

Part of our "Essentials" series of continuing professional development events



Survivors of Torture in Mental Health Settings Good Practice for Engaging With and Assessing Survivors 'Essentials' – building blocks for the development of healthcare professionals

Gill Newman, Psychological Therapist and Trainer for Yorkshire & Humberside,
and **Lynn Hiltz**, Training and Capacity Building Co-ordinator
Freedom from Torture

Wednesday 19 September 2012

12.30pm Registration and buffet lunch; 1.00pm Welcome and Introduction; 4.15pm Close
Weetwood Hall Conference Centre, Otley Road, Leeds LS16 5PS

Torture is a practice used to intimidate, repress and dehumanise. Its survivors sustain serious injuries and the psychological impact is long-lasting. Having escaped torture and persecution, the majority of the survivors arrive in the UK as asylum seekers. Their distress is compounded by the complex and bureaucratic asylum system in which their experiences can appear to be diminished and discounted and the resulting uncertainty of their present and future.

The purpose of this seminar is to raise your awareness of the issues facing asylum seekers and refugees who have survived torture and how, as mental health professionals, we can work toward overcoming challenges in order to meet their complex emotional health needs. We will look at the impact that pre-flight experiences and their life in exile can have on the mental health of survivors of torture, including the impact of torture and organised violence and going through the asylum process. We will share what we have learned through our 25 years experience of carrying out holistic rehabilitation with survivors of torture and provide guidance on good practice in therapeutic work with survivors.

After you have attended this seminar, you will be able to:

- ✧ explain the impact of pre-flight experiences on mental health and how this might be exacerbated by life in exile
- ✧ articulate important principles and good practice for engagement with and holistic assessment of survivors of torture

About our speakers: **Gill Newman** is a qualified and experienced psychotherapist, supervisor and manager as well as being a registered qualified social worker. She has worked in a range of statutory and voluntary mental health services in Leeds for over 25 years. Following the governments dispersal policy in 2000, Gill has gained extensive experience of working therapeutically with asylum seekers and refugees, many of whom are survivors of torture. **Lynn Hiltz** is responsible for designing and delivering bespoke training to organisations that provide health and care services to survivors of torture. She has provided training to a wide range of professionals from the health and social care sectors in the UK for over ten years and is a Master of Social Work (MSW) and has a BA in psychology.

Study methods: This will be an interactive session where delegates will be asked to participate in discussions and exercises throughout.

Who should attend? This course is suitable for all mental health professionals.

Course fees: £95. All learning materials, lunch and refreshments are included.

Reservations: Please complete the reservation form overleaf and either post to: **Events Administrator, Andrew Sims Centre, The Mount, 44 Hyde Terrace, Leeds LS2 9LN** or fax to: **0113 305 5632**. If you are paying by debit or credit card, why not **BOOK ONLINE?**



For more information visit our website:

www.andrewsimscentre.nhs.uk

or email andrewsimscentre.lypft@nhs.net

or call **0113 305 5638**

Leeds and York Partnership **NHS**
NHS Foundation Trust

RESERVATION FORM

Essentials: Survivors of Torture in Mental Health Settings
Wednesday 19 September 2012



YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Dr Mr Mrs Miss Other

First name:

Surname:

Job Title:

Speciality:

Trust / Organisation:

Preferred mailing address:

Postcode:

Telephone No:

Fax No:

Email address:

Any special reqs:

Signature: Date:

COURSE FEES

£95

PAYMENT DETAILS

By Cheque – I enclose a cheque (made payable to Leeds and York Partnership NHS Foundation Trust) for: £

By Credit Card – Please debit my **VISA / MASTERCARD / MAESTRO** (please delete as appropriate) for: £

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Please send your fully completed reservation form to: **Events Administrator, Andrew Sims Centre, The Mount, 44 Hyde Terrace, Leeds LS2 9LN** or fax to: **0113 305 5632**. If you are paying by credit or debit card, why not **BOOK ONLINE?**

PAYMENT METHODS

We prefer to receive payment by cheque or credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the conference date**. If payment is not received by the day of the conference, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

ACCREDITATION

This course is eligible for 3 CPD hours subject to your peer group approval and in line with the Royal College of Psychiatrists' guidelines.

THE VENUE

Weetwood Hall Conference Centre is situated approx. 3 miles north of Leeds city centre on the A660 just off the A6120 ring road and is accessible from the city centre or Leeds train station by bus or taxi. Free car parking is available on site.

OVERNIGHT ACCOMMODATION

A delegate accommodation booking service is available from Calder Conferences by calling 0113 204 3600 or emailing enquiries@calders.org.uk quoting reference **ASC1**.

CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the conference date. Please ensure you have provided an email address as all booking confirmations will take place by email, alternatively correspondence will be forwarded by fax or post.

RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £10). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

FURTHER INFORMATION

For further information visit www.andrewsimscentre.nhs.uk email andrewsimscentre.lypft@nhs.net or call 0113 305 5638. If you are visiting our website, **why not book online?**

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Pure360 and Cloudspotting Ltd according to the Data Protection Act 1998. If you would like further information about this please contact us.

Your personal information will be used by the ASC to process your application to attend our events and to keep you informed of ASC and LYPFT events and activities. If you no longer wish to receive information about our activities, please tick this box

Your personal information may be made available to selected event co-partner organisations, or to companies sponsoring or exhibiting at our events. If you do not want your details to be made available to our third-party partners, please tick this box

LYPFT reserves the right to change the programme without prior notice. Where for any reason beyond its reasonable control the LYPFT cancels an event, the liability of the LYPFT shall be limited to a refund of the fee payable to the LYPFT for that particular event.

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