

# **Hospice Education - Aide Resource Teleconferences**

The California Hospice & Palliative Care Association (CHAPCA), in partnership with the Association for Home & Hospice Care of North Carolina, is proud to present this teleconference series for your hospice aides and volunteers. CHAPCA recorded each 2012 teleconference onto a CD, and the purchase includes all training materials. You can even purchase CE credit!

## **♥** Top 10 Resolutions for Excellence in Aide Performance – January 10, 2012

We all know that the first of the year many people make resolutions to improve some aspect of their lives. In this hour, we will talk about 10 resolutions that might help you improve or maintain excellence in your work area. The information will include performance standards, safety and health.

## **♥** The Meaning of Caring—February 14, 2012

There may be many definitions of caring. In this presentation, we will explore the meaning of caring as it relates to end of life and the importance of demonstrating that caring attitude toward the dying patient. We will discuss actions/behaviors that are symbolic of caring. And we can't forget the challenges we may have with that difficult patient and our ability to still deliver quality care that carries with it that caring approach. We'll include some helpful tips too.

# **♥** Caring for the Stroke Patient in Hospice – March 13, 2012

The stroke patient and family may present us with many challenges during the end of life period. This presentation will focus on some of the challenges we face as Hospice Aides when dealing with the stroke patient. We will have case scenarios related to some of the situations you may encounter in your work and talk about strategies that may be helpful.

# **♥**What is QAPI and Why Should I Care About It? – April 10, 2012

When seeing these letters QAPI, we may wonder what does this have to do with my job responsibilities. This presentation will explain what QAPI is, why we have it and the role of the Hospice Aide in meeting the requirements of an effective program.

# ♥Skin Care and Its Importance to the Hospice Patient – May 8, 2012

When we think of Hospice, we think of comfort. Providing appropriate skin care for our patients is one of the most important parts of our job. Just the least amount of skin irritation can cause discomfort for our patients. This presentation will review basic skin care measures, the benefits of proper skin care and the consequences of the lack of skin care.

# **♥**Understanding Dementia/Alzheimer's Disease – June 12, 2012

The number of dementia patients being admitted to Hospice is gradually increasing. Dementia/Alzheimer's patients can sometimes be a challenge for the caregiver as well as the Hospice staff. This presentation will describe dementia and Alzheimer's disease and will identify the stages and what you might see in the various stages of the disease process. We will also learn helpful measures to aid you in working with these patients and families.

# **♥**Providing Care for the Patient with Heart Disease in Hospice – July 10, 2012 (Available only in CD format)

Not only is heart disease the leading cause of death in the United States, it is the leading non-cancer diagnosis among hospice patients at 14.3 percent of hospice patients, according to the latest statistics from NHPCO. This presentation will describe various types of heart disease and interventions that can promote comfort and quality of life for our hospice patients. It will also familiarize you with common symptoms to be aware of when caring for patients with heart disease and appropriate intervention.

### **VEnd Stage Pulmonary Disease** − August 14, 2012

Lung disease is one of the top four non-cancer diagnoses that we care for in our hospice population. This presentation will discuss different diagnoses you may see, the symptoms that may be encountered and their management. We will also discuss the emotional component in dealing with pulmonary disease.

### **VEnd Stage Liver Disease** − September 11, 2012

End stage liver disease is an irreversible condition that may be the result of other liver diseases. We will discuss symptoms of end stage liver disease and management of those symptoms. Family support and measures to help the family manage the symptoms will also be presented.

### **♥**Failure to Thrive in the Hospice Patient – October 2, 2012

The incidence of failure to thrive increases as our patients age and disease progresses. Indications of failure to thrive are severe weight loss, decreased appetite, poor nutrition and decreased activity. Learning to support the family as they watch their family member's health and quality of life diminish is a necessary part of the hospice staff's responsibility in caring for the hospice patient. Knowledge may be gained from this presentation to help you support the patient and family.

### **VUsing Assistive Devices in the Home** − November 8, 2012

Many Hospice patients begin to experience decline and deterioration of their physical abilities. As this process begins, patients may need to rely more on adaptive equipment they have or need other equipment to aid them in maintaining their independence and safety in their home. Knowing the basic information related to the various equipment that you may find in the home combined with the knowledge of other equipment that may be available can assist your delivery of quality care to your patients. (Presenter: Dave Tushar, PT)

# **♥**Is Humor Okay in the Hospice Setting??- December 11, 2012

We've all probably heard the saying, "Humor is good for the soul." We will explore this saying and discuss it. This presentation will also give some pros and cons as well addressing when humor may be appropriate in the hospice setting.

Presenter: **Cindy R. Morgan, RN, MSN, CHC**. Cindy is a certified trainer in coaching supervision and has worked in various director level positions in home care and hospice. Her background is in education and staff development. She has been a past Board member of the NC Center for Nursing.

# **SELECT YOUR CHOICE BELOW:**

<ul> <li>□ Top 10 Resolutions for Excellence in Aide Performance – January 10, 2012</li> <li>□ The Meaning of Caring – February 14, 2012</li> <li>□ Caring for the Stroke Patient in Hospice – March 13, 2012</li> <li>□ What is QAPI and Why Should I Care About It? – April 10, 2012</li> <li>□ Skin Care and Its Importance to the Hospice Patient – May 8, 2012</li> <li>□ Understanding Dementia/Alzheimer's Disease – June 12, 2012</li> <li>□ Providing Care for the Hospice Patient with Heart Disease – July 10, 2012</li> <li>□ End Stage Pulmonary Disease – August 14, 2012</li> <li>□ End Stage Liver Disease – September 11, 2012</li> <li>□ Failure to Thrive in the Hospice Patient – October 2, 2012</li> <li>□ Using Assistive Devices in the Home – November 8, 2012</li> <li>□ Is Humor Okay in the Hospice Setting? - December 11, 2012</li> </ul>	
<b>Registration:</b> CHAPCA Members: \$95 per agency Non-Members: \$190 per agency	у
All the above trainings were captured onto a CD which comes with handout materials.	
<b>CEU:</b> HHAs, CNAs & RNs may report up to one (1) hour of continuing education credit for each training participated in. A \$15 per person fee will be required for each CEU certificate requested.	
Registrations will not be accepted without payment:   CD Recording	
Agency Name:	
Agency Address:	
Contact Name:	
E-mail Address (please print):	
Phone: ( )	Fax: ( )
Payment Information: Enclosed is my check for \$	(payable to CHAPCA)
☐ Visa ☐ MasterCard	☐ American Express
Credit Card Number:	Exp Sec. Code
Name (as it appears on card):	
Address (of cardholder):	
~! · · · · · · · · · · · · · · · · · · ·	



Fax completed registrations to: (916) 925-3780 or mail this registration form along with payment to:

CHAPCA 3841 North Freeway Blvd., Suite #225 Sacramento, CA 95834

More info: CHAPCA - (916) 925-3770 or info@calhospice.org