

SCHOOL LETTERHEAD STATIONARY

Dear Parents:

District 181 is committed to creating a school environment that promotes positive nutritional habits in all students. Because food is incorporated into a variety of school-supported activities, a partnership between parents and school can be instrumental in facilitating the development of life-long healthy eating habits for our students. Providing healthy foods for school supported activities models positive eating habits and is one of the pillars of the District's wellness policy.

Food may be included in classroom parties, PTO/A sponsored lunches, or as a component of an instructional activity or lesson. Food is not to be used for birthday treats or rewards. Food should be prepackaged (not home-baked) or purchased from a vendor that provides an accurate ingredient list. Please complete the food permission form on the reverse side and return with your registration packet.

ROOM PARTIES

Each school has scheduled dates for seasonal parties on its calendar. Room parents must provide ingredient information to the school office at least 48 hours in advance of the party. Parents that indicate they want to be notified of the ingredients of foods served will be contacted by the school with the ingredient information. If a student has a dietary restriction or a food allergy, an alternate treat can be discussed and planned prior to the party.

PTO/A SPONSORED LUNCHESES

The PTO/A representative will provide an ingredient list to the school when lunch permission sheets are sent home. Parents that indicate they want to be notified of the ingredients of foods served will be contacted with the ingredient information. PTO/A representatives have limited ability to arrange for lunch alternatives.

LESSON-RELATED FOOD

When an activity or lesson is planned that incorporates the use of food, the classroom teacher is expected to notify all families, the principal, and the school nurse. The notification will include the foods to be used, an ingredient list, the dates the food will be used, and how to request additional information. Parents may also request information regarding the food's preparation site (i.e. the district food service, outside vendors, etc.). If there are concerns about the food, its preparation or use, contact the teacher of the lesson. When necessary, the teacher and parent should discuss appropriate accommodations.

Thank you for supporting us in our efforts to promote healthy eating habits for our students. The home and school partnership serves as a valuable catalyst in motivating children to develop life-long healthy nutritional habits.

Sincerely,

School Principal

Participation Permission Form
for School Parties and PTO/A Lunches
2010-2011

Please complete the permission form below and return it with your registration packet.

I give permission for my child, _____(print),
to fully participate in room parties, PTO/A lunches, and classroom curricular
activities during the 2010-2011 school year. I understand that efforts will be made
to use nutritious foods. Please check all that apply.

_____ I always want to be contacted about the foods' ingredients.

_____ It is unnecessary to contact me about the ingredients of the treats.

_____ My child may eat foods prepared or provided by businesses.

_____ My child will usually require alternative foods.

_____ I will provide the alternative foods.

Parent's signature _____ Date _____

E-mail _____ Telephone _____
print