



Lions 2015 Winter All-Comers Track Meets

WHEN: Feb 7; Feb 14 All meets are Noon-5PM
WHERE: St Michaels Catholic Academy, 3000 Barton Creek Blvd, Austin, Tx 78735
 Mapquest link: <http://mapq.st/qlX7UB>
ENTRY FEES: **\$25 unlimited events age 19 and above each meet**
 Youth organization, club, or school(age 18 and under) **\$10 unlimited events each meet.**
 Coach/leader contact Seth Brower at 512-794-3818 to handle entries

REG DEADLINE: 6PM Friday prior to each meet. NO DAY OF MEET REGISTRATION except relays

AGE GROUPS: 2-Year age 3 through 18; Open Div(19-29); 5-Year Age Groups 30+.

In consideration of your acceptance of my entry, I hereby waive, release and forever discharge any & all claims for damages which I may have, or may hereafter accrue, against Lake Travis Lions Club, Lions International, USATF, St Michaels Catholic Academy, other organizations providing volunteers, or other sponsors for any damages which may be suffered by me. I certify that I am in good health and that my level of training is such that I am prepared to compete in this event. A parent or guardian must sign this form to allow a minor to participate.

Signature _____ Age _____ DOB _____ Sex _____
 Name (Print) _____ Phone (_____) _____
 Address _____ City _____ State _____ Zip _____

Help keep entry fees low by providing your e-mail address below:

_____ **Pole Vault/High Jump Opening Height** _____

Put check mark by meets attending and then circle events below you are doing.
Feb 7 ___ Feb 14 ___

Schedule; Finish Lynx Fully Automated Timing, USATF Certified Officials

NOON	1 PM	1:30	1:45 PM	2	2:15	2:45	3
3K Run/Racewalk	100/110 Hurdles	60	800	4X100 Relay*	100	400	1500 Run/Racewalk
	SHOT PUT			DISCUS			
	POLE VAULT			LONG JUMP			HIGH JUMP
	TRIPLE JUMP						
3:30 PM	3:45	4	4:15	4:30			
300 Hurdles	200	4x400 Relay*	100- 2 nd Running	5k Run/Racewalk			

*Relays teams may be formed at the meet up to 30 minutes prior to the event. No extra charge.

Checks payable to Track for Life and mail to: 7504 Chimney Corners, Austin, Tx 78731