

## From the Principal



### A2B4C

Today all students learnt about Craig Goozee's 12,500 marathon around Australia first hand from some of his support team.

Thank you to Jen and Pete Johnson and Lyndall Paine for organising the sessions and sharing with us Craig's inspiring journey. Donations can still be made [www.a2b4c.com.au](http://www.a2b4c.com.au)

### Umbrella Studios Creative Movement Workshops.

We are very fortunate to have producer and choreographer Megan Hanley offer Creative Movement with Costumes and Pantomime as an optional after school activity. The workshops are suitable for K - Yr 3 students and will commence next term on Wednesday afternoons in the school hall from 3pm - 4:30pm for 6 weeks. The Opening Course special offer is \$60 for 6 weeks. (Please see enrolment form on the back page) Megan will be available after next week's assembly to answer any questions.

### Congratulations

Congratulations to Kim Webster and Mike Sergeant on the birth of their 4th son. Callum Yr 2, Josh K and Byron are very proud of their new baby brother.



## From the REC

### RE News

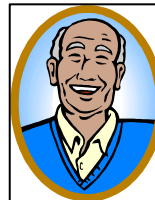
*Prayer is not a substitute for work. It is a desperate effort to work further and to be effective beyond the range of one's power.*

### Celebrating our Grandparents and Friends

On Friday 2<sup>nd</sup> October (last day of school), we will be having a



whole school Mass in honour of our Grandparents and Friends. The Mass will begin at Maria Regina Church at 10:30am and will be followed by a Morning Tea in the school grounds at 11:20am. Our



Grandparents and Friends will then be invited to visit their grandchild/ren's classroom. Invitations will be going home shortly for our Grandparents.

We will be asking for contributions towards Morning Tea in the way of cakes, biscuits, scones etc from each family.

### Parish Mass / Reconciliation

Unfortunately the 5/6 M and R Parish Mass and the Year 4 Reconciliation were postponed yesterday due to Father George's absence. Year 1 will attend the Parish Mass next Thursday 17<sup>th</sup> September and Year 4 will attend Reconciliation.

### IMPORTANT INFORMATION - First Eucharist Date Changes

Due to a clash with the Avalon Market Day, there has been a change to the dates of the sacrament of First Eucharist. This sacrament will now be held on Saturday 14<sup>th</sup> November (6pm) and Sunday 15<sup>th</sup> November (9am) at Maria Regina Catholic Church. The 6pm Mass will also be our school's final Family Mass for the year.


A reminder that the enrolment for First Eucharist is this weekend (12<sup>th</sup> / 13<sup>th</sup> September) after the weekend Masses at:


**Avalon:** 6pm Saturday evening / 9 am Sunday morning  
**Mona Vale:** 5pm Saturday evening / 8am, 9:30am and 6pm Sunday


**ENROLMENT IS COMPULSORY**

## From the Assistant Principal

At Maria Regina we **Respect Self and Others**   
"Manage Impulsivity"

 **Stop!** - Take a step back, take a breath, look around.

 **Think** - About how your actions may affect you or others.

 **Do** - What can you do to help the situation?  
Do you need to ask for help?

This weeks focus was  
**"Stop Think Do"**  
be aware of this expectation at home.

**Stop and think before you do things.**

If you are coming to school without your hat each day stop and think about this- our hat is part of our school uniform. You should have your hat in your bag ready to be worn during P.E and playtimes

**"Teenagers, Alcohol & Drugs  
- what every kid really wants and  
needs to know!"**

**Monday September 14<sup>th</sup> 7.30 –  
9.30pm**

Presenter – Paul Dillon

**Mater Maria Catholic College**

Forest Rd, Warriewood

**FREE – ALL WELCOME**

RSVP Cathie 9847 0340 or [parentcouncil@dbb.edu.au](mailto:parentcouncil@dbb.edu.au)

For further info.

[www.brokenbayparentcouncil.org](http://www.brokenbayparentcouncil.org)

## From the Library

**Library News Term 3 Week 7 2009  
Holiday borrowing:**

Children may borrow over the holidays provided all outstanding overdue books have been returned. At the end of next week, children will receive a list of any overdue books. Please assist them to search for these books and return them. If you cannot find the books please return the slip signed and I will then have a good look for them in the Library. Thank you for your help in this matter.

## Sports News

### Sport News

#### Broken Bay Diocesan Athletics Carnival

Good Luck to our students who are competing in the Broken Bay Diocesan Athletics Carnival at Narrabeen next Tuesday, 15<sup>th</sup> September.

These students will be competing in the following events:

**Ruby** - senior girls 100m, 200m, long jump and high jump

**Jason** - junior boys high jump

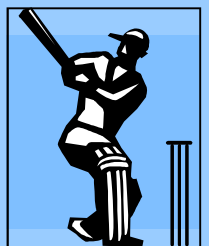
**Sophia** - senior girls shot put

**Courtney** - junior girls long jump.

This is a remarkable achievement to get to this high level of competition and we wish you all the best.

#### Cricket Gala Days

Good Luck to all our students from Year 3-6 who will be competing in the Peninsula Catholic Schools Cricket Gala Day next Wednesday 16<sup>th</sup> September (Years 3 and 4) and Thursday 17<sup>th</sup> September (Years 5 and 6). This event is being held at Nolan's Reserve, North Manly.



All children must wear their full sports uniform, school hat and sunscreen and bring their morning tea, lunch and plenty to drink. **Please make sure you are at school by 8.30 as the buses will be leaving at 8.45am sharp.**

**If you have not returned your permission note to your class teacher, please do so by Monday 14<sup>th</sup> September.**

Thank you to the parents who have offered to manage a team. You will be contacted by Monday. We look forward to an enjoyable day of cricket!

## From the Parents



A GREAT FAMILY FUN DAY

### MARIA REGINA FAMILY GOLF OPEN



**\*RAFFLES\*GAMES\*PRIZES\***  
**ROYAL AVALON GOLF COURSE**  
**Saturday 31<sup>st</sup> OCTOBER 2009**  
**SPONSORSHIP AND PRIZES**  
**WELCOMED**  
**MICHAEL KING 0407 975335**  
**CHRIS SMALLEY 0413 834217**

## Pink Ribbon Breakfast



Our annual Pink Ribbon Breakfast is on again this year and we need your help!

Pop Tuesday 27<sup>th</sup> October into your diary and join us for a yummy breakfast and a cup of tea to help raise funds and

awareness for breast cancer research. If you would like to help out with catering or decorating, a short meeting will be held on Friday 18<sup>th</sup> September at 8.20am in the year one classroom. Hope to see you there!

Alexis Conn.

## Band News

Get Ready!

Announcing the 2009  
 Music Performance Evening  
 Everyone is invited.

Come along to hear and encourage our young musicians.

Term 4

Evening of November 25  
 Maria Regina School hall.

Choir and Band Performances

Every maria Regina student who can lay an instrument or sing is encouraged to perform a solo or a small group piece.

So.....

Put the date in your diary and start planning your performances now!

Contact Kim Burton on 9973 1471 mb  
 0414420832 or email cchort@ans.com.au with any questions.

## Canteen News

Please note.....

From Monday September 14 The Canteen will not be selling Sausage Rolls or Macaroni Cheese till next year.

## Canteen/Ice Blocks Roster

### Canteen

Date	Time	Name
Sept 14	10-2pm	Cassie Matthews
	10-12pm	Cherie McKimmin
	12-2pm	Monique Boffa Jane Mann
Ice Blocks		
Sept 18	12.50-1.30pm	Rebecca Tuck Sophie Lee



**Important DATE!**

## Diary Dates

Wk 7	Sept 12	Sat	First Eucharist Day Enrolment Weekend
Wk 8	Sept 13	Sun	First Eucharist Day Enrolment Weekend
	Sept 15	Tues	Broken Bay Athletics Carnival Public Speaking Final 7pm Berowra
	Sept 16	Wed	Cricket Gala Day Years 3 and 4
	Sept 17	Thurs	Year 4 Parish Mass 9.15am Year 3 Reconciliation 10am Cricket Gala day Years 5 and 6
	Sept 18	Fri	Kindergarten Assembly

## Birthdays

Hayley 5/9	Tyson 6/9
Jason 11/9	Michael 11/9



# Creative Movement Workshops



## Creative Movement with Costumes & Pantomime ” After School Program for Term 4, 2009.

In the 4<sup>th</sup> term, we'll be holding  
Specialised classes with Producer /  
Choreographer Megan Hanley.  
We'll learn routines to music &  
Perform them in Costumes!

Lots of Supervised fun while learning.  
We'll play the 'Postman game' with  
Dance, Drama & Story Telling.



Bring afternoon tea & a drink for energy before class!  
Classes are for K - 3. Starting Wednesday October 21st  
3.00pm - 4.30pm for 6 weeks  
\$60.00 Opening Course Special Offer!  
Please pay by Chq / Money order in first 2 weeks of term.  
Chq payable to Umbrella Studios P/L. Please enclose with  
Permission slip below



Name: \_\_\_\_\_  
Will attend 'Umbrella Studios Creative Movement Program' in Term 4.

Enclosed \$ \_\_\_\_\_ Contact Name: \_\_\_\_\_

Ph No: \_\_\_\_\_ Signature: \_\_\_\_\_