# The Bear Facts



The Charlotte A. Dunning School community—encouraging active learning by recognizing and developing the unlimited potential in all

May 2012

PUBLISHED BY THE DUNNING PTO

#### MAY

- 4 Scrip Gift Card Order Form Due
- 5 Spring Fever Fun Fair, 11:00 a.m.—3:00 p.m.
- 9 PTO Meeting, 6:30 p.m., Media Center
- 10 Early release, 1:00 p.m. Teacher Appreciation Luncheon
- **18** Bear Facts Deadline
- 28 NO SCHOOL, Memorial Day

### From the Principal's Desk

"One looks back with appreciation to the brilliant teachers, but with gratitude to those who touched our human feelings. The curriculum is so much necessary raw material, but warmth is the vital element for the growing plant and for the soul of the child." ~Carl Jung

As we enter the month of May in all school communities, we immediately come upon the celebration on the calendar which has been designated as "Teacher/Staff Appreciation Week". I often find it funny that we would need a week designated to do this as I am a firm believer in the fact that this should be an ongoing, regular tradition in all schools. The staff and teachers in our building, along with your children and families, make our days tick. The clock would stop without our teachers.

There are many things that I feel thankful and appreciative for as the principal that has THE best staff that I have ever worked with. Below are just a few:

I am thankful for the many hours above and beyond our school day that our teachers give to help students for individual tutoring, clubs, and support.

I appreciate the way that the staff cares so much about our students, their colleagues, and our school community. Without this primary core value, we wouldn't be able to be where we are now.

I thank the staff for showing caring and appreciation for students whose cultures, learning styles, and needs are different from others. All students feel valued and important in our school community.

I appreciate my staff for the way they can laugh, cry, smile, and hug in any circumstances. There is no hiding behind any facades and we all know that being ourselves is okay! Our kids see the real people that we are.

Believe me, these are just a few of the MANY things that come to my mind during Teacher/Staff Appreciation week, and I would ask you to take the time to reflect upon your appreciation for the Dunning staff and how they have made a difference in the lives of your children and families. I am sure they would appreciate hearing that!

Have a lovely May!

Best regards,

Kimberly Taylor Principal (508) 626-9155 ktaylor@framingham.k12.ma.us



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#### MCAS Testing Dates for May

#### Grades 3 and 5:

Mon. 5/7 and Weds. 5/9
Mathematics

#### Grade 4:

Mon. 5/14 and Tues. 5/15 Mathematics

#### **Grade 5:**

Weds. 5/16 and Thurs. 5/17 Science Technology

#### Grades 3-5:

Fri. 5/18 and Mon. 5/21 Math and Science/ Technology Make-ups

Please encourage your child to get sufficient rest the night before any tests, to eat breakfast, and to extend their best effort. It is strongly discouraged that any appointments or trips be scheduled that may prevent your child from attending school during these times. We appreciate your support.

Also note that it is extremely important that children arrive on time to school each day as testing begins first thing in the morning. Students who are tardy will not be admitted to their classrooms after 9:05 will be scheduled to take a make-up exam.

### **PTO President's Report**

Hello from the PTO!

April was chock-full of events! Thanks to **Stephanie Nugent** for coordinating two of the fundraisers held this month- Chuck E. Cheese and Barnes & Noble. Both were fun and successful! Thank you also to **Dianne Wolpert**, our outgoing Bingo-for-Books Coordinator, and to **Deb Hurowitz**, our incoming Bingo-for-Books Coordinator, for a great time at this year's last Bingo (held on April 27<sup>th</sup>).

**Teacher Appreciation Week** is May 6-12; please say thank you to all your favorite Dunning teachers! I'm lucky to have had my kids in almost all of the classrooms, and I can honestly say, we are lucky to have such dedicated, creative teachers here at Dunning!

I hope to see everyone at the **next PTO meeting, on Wednesday, May 9**<sup>th</sup>! Please note: we will be starting it 30 minutes early (**at 6:30 p.m.**). Mrs. Taylor will be presenting the school survey results and we will also be voting for the new Executive Board officers.

The following people have been nominated for the '12-'13 Executive Board:

President: Stephanie Nugent 2<sup>nd</sup> Vice President: Jodie Simeone Treasurer: Rachael Scanlon Recording Secretary: Stephanie Ngom

We also have 2 positions available for nomination/election. If you are interested, contact me or another current Board member and we can give you more information:

**Vice-President**— primary duties include: reviewing the monthly accounts with the Treasurer; putting in permits for events held after school hours; attending a monthly E-Board meeting and the monthly PTO meetings; stepping in to run meetings if the President is unable to.

**Corresponding Secretary** – primary duties include: attending a monthly E-Board meeting and the monthly PTO meetings; copying and distributing flyers for backpacks; sending out Google emails to families.

Lastly, please note that we have moved the last PTO meeting (originally scheduled for Wednesday, June 13<sup>th</sup>) to **Tuesday, June 5<sup>th</sup>, beginning at 6:30 p.m.** 

Cheers!

Moira LaPointe PTO President moiralapointe@yahoo.com

#### A Note From The Main Office: Important Information Needed

If there are any families in Grades K-4 who know that their child or children will not be returning to Dunning School on August 29, 2012, because they are moving out of Framingham or attending private school, please notify Mrs. Heiman in the school office. Thank you for your cooperation!

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#### **News from the Library**

It was great to see so many members of the Dunning community, and your support of our school, at the Spring Fling! Thanks to the generous donations made that night, our library will soon own many more new books.

During April, we read entertaining stories that support the social studies, science, math, and language arts curricula. Ask your second, fourth or fifth grader about surprise happenings in *Tadpole's Promise*, by Jeanne Willis and *Tops & Bottoms*, by Janet Stevens. Children in grades Kindergarten and 1 enjoyed Mother Goose Nursery Rhymes. Third graders learned how standard units of measurement came to be, and "which ruler's ruler would rule!" (from *Millions to Measure*, by David M. Schwartz).

Nancy Serkez Library Assistant nserkez@framingham.k12.ma.us

# Making Reading Connections... To Real Life Situations

"The world's favorite season is the spring. All things seem possible in May."

- Edwin Way Teale

For many of us, this quote reminds us of how much progress our students have made since we started school last September. With eight months of school over, things that once seemed impossible have been mastered. Students who didn't know the alphabet are reading to their parents. Students who thought reading was boring can't be pried away from Diary of a Wimpy Kid or Horrible Harry or Time For Kids. It's a good problem to have!

The ongoing challenge for teachers is to teach the students to decode and comprehend text. The challenge for a parent is to provide a positive role model as an engaged and enthusiastic reader who makes time to read even in the midst of a busy life. In these days of heavily scheduled sports and other extracurricular activities, it may seem that there is no time for independent/practice reading at home for grade school students. However, the only way for students to become better readers is to read, read! Reading at home can come in chunks of ten or fifteen minutes two or three times a day and doesn't have to be done at a single session. One of the most important reasons to have students read for longer periods of time is to build reading stamina. For beginning readers, like beginning runners, practice sessions need to build up gradually to the desired length of time or distance. Having some regularly scheduled times each day to read will help provide the structure necessary to support both beginning and extending readers.

This month's Reading Connection talks about summer reading. We will be having a very exciting summer reading challenge that you will be hearing about soon. In the meantime, after reading these Tips for Reading Success during the summer, be sure to talk with your child's teacher about what s/he will need to do during the summer to continue to develop as a reader.

Anne Sullivan
Literacy Specialist
asullivan@framingham.k12.ma.us

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# Ongoing programs that raise money for Dunning!

# • Gift Cards (Scrip):

Purchase your gift cards from a huge selection of retailers through Dunning's Scrip program and help earn money for our school. Groupon gift cards are now available through Scrip! See the flyer and order form attached to this newsletter for more information. This month's order due date is May 4th.

# • GoodSearch & GoodShop:

Help earn money for Dunning every time you search the internet or shop online by using Goodsearch.com and Goodshop.com. Just select "Charlotte A. **Dunning Elementary** School" where it says "Who Do You Support?". There are many coupons available on the site as well. Sign up for their newsletter on the website and you will receive emails with the latest promotions.

#### Care and Share

Dunning really knows how to Care and Share!

During the month of May, we will be collecting cans of **Tuna!** 



Help teach your children learn to care about others by sending in a can (or more!) with your child.

Have a great month!

Carol Berlin
Care and Share Liaison
Fifth Grade Teacher

### **Box Tops and Labels for Education**

Congratulations to Mrs. Crosby's Room 12 and Mrs. Gazard's Room 13, our gold medalists for March. This month we got to announce the winners during Community Meeting and the entire school got to give themselves a round of applause. It's been a fabulous Box Tops and Labels for Education year and the community definitely deserves a round of applause.

Labels for Education has a great bonus offer for us this spring. If we increase our total submission by 10%, 25% or 50% over last year, we earn bonus points of 10%, 35%, or 50%. As of April 16<sup>th</sup>, we need less than 300 UPCs to earn the 35% bonus. A list of participating products is included at the back of the Bear Facts. If you buy any of the Labels for Education products, send in the full UPC (not just the point value) or the bottle cap for V-8 bottles as early as you can this month. There is a June 1 deadline and together we can earn the 35% bonus.

Dunning has earned \$1,622 from Box Tops this year. We've earned the second highest amount of all the Framingham schools and are ranked #17 in a 10-mile vicinity. We've moved up the rankings each year and my goal is to get us into the top 10 next school year. We are continuing to collect for the rest of the school year and we'll be doing summer collections too. If you want to find out more about summer specials, please join the Facebook group "Charlotte A. Dunning Box Tops and Labels for Education" Last year, there were a number of contests announced after school ended and it's an easy way for me to notify everyone of special summer contests and promotions.

Donna Taub
Box Tops for Education and Labels for Education Chair
dandetaub@hotmail.com

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#### The Editor's Corner

May is National Physical Fitness and Sports Month!

Last month, we had an incredibly warm vacation week that allowed everyone to enjoy a host of outdoor activities ranging from bike riding and canoeing to shooting hoops and kicking a ball around. Even taking walks after dinner makes for some good family time and for a hint of exercise. Eating right and getting some exercise at a younger age makes for better habits as we get older. I know we hear it every day, but it's true. Keep a lookout this month for information on Field Day 2012 at Dunning!

In the spirit of a myriad of things, I wanted to take a moment to remember a remarkable woman that I was fortunate enough to work with on the *Bear Facts* and have fun with during the 2010 Spelling Bee. It was exactly a year ago that Sarah Feather passed away after a battle of a lifetime and I am dedicating this newsletter to her, a fellow gym rat and word junkie. I would also like to give a healthy "shout out" to her amazing sons Whit and Avery, and of course, to her husband, Boston Marathon runner, Ed. Honoring and remembering Sarah this May.

Double cheers,

Jody Troderman
Bear Facts Chair
jodytroderman@verizon.net

### **Help Wanted!** ~~~

We have several open Chair and Executive Board positions for the 2012-2013 school year if you're interested in stepping up and getting involved:

#### Committee Chair openings:

- Beautification
- Book Fair
- Playground

- Creative Arts
- Hospitality
- Spirit Wear

- Square One Art
- Pasta Dinner\*

\*(Andrea Dunne-Adrian will Co-Chair this event and mentor you.)

Note that all of the above positions can have Co-Chairs.

#### **Executive Board openings:**

**Vice-President**— primary duties include: reviewing the monthly accounts with the Treasurer; putting in permits for events held after school hours; attending a monthly E-Board meeting and the monthly PTO meetings; stepping in to run meetings if the President is unable to.

**Corresponding Secretary** – primary duties include: attending a monthly E-Board meeting and the monthly PTO meetings; copying and distributing flyers for backpacks; sending out Google emails to families.

If you are interested in any of the positions above, please email PTO President Moira LaPointe at <a href="moiralapointe@yahoo.com">moiralapointe@yahoo.com</a>.

#### The Bear Facts

is published by the Charlotte A. Dunning PTO 48 Frost Street Framingham, MA 01701

Please send articles, forms, and flyers for June's Bear Facts to Susan Francis at scatterall@hotmail.com by Friday, May 18<sup>th</sup>.

Items for publication may also be placed in the *Bear Facts* mailbox in the school office; however an electronic copy is preferred.



We're on the Web!

Visit us online at: www framingham k12. ma.us/dunning.cfm

#### PTO Meeting Minutes April 11, 2012

Meeting called to order at 7:04 by Moira LaPointe, PTO President.

14 people in attendance.

Handouts: Agenda and updated budget

#### **Presidents Report:**

Four people are interested in PTO executive board positions for the 2012-2013 school year. The positions of Corresponding Secretary and Vice President are still open. If anyone is interested in a position please contact a current executive board member.

Moira LaPointe presented a motion to nominate the following individuals for next year's open board positions:

Stephanie Ngom for Recording Secretary. Mara Sherman seconded the motion.

Rachael Scanlon for Treasurer. Kathy Bush seconded the motion.

Jodie Simeone for 2<sup>nd</sup> Vice President. Mara Sherman seconded the motion.

Stephanie Nugent for President. Rachael Scanlon seconded the motion.

Next year there are committee chair openings for the following:

Beautification, Playground, Book Fair, Creative Arts, Spirit Wear and Square One Art.

In addition, our Pasta Night coordinator Andrea Dunne-Adrian would like someone to co-chair with her next year.

If anyone is interested in these open positions please contact an executive board member.

#### **Principals Report**:

The community school effectiveness survey will close this Friday, April 13<sup>th</sup>. We have 96 returns as of today and this is a 30% return. We have 492 students in the school and 396 families. The goal is for us to receive 100 returns.

Most people responded by saying "always" and "often". 75% or more stated this. For the most part responses are positive.

The most dissatisfied group with the principal is the 5<sup>th</sup> grade parents. Their feedback is generally about long term issues that have been going on. Some of the feedback states they are unhappy about student group punishments and would rather see individual punishments.

The most responses have been received by the 1<sup>st</sup> grade parents.

The purpose of this survey is to get feedback and draw connections.

At our May PTO meeting the survey results will be publicly published and presented.

After school vacation the staff will be participating in an anonymous evaluation regarding the principal.

This year's Kindergarten Expo will be at Framingham High School on Tuesday, April 24<sup>th</sup> from 5 P.M. to 7 P.M.

There will be two Dunning Kindergarten tours on Tuesday, May 8<sup>th</sup>. The first tour will be at 1:30 P.M. and the second at 6:30 P.M.

On Monday, June 4<sup>th</sup> there will be no school for the current Kindergarteners and there will be an orientation for the new incoming Kindergarten students.

#### **Teachers Report:**

Many field trips are coming up and generally there are quite a few this time of year. We will be using the PTO's money for these trips and the staff is very appreciative of this.

The teacher's are also appreciative of the PTO efforts with the recent auction on March 24th.

<u>Budget Update:</u> Treasurer Rachael Scanlon stated that the auction profit numbers are in and it was a great effort and a wonderful evening.

SCRIP program is doing better than projected making \$940 dollars so far this year.

Overall we are doing well and are on track for the year.

#### **Committee Updates and information:**

**Hospitality**: Caroline Ferrante is the coordinator. The teacher's appreciation luncheon will be on May 8<sup>th</sup>. We are looking for food donations and a sign-up sheet is being passed around the room this evening.

**Playground**: We currently do not have a committee chairperson. We need a volunteer to oversee the delivery and spreading of mulch. We need to add mulch every other year to maintain the playgrounds safety. In the past, we spent \$4,000 dollars to have mulch delivered. Last time the Building and Grounds department separated the mulch and set it near both playgrounds. As in the past, we would like to then have volunteers spread the mulch. The goal is for this to take place before the school is out for summer vacation.

**5**<sup>th</sup> **Grade Events:** Mary Abramson and Kathy Bush are the 5<sup>th</sup> grade liaisons. Bearly-A-Store coordinator Melissa Noah mentioned that the April store date has been changed to May 2<sup>nd</sup> due to a number of field trips. Kathy Bush stated the fifth graders went on a field trip to Drumlin Farm last week and on other dates they saw the Reenactors of the American Revolution and walked the Freedom Trail in Boston. They also recently viewed the Art Quest in school presentation. Mary Abramson mentioned Diane Wolpert will be working with Imprint Express to have the children's tee shirts printed this year. It was decided this evening that they will try on sample shirts in school to determine their correct size.

**Chuck E. Cheese Fundraiser**: Stephanie Nugent is the coordinator. The event will take place tomorrow, Thursday, April 12, 2012 from 3 P.M. to 9 P.M. This is an early release school day. Children will all go

home with stickers and information there backpacks. 15% of everything sold will go back to the school. If teacher's come they get a free meal and drink.

**Barnes and Noble fundraiser**: Stephanie Nugent is the coordinator. This event is tentatively scheduled for 3 to 7 P.M. on Thursday, April 26<sup>th</sup> and will be at the Framingham Barnes and Noble bookstore. Mrs. Taylor will read to the children and has helped to get additional volunteer readers.

**School Pictures:** Julie Ferrari is the coordinator. Mara Sherman requested that people who have not returned their children's photos and payments from the spring picture date should please do so.

**Spirit Wear**: Stephanie Ngom is the coordinator. Mara Sherman mentioned that 50 very small tee shirts will be ordered to sell at the upcoming Kindergarten orientation on Monday, June 4<sup>th</sup>.

**Box Tops for Education**: Coordinator Donna Taub mentioned our total this year is 1,750. We already have 150 collected for the 2012-2013 school year.

**Spring Fair:** Tara Brewer is chairperson. She mentioned the event date is Saturday, May 5<sup>th</sup>. The committee is hoping for nice weather so the fair can be outside. The inflatables and the D.J. have been booked. House of Dance is coming again this year. The ice cream has been donated by Ben and Jerry's. The Framingham Fire department will be bringing a fire truck. Super Cuts will be working with the children's hair design. She needs volunteers to help with the craft table. Even people for one hour would be helpful. There will also be basket raffles once again. All is going well with the preparations and the event should be lots of fun.

**Spring Fling**: Kathy Bush would like to publically thank chairpersons Mary Abramson, Moira LaPointe and Mara Sherman for their fine efforts coordinating the recent PTO auction.

The next PTO is on May 9th at 6:30 P.M.

Meeting adjourned at 7:44 P.M.

Respectfully submitted,

Kathy Bush

#### **Framingham Public Schools**

# PLEASE COMPLETE ONLY IF YOU ARE REQUESTING CHILDCARE (Baby-Sitter or Daycare) TRANSPORTATION FOR 2012-2013 GRADES K - 5 ONLY

Transportation to childcare is the responsibility of the parent, not the school district. Requests will be reviewed by the Transportation Department. Please note that childcare transportation may not be available on the first day of school, please plan accordingly.

**ELIGIBLE RIDER for CHILDCARE TRANSPORTATION**: Home address is *more than 2 miles* from the school attending and childcare location is *more than 2 miles* from the school attending.

**INELIGIBLE RIDER:** Home address is *less than 2 miles* from the school attending. This form may be submitted, however, **it will be reviewed after the placement of all eligible riders**. The childcare location must be *more than 2 miles* from the school attending. If transportation is available, the fee is \$270 per child/\$540 family cap.

The child must go to and/or from this location **FIVE days a week**. For the safety of the child, there are **no** exceptions to the five day rule. You will be notified of the acceptance or denial of transportation.

If your childcare arrangements change during the school year and bus transportation is not available to the new location, you will be responsible for providing the transportation.

| Child's name  | Male Female                                     |
|---|---|
| Home address  | Home telephone:                                 |
| Parent/Guardian's name  |   |
| School attending  | Grade in September of 2012                      |
| Parent/Guardian's signature                                   | Date  |
| If your child is to be picked up in the morning at a location | on other than the home bus stop:                |
| Name of childcare provider                                    | Phone #   |
| Address of childcare provider                                 |   |
| If your child is to be dropped off at the end of the school   | day at a location other than the home bus stop: |
| Name of childcare provider                                    | Phone #   |
| Address of childcare provider                                 |   |
| Address of childeare provider                                 |   |

#### Please return this form to:

Framingham Public Schools, Parent Information Center 454 Water Street, Framingham, MA 01701

**DEADLINE** — **JUNE** 15, 2012

# Reading Connection

Tips for Reading Success

Beginning Edition

Charlotte A. Dunning School

May 2012



#### **Read-aloud favorites**

#### ■ Little Owl's Night

Little Owl is happy in the forest at night. He and his animal friends gaze at the moon and stars. But he's curious about daytime, so one night he tries to stay awake until the sun comes up. Will he get to see what happens when night ends? A cute story by Divya Srinivasan.

#### **■** Just Behave, Pablo Picasso!

Jonah Winter's biography will introduce your youngster to a famous painter. But Picasso wasn't always famous. At first, some people didn't like his art because it was different. He kept painting, however, and eventually created a brand-new style called cubism. (Also available in Spanish.)

#### ■ Cherries and Cherry Pits



In Vera Williams's book, a little girl loves to write stories about people eating cherries.

The fact that

they're always spitting out the pits gives her an idea. If she planted the pits and they grew into trees, she'd have enough cherries to share with people all over the world.

#### ■ My Baseball Book

How many players are on a baseball team? How many innings do they play? Your child can learn the basics of baseball in this fact book by Gail

Gibbons. The simple language and labeled drawings show the parts of a baseball diamond, the rules of the game, and more.



Anne Sullivan, Literacy Specialist

# Summertime is reading time

Whether your youngster is playing with toys, having a picnic, going out, or getting ready for bed, summer is full of opportunities to read. Use these suggestions to keep his skills growing while he's not in school.

#### **Playtime**

Toys and books make a good combination. Try putting transportation storybooks with your child's cars and trucks, or adventure books near his toy figures. He can use his imagination to act out the stories with the toys.

#### **Mealtime**

Stories, like family meals, are perfect for sharing. Carry a bag of books along on a picnic. After you eat, read aloud to your youngster, or let him read to you. You might also read stories that are related to what you eat. For instance, try *Lunch* (Denise Fleming), and then make a fruit salad with ingredients mentioned in the book.

#### Activity time

Your child can read on the way to destinations or before you leave the house.

Try a book like *Maisy's Pool* (Lucy Cousins) if you're going swimming, or *Zoom!* (Diane Adams) on the way to a carnival or county fair. When you arrive, your child will be excited to do activities he just read about.

#### **Bedtime**

Youngsters love bedtime rituals, and reading can be the coziest part. Let your child choose favorite stories to read at bedtime. By reading the same ones regularly, he'll soon learn the words. *Tip*: If he has a slightly later bedtime during the summer, have him use that time for reading on his own.♥

#### Hooray for reading!

Does your child love books? Let her share her joy of reading with others. Here's how:

- Suggest that she make a summer reading poster. Offer to take photos of her holding a favorite book in each hand or reading under a tree. Then, she can glue the photos to a poster board and add a slogan like "Reading is cool" or "It's summer! Let's read!" Hang her poster above a bookshelf or in a hallway at home.
- Let your youngster have a book swap party with friends. Each guest can bring several books she has read and leave with a few new ones. *Idea*: Have children come dressed as their favorite book characters—everyone can try to guess who they are.♥



# Writing every day

Writing a little each day will get your youngster used to putting ideas and information on paper. Consider these quick activities:

• When your child finishes a dot-to-dot picture or a coloring book page, she can practice creative writing by adding a sentence or paragraph that describes it. *Example*: "The fire-breathing dragon was big and fierce."



- Have a written conversation with your youngster by sending notes back and forth to each other. Try to use a few words she's not familiar with so she can learn new ones. Tip: Suggest that she have a written conversation with a sibling or friend.
- Ask your child to keep track of something. Say she loves stuffed animals. Let her make

a list of all the ones in her room, including the type of animal and color. If she hasn't named them yet, now would be a good time! Or have her inventory your family's movie collection or write the names of all the cities or towns she has visited.♥



# Word puzzles

Word puzzles can improve your youngster's spelling and vocabulary. Here are two you can make at home.

#### Word search

Have your child write down any five words.
Then, draw an 8 x 8 grid on a piece of paper. Write the words—down, across, or diagonally—one letter per box. Fill in all the other squares around them with random letters. Let your youngster search for his words and circle them. Next, have him make a word search for you.

#### Cryptogram

Ask your child to write the alphabet across the top of a sheet of paper. Below each letter, he can write a number, 1-26 (A = 1, B = 2, and so on). Take turns thinking of a word (park) and writing the corresponding numbers (16, 1, 18, 11). The other person has to use the code to figure out the word.  $\P$ 

#### O U R P U R P O S E

To provide busy parents with practical ways to promote their children's reading, writing, and language skills.

Resources for Educators, a division of CCH Incorporated 128 N. Royal Avenue • Front Royal, VA 22630 540-636-4280 • rfecustomer@woolterskluwer.com www.rfeonline.com ISSN 1540-5648

## Parent to Parent

**Grocery store reading** 

Grocery shopping with my twins used to be a chore. Then, one day we saw a mother and two children who seemed to be having fun in the store. I noticed the kids were holding coupons and matching them to products on the shelves. I decided to try that with my girls.

The next time we went to the store, I gave each of my children a plastic bag with 10 coupons for items we needed to buy. I told them to read the coupons and try to find the items as we went up and down the aisles. Before I knew it, they were reading words like "family size," "waffles," and "paper towels." As they found each item, they handed the coupon to me and put the product in our cart.

Now we play this reading game every time we go grocery shopping. The trips are a little more fun, and the girls are learning to read more words.♥

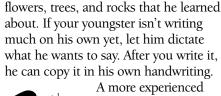


### **Teacher appreciation**

**Q** My son wants to give his teacher an end-of-year gift that shows what she has taught him. Any ideas?

**A** A handwritten, homemade gift is a nice way for your child to express appreciation for a good school year.

You might suggest that he write a poem about his favorite subject. He can mention characters from books the teacher read aloud or facts about explorers or inventors. Or he could write a nature poem and draw pictures of seeds,



A more experienced writer might make an alphabet book. Have him put one letter on every page and write and illustrate a memory from the year for each letter. Example: "A is for the apple orchard where we had our field trip. B is for the Berenstain Bears books we read."





#### A Living History Civil War Encampment – May 4-6

You won't want to miss the Living History Civil War Encampment on Framingham's Center Common (Village Green). Beginning on Friday afternoon Union and Confederate soldiers will be setting up their camps and getting their campfires going...

Friday evening at 7:00 pm storyteller and folk musician Bill Wellington will be performing "Uncle Tom's Cabin – the Book That Destroyed Slavery in America" at the Edgell Memorial Library. Bill is a Framingham native and a favorite among those who have seen him perform. The performance is \$5.00 per person and this admission buys

you a collectible Civil War encampment button. This button can be used for the rest of the weekend to access programs in the Framingham History Center buildings surrounding the Centre Common. To reserve seats, email <a href="mailto:Charlene@framinghamhistory.org">Charlene@framinghamhistory.org</a> or drop by the Edgell Memorial Library at 3 Oak St, and purchase your button in advance.

Camp opens again on Saturday at 9:00 am with drills and demonstrations. Children can participate in activities around the firing of the 5<sup>th</sup> Mass Battery cannon at 10:00 am and 1:30 pm on Saturday and at 1:00 pm on Sunday. The blacksmith will need help pumping the bellows for his forge as he demonstrates the manufacture of items needed on the battlefront.

Throughout the weekend President Lincoln, Julia Ward Howe and Framingham's General George Gordon and other dignitaries will be strolling the grounds available for conversation or a photo. Children can join in the wash and wax of the Civil War soldier on Saturday at 12:30 and the Ice Cream Social that follows.

Don't miss this opportunity for an experience your family will never forget!

To see a full schedule of events and descriptions of activities go to www.framinghamhistory.org



## 2011-2012 Participating Products

ARTS-ATHLETICS-ACADEMICS















































#### BEVERAGES

- · Campbell's® Tomato Juices\*
- V8® Vegetable Juice\*
- ·V8 V-Fusion® Juice\*
- •V8 Splash® Juice Drinks\*

#### **BREAD**

 Pepperidge Farm® Breads, Croutons, Rolls & Stuffing

#### **CEREALS**

- ·Alpha-Bits®
- Post Bran Flakes™
- ·Cocoa Pebbles®
- Fruity Pebbles®
- •Golden Crisp®
- · Grape-Nuts®
- Great Grains®
- ·Honey Bunches of Oats®
- ·Honey-Comb®
- •Post® Raisin Bran
- Post Selects<sup>®</sup>
- ·Post® Shredded Wheat®
- ·Waffle Crisp®

#### **COOKING**

- Campbell's® Condensed "Great for Cooking" Soups
- Swanson® Broth, Canned Chicken & Cooking Stock
- Wolfgang Puck® Stocks and Broths
- · Campbell's® Beans

#### **DAIRY**

- Dannon<sup>®</sup> Danimals<sup>®</sup> Smoothies
- Dannon® Danimals® Double
   Crush Cup™
- Dannon® Danimals® Coolision™
- •Dannon® Dan-o-nino™ Drinks
- Dannon® Dan-o-nino™ Cups

#### **FOOD STORAGE PRODUCTS**

- •Glad® Reusable Plastic Containers
- ·Glad® Freezer Bags
- ·Glad® Food Storage Bags
- ·Glad® Sandwich Bags
- ·Glad® Plastic Wraps

#### FROZEN PRODUCTS

Pepperidge Farm® Frozen
Garlic Breads, 3-layer Cakes,
Turnovers and Puff Pastry

#### **MAGAZINES\*\***

- PEOPLE
- ·Real Simple
- •TIME
- ·Cooking Light
- Southern Livina
- ·Health
- ·ALL YOU

#### PASTA

SpaghettiOs® pasta

#### **SAUCES & GRAVIES**

- ·Campbell's® Gravies
- •Franco American® Gravies
- ·Pace® Salsas & Picante Sauce\*
- ·Prego® Italian Sauces\*
- Wolfgang Puck® Sauces\*

#### SNACKS

- Emerald® Nuts Canisters
- Emerald® Peanuts
- Emerald® 100 Calorie Packs
- Emerald® Breakfast on the go!™
- •Emerald® Trail Mix
- · Emerald® Glazed Nuts
- •Pepperidge Farm® Baked Naturals®

- •Pepperidge Farm® Goldfish® Crackers and Grahams
- •Pepperidge Farm®
  Cookies and Crackers
- Pop Secret® 3 Count
- •Pop Secret® 4 Count
- •Pop Secret® 6 Count
- Pop Secret<sup>®</sup> 10 Count
  Pop Secret<sup>®</sup> 10 Count
- Pop Secret<sup>®</sup> 10 Cour
   Snack Size
- •Cocoa Pebbles® Treats
- Fruity Pebbles® Treats

#### **SOUPS**

- Campbell's<sup>®</sup> Chunky<sup>™</sup> Soups
- · Campbell's® Chunky™ Chili
- Campbell's® Condensed Soups
- ·Campbell's® Healthy Request® Soups
- ·Campbell's® Select Harvest® Soups
- •Campbell's® Soups-Microwavable Bowls
- ·Campbell's® Soup at Hand®
- •V8® Soups
- •Wolfgang Puck® Soups

#### **STATIONERY**

- •BIC® Dry Erase Markers
- •BIC® Ecolutions™ Products
- •BIC® Highlighters
- •BIC™ Mailing Labels
- •BIC® Mechanical Pencils
- ·BIC® Ball Pens
- •BIC® Roller Pens
- ·BIC® Gel Pens
- •BIC® Wite-Out® Brand
- **Correction Tape**
- \*Cap required for submission in lieu of UPC
- \*\*Available on retail sales only
- All trademarks are property of their respective owners.



# Looking for Gifts for Birthdays, Graduations, or Mother's Day/Father's Day????

Purchase your **gift cards** from a huge selection of retailers through Dunning's Scrip program and a portion of your purchase will be donated to Dunning by the retailers.

You can also use gift cards for your daily shopping needs at supermarkets, drug stores, coffee shops and restaurants. An order form is on the back of this flyer.

Please send in your order in your child's folder or place in the Scrip mail slot in the school office by **Friday May 4th**. Orders received by May 4<sup>th</sup> will be ready for pickup by **Wed. May 9<sup>th</sup>**.

Next month's order due date will be <u>Friday June 8<sup>th</sup></u> and those orders will be available for pick up by Wed. June 13<sup>th</sup>. Additional order dates can be added upon request.

Questions? Contact Carol Parga at 508-877-2106 or carol\_parga@harvard.edu

## **GIFT CARD (SCRIP) ORDER FORM 2012**

| Last/First Name (of adult):                             |  |                     | _ Cert /Check#:            |                           |
|---|--|---------------------|----------------------------|---------------------------|
| Address:  | E-MAIL   | TE                  | L# (Weekend):              |                           |
| I authorize Dunning PTO to                              | a. I will PICK-UP at Dunning S b. Please MAIL in my self -ac | ,                   |                            |                           |
| *I agree that Dunning PTO of said certificates to me. S | will not be held accountable for lost<br>Signed:             | or stolen certifica | ntes occurring during Date | g the transportation<br>— |

Fill in quantities & dollar amount.

Make checks payable to: Dunning PTO
Orders in by Friday at 3 p.m. will be ready the following Fri.

Order drop off deadline: Friday 3 p.m. at Dunning School Office. Place orders in "Scrip" mail slot in office or send in your child's folder in envelope labeled "Scrip Order"

| Orders in by Friday at 5 p.m. with be ready the following Fri |     |   |         | . In your chird's lorder in chivere | spe iuo                           | Cica | oemp ord | U1      |    |
|---|-----|---|---------|-------------------------------------|-----------------------------------|------|----------|---------|----|
|   | %   | # | Amt     | \$                                  |                                   | %    | #        | Amt     | \$ |
| AMC Theatres  | 7%  |   | \$25    |                                     | Marshalls                         | 7%   |          | 25/100  |    |
| Aeropostale   | 7%  |   | \$25    |                                     | Michaels                          | 4%   |          | \$25    |    |
| Applebee's  | 8%  |   | \$25/50 |                                     | Olive Garden/Red Lobster/Longhorn | 9%   |          | \$25    |    |
| Barnes & Noble  | 9%  |   | \$10/20 |                                     | Panera Bread                      | 9%   |          | \$10/25 |    |
| Barnes & Noble  | 9%  |   | 25/100  |                                     | Sears                             | 4%   |          | 25/100  |    |
| Bath & Body Works   | 13% |   | \$10/25 |                                     | Six Flags One-Day Admission       | 8%   |          | \$32    |    |
| Bed Bath & Beyond   | 7%  |   | \$25    |                                     | Sports Authority                  | 8%   |          | 25/100  |    |
| Best Buy  | 3%  |   | 25/100  |                                     | Staples                           | 5%   |          | 25/100  |    |
| Chili's   | 11% |   | \$25    |                                     | Star Market & Shaws               | 4%   |          | 25/100  |    |
| CVS (pharmacy included)                                       | 6%  |   | 25/100  |                                     | Starbucks                         | 7%   |          | \$10/25 |    |
| Dick's Sporting Goods   | 8%  |   | 25/100  |                                     | Stop & Shop                       | 4%   |          | 25/100  |    |
| Dunkin Donuts   | 4%  |   | \$10    |                                     | T.J. Maxx                         | 7%   |          | 25/100  |    |
| GAP/Banana Republic/Old Navy                                  | 14% |   | \$25    |                                     | T.G.I. Friday's                   | 9%   |          | \$25    |    |
| Groupon.com   | 7%  |   | \$25    |                                     | Target                            | 2%   |          | 25/100  |    |
| Home Depot  | 5%  |   | 25/100  |                                     | The Children's Place              | 12%  |          | \$25    |    |
| iTunes  | 5%  |   | \$15/25 |                                     | Walgreen's                        | 6%   |          | 25/100  |    |
| JC Penney   | 6%  |   | 25/100  |                                     | Wal-Mart                          | 2%   |          | 25/100  |    |
| Jiffy Lube  | 11% |   | \$30    |                                     | OTHER – Write In:                 |      |          |         |    |
| Jo-Ann Fabrics  | 6%  |   | \$25    |                                     |                                   |      |          |         |    |
| Kohl's  | 4%  |   | 25/100  |                                     |                                   |      |          |         |    |
| Lands End   | 16% |   | 25/100  |                                     |                                   |      |          |         |    |
| Legal Sea Foods   | 13% |   | \$25    |                                     |                                   |      |          |         |    |
| L.L. Bean   | 15% | • | 25/100  | -                                   |                                   |      |          |         |    |
| Lowe's Home Improvement                                       | 4%  |   | 25/100  |                                     |                                   |      |          |         |    |
| Macy's  | 10% |   | 25/100  |                                     | TOTAL OF ORDER =                  |      |          |         |    |

99 Restaurants-\$25; Ace Hardware-\$25/100; Aeropostale - \$25; AMC Single Admiss-\$9 50.; Amazon-\$25/100; American Eagle Outfitters-\$25; American Express \$25/100; Avis-\$50; Bass Pro Shops-\$25/100; Bertucci's - \$25; Bloomingdales-\$25/100; Body Shop -\$25; Boston Market-\$10; Brooks Brothers - \$25; Brueger's Bagels-\$10; Budget -\$50; Build-A-Bear-\$25; Burger King-\$10; California Pizza Kitchen-\$10; Carnival Cruises-\$100; Casual Male-\$25; Celebrity Cruise-\$100; Cheesecake Factory-\$25; Christmas Tree Shop - \$25/100; Chuck E Cheese-\$10; Claire's-\$10; Crate 'n Barrel-\$25/100; Dave & Busters-\$25; Disney-\$25/100/1000; Domino's-\$10; Dream Dinners - \$75; Dress Barn-\$25; Eddie Bauer-\$25; Express-\$25; Exxon/Mobil-\$50/\$250; Finishline-\$25; Foot Locker -\$25; GameStop/EBGames-\$25; Gift Card Wrappers-\$2; GNC-\$25; Guitar Center-\$25; Gulf-\$25; Hallmark Store-\$25; Hard Rock Café-\$25; Harry&David-\$25; HomeGoods - \$25; Honey Baked Ham-\$10; Hyatt-\$50/100; J Crew-\$25; J Jill-\$25; KFC-\$5; Kmart-\$25/50; Limited-\$25; Lord & Taylor-\$25; Marriott -\$50/100/500; Men's Wearhouse-\$25; Nike-\$25; Office Depot-\$25/100; Office Max-\$25/100; Old Country Buffet-\$25; Omaha Steaks-\$25; Outback Steakhouse-\$25; Overstock.com-\$25; Panera Bread-\$10/25; Payless-\$20; PF Changs-\$25; Petsmart-\$25; Pier 1-\$25; Pizza Hut-\$10; Pizzeria Uno-\$25; Pottery Barn -\$25/100; Qdoba Mexican Grill-\$25; Radio Shack-\$25; Rainforest Café-\$25; Red Robin-\$25; Regal Single Ticket-\$9.50; Regis Salons-\$25; Restaurant.com - \$20; Restoration Hardware (no on-line)-\$25; Rite Aid-\$25; Rite-Carlton-\$50; Rock Bottom Brew-\$25; Ruby Tuesday-\$25; Shell Gas-\$25/50/100; Shutterfly-\$25; Subway -\$10/50; Sunglass Hut-\$25; Sunco-\$50/\$250; Supercuts-\$25; Texaco-\$25; The Container Store-\$25/100; Toys 'R Us-\$20; Uno's Chicago Grill/Pizzeria Uno's-\$25; Wendy's-\$10; Whole Foods - \$25/100; Williams-Sonoma - \$25/100; Zappos.com-\$25 on-line only

For a complete listing of merchants and additional info, check out: www.framingham.k12.ma.us/dunning.cfm and click on the link for Scrip

**Updated: 11/4/11** 

# Charlotte Dunning can earn a donation every time you search the Internet and shop online!!!

# GoodSearch & GoodShop



Search the web with Yahoo-powered GoodSearch.com and they'll donate about a penny to Dunning each time you search

Shop at more than 600 GoodShop.com merchants including Amazon, Best Buy, Toys R Us, and others, and a percentage of each purchase will go to Dunning! There are many coupons available on the site as well. Sign up for their newsletter on the website and you will receive emails with the latest promotions. The more people who shop through GoodShop, the more money Dunning will earn!

Just select "Charlotte A Dunning Elementary School" where it says "Who Do You Support?" and then proceed with your shopping!

#### <u>Dunning School Logo We ar Order Form</u>

## SUPPLIES ARE LIMITED. AIL ORDERS ARE FINAL

Please allow 2-3 weeks for delivery. You will be contacted if your item is no longer available.

Please return form in an envelope labeled: "PIO Box: Spirit Wear" with a check made out to "Dunning PIO"

For questions, please contact Stephanie Ngom at townemgom@yahoo.com

#### **ADULT SIZES**

| Ite m | Pic ture | De sc ription  | Pric e  | s   | M   | L | XL  | XXL | Total |
|-------|----------|--|---------|-----|-----|---|-----|-----|-------|
| 1     |          | Adult Full Zip Sweatshirts<br>Navy Blue with a White Imprint | \$30.00 | N/A | N/A |   | N/A | N/A |       |
| 2     |          | Adult Short Sleeve Shirt<br>Navy Blue with a White Imprint   | \$12.00 |     |     |   | N/A |     |       |

#### YO UIH SIZES

| Ite m | Pic ture | De sc ription  | Pric e  | s   | M | L            | XL   | XXL | Total |
|-------|----------|--|---------|-----|---|--------------|------|-----|-------|
| 3     |          | Youth Short Sleeve Shirt<br>Navy Blue with a White Imprint | \$12.00 |     |   |              |      | N/A |       |
| 4     | (2)      | Youth Short Sleeve Shirt<br>Navy Blue with a White Imprint | \$12.00 | N/A |   | N/A          | N/A  | N/A |       |
| 5     |          | Youth Long sleeve Shirt<br>Navy Blue with a White Imprint  | \$15.00 | N/A |   | N/A          | N/A  | N/A |       |
| 6     | Desire   | Youth Baseball Hats<br>Navy Blue with a White Imprint      | \$8.00  |     | C | NE SIZE FILS | SAIL |     |       |

#### **NOVELTY ITEMS**

| Ite m | Pic ture | De sc rip tio n                           | Pric e | Quantity | Total |
|-------|----------|---|--------|----------|-------|
| 7     |          | WaterBottles<br>Blue with a White Imprint | \$5.00 |          |       |
| 8     | Duning   | Car Magnet<br>White with Blue Imprint     | \$4.00 |          |       |

| NAME:  | PHONE   | CLASS ROOM #/TEACHER: |
|--------|---------|-----------------------|
| EMAIL: | TO TAL: | CHECK#:               |



## Labels for the stuff kids lose!"

Mabel's Labels are dishwasher and laundry safe personalized labels.

# Charlotte A. Dunning PTO is fundraising with

#### Mabel's Labels!

Please visit

# www.charlottedunning.mabel.ca

to place your order and support our fundraiser!!



#### Skinny-Minis™

Durable, waterproof labels for lunch containers, bottles and more.



#### Shoe Labels

Extra tough, waterproof labels that peel and stick to the insoles of footwear.



#### Tag Mates™

Laundry safe, peel and stick clothing labels that require no ironing or sewing.



#### Bag Tags

Sturdy, waterproof metal tags for items such as backpacks, luggage and more.



1-866-30-MABEL (62235) | info@mabelslabels.com



#### "Support Our Fundraiser!

As a way to target the problem of lost belongings and a large lost and found closet, Charlotte A. Dunning PTO is fundraising with Mabel's Labels, a company with all types of labels that are colourful, indestructible, easy-to-use and fun!

Iron-Ons, Stickies, Bag Tags, Allergy Alert labels & more! Personalize your labels with names, nicknames, initials - whatever you choose. Cool icons help even little ones identify their own belongings. Dishwasher, microwave, laundry & kid tested! Dispatched within 24 hours!

Visit www.charlottedunning.mabel.ca to place your order while helping our fundraiser!"

#### "About Mabel's Labels!

We are moms who were frustrated by the amount of stuff that left our houses, never to return. After lots of research and testing we created the perfect fun, durable labels for the stuff kids lose!

Our sticky labels and clothing labels, which are dishwasher, microwave and laundry safe, are not only practical, but also designed to be very special to each child. The labels are customized with a child's name, favourite mix of colours and an icon (animal, symbol, etc.). We have also expanded our product line to include personalized stationery products, ID wristbands and household labels."

We strive to continuously design innovative labels for babies, kids and grown-ups alike. You'll be amazed at what you can label!"

Fresh Cut or Whole Fruit, A Bagel or Muffin. Pancakes w/ Syrup served on Assorted Cereals With Milk, **Breakfast Menu** 

tot Egg Wrap Served Tuesday & Thursday No Flavored Milk or Juice Served



EAT HEALTHY

Tuesday

MILK IS INCLUDED Monday

BBQ RIB

Ala Carte Milk \$.60

RICOTTA CHEESE STUFFED TUSCAN MARINARA SAUCE FRESH OR CANNED FRUIT FRESH OR CANNED FRUIT WHOLE WHEAT BREAD MIXED GREENS SALAD WHOLE WHEAT ROLL SAVORY WHITE RICE VEGETABLE STICKS TURKEY & CHEESE BOTH SERVED ON A VEGETA BLE STICKS SOUTHERN STYLE HAM & CHEESE ON RIGATONI WITH GREEN PEAS FRESH OR CANNED FRUIT TURKEY & CHEESE IN WHOLE WHEAT ROLL -ow Fat Chocolate WITH ALL MEALS VEGETABLE STICKS FISH STICKS W/ TARTAR SAUCE GREEN BEANS 1%, Skim, or OVEN FRIES

P'NUT BUTTER/JELLY WHOLE WHEAT ROLL VEGETABLE STICKS SWEET CORN HOT DOG IN A OVEN FRIES SANDWICH JUMBO

FRESH OR CANNED FRUIT

VEGETABLE STICKS

MIXED GREENS SALAD

FRESH OR CANNED FRUIT

FISH'N'CHEESE SANDWICH FRESH OR CANNED FRUIT TURKEY & CHEESE IN WHOLE WHEAT ROLL BROWN RICE PILAF VEGETABLE STICKS SWEET CORN CRISPY

FRESH OR CANNED FRUIT WHOLE WHEAT ROLL **BROWN RICE PILAF** POPCORN CHICKEN VEGETABLE STICKS HAM & CHEESE ON GREEN BEANS CRISPY

FRESH OR CANNED FRUIT WHOLE WHEAT ROLL ITALIAN COLD CUTS BOTH SERVED IN A BACON CHEESE SWEET CORN OVEN FRIES BURGER

BACON CHEESE BURGER Nednesday

enu Subject to Change









Frida

| <u>.</u> | 2 | Zutrić        |
|----------|---|---------------|
|          |   |               |
|          | # |               |
| S        |   | ν<br><u>}</u> |

2.50

\$.40

\$.30

Elementary Lunch

| Breakfast Full Paid \$1.6 Reduced \$.3 Lunch Full Paid \$2.6 Reduced \$.4 | 742<br>26.15 G<br>8.6 G<br>58.9 Mg<br>1123.25 Mg |
|---|--|
|   | Cal<br>T.Fat<br>S.Fat<br>Chol<br>Sodm            |
|   | TA<br>ALAD<br>ALAD<br>N<br>SOLL<br>SUP<br>FRUIT  |

Caro WHOLE WHEAT R BAGEL PIZZA MINESTRONE SO MIXED GREENS S/ VEGETABLE STIC TUNA SALADII FRESH OR CANNED WHOLE WHEA

FRESH OR CANNED FRUIT

SWEET CORN

FRESH OR CANNED FRUIT

STEAMED CARROTS

VEGETABLE STICKS

OVEN FRIES

VEGETABLE STICKS

WHOLE WHEAT ROLLS

ITALIAN COLD CUTS

MACA RONI & CHEESE WHOLE WHEAT ROLL

CLASSIC BAKED HAM & CHEESE IN

BOTH SERVED IN

BOLOGNA & CHEESE SUB

BUTTERED PASTA

CHICKEN & HAM SLIDERS

W/ AMERICAN CHEESE

BEEF, SALSA, CHEESE

TORTILLA CHIPS

EGG SALAD IN

SUPER NACHOS W/

FRESH OR CANNED FRUIT

FRESH OR CANNED FRUIT

WHOLE WHEAT ROLL

RASPBERRY CHURROS

VEGETA BLE STICKS

VEGETABLE STICKS

Early Dismissal

STEAMED CARROTS

995.48 Mg 60.2 Mg 90.00 26.83 G 8.0 G Chol Cal NORTH END PIZZA SICILIAN STYLE

92.18 G Sodm Carb FRESH OR CANNED FRUIT MIXED GREENS SALAD WHOLE WHEAT ROLL MINESTRONE SOUP VEGETABLE STICKS TUNA SALADIN

T.Fat Cal FRESH OR CANNED FRUIT MIXED GREENS SALAD FRENCH BREAD PIZZA WHOLE WHEAT ROLL MINESTRONE SOUP VEGETABLE STICKS WHOLE WHEAT TUNA SALADIN

MEATBALLS IN TUSCAN MARINARA SAUCE

BAKED SWEET POTATO

ROA STED CHICKEN

HERB

WHOLE WHEAT SPAGHETTI AND TUSCAN MEAT SAUCE

BOLOGNA & CHEESE ON WHOLE WHEAT BREAD

BUTTERNUT SQUASH ITALIAN COLD CUT IN WHOLE WHEAT ROLL

BUTTERED PASTA

GREEN BEANS

PARMESAN HERB

34.06 G

808

122.5 Mg 9.5 G Sodm S.Fat Chol Carb

909.35 Mg 91.03 G

FRESH OR CANNED FRUIT

VEGETABLE STICKS

WHOLE WHEAT ROLL

FRESH OR CANNED FRUIT

VEGETABLE STICKS

CRANBERRY SAUCE

CHICKEN SALAD IN

S.Fat T.Fat Ca/ FRESH OR CANNED FRUIT MIXED GREENS SALAD WHOLE WHEAT ROLL MINESTRONE SOUP NORTH END PIZZA SICILIAN STYLE TUNA SALADIN

BROWN RICE W/ BLACK BEAN

FRESH OR CANNED FRUIT

FRESH OR CANNED FRUIT

FRESH OR CANNED FRUIT

VEGETABLE STICKS

VEGETABLE STICKS

BOLOGNA & CHEESE ON

MIXED GREENS SALAD AMERICAN CHOP SUEY

W/ GROUND BEEF

HAM & CHEESE BOTH IN A

WHOLE WHEAT ROLL

GREEN BEANS

OVEN FRIES

CHICKEN PATTY DELUXE WITH LETTUCE & CHEESE

CLASSIC

WHOLE WHEAT BREAD

VEGETABLE STICKS

TALIAN COLD CUT ON A

STEAMED CARROTS

WHOLE WHEAT ROLL

CHICKEN CAESAR SALAD

WHOLE WHEAT TORTILLA

CHICKEN FAJITAS

23.59 G

6.9 G Sodm Chol Carb VEGETABLE STICKS

985.47 Mg 96.29 G

60.9 Mg

702 Cal

24.05 G 8.0 G

73.6 Mg

929.82 Mg 90.62 G Sodm Carb Chol

Work T

FRESH OR CANNED FRUIT

VEGETABLE STICKS

WHOLE WHEAT BREAD

STEAMED CARROTS

TURKEY & CHEESE ON PARMESAN CHEESE

WARM DINNER ROLL

MEAL PAYMENT GUIDELINES-THERE IS NO CHARGING FOR ANY MEALS WITHOUT MANAGER APPROVAL

VEGETABLE STICKS

No School