



Region 6 Child Care Resource & Referral

Training Calendar

April 1 – June 2015

For Early Care & Education and School-Age Child Care Professionals
in Cabarrus, Mecklenburg, Rowan, Stanly & Union Counties

Training sessions offered between April 1 – June 30, 2015 are listed in this issue.

The Region 6 Child Care Resource & Referral Training Calendar is a quarterly publication intended to provide professionals working in child care centers, family child care homes, part-day preschools, Head Start, public pre-kindergarten and school-age programs with information about and access to a diverse selection of approved professional development sessions offered by child care resource and referral agencies in Cabarrus, Mecklenburg, Rowan, Stanly, and Union Counties. Training sessions are state-approved and can be applied toward the North Carolina requirements for child care training.

Register Now for Training Sessions!

- 1 Review the professional development training sessions for topics, dates, times, locations and credits. Topics are listed under appropriate training categories.
- 2 Review the registration instructions on page 2 for the county in which your training session(s) is/are offered.
- 3 Complete the registration form on page 11 and return it as soon as possible to the appropriate location.



REMINDERS for ALL Training Sessions

- Pre-registration is required and enrollment is limited for sessions in all counties.
- Register early—registrations made within 2 weeks prior to a session date cannot be guaranteed.
- Copy a completed registration form for your own records. For training in Stanly County, please refer to the registration instructions on page 2.
- Training sessions start promptly at the scheduled time. Doors open 15 minutes prior to each session. Once a session has begun, late arrivals will not be permitted to enter.

Training Sessions in Spanish

Selected sessions in Spanish are now being offered in Mecklenburg County (see "Training Sessions In Spanish " on page 9). Translation of other sessions is also available in Mecklenburg, Cabarrus, and Union counties with 10 days advance notice. Call Gexenia Pardilla at (704) 376-6697, ext. 311.

Entrenamientos en Español

Ahora en el condado de Mecklenburg se está ofreciendo y se han seleccionado algunos entrenamientos en Español (Véase la pagina 9 bajo el encabezamiento "Entrenamientos en Español"). Traducciones de otros entrenamientos estarán disponibles en los condados de Mecklenburg, Cabarrus, y Union con 10 días de notificación antes de la fecha. Para mas información comuníquese con Gexenia Pardilla al (704) 376-6697, ext. 311.



**Region 6
Child Care
Resource & Referral**

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Registration Instructions (See Registration Form on Page 11)

Cabarrus, Mecklenburg & Union

Payment Information:

- Check or money order (payable to "CCRI") and credit cards are accepted payment forms.
- All training fees are NON-REFUNDABLE.

How To Register:

- ON THE WEB: Visit www.childcaresourcesinc.org to view, register, and pay for training sessions.
- BY MAIL or IN-PERSON: Send or bring registration form found in this publication with payment to the Child Care Resources location in the county where your selected session will be held:

Cabarrus/Mecklenburg/Union
Child Care Resources Inc.
4600 Park Road, Suite 400
Charlotte, NC 28209



Locations

MECKLENBURG: CCRI, 4600 Park Road, Suite 400
Charlotte, NC 28209

UNION: CCRI, 105-A Cedar Street
Monroe, NC 28110

CABARRUS: Please check training session description
for location.

ROWAN: Please check training session description
for location.

STANLY: Stanly County Partnership for Children
1000 N. First Street, Suite 8, Albemarle, NC 28001

Rowan

Payment Information:

- Cash, check or money order (payable to "Smart Start Rowan") are accepted payment forms.

How To Register:

- BY MAIL or IN-PERSON: Send or bring registration form found on page 11 with payment to Jessica Boshuizen at:

Child Care Connections / Smart Start Rowan
1329 Jake Alexander Blvd. S
Salisbury, NC 28146

- BY PHONE: Call Jessica Boshuizen at (704) 603-3371.

Stanly

Payment Information:

- Cash, check or money order (payable to "Stanly County Partnership for Children") are accepted payment forms.

How To Register:

- Download Stanly County's registration form at www.stanlypartnership.org. Please DO NOT USE the registration form from this publication.
- BY MAIL or IN-PERSON: Send or bring registration form with payment to:

Stanly County Partnership for Children
1000 North First Street, Suite 8 (Stanly Commons)
Albemarle, NC 28001

Questions: Call Linda Solomon at (704) 982-2038.

Session Codes

Wondering if a session is right for you? Each description lists:

AUDIENCE: Indicates if training sessions are intended for staff from:

Child Care Centers = **C** Family Child Care Homes = **F**
Centers In A Residence = **R** All Child Care Programs = **A**

LEVEL: Indicates level of knowledge participants can expect to gain from a training session. This scale is adapted from the Early Care and Education Career Lattice described in Child Care Resources' *Reaching Higher* professional development plan.

1 Entry – Offers basic background information.

2 Beginner – Explores practical applications.

3 Intermediate – Expands existing knowledge.

4 Advanced – Provides specific, in-depth knowledge relevant to field of concentration or interest area.

ERS: Indicates whether a training provides information related to one of the Environment Rating Scales: Infant/Toddler Environment Rating Scale (ITERS-R), Early Childhood Environment Rating Scale (ECERS-R), Family Child Care Environment Rating Scale (FCCERS-R), and School-Age Care Environment Rating Scale (SACERS).

Training Descriptions

Administration

PCAN 10: Supporting Staff in Their Work with Parents

Leaders set the tone for their programs. If they provide staff with the experience of a supportive and respectful supervisory relationship, they are likely to see higher levels of retention and greater job satisfaction among staff. This also increases the likelihood that staff members will provide high-quality services to families. This session will help participants explore the role that relationships plays in organizational functioning, and identify supervisory strategies that support the development of effective working relationships at all levels of the program.

April 24 | 9:00-11:00 am | Mecklenburg
\$15 | 2 credit hours
Audience & Level: A/1

Choosing and Using an Approved Curriculum with Formative Assessment Strategies

This five-hour session will provide participants working in early care and education programs with guidelines for identifying, selecting, and planning to implement a developmentally appropriate, evidence-based curriculum for children birth to age five. It will also provide guidance on understanding and selecting formative and summative assessment tools of learning to measure if the children are developing and learning through the curriculum.

April 27 & 28 | 6:30-9:00 pm | Mecklenburg
**participants must attend both sessions in order to receive credit*
\$25 | 5 credit hours | 0.5 CEUs
Audience & Level: A/4

Should I Be Their Friend? Optimizing Your Leadership Potential

This session will introduce and examine leadership styles in-depth and will stress how a director's leadership style can affect staff performance and longevity. Participants will be encouraged to identify their own personal leadership style and will determine if there is a need for a change. *reserved for directors or other administrators only.

June 3 | 11:00 am-1:00 pm | Mecklenburg
\$15 | 2 credit hours
Audience & Level: A/2

Child Development

I'm So Tired! Sleep and it's Connection to Health and Well-being

Are children getting enough sleep? What are the signs of sleep deprivation? Is there a link between sleep and obesity? What are the effects on behavioral, cognitive, and brain development? This session will explore the answers to these questions and the relationship between sleep and health.

April 6 | 11:00 am-2:00 pm | Mecklenburg
June 10 | 10:30 am-1:30 pm | Mecklenburg
\$24 | 3 credit hours
Audience & Level: A/1

PCAN 2: Building a Healthy Brain

The development of the brain begins at conception and continues across the life span. Child care professionals support and promote very young children's healthy brain development when they use relationships, respect, repetition, routines, and responsive interactions--the "5 R's." In this session, participants identify ways to purposefully use these five strategies in their work with very young children and their families.

April 7 | 6:30-8:30 pm | Mecklenburg
\$15 | 2 credit hours
Audience & Level: A/1

Classroom Management

Keeping children busy and interested in classroom activities is a daily challenge. Challenging behaviors often occur when children complete an activity and are required to wait for others, during transitions, or when activities do not interest every child in the classroom. This session will address each of these situations and many others. Participants will also learn ways to manage stress and rediscover the joys of providing care and teaching young children.

April 20 | 6:30-8:30 pm | Cabarrus
**location: McGill Child Development Center
375 George W Liles Parkway NW
Concord, NC 28025*
June 7 | 12:00-2:00 pm | Mecklenburg
\$15 | 2 credit hours
Audience & Level: A/2

Cultural Competence

Cultural Competence is essential for the highest quality early childhood education to be developmentally beneficial for ALL children. This includes honoring children's home languages and genuine engagement and support with all families, including extended and non-traditional family units.

April 24 | 12:00-4:00 pm | Cabarrus *
*location: Ruckus House 3650 Ruckus Road,
Harrisburg, NC. 28075*
May 27 | 9:00 am-1:00 pm | Mecklenburg
June 6 | 9:00 am-1:00 pm | Mecklenburg
\$25 | 5 credit hours | 0.5 CEUs
Audience & Level: A/3

Language and Literacy Development in Early Childhood Classrooms, Infant to Preschool

This two-part session is designed to provide participants with the opportunity to explore the role that early childhood educators play in helping to enhance a child's language and literacy development. Participants will learn about intentional classroom practices that can have an effective impact on language skills, and will discover ways to assess language and literacy development.

May 2 & 16 | 8:30-10:30 am | Mecklenburg
**participants must attend both days of training and must complete a homework assignment in order to receive credit*
\$25 | 5 credit hours
Audience & Level: A/4

Am I Expecting Too Much?

We can sometimes expect too much of our children too soon. We simply assume that because they've gotten bigger, can talk, and are mobile, they are capable of doing any number of things. Then, when a child is unable to do as we expect, we can become agitated, misreading the child's inability as challenging behavior or as incompetence. Having an understanding of children's basic developmental stages will help us to work with our children in realistic ways. When we remember that our children are still very young, we tend to set limits a little more compassionately. Our expectations are more likely to be consistent with achievable behavior and appropriate developmental progress. Join this session so that you can answer your own question: Am I expecting too much?

May 7 & 14 | 6:30-8:30 pm | Rowan
**reserved for Rowan County Providers only. Participants must attend both sessions to receive credit*
\$15 | 4 credit hours
Audience & Level: A/1

The Outdoor Learning Environment: Quality is a Moving Target

What does your playground "feel" like? Are the children engaged, or are they just running around? Is real learning taking place? Active outdoor learning is an important part of a child's day. Come learn how to make your playground a vital, interesting, learning environment.

May 12 | 6:30-8:30 pm | Cabarrus
**location: McGill Child Development Center
375 George W Liles Parkway NW
Concord, NC 28025*
\$15 | 2 credit hours
Audience & Level: A/2

North Carolina Foundations for Early Learning and Development

This five-hour session will provide participants with an introduction to Foundations, North Carolina's new Early Learning and Development Standards, how they are structured, and how to implement them in early childhood settings. Participants will construct the knowledge base necessary to use the standards in supporting children in their learning and development by embedding the standards in daily classroom planning and practice.

May 30 | 9:00 am-3:00 pm | Mecklenburg

**there will be a one-hour break for lunch on your own*

\$25 | 5 credit hours | 0.5 CEUs

Audience & Level: A/3

Observing and Recording Children's Behavior

Conducting child observations and assessments is an integral part of early care and education. This session will explore the process of observing children and linking those observations to a valid assessment tool. Using the results of child observations the participants will be guided to develop meaningful lesson plans that will meet the developmental needs of the children. Additionally, participants will examine the process for sharing the developmental information that is obtained through assessment with the families of these children. This session is based on The Creative Curriculum for Preschool®, but the information is valuable for all early care and education settings, regardless of the curriculum that is being implemented.

June 16 | 6:30-8:30 pm | Union

June 13 | 8:30-10:30 am | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/3

Social & Emotional Development

Praise or Encouragement: That's the Question!

Educators agree that children do best in supportive, friendly environments. But too much praise can be counterproductive. Participants will learn how to support children's efforts with encouragement specific to a child's efforts instead of relying on "Good job," "Great," and "What a beautiful picture!"

April 9 | 6:30-8:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/2

A Guide to Developing Appropriate, Positive Guidance Techniques

"She hit me!" Come explore why children misbehave and learn some step-by-step techniques to help deal with specific behaviors that can cause disruption in the classroom.

April 14 | 9:30-11:30 am | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/2

Foundations of Inclusion

Does your classroom provide a positive, inclusive environment for all children? Do you know what an inclusive environment looks like and what it includes? This session will provide participants with information pertaining to relevant laws, policies and research-based practices that support the successful inclusion of all children in early childhood settings.

April 14 | 1:00-3:00 pm | Mecklenburg

June 20 | 9:00-11:00 am | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/1

Classroom Behavior Management 101

Let's get to the roots of the challenging behaviors most commonly exhibited in the classroom and let's develop strategies to prevent many of them from occurring. Not all challenging behavior can be prevented, but we can often use these behaviors as teaching opportunities by using strategies that can help children develop new skills. This session will give participants a toolbox of ideas, from strategies to help get parents on-board; to learning what works best for individual children. There will also be a make-and-take session to develop a "calm-down" box to use with children to help with challenging behavior.

April 14, 21 & 28 | 6:30-8:30pm | Rowan

**reserved for Rowan County Providers only. Participants must attend all three sessions to receive credit.*

\$20 | 6 credit hours

Audience & Level: A/1

Partnering with Families to Prevent Challenging Behaviors

When a child uses challenging behaviors at school, parents and teachers need to work together to address the issue. However, when discussing behavior problems parents often feel blamed by the teachers and teachers often feel unsupported by the parents. This session focuses on developing strategies and skills to make these conversations more productive for everyone, but especially the child. Participants will learn how to set the stage for and successfully conduct these difficult conversations with parents.

April 13 | 6:30-8:30 pm | Mecklenburg

April 30 | 6:30-8:30 pm | Union

\$15 | 2 credit hours

Audience & Level: A/1

Causes of Misbehavior: Why Do They Act That Way?

Why do some children come to depend on challenging behaviors while others discover better, more effective ways to get what they want? Generally, children use negative behavior when they lack the skills that would help them meet their needs. Teachers who take time to assess the reason for misbehavior are better able to teach children new social-emotional skills. This session focuses on the common reasons that children misbehave, a crucial first step in determining how to prevent/reduce challenging behaviors.

April 23 | 6:30-8:30 pm | Stanly

\$7 | 2 credit hours

April 14 | 6:30-8:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/1

Stop, Look, Listen, Engage: Approaches to Positive Teacher-Child Interactions

Observing a child's play at close proximity, commenting and asking open-ended questions, and providing opportunities for children to respond and share their play activities with you are all practices that promote positive interactions. In this session we will explore different types of teacher-child interactions. We will discuss interactions that are appropriate for the ages and development of the children in your care, and interactions that encourage play and learning. We will also learn to avoid the pitfalls of negative practices!

April 23 | 6:30-8:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/1

Developmentally Appropriate Behavior: But I'm Supposed to Act Like This!

Children use many different kinds of behavior as they grow and test their skills. Some of these behaviors, although appropriate for their developmental age, are still very challenging for teachers. This session focuses on understanding when children can be expected to acquire certain social-emotional skills and guides participants toward understanding, respecting and responding to developmentally appropriate behaviors.

May 6 | 6:30-8:30 pm | Cabarrus **location: Dixon Academy, 200 Mail Drive Northeast, Concord, NC 28025*

\$15 | 2 credit hours

Audience & Level: A/1

Behavioral Intervention Strategies: You Want Me to Try What?

Teachers who care for children with behavioral difficulties, often find themselves reacting in ways that reinforce the behavior and make it worse. Behavioral intervention strategies are planned responses to behaviors that help teachers prepare for situations in which past response have been successful. This session focuses on helping participants develop new responses to challenging behaviors using six key intervention strategies.

May 7 | 6:30-8:30 pm | Union

June 4 | 6:30-8:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/2

Stewards of Children

Darkness to Light created this 2.5 hour "Stewards of Children" program to protect children from sexual abuse by placing responsibility squarely on adults' shoulders. The program is designated to educate adults to prevent, recognize, and react responsibly to child sexual abuse. Child sexual abuse is a very complex problem. Its purpose is to equip you with 7 simple, proactive steps to protect children from sexual abuse.

May 16 | 8:30- 11:00am | Rowan

June 6 | 8:30-11:00am | Rowan

\$10 | 2.5 credit hours

Audience & Level: A/1

Preventing Power Struggles with Preschoolers: Using Choice and Preference to Promote Improved Behavior

We all want to be in control of our own lives. But young children usually have very few opportunities to make choices about what they do and when they do it. They're told when to get up, what to wear, what to eat, and when to eat it, where to go and what to do when they get there. Introducing choice into a young child's life can be a powerful tool to promote improved behavior in your classroom. Come learn the five steps to using choice making strategies and discover how easily you can embed choice-making opportunities into your classroom and short-circuit power struggles with your preschoolers.

May 21 | 6:30-8:30 pm | Rowan

\$7 | 2 credit hours

May 6 | 6:30-8:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/2

Stewards of Children

Preventing child sexual abuse is an adult's responsibility. Darkness to Light's Stewards of Children® training is a 2-hour evidence-informed educational program designed to teach adults how to prevent, recognize and react responsibly to child sexual abuse. The training incorporates a documentary style video along with discussion and a workbook. Expected outcomes include changes in knowledge, attitudes and child protective behaviors.

April 7 | 9:00-11:00 am | Mecklenburg

May 19 | 6:30-8:30 pm | Mecklenburg

June 20 | 9:00-11:00 pm | Mecklenburg

No Fee | 2 credit hours

Audience & Level: A/1

Preventing Challenging Behaviors: An Once of Prevention is Worth a Pound of Cure!

The environment a teacher creates, paired with her knowledge of the children in her care, can prevent many challenging behaviors in young children. Teachers who create positive social environments find that children more easily develop the social-emotional skills they need to succeed. This session focuses on modifications teachers can make in six key areas of the environment that will prevent and reduce conflict that leads to challenging behaviors

June 8 | 6:30-8:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/1

To Plug or Unplug: Media Violence In the Lives of Young Children

TV in the morning, movies in the afternoon, videos at circle time. From Sesame Street to Spider Man, children love to watch the adventures of animated characters and super heroes in action. There may be some aggressive acts, but can viewing aggressive actions lead to aggressive behaviors in young children? Are there any benefits to using these and other character theme based audio-visuals in your classroom? And what about those interactive computer games? Come join us as we address these issues. The answers may surprise you!

June 11 | 6:30-8:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/3

Please Teach Me What To Do!

Learning new skills is hard, and when you're a preschooler, every skill is new. Learning to manage your own behavior can be the hardest skill of all. Teaching self-management can be an intensive process, but it's a skill that is crucial to kindergarten readiness. When children can navigate the classroom with minimal adult assistance, they learn to take ownership of their own actions and choices, they treat others better, and are better able to calm themselves and problem solve. Come learn the five steps to teaching self-management skills so you and your children can reap the benefits.

June 16 | 6:30-8:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/2

Family Child Care

Planning for Every Child

It takes a skilled professional to be able to plan for a multi-aged group of children. Attend this session and learn how to plan your environment, materials, and activities in a manner that will support learning across mixed ages and abilities.

May 13 | 6:30-8:30 pm | Cabarrus *location: King's Keep Learning Center, 7550 Ruben Linker Rd. NW, Concord, NC 28027

June 7 | 6:30-8:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/1

How To Respond To Families in Difficult Situations

The art of communication is complex. When that communication involves families, there are bound to be conversations that challenge even the most articulate communicator. This session will break down the components of a conversation and how to proceed from a place of understanding that will result in a solution driven process.

May 16 | 9:30-11:30 am | Cabarrus *location: Ruckus House 3650 Ruckus Road, Harrisburg, NC. 28075

April 21 | 6:30-8:30 am | Mecklenburg

\$15 | 2 credit hours

Audience & Level: F/2

Family Child Care Pre-licensing

Are you interested in opening a family child care home? Sign up for this one-day session on North Carolina Family Child Care Home licensing rules and regulations. Topics include: family child care start-up and operations; planning an operating budget; and region-specific zoning and sanitation requirements.

May 22 | 9:30 am-3:30 pm | Mecklenburg

\$30 | 5 credit hours

Audience & Level: F/1

Professionalism

The FISH! Philosophy

This session will examine a set of simple, practical tools to help you create the work culture you've been looking for. It's a way to help you build stronger relationships that equip you to face your challenges more effectively. Bringing some form of fun and playfulness into the environment increases job satisfaction, creativity, longevity and quality of performance. Come explore the FISH! Philosophy and find out how to make your work play!

May 13 | 9:30-11:30 am | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/4

It's Just Harmless Gossip... It's Not Hurting Anyone!

Did you hear what she just said? Wait till I tell you what I just saw! You won't believe what I heard! Gossip... we have all engaged in it at one time or another. But how harmful is it in the workplace? Who gets hurt by gossip? Come learn about this common problem and how to eradicate it from your center.

May 30 | 10:00 am-12:00 pm | Union
\$15 | 2 credit hours
Audience & Level: A/1

Planning for Parent Conferences

We want parents to attend those parent meetings and conferences, but are you truly prepared? It takes observations and documentation, and the ability to verbally articulate their child's learning and development in a manner that helps develop relationships with families. Learn what it takes to be ready to meet with parents and share their child's experiences and learning.

June 4 | 12:00-2:00 pm | Mecklenburg
\$15 | 2 credit hours
Audience & Level: A/1

Stressed Out

Are you stressed out? Working with children can be very stressful and you can become "burnt out" very quickly. This session will focus on how to manage and prevent stress. Participants will explore how to identify stressors and how to relax in child care settings..

June 11 & 18 | 6:30-8:30 pm | Rowan
**reserved for Rowan County Providers only. Participants must attend both sessions to receive credit*
\$15 | 4 credit hours
Audience & Level: A/1

Health, Safety & Nutrition

CPR/First Aid Certification

Cardiopulmonary Resuscitation (CPR) certification and First Aid Certification are required certifications for every family child care provider and recommended for most child care center staff. After completing this session, participants should be able to demonstrate CPR and First Aid techniques for infants, children and adults.

April 4 | 8:30 am-4:30 | Mecklenburg
June 6 | 8:30 am-4:30 pm | Mecklenburg
**there will be a one-hour break for lunch on your own*
\$60 | 7 credit hours
Audience & Level: A/1

Childhood Obesity and Healthy Eating

During this session, we will discuss the challenges for overweight children ages 2 - 5 years. We will explore some of the consequences overweight children face and describe the role of the child care environment and the child care staff in the prevention of childhood obesity. We will also discuss why good nutrition is so important for young children and define the components of a child care environment that promotes healthy eating.

April 6 | 6:30-8:30 pm | Rowan
\$7 | 2 credit hours
Audience & Level: A/1

Fire Safety- Learn Not To Burn

The National Fire Protection Association's "Learn Not To Burn" program is an educational package that is designed to teach young children the importance of practical fire safety. The Kannapolis Fire Dept. Community Outreach team will provide this training and will supply lesson materials so that participants can use the LNTB curriculum in their classrooms. In addition, an overview of fire safety rules and regulations will be discussed, and there will be the opportunity to participate in an open Q&A forum with the Kannapolis Fire Marshall.

April 7 | 6:30-8:30 pm | Rowan
**location: Central Child Development Center 1810 Moose Road, Kannapolis NC 28083*
\$7 | 2 credit hours
Audience & Level: A/1

Playground Safety

Do you know what makes a playground safe? This session is designed to promote safe play areas for children in child care. Participants will learn about potential hazards on the playground and gain hands-on experience by completing a playground safety check.

April 21 | 9:00 am-1:00 pm | Mecklenburg
May 6 | 12:00-4:00 pm | Union
\$30 | 4 credit hours | **optional 0.5 CEUs (in lieu of 4 hours) is available with completion of follow up homework assignment)*
May 30 | 8:30 am-12:30 pm | Rowan
**location: Partners In Learning; 2386 Robin Road Salisbury NC 28144*
\$15 | 4 credit hours |
Audience & Level: A/1

CPR/First Aid Certification: Above and Beyond!

This training will go above and beyond regular CPR and First Aid. It is child oriented along with adult CPR. Participants will learn how to use a defibrillator and other life saving props. Participants will receive a Pediatric CPR and First Aid book along with handouts specific to your needs. After completing this session, participants should be able to demonstrate CPR and First Aid techniques for infants and adults. *DCDEE approved instructor. *make checks payable to Tracy Webb-Goodman.

April 25 | 8:30 am-1:30 pm | Rowan
May 9 | 8:30 am-1:30 pm | Rowan
June 20 | 8:30 am-1:30 pm | Rowan
\$60 *CPR only \$50/First Aid only \$30 | 5 credit hours
Audience & Level: A/1

CPR Certification

Cardiopulmonary Resuscitation (CPR) certification is required for every family child care provider and recommended for most child care center staff. After completing this session, participants should be able to demonstrate age-appropriate CPR.

May 9 | 8:30 am-1:30 pm | Mecklenburg
\$35 | 5 credit hours
Audience & Level: A/2

Sesame Street: Healthy Habits for Life

Childhood is a time when children begin to learn about themselves and the world around them. It is also the time when they begin to develop habits relating to nutrition and physical activity. These habits can affect them for the rest of their lives! Come learn about the Sesame Street Healthy Habits for Life Resource Kit. We will demonstrate fun, easy to use lesson plans and activities that will fit right into your existing routine. We'll talk about how to involve families too. Come experience the fun!

May 12 | 6:30-8:30 pm | Mecklenburg
\$15 | 2 credit hours
Audience & Level: A/3

Keeping Children Safe on the Playground

Statistics show that injuries that occur in child care are much more likely to happen on the playground. Come learn why, and learn how to keep your children safe!

May 15 | 9:30-11:30 am | Mecklenburg
\$15 | 2 credit hours
Audience & Level: A/1

Recognizing and Responding to Abuse and Neglect

Do you know how to recognize and when to respond to instances of abuse and neglect? This session will help participants understand the NC Child Abuse Reporting Law, the steps required for reporting, common situations, and patterns for abuse and neglect and what happens after a report is made.

May 26 | 6:30-8:30 pm | Mecklenburg
\$15 | 2 credit hours
Audience & Level: A/2

Sun Safety

This training will raise awareness about the simple, everyday steps that we can take to prevent skin cancer. We will discuss how your role as an educator and child-care provider influences the health of our children now and through adulthood. This training promotes sun-safety practices. We are specifically going to talk about how we can all become sun smart by minimizing sun exposure and reducing the risk of skin cancer at our centers.

May 28 | 6:30-8:30 pm | Mecklenburg
\$15 | 2 credit hours
Audience & Level: A/1

Be Active Kids

Be Active Kids is a signature program of the Blue Cross Blue Shield of NC Foundation and is the only comprehensive program dedicated to improving the health and development of children from birth to five in NC. Come learn how to make physical activity fun!

June 16 | 9:00 am-12:00 pm | Mecklenburg
No fee | 3 credit hours
Audience & Level: A/2

Infant/Toddler

What's All the Fuss with Screen Time?

Children are in a world full of technology; screens are everywhere. Are there any potential negative effects? Can screen time be used as a learning tool? This session will help child care providers understand the impact of screen use on babies and toddlers. We will also discuss the relationship between screen time, sleep and obesity.

April 1 | 6:30-8:30 pm | Cabarrus *location: Dixon Academy, 200 Mail Drive Northeast, Concord, NC
\$15 | 2 credit hours
Audience & Level: A/1

ITS-SIDS

Developed by the NC Healthy Start Foundation's ITS-SIDS Project, this session meets state requirements for ITS-SIDS training. Participants will learn to reduce the risk of SIDS through safe sleep practices for infants. Participants will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rules, and maintenance of the proper forms. SIDS-related materials and resources will be available.

April 2 | 6:30-8:30 pm | Union
April 8 | 6:30-8:30 pm | Mecklenburg
April 15 | 6:30-8:30 pm | Cabarrus *location: Dixon Academy, 200 Mail Drive Northeast, Concord, NC 28025
April 18 | 9:00-11:00 am | Mecklenburg
\$15 | 2 credit hours
April 27 | 6:30-8:30 pm | Rowan
\$7 | 2 credit hours
May 2 | 9:00-11:00 am | Mecklenburg
May 4 | 6:30-8:30 pm | Union
May 14 | 6:30-8:30 pm | Mecklenburg
\$15 | 2 credit hours |

June 8 | 6:30-8:30 pm | Rowan
\$7 | 2 credit hours

June 8 | 6:30-8:30 pm | Union
June 13 | 9:00-11:00 am | Mecklenburg
June 16 | 6:30-8:30 pm | Mecklenburg
\$15 | 2 credit hours
Audience & Level: A/1

Infant Toddler Zone: Creating a Secure Infant Toddler Environment

Providing a secure and nurturing child care environment is not an easy task. This session, part of the SUPERvision Series designed by the NC Division of Child Development and Early Education, will offer caregiver guidelines for creating secure physical environments for the infants and toddlers in their care. Keeping children safe and secure requires careful planning and proactive measures. Thoughtful, safe practices in the care of infants and toddlers will reduce liability for yourself and your program.

April 7 | 6:30-8:30 pm | Mecklenburg
\$15 | 2 credit hours
Audience & Level: A/1

Baby's Easy Safe Sleep Training

Is there anything better than holding a tiny infant in your arms? Baby's Easy Safe Sleep Training will help you to keep the infants in your care safe from SIDS. Participants will also learn how to talk to parents and families about this important topic. *this session does NOT replace the State required SIDS training.

May 4 | 6:30-8:30 pm | Mecklenburg
No fee | 2 credit hours
Audience & Level: A/2

Creating Outdoor Learning Environments for Infants and Toddlers: It's Not Called a "Playground" Anymore

"Going Outside" is not just about what's out there but what you do when you're out there. It's in the news almost weekly; America's children are not getting enough exercise! The First Lady has taken on this cause because it has become a serious issue for our children today. This session will help participants understand the benefits of taking children outside daily, and will provide suggestions on how to create outdoor spaces and provide activities for infants and toddlers that support all areas of learning and will introduce them to the natural environment.

June 17 | 6:30-8:30 pm | Stanly
\$15 | 2 credit hours
Audience & Level: A/2

Ouch! Biting Hurts!

Are you surrounded by biters? Are parents upset? Are your children fearful when one particular child gets too close? We cannot offer a magic solution, but we can offer ideas that will help take the "ouch" out of a child care providers day.

May 19 | 6:30-8:30 pm | Mecklenburg
\$15 | 2 credit hours
Audience & Level: A/1

PCAN 3: Social Emotional Development for Infants, Toddlers, and Their Families

Social-emotional development begins at birth and continues throughout life. The foundation for healthy social-emotional development laid in the first 3 years helps a child establish meaningful relationships with parents, caregivers, and peers and supports his or her learning, both in and outside of school. This session will give professionals an opportunity to explore the far-reaching benefits of social-emotional development, and learn the risks that emerge when this development does not unfold as it should.

May 21 | 6:30-8:30 pm | Mecklenburg
\$15 | 2 credit hours
Audience & Level: A/1

A Recipe for Quality: Combining the Key Ingredients of the ITERS-R

Room arrangement? Materials? Positive language? What does it all mean? Lecture, activities and discussion help with understanding the reasons behind the requirements of the ITERS-R. There will be time to create an action plan with specific goals and strategies that can be applied to all aspects of an infant and toddler environment. By discovering the details of each indicator, participants will gain independence in using the scales and confidence in their ability to provide high quality early learning experiences for infants and toddlers.

June 10 | 9:30 am-3:30 pm | Cabarrus
*location: King's Keep Learning Center, 7550 Ruben Linker Rd. NW, Concord, NC 28027
\$25 | 5 credit hours
Audience & Level: A/1

Increasing Quality Using the ITERS-R

Does hearing the term ITERS make you feel anxious? If so, this session is for you! Earning the scale for the big day is one thing, but maintaining that high level of quality for every other day is what it's really all about! Using pictures from different infant, toddler, and two-year-old classrooms, participants will break down the Infant Toddler Environment Rating Scale (R) into manageable parts, discussion indicators in detail. Participants will have opportunities to ask questions and get ready to return to their programs more confident and informed.

May 11 | 6:30-8:30 pm | Cabarrus *location: Dixon Academy, 200 Mail Drive Northeast, Concord, NC
\$15 | 2 credit hours
Audience & Level: A/1

Preschool

All About Math: Introducing Math in the Classroom

Shapes, Sorting, Counting, Graphing, its all math. The question you might be asking is "How am I supposed to teach preschoolers these concepts without old fashioned worksheets?" This workshop will show you how! Join us in exploring the exciting world of math.

April 8 | 1:00-3:00 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/2

Read Me A Story But Show Me Too

Come learn how to read in an exciting new way! This training focuses on oral language strategies. Teachers will learn how to read a book to the children using different props to help promote learning. Teachers will also learn how to implement the book into different centers in the room, enhancing the knowledge of new words and stories. With hands-on learning, we will explore how to pick target words that can help children with oral language and written language.

April 9 & 16 | 6:30-8:30 pm | Rowan

**reserved for Rowan County Providers only. Participants must attend both sessions to receive credit*

\$10 | 4 credit hours

Audience & Level: A/1

Talk! Read! Write!

Literacy for children in the early years needs to be real and meaningful. Wouldn't you like to do more with literacy in your classroom than the "letter of the week"? This session will give you developmentally appropriate tools, methods, and ideas that will help support literacy development in young children. Participants will develop an understanding of the principles of early literacy and will explore teaching strategies that will help integrate literacy throughout the early learning environment.

April 9 | 6:30-8:30 pm | Mecklenburg

April 28 | 6:30-8:30 pm | Union

\$15 | 2 credit hours

Audience & Level: A/3

Intentional Teaching

Intentional teaching is complex. Teachers must keep many elements of practice in mind at the same time. Think of intentional teaching as putting a complicated jigsaw puzzle together. When the puzzle is complete, the resulting picture is a dynamic, engaging classroom where all children grow and learn.

April 13 | 6:30-8:30 pm | Mecklenburg

May 7 | 6:30-8:30 pm | Cabarrus

**location: McGill Child Development Center*

375 George W Liles Parkway NW

Concord, NC 28025

\$15 | 2 credit hours

Audience & Level: A/2

I Want My iPad! Technology in the Classroom

With the explosion of technology in the world, dependence on such has grown to enormous proportions.. It seems that technology today does what the invention of plastic did for the world in yesteryears: It makes life easier in a multitude of ways! In this session, participants can learn how to make use of many high-tech tools, yet utilize developmentally appropriate discretion when choosing those tools. Although computers, video games, and Smart Boards are in the spotlight, technology is not limited to these alone. There are numerous tools and activities that can be used for and done with children, and as adults and providers; we must weigh the pros and cons of usage. Attend and learn about even the simplest way in which you can become very savvy in a high-tech society.

May 5 | 2:00-4:00 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/1

Nice Talking Baby!

This hands-on workshop will provide insightful instruction on stimulating early speech and language skills with children birth to 2 years. The presenter will discuss multiple modalities of encouraging babies and toddlers to communicate including the use of baby signs as well as cued speech. Presented by a Speech Language Pathologist specializing in Early Intervention techniques, this class will also address tips for reading to babies and fostering early literacy skills with infants and toddlers.

May 21 | 9:30-11:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/2

Preschool Science: Look What I Can Do!

Are you looking for new science experiments for your preschoolers? This session will provide hands-on experience learning ideas for several experiments that are appropriate for the children in your classroom.

May 29 | 6:30-8:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/2

Reading to Read: Using Story Time to Target Early Literacy Skills

In this research based course, teachers will be given literacy milestones and shown simple techniques to address core reading skills during shared book reading activities. The presenter will discuss current trends in education and literacy interventions geared towards developing students' vocabulary, listening comprehension, and phonological awareness amongst other critical reading skills. This workshop can be modified to focus on any specific age group or all ages 0-5. Intentional teaching is complex. Teachers must keep many elements of practice in mind at the same time. Think of intentional teaching as putting a complicated jigsaw puzzle together. When the puzzle is complete, the resulting picture is a dynamic, engaging classroom where all children grow and learn.

April 16 | 6:30-8:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/2

It's Off to School We Go: Kindergarten Readiness

Kindergarten readiness includes areas of social-emotional, cognitive, language and physical development. Come learn how to support children and parents as they move through this exciting process.

June 4 | 6:30-8:30 pm | Union

\$15 | 2 credit hours

Audience & Level: A/1

Rainy Day Fun

Can't take the children outside? Have fun inside! This session will give you ideas for indoor activities, along with resources and handouts to take back to your program to use right away. *this is an interactive session, so please dress accordingly.

June 11 | 10:00 am-12:00 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/2

Enhancing Speech and Language Skills in the Classroom

The presenter will describe speech-language milestones by age while highlighting specific red flags that every teacher should know to help identify a potential speech-language delay. Teachers will be given specific vocabulary to help them describe what they see in the classroom so that they begin discussing students' communication barriers with parents and make appropriate referrals. The presenter will give teachers ideas of ways to work with diagnosed and undiagnosed communication disorders in the classroom.

June 11 | 6:30-8:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/2

School-Age

SACERS-U: A Closer Look at Facilitating Activities

During this session we will take a closer look at a few items on the Activities sub-scale of the SACERS-U. We will review best practices, learn ways to extend activities and facilitate learning, and discuss required interactions. **please bring your SACERS-U book.*

April 15 | 10:00 am-12:00 pm | Mecklenburg

June 9 | 10:00 am-12:00 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/1

Basic School-Age Care (BSAC)

The State of N.C. mandates Basic School-Age Care (BSAC) training for all school-age professionals who work in or operate a licensed child care program. The modules in BSAC cover the elements of quality care, child development, positive guidance, age appropriate activities, environmental design, health & safety and NC Child Care Regulations. **reserved for school-age providers ONLY.*

April 18 | 9:00 am-2:00 pm | Rowan

**a bag lunch is suggested*

\$15 | 5 credit hours

April 28 & 29 | 10:00 am-12:30 pm | Union

May 8 | 9:00 am-3:00 pm | Mecklenburg **there will be a one-hour break for lunch on your own*

June 12 | 9:00 am-3:00 pm | Mecklenburg **there will be a one-hour break for lunch on your own*

June 19 | 9:00 am-2:00 pm | Cabarrus **a bag lunch is recommended. *location: King's Keep Learning Center, 7550 Ruben Linker Rd. NW, Concord, NC 28027*

\$25 | 5 credit hours

Audience & Level: A/1

School-age Self-Esteem

Self-esteem is about more than feeling happy. Having self-esteem means having confidence in one's own worth and abilities, and recognizing personal values and accomplishments. This session will help participants reach out to school-agers to give them the tools that they need to help them develop self-esteem through self-respect and self-value.

April 29 | 6:30-8:30 pm | Mecklenburg

June 18 | 9:00-11:00 am | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/1

Building School-Age Skills: Aggression

Learning alternatives to aggression is a skill that school-aged children develop over time. As caregivers, we can help these children learn more about self-control and problem-solving, and help them deal with disappointment and consequences in a more positive manner. This session will help providers direct school-age children through specific steps that will help them work through strong feelings in a more positive, less aggressive manner.

April 30 | 9:00-11:00 am | Cabarrus **location:*

King's Keep Learning Center, 7550 Ruben Linker Rd. NW, Concord, NC 28027

June 23 | 9:00-11:00 am | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/1

Dealing with Anger

Important life skills for children include learning effective ways to handle their aggression. This session takes a developmental look at anger, frustration and aggression. We will examine the common roots of angry feelings in children and in adult caregivers. Learn strategies to handle those feelings and reactions in positive ways and reduce triggers in your program.

May 1 | 10:00 am-12:00 pm | Union

\$15 | 2 credit hours

Audience & Level: A/1

Can We All Just Get Along?

During this session we will discuss how to create a classroom community where children are supportive of one another. Learn how to use non-competitive games to foster the acceptance of all children. Identify the strengths and challenges in your program, and learn how to use the strengths to create a sense of acceptance and community.

May 20 | 11:00 am-2:00 pm | Mecklenburg

\$24 | 3 credit hours

Audience & Level: A/1

SACERS-U: A Closer Look at Staff-Child Communication

During this session we will take a closer look at this indicator and the type of language and questioning techniques that meet the expectations for this item. ***please bring your SACERS-U book.*

June 2 | 10:00 am-12:00 pm | Mecklenburg

\$15 | 2 credit hours

Audience & Level: A/1

Workshops in Spanish (Entrenamientos en Español)

¡Que Cansado Estoy! La Importancia de Dormir

¿Están los niños durmiendo lo suficiente? ¿Hay una conexión entre el dormir y la obesidad? Durante este entrenamiento examinaremos la importancia del sueño su relación con la salud **webinar *Debe tener acceso a una computadora (con bocinas o audifonos) y servicio de Internet.*

June 19 | 10:00-11:00 am | Mecklenburg

\$7 | 1 credit hour |

Audience & Level: A/1

Webinars

Webinar

Infants/Toddlers

Ouch! Biting Hurts!

Are you surrounded by biters? Are parents upset? Are your children fearful when one particular child gets too close? We cannot offer a magic solution, but we can offer ideas that will help take the "ouch" out of a child care providers day. **access to a computer (with speakers or headphones) and internet service is required.*

April 8 | 1:00-2:00 pm | Online

\$7 | 1 credit hour

Audience & Level: A/1

Webinar

Child Development

Bullying: Today's Mean Scene

This online training session will give child care professionals a baseline knowledge of the current types and trends in bullying. Red flags and warning signs that may put a child at risk for prevention and intervention will be discussed. **access to a computer (with speakers or headphones) and internet service is required.*

April 21 | 1:00-2:00 pm | Online

\$7 | 1 credit hour

Audience & Level: A/1

Webinar**Infants/Toddlers****Potty Time: When is the Right Time?**

In this online training session, participants will learn to look for the cues that signal toilet training readiness in toddlers. Learn what to do when toileting accidents occur and learn how to work with parents throughout the toilet training process. *access to a computer (with speakers or headphones) and internet service is required.

May 8 | 12:00-1:00 pm | Online

\$7 | 1 credit hour

Audience & Level: A/1

Webinar**Infants/Toddlers****Supporting Language and Literacy Skills in Infants, Toddlers & Twos**

The path to literacy begins in infancy. This online session will explore the stages of language and literacy development in young children. The theory of literacy development will be combined with practical suggestions for effective practices to support literacy skills in young children. *access to a computer (with speakers or headphones) and internet service is required.

May 14 | 1:00-2:00 pm | Online

\$7 | 1 credit hour

Audience & Level: A/3

Webinar**Professionalism****Fathers and Father Figures**

What has remained constant over time is the acknowledgement that parents, both mothers and fathers, are a child's first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child. Research shows the impact of fathers on children's social and emotional development. This is the topic of this online training session as we think about obstacles to father involvement and discuss ways to support and encourage father involvement. *access to a computer (with speakers or headphones) and internet service is required.

June 10 | 12:30-1:30 pm | Online

\$7 | 1 credit hour

Audience & Level: A/1

Webinar**Administration****On Target: Marketing Your Center on a Shoestring Budget**

Do you feel financially squeezed from all sides? Money for marketing is often the first to disappear! Many directors are not sure what they can do to market their center without breaking the bank. Join this webinar to learn many practical and easy things you can do to market your center at little or no cost! *reserved for directors or other administrators only.

June 18 | 12:00-1:00 pm | Online

\$7 | 1 credit hour

Audience & Level: C/4

CCRI Regional Trainers

Erin Bracey
Smokie Brawley
Teri Brooks
Julie Clinkscale
Christine Cooper
Karen Darby
Grace Horsman
Samelia Jones

Debbie Johnson
Karen Long
Sheri Moroe
Gexenia Pardilla
Ashley Reid

County Trainers

CCRI – Cabarrus
Carmen Lewis

CCRI – Union
Grace Horsman
Jennifer Kappas

Smart Start Rowan
Jessica Boshuizen
Tracy Webb-Goodman

CCRI – Mecklenburg
Joan Nicholson
Juanita Smith
Debra Worsley

**Stanly County
Partnership for Children**
Gay Almond
Joy Heglar

Guest Trainers

Alpha-Grate-Sydnor
Captain Doug Stevens
Charlotte Speech and Hearing
Courtney Rickenberg
Jon Williams
Pat's Place Child Advocacy Center
Todd Hildebran
Union County & City of Monroe Fire Marshalls



Registration Form
Mecklenburg/ Cabarrus /Union
**Please see page 2 for details on how to register for Rowan and Stanly County training sessions.*

Organization/Program Name: _____

Organization Address: _____

City: _____ State: _____ County: _____ Zip Code: _____

Organization Phone Number: _____ Fax Number: _____ Email Address: _____

Type of Program (circle one): Child Care Center / Family Child Care Home / Center-In-A-Residence / School-Age Only / Public Pre-K / Part-Day Preschool / Head Start

Please list the title and date of the training session selection(s). In order to register multiple participants, you must include THEIR last name and the last four digits of THEIR Social Security Number. Please make copies as needed to register additional participants or sessions.

Training Session Title: _____ **Date:** _____

Participant Name (s): First, Last: _____

Participant Address: _____

Participant City: _____ State: _____ County: _____ Zip: _____

Participant Phone: _____ email: _____

Position (Administrator/Teacher/Asst): _____ Last 4 Digits of participants SSN: _____

Ethnicity (circle one) Caucasian / African American / Hispanic - Latino / Native American / Multi-Racial / Prefer not to give

Gender (circle one): M / F _____ # of children in care (0-4yrs) _____ # of children in care (5-12yrs)

Training Session Title: _____ **Date:** _____

Participant Name (s): First, Last: _____

Participant Address: _____

Participant City: _____ State: _____ County: _____ Zip: _____

Participant Phone: _____ email: _____

Position (Administrator/Teacher/Asst): _____ Last 4 Digits of participants SSN: _____

Ethnicity (circle one) Caucasian / African American / Hispanic - Latino / Asian / Native American / Multi-Racial / Prefer not to give

Gender (circle one): M / F _____ # of children in care (0-4yrs) _____ # of children in care (5-12yrs)

Training Session Title: _____ **Date:** _____

Participant Name (s): First, Last: _____

Participant Address: _____

Participant City: _____ State: _____ County: _____ Zip: _____

Participant Phone: _____ email: _____

Position (Administrator/Teacher/Asst): _____ Last 4 Digits of participants SSN: _____

Ethnicity (circle one) Caucasian / African American / Hispanic - Latino / Native American / Multi-Racial / Prefer not to give

Gender (circle one): M / F _____ # of children in care (0-4yrs) _____ # of children in care (5-12yrs)

Method of Payment: Check or Money order –payable to CCRI • 4600 Park Rd., Suite 400, Charlotte, NC 28209

Credit Card – Card Type: Visa MasterCard Discover

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Region 6
Child Care
Resource & Referral

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