Condado de Stanislaus

Condado de Yolo

Los condados de San Mateo y
Solano corresponden a Health Net
Seniority Plus (Employer HMO)
únicamente

Área del Sur:

Condado de Kern

Condado de Los Angeles

Condado de Orange

Condado de Riverside

Condado de San Bernardino

Condado de San Diego

Condado de Santa Barbara
para los siguientes códigos
postales únicamente:

93013-14, 93067, 93101-03, 93105-11,
93116-18, 93120-21, 93130, 93140, 93150,
93160, 93190, 93199, 93252, 93427,
93436-38, 93440-41, 93460, 93463-64

¿Cómo Puede Encontrar un Centro de Silver&Fit en Su Área?

Hemos dispuesto la información de varias maneras diferentes. Si le interesa un gimnasio contratado en particular, consulte el Índice provisto. Para obtener la información más actualizada sobre los proveedores del plan Silver&Fit de su área, puede visitar www.SilverandFit.com o llamar a Servicio al Cliente de Silver&Fit al 1-877-427-4788, de lunes a viernes, de 5:00 a.m. a 6:00 p.m., PT, excepto los días feriados. Los usuarios de TTY/TDD deben llamar al 1-877-710-2746.

Section 2 – List of Silver&Fit Providers

Sección 2 – Lista de los Proveedores de Silver&Fit

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Health Net Silver&Fit Provider Listing

Alameda County

Alameda

Anytime Fitness - Alameda

883 Island Dr Ste D
(510) 864-2030

Curves - 2138

2528 Blanding Ave
(510) 814-6525

Berkeley

24 Hour Fitness - Club 583

2072 Addison St
(510) 548-4653

24 Hour Fitness - Club 704

1775 Solano Ave
(510) 524-4583

Anytime Fitness - Berkeley

1820 Solano Ave
(510) 526-4900

Castro Valley

24 Hour Fitness - Club 514

3839 E Castro Valley Blvd
(510) 733-6448

Curves - 4941

20273 Patio Dr
(510) 582-2451

Jazzercise - Castro Valley

Adult School

4430 Alma Ave
(510) 538-7070

Dublin

Fitness 2000 - Dublin

7373 Village Pkwy Ste B
(925) 828-1234

Fremont

24 Hour Fitness - Club 493

4500 Auto Mall Pkwy
(510) 226-6900

24 Hour Fitness - Club 543

39300 Paseo Padre Pkwy
(510) 795-6666

Bally Total Fitness-60806

35630 Fremont Blvd
(510) 608-6230

Curves - 2520

194 Francisco Ln Ste 208
(510) 943-4051

Curves - 8431

39370 Civic Center Dr Ste G
(510) 494-8777

Snap Fitness - Club 1010

43480 Mission Blvd Ste 160
(510) 226-7627

Hayward

24 Hour Fitness - Club 488

2480 Whipple Rd
(510) 404-0803

24 Hour Fitness - Club 536

24727 Amador St
(510) 264-3275

Bally Total Fitness-60805

771 Jackson St
(510) 727-6778

Livermore

24 Hour Fitness - Club 550

1456 Railroad Ave
(925) 447-4496

24 Hour Fitness - Club 895

2650 Kittyhawk Rd
(925) 447-4496

Anytime Fitness - Livermore

900 Bluebell Dr
(925) 443-1400

Curves - 2691

153 S L St
(925) 960-9199

Newark

24 Hour Fitness - Club 546

5234 Newpark Plz
(510) 494-9348

Curves - 11481

6335 Jarvis Ave
(510) 744-1133

Fitness 2000

35145 Newark Blvd
(510) 791-2481

Oakland

24 Hour Fitness - Club 532

2050 Webster St
(510) 433-1140

24 Hour Fitness - Club 802

3950 Alameda Ave
(510) 434-2495

Curves - 5242

5665 College Ave Ste 101
(510) 655-8808

Curves - 780

3483 Champion St
(510) 531-5300

Pleasanton

24 Hour Fitness - Club 836

4770 Willow Rd
(925) 463-1515

Anytime Fitness - Pleasanton

3500 Bernal Ave
(925) 924-0333

Curves - 7128

1991 Santa Rita Rd Ste I
(925) 600-9612

Fitness 19

4250 Rosewood Dr
(925) 416-1100

Ladies Workout Express

90 Mission Dr Ste B
(925) 462-5557

San Leandro

24 Hour Fitness - Club 501

304 Bayfair Mall
(510) 278-9744

Bally Total Fitness-60802

567 Floresta Blvd
(510) 351-7579

Curves - 2347

159 Parrott St
(510) 352-1662

San Lorenzo

Curves - 4621

15938 Hesperian Blvd
(510) 481-0111

Important: This list may change at any time. Call us at the number listed on the front of this directory to confirm a provider's participation and which plans the provider accepts. Contact the provider's office to check office hours and to confirm the provider is accepting new patients.

SILVER&FIT PROVIDER LISTING

Contra Costa County

Contra Costa County

Union City

Curves - 5143

2621 Decoto Rd
(510) 487-4222

Ladies Fitness & Zereh Chiropractic

32623 Alvarado Blvd
(510) 324-8551

Union City Sports Center

31224 Union City Blvd
(510) 675-5808

Contra Costa County

Alamo

24 Hour Fitness - Club 43

140 Alamo Plz Ste A
(925) 362-1730

Antioch

24 Hour Fitness - Club 556

2632 Somersville Rd
(925) 753-1553

Fitness Evolution

1300 Verne Roberts Cir
(925) 778-7070

Brentwood

Anytime Fitness - Brentwood

7750 Brentwood Blvd
(925) 513-7001

Curves - 9786

3130 Balfour Rd Ste A
(925) 240-8065

Clayton

Clayton Fitness Center

1516A Kirker Pass Rd
(925) 672-2010

Snap Fitness - Club 905

6200 Center St Ste G
(925) 693-0110

Concord

24 Hour Fitness - Club 511

359 Sun Valley Mall Rd
(925) 674-8412

Bill Jones Taekwondo

1500 Monument Blvd Ste D7
(925) 686-5425

Curves - 2588

4691 Clayton Rd Ste D
(925) 603-7555

Curves - 5742

2962 Treat Blvd Ste C
(925) 288-9344

Fitness 19

4115 Concord Blvd
(925) 521-1919

Fitness Evolution

3517 Clayton Rd
(925) 682-3488

Jazzercise

4609 Clayton Rd
(925) 672-7025

El Cerrito

Curves - 3492

11163 San Pablo Ave
(510) 215-7000

Jazzercise - Jazzercise of El Cerrito

10837 San Pablo Ave
(510) 965-1264

Hercules

Hercules Fitness

600 Alfred Noble Dr
(510) 724-2900

Martinez

California Fitness 24/7

621 Alhambra Ave
(925) 293-4097

Moraga

24 Hour Fitness - Club 812

351 Rheem Blvd
(925) 377-2400

Curves - 292

594 Moraga Rd Ste A
(925) 376-0110

Oakley

California Fitness 24/7

2515 Main St
(925) 594-0194

Lifestyle Health & Fitness

5351 Neroly Rd Ste B
(925) 978-2225

Pinole

Ladies Workout Express

1573 Tara Hills Dr
(510) 964-9900

Pleasant Hill

Curves - 1016

2231 Morello Ave
(925) 691-0502

Jazzercise Pleasant Hill Winslow Center

2590 Pleasant Hill Rd
(925) 323-2522

Spaulding Sports

609 Gregory Ln Ste 120
(925) 705-7630

Richmond

Jazzercise

5327 Jacuzzi St
(510) 527-8608

San Pablo

Doctors Medical Center - Outpatient Center

100 Towne Center Ste A
(510) 221-2440

San Ramon

24 Hour Fitness - Club 512

4450 Norris Canyon Rd
(925) 244-9855

24 Hour Fitness - Corporate

13647 Alcosta Blvd Fl 5
(

Anytime Fitness - San Ramon

9140 Alcosta Blvd Ste D
(925) 556-6700

Kern County

Los Angeles County

Curves - 5212

2217 San Ramon Valley Blvd Ste E
(925) 743-8273

Fitness 19

160 Market Place
(925) 327-1919

Walnut Creek**24 Hour Fitness - Club 516**

2033 N Main St
(925) 930-7900

24 Hour Fitness - Club 885

2800 N Main St
(925) 357-4733

Country Wood Fitness

2074 Treat Blvd
(925) 933-2668

Curves - 11986

2099 Mount Diablo Blvd Ste 206
(925) 945-7484

Fitness 19 - Walnut Creek

1853 Ygnacio Valley Rd
(925) 935-1132

Snap Fitness - Club 703

1533A Palos Verdes Mall
(925) 938-8006

Kern County**Bakersfield****24 Hour Fitness - Club 116**

4302 Gosford Rd
(661) 398-1111

24 Hour Fitness - Club 128

3633 Rosedale Hwy
(661) 325-3600

24 Hour Fitness - Club 164

3400 Bernard St
(661) 873-8000

Curves - 2159

9500 Flushing Quail Rd Ste 502
(661) 589-2380

Curves - 6329

4713 Planz Rd
(661) 836-0380

Curves - 6978

3709 Columbus St
(661) 873-1776

Fitness 19

9620 Hageman Rd Ste B
(661) 588-5519

Oildale Fitness

200 China Grade Loop
(661) 829-5940

Frazier Park**Curves - 12007**

3516 Mt Pinos Way
(661) 245-3234

Ridgecrest**Anytime Fitness - Ridgecrest**

120 N China Lake Blvd
(760) 375-5555

Curves - 12302

219 Balsam St
(760) 375-6828

Rosamond**Curves - 7757**

2997 Desert St Ste 7
(661) 256-4551

Shafter**Anytime Fitness - Shafter**

1160 E Lerdo Hwy
(661) 746-1503

Taft**Todays Woman**

403 Center St
(661) 765-1717

Tehachapi**Curves - 626**

20221 W Valley Blvd Ste A
(661) 823-9948

Fitness Zone

20601 Hwy 202 Ste A101
(661) 823-9144

Tehachapi Fitness

20936 Sage Ln
(661) 823-8205

Wasco**Anytime Fitness - Wasco**

2445 Highway 46 Ste A
(661) 758-1500

Los Angeles County**Acton****Acton Fitness**

33302 Santiago Rd Ste F
(661) 269-0079

Alhambra**Curves - 215**

244 E Main St
(626) 282-2999

Curves - 5120

2718 W Main St
(626) 284-2744

YMCA of West San Gabriel Valley

401 E Corto
(626) 576-0226

Altadena**24 Hour Fitness - Club 62**

2180 Lincoln Ave Ste 4
(626) 296-8700

Curves - 8456

2455 N Lake Ave
(626) 797-9177

Arcadia**24 Hour Fitness - Club 906**

125 N 1st Ave
(626) 446-3000

Curves - 12193

1436 S Baldwin Ave
(626) 446-2420

Gold's Gym - Arcadia

400 S Baldwin Ave Ste 3000
(626) 447-1500

Azusa**Triad Fitness**

360 N Citrus Ave
(626) 969-5200

SILVER&FIT PROVIDER LISTING

Los Angeles County

Los Angeles County

Baldwin Park

Fitness 19

3000 Big Dalton Ave
(626) 939-1919

Bellflower

Curves - 3726

16535 Bellflower Blvd
(562) 461-2860

Burbank

24 Hour Fitness - Club 883

1903 W Empire Ave
(818) 531-0257

Curves - 2712

940 W Alameda Ave
(818) 558-3591

Powerhouse Gym Sports Complex

10950 Sherman Way Ste 160
(818) 565-5533

Carson

24 Hour Fitness - Club 192

945 E Dominguez St
(310) 323-1424

Chatsworth

Curves - 1619

20521 Devonshire St
(818) 341-2643

Powerhouse Gym

20914 Nordhoff St
(818) 775-0300

Claremont

Iron Works Gym

697 E Foothill Blvd Ste C
(909) 625-6443

Compton

24 Hour Fitness - Club 916

110 Towne Center
(310) 735-9114

Covina

Curves - 2831

536 S 2nd Ave Ste D
(626) 859-9909

Fitness 19

207 N Grand Ave
(626) 339-1919

Culver City

Gold's Gym - Culver City

6000 Sepulveda Blvd Ste 1200
(310) 313-0033

Diamond Bar

Maple Hill YMCA

1673 Maple Hill Rd
(909) 623-6433

Duarte

Curves - 3202

1159 Huntington Dr
(626) 303-4800

Glendale

24 Hour Fitness - Club 113

240 N Brand Blvd
(818) 240-5111

24 Hour Fitness - Club 219

450 N Brand Blvd
(818) 247-4334

Curves - 4115

1416 W Kenneth Rd
(818) 551-1600

Curves - 5504

1010 N Glendale Ave Ste 003
(818) 244-3030

World Gym International-Glendale

1001 E Colorado Blvd
(818) 243-1600

Glendora

24 Hour Fitness - Club 910

1357 E Gladstone Ave
(626) 804-2403

Curves - 11768

765 W Rte 66 Ste A
(626) 852-7909

King's Fitness

917 E RTE 66
(626) 963-5464

Total Solution Wellness for Women

303 W Foothill Blvd Ste 11
(626) 963-1700

World Gym

1838 E Route 66
(626) 335-0300

Granada Hills

Curves - 5373

11860 1/2 Balboa Blvd
(818) 368-3131

Jazzercise

11128 Balboa Blvd
(818) 999-9275

Ladies Workout Express

16259 San Fernando Mission Blv
(818) 832-1065

Hawthorne

24 Hour Fitness - Club 55

2831 W 120th St
(323) 756-2466

Hermosa Beach

24 Hour Fitness - Club 97

1601 Pacific Coast Hwy Ste 100
(310) 374-4524

Anytime Fitness - Club 2373

300 Pacific Coast Hwy
(310) 303-3334

Huntington Park

Curves - 72

7925 Seville Ave Unit E
(323) 582-9500

Inglewood

Curves - 1252

8409 S 8th Ave Ste A1
(323) 971-1382

La Mirada**24 Hour Fitness - Club 77**

13395 Beach Blvd

(562) 902-2455

Curves - 3869

15755 Imperial Hwy

(562) 947-3238

Work Out World

12805 Valley View Ave

(562) 926-9092

La Verne**Curves - 1967**

2117 Foothill Blvd Ste I

(909) 596-6000

Lakewood**24 Hour Fitness - Club 890**

4821 Del Amo Blvd

(562) 630-2668

Crunch - Lakewood

5815 Bellflower Blvd

(562) 262-0404

The Sweat Shop Gym

3671 Industry Ave Ste A1

(562) 353-7496

Lancaster**24 Hour Fitness - Club 878**

1220 W Avenue K

(661) 206-3045

All About Fitness

500 W Lancaster Blvd

(661) 475-2100

Curves - 9891

2835 W Avenue L

(661) 718-2305

Curves - 9892

858 W Jackman St

(661) 726-1980

Ladies First Fitness & Spa

42015 10th St W

(661) 942-6496

Performance Chiropractic

824 W Avenue L-6 Ste D

(661) 942-5000

Powerhouse Gym

42212 10th St W Ste 6A

(661) 723-7162

Total Health & Fitness

1051 W Ave M Ste 202

(661) 723-5204

Lomita**Curves - 664**

25834 Narbonne Ave Ste 104

(310) 326-6777

Long Beach**24 Hour Fitness - Club 154**

100 Oceangate Plaza Level

(562) 435-6300

24 Hour Fitness - Club 186

3030 N Bellflower Blvd

(562) 420-1444

Anytime Fitness - Long Beach

4000 East Anaheim

(562) 343-5801

3599 N Los Coyotes Diagonal

(562) 354-6773

Curves - 1068

2741 E 4th St Ste C

(562) 856-8080

Curves - 4388

6536 E Spring St

(562) 421-1166

Curves - 8341

8161 E Wardlow Rd

(562) 598-8525

Fitness 19 - Long Beach

6337 Spring St

(562) 425-1919

Gold's Gym - Long Beach

345 Pine Ave

(562) 436-4653

Jazzercise Long Beach Fitness Center

3962 Studebaker Rd Ste 206

(310) 466-8463

YMCA of Greater Long Beach - Fairfield Branch

4949 Atlantic Ave

(562) 423-0491

Los Angeles**24 Hour Fitness - Club 118**

3699 Wilshire Blvd Ste 110

(213) 388-2700

24 Hour Fitness - Club 120

9911 W Pico Blvd

(310) 553-7600

24 Hour Fitness - Club 122

5959 W Century Blvd

(310) 410-9909

24 Hour Fitness - Club 490

5045 W Slauson Ave

(323) 293-2481

24 Hour Fitness - Club 905

505 S Flower St Ste B

(213) 683-1400

Curves - 271

2724 Griffith Park Blvd

(323) 912-9205

Curves - 4298

527 N Larchmont Blvd

(323) 465-4652

Curves - 4470

4870 Eagle Rock Blvd

(323) 259-5800

Curves - 5131

12740 Culver Blvd Ste E

(310) 301-6733

Curves - 9189

3882 Crenshaw Blvd

(323) 295-3737

Gold's Gym

735 S Figueroa St Ste 100

(213) 688-1441

Gold's Gym - Hollywood

1016 N Cole Ave

(323) 462-7012

Hollywood Gym Inc

1551 N La Brea

(323) 845-1420

World Gym International

1901 Avenue of the Stars Ste

1100

(800) 544-7441

SILVER&FIT PROVIDER LISTING

Los Angeles County

Los Angeles County

Manhattan Beach

24 Hour Fitness - Club 163

1500 Rosecrans Ave
(310) 536-9300

Monrovia

24 Hour Fitness - Club 170

715 E Huntington Dr
(626) 358-3333

Movement Unlimited Fitness Center

120 E Lemon Ave
(626) 359-4656

Montebello

Curves - 3691

137 N Montebello Blvd Ste K
(323) 887-4270

Monterey Park

24 Hour Fitness - Club 867

500 N Atlantic Blvd
(626) 537-2144

Montrose

Curves - 5400

3725 Clifton Pl
(818) 957-7300

North Hollywood

24 Hour Fitness - Club 889

5300 Lankershim Blvd
(818) 738-1798

Gold's Gym

6233 Laurel Canyon Blvd
(818) 506-4600

Northridge

24 Hour Fitness - Club 866

19350 Nordhoff St Ste D
(747) 224-2000

California Fitness Center

9150 Reseda Blvd
(818) 772-4500

Norwalk

Bally Total Fitness - Corporate

12440 E Imperial Hwy Ste 300
(909) 831-1133

Palmdale

24 Hour Fitness - Club 117

1335 W Ave P
(661) 947-1200

Curves - 10040

38709 Tierra Subida Ave Ste 305
(661) 265-9444

Panorama City

24 Hour Fitness - Club 145

8350 Van Nuys Blvd
(818) 830-1600

Paramount

Curves - 2497

16000 Paramount Blvd Ste A
(562) 630-8348

Pasadena

24 Hour Fitness - Club 173

465 N Halstead St
(626) 351-2222

24 Hour Fitness - Club 179

525 E Colorado Blvd
(626) 795-7121

Curves - 11435

1414 W Colorado Blvd
(626) 796-1667

Curves - 12121

1311 N Altadena Dr
(626) 794-5294

Curves - 3012

1270 Lincoln Ave Ste 200
(626) 797-5890

Gold's Gym-Pasadena

39 South Altadena Dr
(626) 304-1133

Pomona

Girls Day Off

18 Rancho Camino Dr Ste 201
(909) 319-7732

YMCA of Pomona Valley

1460 E Holt Ave
(909) 623-6433

Porter Ranch

Porter Ranch Medical Center

11177 Tampa Ave Ste A
(818) 831-8000

Rancho Palos Verdes

Curves - 565

28380 S Western Ave
(310) 547-9740

Redondo Beach

Center for Health & Fitness

514 N Prospect Ave FL 2
(310) 374-3426

San Pedro

San Pedro & Peninsula YMCA

301 S Bandini
(310) 832-4211

Santa Fe Springs

24 Hour Fitness - Club 69

13312 Imperial Hwy
(562) 407-2424

Santa Monica

24 Hour Fitness - Club 183

2929 31st St
(310) 450-4464

24 Hour Fitness - Club 68

1417 2nd St
(310) 255-0008

Curves - 10991

1821 Wilshire Blvd Ste 120
(310) 582-9181

Sherman Oaks

24 Hour Fitness - Club 70

15301 Ventura Blvd
(818) 728-6777

Orange County

Orange County

Sierra Madre**Curves - 3099**

47 W Sierra Madre Blvd
(626) 836-8578

Sierra Fitness

20 N Baldwin
(626) 836-5452

Signal Hill**No Limits Sports and Fitness Academy**

3221 Industry Dr
(562) 221-7804

Nu Image Now Wellness Center

3351 E Hill St
(562) 938-7665

South Pasadena**Snap Fitness - Club 347**

807 Meridian Ave
(626) 403-6463

Tarzana**Anytime Fitness - Tarzana**

19235 Ventura Blvd
(818) 300-0348

Torrance**24 Hour Fitness - Club 130**

2685 Pacific Coast Hwy
(310) 534-5100

24 Hour Fitness - Club 902

4240 Redondo Beach Blvd
(310) 750-1143

Curves - 727

3535 Torrance Blvd Ste 13
(310) 540-0083

Curves - 8099

4230 Redondo Beach Blvd
(310) 371-1122

Tujunga**World Gym - Cresenta Valley**

6656 Foothill Blvd
(818) 951-5222

Valencia**Gold's Gym - Valencia**

24445 Town Center Dr Ste 195
(661) 288-1818

Santa Clarita Valley Family YMCA

26147 McBean Pkwy
(661) 375-6655

Van Nuys**Curves - 8298**

17624 Sherman Way
(818) 668-8433

Venice**Curves - 4723**

316 Lincoln Blvd Ste 231
(310) 450-3131

Gold's Gym-Venice

360 Hampton Dr
(310) 392-6004

Walnut**Curves - 4745**

385 S Lemon Ave Ste H
(909) 598-9238

West Covina**24 Hour Fitness - Club 81**

1530 W West Covina Pkwy
(626) 851-2600

24 Hour Fitness - Club 917

1422 S Azusa Ave
(626) 257-2422

Gold's Gym - West Covina

502 Plaza Dr
(626) 338-2444

West Hills**24 Hour Fitness - Club 904**

6653 Fallbrook Ave
(818) 887-2582

West Hollywood**24 Hour Fitness - Club 184**

8612 Santa Monica Blvd
(310) 652-7440

Whittier**24 Hour Fitness - Club 123**

10125 Whittwood Dr
(562) 943-3771

Winnetka**Curves - 13339**

19749 Sherman Way
(818) 998-1422

Woodland Hills**Jazzercise**

20700 Ventura Blvd Ste 100
(818) 716-7677

Orange County**Aliso Viejo****24 Hour Fitness - Club 158**

27141 Aliso Creek Rd
(949) 831-4900

Anaheim**24 Hour Fitness - Club 195**

300 S Festival Dr
(714) 637-4762

24 Hour Fitness - Club 64

1430 N Lemon St
(714) 525-9924

24 Hour Fitness - Club 858

321 W Katella Ave Ste 94
(714) 491-2500

Curves - 2582

1198 W Katella Ave
(714) 774-7311

Curves - 2584

165 W Broadway
(714) 535-9800

Curves - 4872

6370 E Santa Ana Canyon Rd Ste 74 Space C67
(714) 998-9900

Hilton Spa & Fitness Center

777 Convention Way
(714) 740-4406

Work Out World

3150 W Lincoln Ave
(714) 229-9000

SILVER&FIT PROVIDER LISTING

Orange County

Orange County

Brea

24 Hour Fitness - Club 159

965 E Birch St
(714) 256-2500

Fitness 1 Express

706 E Imperial Hwy
(714) 257-9958

Buena Park

24 Hour Fitness - Club 855

8430 On the Mall
(714) 236-1800

Corona del Mar

Curves - 8105

2711 E Coast Hwy Ste 205
(949) 673-2878

Shape Up Center

2101 E Coast Hwy
(949) 760-9335

Costa Mesa

24 Hour Fitness - Club 121

1600 Adams Ave
(714) 557-4401

24 Hour Fitness - Club 185

555 W 19th St
(949) 650-3600

24 Hour Fitness - Club 78

589 Anton Blvd
(714) 751-2724

24-Hour Fitness - Club 891

1870 Harbor Blvd Costa Mesa
Harbor Super Sport
(949) 610-0651

Body Wise Fitness

640 Terminal Way
(949) 645-6110

Curves - 5781

1525 Mesa Verde Dr E Ste 110
(714) 556-6432

Cypress

Curves - 4474

9925 Walker St
(714) 220-9300

Dana Point

Kardia Life

24582 Del Prado Ste D&E
(949) 661-1213

Fountain Valley

24 Hour Fitness - Club 48

18305 Brookhurst St
(714) 593-5690

Anytime Fitness - Fountain Valley

9394 Warner Ave
(714) 968-9966

Curves - 371

17912 1/2 Magnolia St
(714) 964-1225

Fullerton

Curves - 1266

3222 Yorba Linda Blvd
(714) 738-5800

Gold's Gym

1973 W Malvern Ave
(714) 773-1990

Garden Grove

24 Hour Fitness - Club 156

9561 Chapman Ave
(714) 537-3000

Curves - 10173

11899 Valley View St
(714) 893-7884

Studio B Fitness

12046 West St
(714) 306-8440

Huntington Beach

24 Hour Fitness - Club 105

5858 Warner Ave
(714) 840-3888

24 Hour Fitness - Club 177

303 3rd St
(714) 374-3700

24 Hour Fitness - Club 851

7887 Center Ave
(714) 373-8969

Curves - 12159

16161 Springdale St Ste 105
(714) 377-0122

Curves - 1504

9120 Adams Ave
(714) 593-8690

Curves - 2438

6829 Warner Ave
(714) 848-0008

Irvine

24 Hour Fitness - Club 149

4255 Campus Dr Ste A150
(949) 725-9100

24 Hour Fitness - Club 150

15315 Culver Dr Ste 165
(949) 262-0600

24 Hour Fitness - Club 196

8697 Irvine Center Dr
(949) 585-0060

24 Hour Fitness - Club 863

31 Fortune Dr Ste 100
(949) 885-1921

24 Hour Fitness - Club 884

13752 Jamboree Rd
(714) 665-1233

Curves - 7810

15435 Jeffrey Rd Ste 117
(949) 653-2737

Ladera Ranch

24 Hour Fitness - Club 53

200 Corporate Dr
(949) 365-5000

Laguna Beach

Laguna Health Club

870 Glenneyre St
(949) 494-9314

Laguna Hills

24 Hour Fitness - Club 124

25252 McIntyre St
(949) 586-6600

Curves - 11967

25248 Cabot Rd
(949) 420-0240

Laguna Niguel**24 Hour Fitness - Club 85**

32451 Golden Lantern
(949) 443-2440

24 Hour Fitness - Club 862

27921 La Paz Rd
(949) 614-1024

Curves - 188

27781 La Paz Rd Ste A
(949) 362-8587

Lake Forest**24 Hour Fitness - Club 73**

26781 Rancho Pkwy
(949) 830-4213

Curves - 5334

21771 Lake Forest Dr Ste 107
(949) 454-4196

Los Alamitos**24 Hour Fitness - Club 111**

4951 Katella Ave
(714) 826-7172

Mission Viejo**24 Hour Fitness - Club 157**

23166 Los Alisos Blvd
(949) 855-6800

Montanoso Recreation Center

25800 Montanoso Dr
(949) 859-4348

Sierra Recreation & Fitness Center

26887 Recodo Ln
(949) 859-4348

Newport Beach**24 Hour Fitness - Club 175**

600 Newport Center Dr
(949) 640-5300

Orange**24 Hour Fitness - Club 127**

3521 E Chapman Ave
(714) 639-9300

24 Hour Fitness - Club 63

3600 W Orangewood Ave
(714) 385-0024

Curves - 355

7626 E Chapman Ave
(714) 771-7377

Curves - 4625

1840 N Tustin St
(714) 998-3383

Rehabilitation Institute of Southern California

1800 E La Veta Ave
(714) 532-3916

Snap Fitness - Club 635

8412 E Chapman Ave
(714) 769-7627

Snap Fitness - Club 636

303 E Katella Ave
(714) 633-7627

Sports Conditioning and Rehabilitation of California

871 S Tustin Ave
(714) 633-7227

Placentia**Jazzercise**

733 Dunn Way
(714) 970-7162

Rancho Santa Margarita**24 Hour Fitness - Club 171**

22331 El Paseo
(949) 589-8500

Curves - 4290

29821 Aventura Ste B
(949) 888-3540

San Clemente**Curves - 5317**

101 Via Pico Plz
(949) 366-3680

San Clemente Senior Center

117 Avenida Victoria
(949) 498-3322

San Juan Capistrano**24 Hour Fitness - Club 143**

27131 Calle Arroyo Ste 1701
(949) 489-9900

Anytime Fitness - San Juan Capistrano

31107 Rancho Viejo Rd Ste 5
(949) 481-2220

Curves - 1048

31654 Rancho Viejo Rd Ste M
(949) 661-7200

Santa Ana**Gold's Gym - Santa Ana**

1935 E 17th St
(714) 558-9700

The Goodwill Fitness Center

1601 E Saint Andrew Pl
(714) 361-6180

Seal Beach**Anytime Fitness - Seal Beach**

2920 Westminster Ave
(562) 598-2100

Trabuco Canyon**Gold's Gym**

31941 Dove Canyon Dr
(949) 888-2722

Westminster**24 Hour Fitness - Club 864**

6731 Westminster Blvd Ste 101
(714) 230-1722

Yorba Linda**24 Hour Fitness - Club 125**

18200 Yorba Linda Blvd
(714) 524-0500

Jazzercise

4861 Liverpool St
(714) 970-7162

Placer County**Auburn****Anytime Fitness - Auburn**

12130 New Airport Rd Ste 200
(530) 887-1265

Curves - 4722

1472 Grass Valley Hwy
(530) 887-9300

SILVER&FIT PROVIDER LISTING

Riverside County

Riverside County

Curves - 8362

10988 Combie Rd Ste 104
(530) 268-2078

Total Fitness

210 Palm Ave
(530) 888-0835

Granite Bay

Anytime Fitness - Granite Bay

9711 Village Center Dr
(916) 786-3999

Curves - 1700

6879 Douglas Blvd
(916) 789-7822

Gold's Gym - Granite Bay

8665 Auburn Folsom Rd
(916) 788-1500

Lincoln

Gold's Gym

2800 Nicolaus Rd Ste 600
(916) 253-3600

Loomis

Curves - 1

3555 Taylor Rd Ste A
(916) 660-9735

Meadow Vista

Curves - 5747

16950 Placer Hills Rd
(530) 878-3968

Newcastle

Jazzercise

690 Taylor Rd
(530) 367-2581

Penryn

Anytime Fitness - Penryn

3105 Penryn Rd
(916) 660-0700

Rocklin

Curves - 12924

2340 Sunset Blvd Ste 150
(916) 780-0400

Fitness 19

6823 Lonetree Blvd Ste 101
(916) 780-1919

Roseville

24 Hour Fitness - Club 592

336 N Sunrise Ave
(916) 772-2400

Anytime Fitness - Roseville

1850 DOUGLAS BLVD STE 204
(916) 789-0110

Curves - 8302

910 Pleasant Grove Blvd Ste 130
(916) 771-9800

Curves - 9392

1801 Cirby Way Ste 6
(916) 783-2601

Get Fit in 10

10271 Fairway Dr Ste 110
(916) 774-0888

Gold's Gym - Roseville

5110 Foothills Blvd
(916) 788-4241

Riverside County

Aguanga

Jazzercise

45525 Hwy 79 S
(405) 996-0252

Banning

Curves - 3875

300 S Highland Springs Ave Ste 10A
(951) 769-8887

Jazzercise

850 Country Club Dr
(951) 922-1474

Beaumont

Anytime Fitness

1620 E 2nd St Ste G
(951) 845-3677

Blythe

Body Zone

139 N Spring St
(760) 921-3374

Calimesa

Curves - 3249

1007 Calimesa Blvd Ste B2
(909) 446-8316

Cathedral City

Fitness 1440

68100 Ramon Rd Ste B14
(760) 895-1440

Corona

24 Hour Fitness - Club 198

275 Teller St Ste 100
(951) 734-0121

Curves - 6605

1411 Rimpau Ave Ste 113
(951) 898-1550

Fitness 19

1190 W 6th St
(951) 808-9919

Galluccio Dance & Fitness @ Corona Senior Center

921 S Belle Ave
(951) 768-0295

Jazzercise

762 N Main St
(951) 735-6939

Rhino Fitness

4300 Green River Rd Ste 114
(951) 283-9473

Desert Hot Springs

World Gym International - Desert Hot Springs

12155 Palm Dr
(760) 329-8504

Hemet

Crunch Fitness - Hemet

1287 S State St
(951) 327-0202

Curves - 1306

2581 W Florida Ave
(951) 929-6440

Dr D Fitness

1947 Florida Ave
(951) 652-1412

Fit Xpress

640 N San Jacinto St Ste G
(951) 766-9000

Fitness 19

1970 W Florida Ave
(951) 791-1919

Geri-Fit @ James Simpson Senior Center

305 E Devonshire Ave
(888) 437-4348

Hands of Mercy

463 W Esplanade Ave
(951) 654-6655

Jazzercise

1001 N Buena Vista St
(951) 765-9551

Idyllwild**Curves - 4584**

54245 N Circle Dr Ste C6
(951) 659-3031

Jazzercise

25925 Cedar St
(951) 659-2855

Indio**24 Hour Fitness - Club 921**

42900 Jackson St
(760) 262-8771

Anytime Fitness - Indio

44100 Jefferson St Ste 503
(760) 772-9772

Curves - 5213

80150 Highway 111 Ste C1
(760) 501-0300

Party On! Fitness

81557 Dr Carreon Blvd STE B-2
(760) 668-6245

World Gym

83240 Highway 111
(760) 610-7558

La Quinta**World Gym - La Quinta**

46760 Commerce Ct
(760) 564-9822

Lake Elsinore**Curves - 8860**

31733 Riverside Dr # B
(951) 674-5800

Rancho Physical Therapy

31764 Casino Dr Ste 106A
(951) 471-3300

Wilcyns Fitness

19980 Grand Ave
(951) 678-0190

Mira Loma**Fitness 19**

6429 Pats Ranch Rd
(951) 582-9919

Moreno Valley**24 Hour Fitness - Club 131**

23750 Alessandro Blvd
(951) 653-7100

Curves - 7148

24318 Hemlock Ave Ste G3
(951) 243-6570

Fitness 19

16080 Perris Blvd
(951) 601-1990
14075 Frederick St
(951) 653-8454

Murrieta**24 Hour Fitness - Club 912**

40396 Murrieta Hot Springs Rd
(951) 304-2053

Center for Medical Weight Loss & Fitness Center

40663 Murrieta Hot Springs Rd Ste C-1
(951) 200-6796

Geri-Fit & Body Sculpting @ French Valley Community Center

31757 Browning Rd
(951) 694-6873

Jazzercise - Jazzercise of Temecula Valley

26490 Jefferson Ave Ste I
(951) 816-0917

NC3 Fitness

25389 Madison Ave Ste 101
(951) 461-9106

Norco**Curves - 1495**

2200 Hamner Ave Ste 108
(951) 340-9050

Palm Desert**CFitness Ladies Workout**

72270 Hwy 111 Ste B2
(760) 636-4177

Joslyn Cove Community Senior Center

73750 Catalina Way
(760) 340-3220

Power of Fitness

72750 Dinah Shore Dr Ste 103
(760) 770-9393

World Gym - Palm Desert

44419 Town Center Way
(760) 773-5711

Palm Springs**Palm Springs Fitness Center**

170 S Sunrise Way
(760) 327-7979

The Basic Gym

1584 S Palm Canyon Dr
(760) 320-1009

Workout Gym

2100 N Palm Canyon Dr Ste C100
(762) 325-4600

World Gym Palm Springs

1751 N Sunrise Way Ste E
(760) 327-7100

Rancho Mirage**Curves - 1351**

72817 Dinah Shore Dr Ste 102
(760) 328-5144

SILVER&FIT PROVIDER LISTING

Sacramento County

Sacramento County

Riverside

24 Hour Fitness - Club 146

7960 Limonite Ave

(951) 360-1696

Anytime Fitness - Riverside

4270 Riverwalk Pkwy Ste 114

(951) 977-9607

Anytime Fitness-Riverside

3191 Mission Inn Ave Ste B

(951) 643-3992

Crunch

10125 Hole Ave

(951) 389-1001

Curves - 2551

19348 Van Buren Blvd Ste 113

(951) 789-8417

Curves - 2721

3537 Main St

(951) 276-7100

Curves - 3030

3816 La Sierra Ave

(951) 343-2878

Curves - 4704

7001 Indiana Ave Ste 10

(951) 222-0242

Fitness Mania

19069 Van Buren Blvd Ste 108

(951) 776-9375

Fitness United with Nutrition

3663 Canyon Crest Dr Ste B

(951) 787-9482

KO Fitness Center

10198 Indiana Ave

(951) 343-9007

Rancho Physical Therapy Inc

10020 Indiana Ave Ste 4

(951) 637-2320

Riverside City Gym

3485 University Ave

(951) 788-6115

The Marketplace Wellness**Center**

3191 Mission Inn Ave Ste B

(951) 684-2874

Tournament House Sports & Fitness Center

6250 Brockton Ave

(951) 682-7511

San Jacinto

Bodies in Harmony - Health Wellness & Fitness Center

1398 S State St

(951) 212-8865

Geri-Fit & Body Sculpting @ Valley-Wide Parks and Recreation

901 W Esplanade Ave

(951) 694-6873

Sun City

Curves - 4061

26888 Cherry Hills Blvd

(951) 672-9994

Geri-Fit @ Kay Cenicerros Senior Center

29995 Evans St

(951) 694-6873

Temecula

24 Hour Fitness - Club 853

27520 Ynez Rd

(951) 694-8394

Anytime Fitness - Temecula

30520 Rancho California Rd

(951) 695-2111

Curves - 4751

30680 Rancho California Ste 404

(951) 506-4445

Geri-Fit Company

44065 Big Sky Way

(888) 437-4348

Power Pros Fitness

32832 Wolf Store Rd

(951) 302-5995

Winchester

Geri-Fit & Body Sculpting @ Francis Domenigoni Community Center

32665 Haddock St

(951) 694-6873

Sacramento County

Antelope

24 Hour Fitness - Club 498

7905 Walerga Rd

(916) 723-2432

Curves - 1584

4320 Elverta Rd Ste 4

(916) 722-1400

Carmichael

24 Hour Fitness - Club 801

5114 Arden Way

(916) 484-2024

Curves - 6242

4005 Manzanita Ave Ste 49

(916) 973-9900

Citrus Heights

24 Hour Fitness - Club 523

6633 Auburn Blvd

(916) 722-7588

Curves - 1640

8071 Greenback Ln

(916) 729-2878

Fitness 19

7845 Lichen Dr

(916) 727-1919

Elk Grove

24 Hour Fitness - Club 808

8461 Elk Grove Florin Rd

(916) 681-2424

Curves - 3233

8698 Elk Grove Blvd Ste 5

(916) 686-0699

Curves - 9401

9059 Bruceville Rd Ste 170

(916) 688-3600

Express Fitness For Women

8153 Elk Grove Blvd Ste 35

(916) 691-4000

Nor Cal Fit

8771 Elk Grove Blvd

(916) 714-7287

Fair Oaks**Anytime Fitness - Fair Oaks**

4868 San Juan Ave
(916) 965-6060

Fitness 19

4345 Sunrise Blvd
(916) 962-1900

Fitness Evolution

8121 Madison Ave
(916) 967-3481

Folsom**24 Hour Fitness - Club 809**

1006 Riley St
(916) 984-1924

Anytime Fitness - Folsom

1007 E Bidwell St
(916) 337-9900

Curves - 1697

9500 Greenback Ln Ste 6
(916) 987-7860

Curves - 3200

1008 E Bidwell St Ste 200
(916) 984-5878

Fitness 19

9580 Oak Ave Pkwy Ste 12ABC
(916) 989-0190

Robinsons Taekwondo

9580 Oak Ave
(916) 337-3613

Galt**Anytime Fitness - Galt**

10530 Twin Cities Rd
(209) 744-9400

Fitness Pro

1067 C St Ste 117
(209) 745-5382

Rancho Cordova**Anytime Fitness - Rancho Cordova**

3161 Zinfandel Dr # 3225
(916) 706-0090

Curves - 1543

11015 Olson Dr Ste 8
(916) 635-8807

Sacramento**24 Hour Fitness - Club 528**

9574 Micron Ave
(916) 363-4382

24 Hour Fitness - Club 552

8785 Center Pkwy
(916) 688-8733

24 Hour Fitness - Club 560

7600 Greenhaven Dr Ste 15
(916) 399-8181

24 Hour Fitness - Club 571

1314 Fulton Ave
(916) 925-7055

24 Hour Fitness - Club 598

1020 7th St
(916) 658-1626

24 Hour Fitness - Club 806

6061 Florin Rd
(916) 384-9555

Anytime Fitness - Sacramento

6350 Folsom Blvd
(916) 452-5555

4421 Gateway Park Blvd

(916) 575-9999

Better Fit Fitness Center

1770 36th St
(916) 739-8780

Curves - 11301

650 Fulton Ave
(916) 922-3800

Curves - 12414

5990 14th Ave Ste D
(916) 451-1400

Curves - 3125

7485 Rush River Dr Ste 630
(916) 421-0790

Curves - 3234

3020 Freeport Blvd
(916) 325-0099

Curves - 4403

4331 Truxel Rd Ste G2
(916) 419-9000

Curves - 7834

5283 Folsom Blvd
(916) 453-1500

Fitness 19

2020 Club Center Dr Ste 100
(916) 928-7999

Jazzercise

7320 Florin Mall Dr
(916) 683-2479
7245 Fletcher Farm Rd
(916) 683-2479

World Gym

9844 Business Park Dr Ste F
(916) 363-4967

San Bernardino County**Apple Valley****24 Hour Fitness - Club 871**

18825 Bear Valley Rd
(760) 810-4067

Anytime Fitness - Apple Valley

13692 Apple Valley Rd
(760) 240-9933

Jazzercise

19195 Hwy 18 Ste 101
(760) 242-2444

Barstow**Anytime Fitness - Barstow**

1251 E Main St Ste 4-5
(760) 256-8141

Big Bear Lake**Curves - 5109**

42124 Big Bear Blvd Ste B
(909) 866-7272

Mountain Fitness Center

42007 Fox Farm Rd
(909) 866-7020

Wolf Total Fitness

42169 Big Bear Blvd Ste B
(909) 866-5300

Cedar Glen**Bullworx Fitness**

29001 Oak Terrace
(909) 744-9105

Chino**24 Hour Fitness - Club 134**

5420 Philadelphia St
(909) 590-4454

SILVER&FIT PROVIDER LISTING

San Bernardino County

San Bernardino County

Curves - 503

5370 Schaefer Ave Ste I
(909) 364-8229

Chino Hills

24 Hour Fitness - Club 180

4200 Chino Hills Pkwy Ste 780
(909) 393-0724

Curves - 4904

14676 Pipeline Ave Ste M
(909) 606-1590

Colton

Curves - 4556

1270 E Washington St Ste A24
(909) 370-3223

Fontana

24 Hour Fitness - Club 907

15310 Summit Ave
(909) 463-9520

24 Hour Fitness - Club 923

17204 Slover Ave
(909) 357-2000

Curves - 10836

17284 Foothill Blvd Ste E
(909) 574-0121

Jazzercise

7350 W Liberty Pkwy
(909) 428-8820

Helendale

Curves - 12447

26734 Jordan Rd Ste B1
(760) 955-8900

Hesperia

Anytime Fitness - 2288

13312 Ranchero Rd
(760) 981-4085

Jazzercise Center of the High Desert

10232 I Ave Ste 3
(760) 662-5756

Highland

Fitness 19

7354 Stoney Creek Dr Ste 1
(909) 425-1919

Lake Arrowhead

Curves - 3803

402 S Grass Valley Rd
(909) 336-0111

Valencia Boxing Camp

480 Cottage Grove Rd
(323) 394-2459

Montclair

24 Hour Fitness - Club 901

9790 Central Ave
(909) 621-5424

Curves - 2976

5640 Moreno St Ste C
(909) 920-9632

Ontario

24 Hour Fitness - Club 920

2580 S Archibald Ave
(909) 218-3885

Phelan

Galaxy Fitness

4371 Phelan Rd
(760) 868-6398

Rancho Cucamonga

24 Hour Fitness - Club 197

11787 Foothill Blvd
(909) 944-1000

Anytime Fitness - Rancho Cucamonga

7890 Haven Ave Ste 22
(909) 484-6880

Curves - 10198

11460 Kenyon Way Ste 106
(909) 941-3739

Curves - 6500

8029 Archibald Ave
(909) 948-5953

Fitness 19

72210 Haven Ave
(909) 481-1919
7945 Vineyard Ave
(909) 484-1919

Jazzercise

9059 San Bernardino Rd
(909) 238-2269

Rancho Physical Therapy

11276 5th St Ste 400
(909) 481-0437

Redlands

24 Hour Fitness - Club 147

700 E Redlands Blvd Ste AA
(909) 798-7777

Anytime Fitness - Redlands

500 N Orange St
(909) 798-5000

Curves - 211

461 Tennessee St Ste C
(909) 793-1200

Jazzercise

310 Alabama St Ste J & K
(951) 205-3993

Rialto

Anytime Fitness - Rialto

1154 N Riverside Ave
(909) 874-1600

Fitness 19

2019 N Riverside Ave Ste 7
(909) 421-1919

Running Springs

Power Source Gym and Training Center

31984 Hilltop Blvd Ste B
(909) 867-2998

San Bernardino

24 Hour Fitness - Club 133

295 E Caroline St
(909) 370-1111

Ladies Workout Express

5250 University Pkwy Ste B & C
(909) 473-7373

Planet Fitness - San Bernardino

2041 E Highland Ave
(909) 863-0718

Twentynine Palms**29 Palms Family Fitness**

73782 Two Mile Rd
(760) 361-8010

Curves - 5333

73471 29 Palms Hwy
(760) 361-3065

Upland**24 Hour Fitness - Club 165**

685 W Foothill Blvd
(909) 949-2422

Crunch

380 S Mountain Ave
(909) 931-0303

Victorville**24 Hour Fitness - Club 168**

16200 Bear Valley Rd
(760) 955-2200

Anytime Fitness

15095 Amargosa Rd Ste 210
(760) 843-7773

Anytime Fitness - Victorville

12044 Dunia Rd
(760) 947-8900

Caliber Fitness

15610 Bear Valley Rd Ste 103
(760) 843-6788

Fitness 19

13605 C Bear Valley Rd
(760) 244-2219

Yucaipa**Curves - 3889**

34366 Yucaipa Blvd Ste D
(909) 790-2744

Jazzercise

34900 Oak Glen Rd
(951) 205-3933

Powerhouse Gym

35120 Yucaipa Blvd
(909) 790-3539

Reps For Life

33492 Oak Glen Rd Ste A
(909) 797-6900

Yucca Valley**Five Star Fitness & Gym**

57725 29 Palms Hwy
(760) 228-9100

Morongo Basin Senior Support Center

57121 Sunnyslope Dr
(760) 365-9661

San Diego County**Bonsall****Curves - 10883**

5525 Mission Rd Ste A
(760) 945-3536

Carlsbad**24 Hour Fitness - Club 024**

1265 Laurel Tree Ln
(760) 602-5001

Curves - 822

5670 El Camino Real Ste J
(760) 930-0154

Jazzercise - Corporate

2460 Impala Dr
(760) 476-1750

Purefitness - Carlsbad

6215 El Camino Real
(760) 603-9190

Chula Vista**24 Hour Fitness - Club 102**

1660 Broadway
(619) 425-6600

24 Hour Fitness - Club 71

320 3rd Ave Ste B
(619) 427-2424

24 Hour Fitness - Club 84

870 Amena Ct
(619) 656-0018

Curves - 1906

1392 E Palomar St Ste 404
(619) 421-3333

Coronado**Jazzercise**

1845 Strand Way
(619) 435-1172

El Cajon**24 Hour Fitness - Club 880**

198 W Main St
(619) 442-0293

Optimum Condition

1069 Graves Ave Ste 104
(619) 252-4993

Encinitas**24 Hour Fitness - Club 114**

455 Santa Fe Dr
(760) 634-2760

Jazzercise

2300 Mountain Vista Dr
(760) 845-5769
1140 Oakcrest Park Dr
(858) 735-2714

Escondido**24 Hour Fitness - Club 859**

1529 E Valley Pkwy
(760) 705-3096

24 Hour Fitness - Club 95

400 La Terraza Blvd
(760) 233-1024

Curves - 6238

2441 S Centre City Pkwy
(760) 738-1250

Fitness Unlimited 2

2500 S Escondido Blvd
(760) 317-9350

Jazzercise

410 W Felicita Ave Ste K
(760) 730-1998

Snap Fitness - Club 525

2355 E Valley Pkwy
(760) 746-7627

Fallbrook**Rancho Physical Therapy Inc**

521 E Elder St Ste 106
(760) 723-8337

SILVER&FIT PROVIDER LISTING

San Diego County

San Diego County

La Jolla

24 Hour Fitness - Club 167

7680 Girard Ave Ste 200
(868) 551-7800

La Mesa

24 Hour Fitness - Club 101

7450 University Ave
(619) 697-1212

24 Hour Fitness - Club 178

5601 Grossmont Center Dr
(619) 667-7607

24 Hour Fitness - Club 60

3633 Avocado Blvd
(619) 660-5024

Curves - 6943

8677 La Mesa Blvd
(619) 462-0028

Lakeside

Curves - 2726

9775 Maine Ave
(619) 443-5660

Oceanside

24 Hour Fitness - Club 107

2213 S El Camino Real
(760) 439-4404

24 Hour Fitness - Club 80

4655 Frazee Rd
(760) 757-3712

Curves - 11429

3881 Mission Ave Ste C1
(760) 721-9911

Healing Crown 2 Toe Studio

2101 El Camino Real Ste 204
(760) 419-4874

Jazzercise Fitness Center

2677B Vista Way
(760) 602-7166

Poway

Anytime Fitness - Poway

12222 Poway Rd Ste 7
(858) 842-2222

Jazzercise Poway Fitness Center

13382 Poway Rd
(858) 486-5463

Purple Lotus Fitness & Wellness

13625 Adrian St
(858) 486-5563
14005 Midland Rd Ste B
(858) 486-5563

Ramona

Fitness Xpress for Women

1520 Main St Ste B
(760) 870-4580

Jazzercise

25386 Pappas Rd
(760) 789-0960

San Diego

24 Hour Fitness - Club 103

3675 Midway Dr
(619) 224-2902

24 Hour Fitness - Club 109

5885 Rancho Mission Rd
(619) 281-5543

24 Hour Fitness - Club 160

17170 Bernardo Center Dr
(858) 485-7177

24 Hour Fitness - Club 191

10025 Carmel Mountain Rd
(858) 538-4400

24 Hour Fitness - Club 57

6348 College Grove Way
(619) 229-6112

24 Hour Fitness - Club 59

1 Horton Plz
(619) 232-4024

24 Hour Fitness - Club 65

909 Garnet Ave
(858) 270-6024

24 Hour Fitness - Club 67

1640 Camino Del Rio N Ste 315
(619) 294-2424

24 Hour Fitness - Club 872

4345 Imperial Ave
(619) 684-7649

24 Hour Fitness - Club 888

4425 La Jolla Village Dr
(858) 457-3930

24 Hour Fitness - Club 892

7715 Balboa Ave
(858) 292-7079

24 Hour Fitness - Club 90

3965 5th Ave Ste 100
(619) 683-2424

24 Hour Fitness - Club 94

9550 Miramar Rd
(858) 693-3500

Curves - 10252

3611 Adams Ave
(619) 255-4105

Curves - 12049

10855 Sorrento Valley Rd Ste 8
(858) 259-5588

Curves - 12386

10615 Tierrasanta Blvd Ste B
(858) 496-1194

Curves - 4185

4340 Genesee Ave Ste 205
(858) 430-1010

Curves - 4605

9932 Mercy Rd Ste 106
(858) 536-4110

Curves - 4640

3960 W Point Loma Blvd Ste C
(619) 222-8555

Curves - 7974

2939 Alta View Dr Ste I
(619) 479-1400

Curves - 9405

5010 Cass St Ste H
(858) 581-3330

Curves - 9414

6784 El Cajon Blvd Ste C
(619) 469-0028

Fitness West

1880 Garnet Ave
(858) 272-9378

San Francisco County

San Joaquin County

Jazzercise

5050 Soledad Rd
(973) 460-1059
11722 Sorrento Valley Rd Ste E
(858) 735-2714
7849 Tommy Dr
(619) 582-0074
1880 Garnet Ave
(973) 460-1059

LiveWell San Diego

4425 Bannock Ave
(858) 483-5100

Personally Fit

16680 W Bernardo Dr
(858) 485-6706

San Marcos**24 Hour Fitness - Club 181**

641 S Rancho Santa Fe Rd
(760) 591-7700

Jazzercise

111 Richmar Ave
(760) 475-7426

Santee**24 Hour Fitness - Club 104**

9906 Mission Gorge Rd
(619) 258-3658

Curves - 12752

7973 Mission Gorge Rd Ste A & B
(619) 596-1165

Solana Beach**24 Hour Fitness - Club 174**

975 Lomas Santa Fe Dr Ste A-C
(858) 523-9060

Jazzercise

533 Lomas Santa Fe Dr
(858) 735-2714

Valley Center**Adams Community Park Pool**

28751 Cole Grade Rd
(760) 749-8852

Vista**24 Hour Fitness - Club 868**

324 Sycamore Ave
(760) 666-6077

Jazzercise

1910 Shadowridge Dr
(760) 727-1001

Jazzercise - Vista Jazzercise Fitness Center

1260 E Vista Way
(760) 805-1800

Snap Fitness - Club 363

950 E Vista Way
(760) 758-7627

San Francisco County**San Francisco****24 Hour Fitness - Club 435**

45 Montgomery St
(415) 623-2424

24 Hour Fitness - Club 502

1200 Van Ness Ave
(415) 776-2200

24 Hour Fitness - Club 518

303 2nd St
(415) 543-7808

24 Hour Fitness - Club 519

350 Bay St
(415) 395-9595

24 Hour Fitness - Club 521

100 California St
(415) 434-5080

24 Hour Fitness - Club 539

1850 Ocean Ave
(415) 334-1400

24 Hour Fitness - Club 545

1645 Bryant St
(415) 437-4188

24 Hour Fitness - Club 547

2145 Market St
(415) 864-0822

24 Hour Fitness - Club 701

3800 24th St Ste 2
(415) 642-2424

Bally Total Fitness-60810

3951 Alemany Blvd
(650) 985-2400

Curves - 5038

608 Portola Dr
(415) 759-9103

Curves - 9370

432 Clement St
(415) 933-6693

Krav Maga of San Francisco

1455 Bush St
(415) 921-0612

San Francisco Senior Center

890 Beach St
(415) 775-1866

World Gym Showplace Square

290 De Haro St
(415) 703-9650

San Joaquin County**Lodi****Curves - 2364**

400 E Kettleman Ln Ste 11
(209) 333-1700

Fitness Pro - Lodi

1110 W Kettleman Ln Ste 11
(209) 369-9999

Fitness System Lodi

512 N Cherokee Ln
(209) 366-2800

Manteca**24 Hour Fitness - Club 535**

1090 N Main St
(209) 825-4141

Curves - 2354

1449 Historical Plaza Way
(209) 824-2070

Ripon**Ripon 24-7 Fitness**

596 N Wilms Ave
(209) 599-2220

Stockton**24 Hour Fitness - Club 557**

3137 W Benjamin Holt Dr
(209) 951-5999

SILVER&FIT PROVIDER LISTING

San Mateo County

Curves - 1329

1730 W Hammer Ln
(209) 957-3898

Curves - 5756

4343 Pacific Ave Ste A5
(209) 957-2099

Fitness Evolution

1822 E Hammer Ln
(209) 474-0348
4950 Claremont Ave
(209) 473-4880

Tracy

Curves - 730

2513 N Tracy Blvd
(209) 834-2424

Wellness Chiropractic Center

227 E 11th St
(209) 830-1799

San Mateo County

Daly City

24 Hour Fitness - Club 507

373 Gellert Blvd
(650) 756-3303

Snap Fitness - 1465

6403 Mission St
(650) 993-8224

Half Moon Bay

Curves - 1170

101 Main St Ste B
(650) 726-1986

Snap Fitness - Club 1089

20 Stone Pine Rd
(650) 726-4600

Menlo Park

Jazzercise

800 Middle Ave
(650) 703-1263

Millbrae

24 Hour Fitness - Club 805

979 Broadway
(650) 651-1003

Jazzercise

477 Lincoln Cir
(650) 570-4349

Pacifica

24 Hour Fitness - Club 487

555 Oceana Blvd
(650) 738-7824

Curves - 830

1033 Terra Nova Blvd
(650) 738-0400

Redwood City

Jazzercise

1120 Roosevelt Ave
(650) 367-9566

Snap Fitness - Club 396

3209 Oak Knoll Dr
(650) 365-7627

San Carlos

24 Hour Fitness - Club 595

1650 Industrial Rd
(650) 595-3000

Curves - 2960

1313 Laurel St Ste 100
(650) 631-1900

San Mateo

24 Hour Fitness - Club 503

500 S El Camino Real
(650) 343-7922

24 Hour Fitness - Club 813

93 Bovet Rd
(650) 653-2046

Snap Fitness - Club 603

1232 W Hillsdale Blvd
(650) 393-5625

South San Francisco

Physique Magnifique Fitness Academy

387 Grand Ave
(650) 583-8648

Santa Barbara County

Buellton

Curves - 5737

240 E Highway 246
(805) 691-9427

Lompoc

Curves - 1292

1022 North H St
(805) 740-0500

Walnut Pier Health Club

803 E Walnut Ave
(805) 736-3493

Santa Barbara

24 Hour Fitness - Club 54

820 State St
(805) 899-4008

Curves - 6832

185 S Patterson Ave Ste F
(805) 692-5399

Fisher Strength and Health

209 Gray Ave
(805) 963-3439

Santa Maria

Anytime Fitness - Orcutt

153 E Clark Ave
(805) 938-1300

Curves - 4125

1157 E Clark Ave Ste I
(805) 938-5511

Curves - 5666

727 E Main St
(805) 922-1343

Santa Clara County

Campbell

Jazzercise

440 Marathon Dr
(408) 999-0269

Cupertino

Curves - 1804

10457 S De Anza Blvd
(408) 257-2878

Gilroy**Anytime Fitness - Gilroy**

755 1st St
(408) 846-4222

Curves - 12377

7901 Westwood Dr Ste J
(408) 846-9617

Gilroy Health & Fitness

8540 Church St
(408) 848-1234

Home Run Personal Training

6371 Raspberry Ct
(408) 981-1566

Snap Fitness - Club 713

8050 Santa Teresa Blvd
(408) 848-8701

Los Altos**Curves - 5450**

2310 Homestead Rd Ste F-1
(408) 730-1600

Jazzercise

1 N San Antonio Rd
(408) 773-8660

Snap Fitness - Club 1208

955 Fremont Ave
(650) 948-5500

Milpitas**24 Hour Fitness - Club 601**

301 Jacklin Rd
(408) 586-0524

Curves - 2575

623 S Main St
(408) 942-5050

NorCal Fitness Center

271 Houret Dr
(408) 413-0800

Morgan Hill**24 Hour Fitness - Club 533**

850 Tennant Sta
(408) 779-5555

Anytime Fitness - Morgan Hill

795 Cochrane Rd
(408) 776-8980

Mountain View**24 Hour Fitness - Club 513**

550 Showers Dr
(650) 941-2268

24 Hour Fitness - Club 814

2535 California St
(650) 941-2268

San Jose**24 Hour Fitness - Club 497**

6223 Santa Teresa Blvd
(408) 225-4024

24 Hour Fitness - Club 504

1825 Hillsdale Ave Ste A
(408) 723-2639

24 Hour Fitness - Club 505

375A N Capitol Ave
(408) 923-2639

24 Hour Fitness - Club 544

1531 Parkmoor Ave
(408) 295-6666

24 Hour Fitness - Club 810

2306 Almaden Rd
(408) 513-3398

24 Hour Fitness - Club 811

1610 Crane Ct
(408) 490-3019

Bally Total Fitness-60804

1570 Hamilton Ave
(408) 267-1900

Bally Total Fitness-60807

2920 Aborn Square Rd
(408) 223-4411

Bally Total Fitness-60809

150 S 1st St Ste 119
(408) 924-0500

Curves - 11218

705 Capitol Expressway Ste 30
(408) 265-6600

Curves - 1154

1333 Piedmont Rd Ste 108
(408) 258-8877

Curves - 11998

2990 Union Ave
(408) 371-8400

Curves - 1236

4868 San Felipe Rd Ste 110
(408) 532-8844

Curves - 2398

4701 Hamilton Ave Ste 705
(408) 370-0271

Curves - 2406

6055 Meridian Ave Ste 170
(408) 927-0012

Curves - 380

7124 Santa Teresa Blvd
(408) 227-3600

Jazzercise

5301 McKee Rd
(408) 802-6104
1088 Blossom Hill Rd
(408) 999-0269

1919 Gunston Way

(408) 999-0269

1377 Piedmont Rd

(408) 802-6104

2650 Aborn Rd

(408) 802-6104

Master of Fitness

5071 Yorkton Way
(408) 761-8076

Snap Fitness - Club 278

410 W Capitol Expy
(408) 363-8018

Veronica's Art of Dance

860 S Winchester Blvd Ste C
(408) 600-5107

Santa Clara**Anytime Fitness - Santa Clara**

2718 Homestead Rd
(408) 244-2884

Curves - 9013

1092 Kiely Blvd
(408) 260-9100

Jazzercise

1840 Benton St
(408) 559-1236

Sherris Gym & Fitness Center

1274 Benton St
(408) 249-0658

Snap Fitness - Club 531

60 N Winchester Blvd
(408) 260-1111

SILVER&FIT PROVIDER LISTING

Santa Cruz County

Sonoma County

Sunnyvale

24 Hour Fitness - Club 506

150 E Fremont Ave
(408) 737-8600

24 Hour Fitness - Club 594

1211 E Arques Ave
(408) 749-0300

24 Hour Fitness - Club 887

762 Sunnyvale Saratoga Rd
(408) 220-6588

Jazzercise

458 E El Camino Real
(408) 773-8660

Lady Circuit 30 Minute Fitness

1320 South Mary Ave
(408) 524-0600

Santa Cruz County

Aptos

Curves - 5771

7000 Soquel Dr Ste 1&2
(831) 688-2348

Santa Cruz

24 Hour Fitness - Club 517

1261 Soquel Ave
(831) 454-0333

Curves - 8097

2724 Soquel Ave Ste D
(831) 465-8228

Watsonville

Curves - 8363

1058 S Green Valley Rd
(831) 724-0900

Solano County

Benicia

Benicia Jazzercise

378 Military E
(707) 748-0827

Curves - 7291

2038 Columbus Pkwy
(707) 745-2150

Dixon

Anytime Fitness - Dixon

1900 N Lincoln St
(707) 693-9500

Curves - 9767

1910 N Lincoln Ste 104
(707) 678-4200

Fairfield

24 Hour Fitness - Club 803

1519 Gateway Blvd
(707) 421-7247

Suisun City

Curves - 12794

110 Railroad Ave
(707) 434-1555

The Salvation Army

586 E Wigeon Way
(707) 439-7880

Vacaville

Fitness 19

70 Peabody Rd
(707) 447-1919

Gold's Gym - Vacaville

201 Main St
(707) 447-4653

Vallejo

24 Hour Fitness - Club 515

4300 Sonoma Blvd Ste 408
(707) 558-8085

Florence Douglas Senior Center

333 Amador St
(707) 554-4292

Sonoma County

Cloverdale

Anytime Fitness - Cloverdale

792 S Cloverdale Blvd
(707) 484-7004

Curves - 4707

115 E 2nd St
(707) 894-4488

Cotati

Energy Health Clubs

682 E Cotati Ave
(707) 795-0400

Petaluma

24 Hour Fitness - Club 577

6 Petaluma Blvd N
(707) 789-9050

Anytime Fitness - Petaluma

2620 Lakeville Hwy
(707) 779-2155

Inspired Fitness Training Center

1310 Casa Grande Rd
(707) 778-8889

Rohnert Park

24 Hour Fitness - Club 815 RR

6345 Commerce Blvd
(707) 536-0048

Anytime Fitness - Rohnert Park

939 Golf Course Dr
(707) 585-8795

Santa Rosa

24 Hour Fitness - Club 510

3550 Industrial Dr
(707) 542-9600

Anytime Fitness - Santa Rosa

490 Larkfield Center
(707) 578-4900

2350 Santa Rosa Ave
(707) 542-6500

Anytime Fitness - Windsor

6422 Old Redwood Hwy
(707) 535-6444

Curves - 3600

760 Village Ct
(707) 526-7070

Curves - 5600

740 Montecito Ctr
(707) 537-9090

Full Circuit Fitness

3401 Cleveland Ave Ste 7
(707) 569-0192

Stanislaus County

Yolo County

La Cantera Racquet & Swim

3737 Montgomery Dr
(707) 544-9494

Sebastopol**Sue's Circuit**

775 Gravenstein Hwy S
(707) 823-8111

Sonoma**Anytime Fitness - Sonoma**

500 W Napa St
(707) 938-7154

Curves - 731

250 W Napa St
(707) 933-3030

Windsor**Curves - 4143**

9025 Old Redwood Hwy Ste F
(707) 838-8070

Energy Health Clubs

8465 Old Redwood Hwy
(707) 837-0400

Stanislaus County**Ceres****Curves - 4004**

2517 Mitchell Rd Ste A
(209) 538-1515

Modesto**Curves - 13252**

2307 Oakdale Rd Ste 601
(209) 549-7655

Curves - 1340

803 W Roseburg Ave
(209) 238-3271

Curves - 9493

2100 Standiford Ave Ste E7
(209) 524-1052

Fitness Evolution

4120 Dale Rd Ste G
(209) 578-2887

Modesto Court Room Fitness Center

2012 McHenry Ave
(209) 577-1060

Slender Xpress

3900 Pelandale Ave
(209) 545-8600

Oakdale**Curves - 12545**

111 N 3rd Ave
(209) 845-0553

Fitness Evolution

1275 E F St Ste 1
(209) 848-0348

Patterson**Anytime Fitness - Patterson**

1075 Sperry Ave
(209) 892-4348

Riverbank**Fitness Evolution**

2210 Patterson Rd
(209) 527-3041

Salida**Curves - 3072**

5301 Pirrone Rd Ste B
(209) 543-9353

Turlock**Curves - 12082**

1674 Fulkerth Rd
(209) 632-7303

Waterford**Curves - 9163**

216 F St
(209) 390-8796

Yolo County**Davis****Davis Swim & Fitness**

303 Ensenada Dr
(530) 753-5683

West Sacramento**Curves - 1469**

2050 Town Center Plz Ste B160
(916) 371-5000

Fitness System

2531 Evergreen Ave
(916) 361-7900

West Sacramento Community Center

1075 W Capitol Ave
(916) 617-5320

West Sacramento Recreation Center

2801 Jefferson Blvd
(916) 617-4770

Winters**Anytime Fitness - Winters**

113 Main St
(530) 795-4444

Woodland**Cross Court Athletic Club**

433 W Cross St
(530) 666-1319

Fitness 19

441 Pioneer Ave Ste C
(530) 406-1919

Knockoutz Fitness Center

36 Main St
(530) 662-0999

Oasis Club and Spa for Women

1317 College St
(530) 662-4444

YMCA Wellness Center

2001 East St
(530) 666-9623

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