



**ITEC Level 3 Diploma in Aromatherapy  
Case Study Guidance Form - Unit 3 Aromatherapy**

*To be completed by the lecturer and verified by the ITEC examiner  
Please attach a copy of this sheet to the front of each candidate's completed case study work.*

**Candidate Name:**  
**Candidate Number:**  
**Centre Name:**  
**Date:**

<i>Please tick box</i>	<b>Yes</b>	<b>No</b>
<b>Consultation</b>		
<b>Medical History</b>		
<b>Lifestyle</b> <i>(inc. stress levels at home and stress levels at work – on a scale of 1-10)</i>		
<b>Client profile</b>		
<b>Treatment Plan</b>		
<b>Rationale for choice of each essential oil for each treatment (max 3 oils per treatment)</b>		
<b>Rationale for choice of each carrier oil for each treatment</b>		
<b>Alternative choice of oils for each treatment</b>		
<b>Ratio of blending for each treatment</b>		
<b>Details of how therapist conducted each treatment</b>		
<b>How the client felt before <i>each</i> treatment</b>		
<b>How the client felt during <i>each</i> treatment</b>		
<b>How the client felt immediately after <i>each</i> treatment and immediate aftercare given</b>		
<b>How the client felt between <i>each</i> treatment session</b>		
<b>Specific home care advice for <i>each</i> treatment</b> <i>(must detail quantities recommended/frequency and method of use)</i>		
<b>Reflective practice after each treatment</b>		
<b>Overall conclusion of the case</b>		
<b>Have all case studies/treatments been completed?</b>		

Please note; each box must be ticked 'Yes' in order to gain a pass grade. If any area is answered 'No' the case studies will be referred until the omitted section is completed.

***Signed by the ITEC Examiner***

***Signed by the Lecturer***

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***Signed by the Candidate***

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