

# ABC (Antecedent-Behavior-Consequence) Chart

To record baseline information for incongruent, challenging or problematic behaviors\*

Name: \_\_\_\_\_

DOB \_\_\_\_/\_\_\_\_/\_\_\_\_

## Example

<b>Date</b> Feb 6/10	John's mother was in hospital with broken hip and could not visit.	John was eating supper in kitchen when another resident bumped into him when passing food.	John started to yell and threw his plate across the table. He ran out of room, screamed for 10 minutes and threw cushions around living room. The intensity was 4/5.	Staff tried to direct John to his room for a time-out, but he became more agitated. They also tried to distract him with ice cream but were unsuccessful. They directed other residents to leave the room.
<b>Time</b> 6:30-7:10 pm	John had a toothache. John's usual primary staff member was on vacation.			John began to hit staff when they approached him. Staff observed him from a distance, gave him time and reduced stimuli, and he calmed down in about 30 min.
<b>Observer</b> Rene – primary staff member				

Occasion	Pre-existing conditions	Antecedent	Behavior	Consequence
Date Time Observer	Factors that increase vulnerability or sensitivity to triggers	What happened just before the behavior occurred and might have triggered it?  Include SETTING & ACTIVITY	Describe the behavior as accurately and specifically as possible. Include <u>frequency</u> , <u>duration</u> , and <u>intensity on a scale of 1 to 5 (5 is most severe)</u> .	Things that happened immediately after the behavior occurred, and make it more or less likely to happen again
<b>Date</b>				
<b>Time</b>				
<b>Observer</b>				
<b>Date</b>				
<b>Time</b>				
<b>Observer</b>				
<b>Date</b>				
<b>Time</b>				
<b>Observer</b>				

\*Adapted from the PEATNI organization with input from **Caroll Drummond**, behavior therapist, Surrey Place Centre