## **Release and Waiver of Liability and Indemnity Agreement**

Parent(s) Signature\_\_\_\_\_\_Date\_\_\_\_

Player Signature\_\_\_\_\_

(Please sign and mail in with registration on other side)

## **Thursday Night**



Portland, Maine

**10 Weeks on Thursdays** 

**Summer Power Skating** 

June 27<sup>th</sup> – August 29<sup>th</sup> (No July 4th)

U-14 Players Min 1 year experience

**Portland Ice Arena** 

7:00 - 8:00 PM

Contact:
Heidi Topchik
510-1273
heiditopchik@gmail.com



Portland Mains

## Thursday Night Girls Hockey Summer 2013

Join us for a fun summer program of 10 weeks of skating fundamentals and hockey. Keep your skating skills sharp by staying on the ice this summer once a week. Summer ice time is a perfect way to develop skills and your love of the game.

Experienced USA Hockey coaches **Bob Mills** and **Mark Snyder** will focus on power skating techniques, proper positioning and gamestrategies. Bob is the head coach of the Cape Elizabeth/Waynflete girls Varsity team. Bob has coached at various levels for 24 years and is an experienced *goalie* coach. Mark is also a veteran girls hockey coach with Casco Bay, Huskies and Scarborough Middle School.

Attention will be paid to individual skill-building and team play. Goalies will work separately with Bob Mills.

Evenings will include skating drills, puck work, shooting, cross-ice play and full ice scrimmages.

Contact **Heidi Topchik**, program coordinator **510-1273 heiditopchik@gmail.com** 

## **Registration Form** First Name: Last Name: Age: \_\_\_\_\_\_ DOB: \_\_\_\_\_ Grade: \_\_\_\_\_ School: \_\_\_\_\_ Address: \_\_\_\_\_ Zip: Parent Name: \_\_\_\_\_ Last Name: \_\_\_\_ Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Emergency: \_\_\_\_\_\_ Phone: \_\_\_\_\_ Physician Name \_\_\_\_\_\_Phone \_\_\_\_\_\_Hospital \_\_\_\_\_ Player Experience: # years\_\_\_\_\_\_Teams: Level: Beginner \_\_\_\_\_ House \_\_\_\_\_ Travel \_\_\_\_\_ Middle School \_\_\_\_\_ Positions: Forward \_\_\_\_\_ Defense \_\_\_\_ Goalie \_\_\_\_\_ **Cost: \$175** includes 9 hours of on-ice skill building/scrimmages **Goalies: Reduced** registration fees Payment: Checks made out to Heidi Topchik and mailed to Heidi Topchik c/o "Thursday Night Girls Hockey Program" mailed to: 3 Rays Circle, Scarborough, ME 04074 **Registration:** Confirmation of payment will be acknowledged via email. Thursday Night GIRLS HOCKEY