



Rest Fest 2013
February 1-3



What does it mean to rest? It seems like there is always something planned or something we need to do that we place rest last on our priority list. Our culture has trained us to always keep busy and to have our life programmed out. This retreat is designed to get you away from your daily routine and allow you to rest and to have some fun! We want this time to be a time where you are able to relax, fellowship with your friends, enjoy God's creation through various activities, and grow closer to God and find rest in Him. We hope you can join us!

On Friday, February 1st, we will be going to Downtown Denver, Colorado! This weekend is going to be filled with fun, and relaxation. We will be leaving SOTH around 5:30pm, and head down to the delicious Cheesecake Factory, where we will be dressed up and enjoy yummy food along with the World's Best Cheesecake! After we are stuffed we'll be going to our hotel that we are staying at for the remainder of the weekend. The following day, Saturday, we will get the opportunity to sleep in! After everyone decides to wake up we will have the option to, swim, sleep, ice-skate, and that evening we will be enjoying an exciting lacrosse game played by the Colorado Mammoth. That Sunday, we will sleep in yet again, have our third devotional, and end our fun filled weekend with lunch and a tour of the Aquarium!

What to bring:

- Friends, Friends, Friends!
- Clothes for cold weather
- Dress clothes for dinner on Friday
- Swimsuit and towel
- Coat, hat, gloves
- Bible and notebook/journal
- Snacks
- SOTH release form
- Shampoo, Soap, etc.
- Money for dessert at Cheesecake Factory/spending \$\$
(Besides dessert at the Cheesecake Factory, all other meals are covered in the cost of the retreat)

Cost:

The cost for this retreat will be \$135

Scholarships are available. Please talk with Nathan for more info.

Please have your registration, SOTH Release Form, and money into Nathan by January 20th.

KNECT Rest Fest Winter Retreat Downtown Denver, CO

February 1-3, 2013

Registration Form:

Name: _____ Gender: M ____ F ____ Grade: _____

Address: _____ City: _____ Zip: _____

Emergency Contact Name: _____ Emergency Contact Phone: _____

