

SEMEN ANALYSIS

Mercy Medical Center – Des Moines



YOUR PHYSICIAN HAS REQUESTED TESTS OF YOUR SEMINAL FLUID.

Before the test:

- Two to seven days of abstinence is recommended prior to specimen collection.
- If you will be collecting your specimen at home, please come to the Mercy Clinical Lab or a MCL Draw Station a day prior to collection to pick up a detergent-free, sterile specimen container.
- Or, alternatively, purchase a Male FactorPak[®] Semen Collection Device from the Mercy Medical Center Outpatient Pharmacy for approximately \$20.00. This collection device allows collection during intercourse, at home, in a way that does not violate one's religious, moral or aesthetic beliefs. Please bring your physician order to Outpatient Pharmacy to purchase the device. The Outpatient Pharmacy is located on the first floor just inside the main North entrance.

Collecting a semen specimen at home:

- Please use one of the following methods to collect the semen specimen:
 1. Wash and rinse hands and genital area. Dry thoroughly with a clean towel. Collect the entire semen sample in the sterile, detergent free specimen container obtained from MCL.
 2. Use a Male FactorPak[®] Semen Collection Device purchased from the Mercy Outpatient Pharmacy. Follow the enclosed directions carefully.

- The specimen should not be collected before 7 a.m.
- The entire specimen should be collected in the specimen container.
- Label the container with your name, date of birth, the date and time of the collection, and your physician's name.
- Place the specimen in the zip lock bag and hold the specimen close to the body to keep it at body temperature until it is delivered to the laboratory.
- Complete the attached "Semen Analysis Form".
- Specimens need to be delivered to Mercy Clinical Laboratory (MCL) within 60 minutes of collection. MCL is located on level 1 of Mercy Medical Center. From the North entrance, follow the signs to the Laboratory, once inside the Laboratory follow the signs to Specimen Processing.

Bring the following to MCL:

- Labeled specimen
- Completed Semen Analysis Form
- Physician's signed order
- Insurance cards / Photo ID
- To ensure specimens are analyzed within a timely manner, they will only be accepted between 8:00 am and noon, Monday through Thursday.
- No specimens will be accepted on Friday, Saturday, or Sunday or the day of or the day before a holiday.
- Please inform the laboratory personnel if any of the specimen was lost in the collection process.

Collecting a semen specimen at Mercy Outpatient Testing:

If you must travel longer than 60 minutes from home, specimen collection can be done at Mercy Medical Center in the Mercy Outpatient Service Center area. Please check in at the Registration area inside the West Entrance of Mercy Medical Center between 7:00 am and 11:00 am, Monday through Thursday. Please bring your insurance card and your physician's signed order.

- You will be directed to a room to ensure your complete privacy and given a sterile specimen container.
- Wash and rinse your hands and genital area. Dry thoroughly with a clean towel.
- Collect the entire semen specimen in the sterile container. Tightly close the container lid to prevent leakage.
- Label the specimen container with your name, date of birth, date and time of collection and physician's name.
- Complete the "Semen Analysis Form" attached to this brochure.
- Place the specimen and the "Semen Analysis Form" in the bag provided and return it to the Outpatient Service Center personnel.

The results of your test will be sent to your physician within two to three working days. If you have questions concerning your results, please contact your physician.

SEMEN ANALYSIS FORM

The information requested below needs to be completed in order to provide the best quality test results. Your doctor may ask you to repeat this test if the information provided affects the results.

Please complete this form and return it with your specimen.

Name: _____

Date of Birth: _____

Physician: _____

How many days did you abstain from intercourse before today's collection? _____

Please check semen collection method:

semen collected in specimen cup

Male FactorPak® Semen Collection Device

Did you use a lubricant to collect the specimen?

Yes No

If yes, please describe: _____

Did a portion of the specimen miss the container? Yes No

If yes, check appropriate response:

First part of specimen

Middle part of specimen

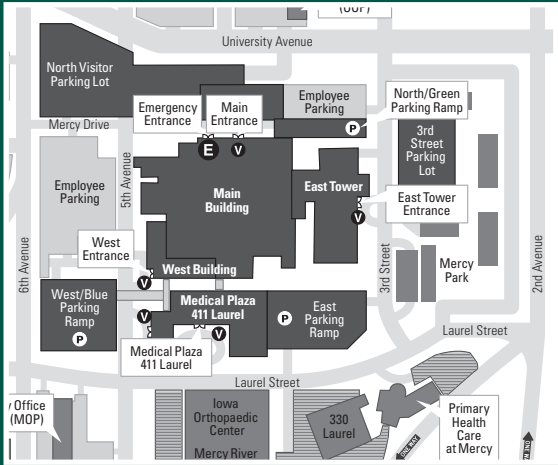
Last part of specimen

Have you had a vasectomy? Yes No

Time of collection: _____ a.m. p.m.

Date of collection: _____

**IF YOU HAVE QUESTIONS
CONCERNING YOUR SPECIMEN,
PLEASE CALL MERCY CLINICAL LAB
(MCL) CUSTOMER SERVICE
AT (515) 247-4439**



DIRECTIONS TO MCL

The Mercy Clinical Lab (MCL) is located on Level 1 of Mercy Medical Center – Des Moines' Central Campus. (1111 6th Ave., Des Moines)

Visitors may park in the North Visitor Lot (accessible from University Ave. and 6th Ave.) and enter through the Main Entrance.

To deliver a specimen to MCL, go through the Main Lobby past the Gift House & Flowers and the Outpatient Pharmacy and down the hallway to MCL.



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