

## Using the BSA Health Form

All Scouting events use the BSA Annual Health and Medical Record form. This form replaces the variety of health forms used at different events throughout the year and applies to both youth and adults. What this means is that the health form needs to be completed once each year and then a copy can be submitted for each event.

The health form is divided into three sections. Part A is a basic health and medical record that includes personal identification, emergency contacts, medical history, immunizations, and medications. Part B covers the legal details regarding informed consent and permission to use photographs of events in promotional materials. Part C is to be filled out by a physician and requires an annual physical. There are also height and weight limits listed for high-adventure activities and events more than 30 minutes from emergency transportation. None of the Cub camps have these restrictions.

For Cub camps in the Prairielands Council, Parts A and B must be submitted for Day Camp. For Adventure Camp, Part C must also be submitted. What this means is that if a boy is only attending Day Camp or a parent is only serving as a walker at Day Camp, they do not need to get a physical. It also means that everyone attending Adventure Camp must have a physical within the last year. The form provided on the Cub Camp Promotion Disk this year is a PDF form that can be filled out on the computer and saved. For those attending Adventure Camp, Part C should be printed out and taken to the doctor performing the physical examination.

**Health forms for Day Camp should be turned in with the registration forms at the Scout office, while those for Adventure Camp should be brought to Camp Drake to be checked on arrival.**