Grace House Applicant Letter

Dear Grace House Applicant,

Thank you for your interest in Grace House Teen Challenge of Evansville. Grace House is a Christian long-term residential rehabilitation program. The program takes between 12 to 18 (average is 15) months to complete. Each lady will work at her own pace to complete her program. This program is for women ages 18 and older that are struggling with various kinds of life controlling problems (addictions) such as: drugs, alcohol, pornography, bulimia, anorexia and etc....

I have sent this packet of information to you at your request. I have enclosed the following:

- 1. Cover letter
- 2. Application for Acceptance
- 3. Applicant's Financial Responsibilities
- 4. General Rules Agreement
- 5. What to Bring List
- 6. Consent and Authorization Form
- 7. Medication/Medical Conditions Policy
- 8. Example of the Daily Schedule
- 9. Health Screening Form
- 10. Introduction to Teen Challenge

Please complete, sign, and mail the following forms: Application for Acceptance, Financial Responsibilities, Consent and Authorization, and Legal Questionnaire. Once I receive your completed paper work, I will contact you for an over the phone interview. After that interview, if a mutual decision has been made for you to come to Grace House you will need to have your doctor fill out the Health Screening Form and send it to us. Once we receive the Health Screening Form a date will be given to you to arrive at Grace House. **If you are in jail, prison, or on probation, your attorney or probation officer need to contact me in order for me to verify that you are allowed to come here.

Requirements for Grace House Residents:

- 1. Willing to commit to a minimum of 12 months in the program and possibly longer depending on her ability to complete the required learning contracts.
- 2. Understands this is a faith-based program and is willing to attend religious services
- 3. Willing to give up all drug, alcohol, and tobacco products.
- 4. Willing to submit to random drug testing and room & body searches.
- 5. Willing to have a full physical health screening before entering program
- 6. Not taking any psychotropic medications
- 7. Willing and capable of paying minimum fees for the program (included financial responsibility form in this packet)
- 8. Understands that contact with family& friends (phone calls and visits) is limited and a privilege that is earned and can be take away.
- 9. Understands that there is 24 hour supervision by staff and they will submit to the authority of all staff.
- 10. Understands that failure to comply with program policy and rules will result in immediate dismissal.

The Teen Challenge Program addresses the following areas of every clients life:

Addictions (Alcohol, Drugs, Tobacco...all life controlling issues)
Healthy and Unhealthy Relationships
Anger Management
Conflict Resolution
Stress Management
Abuse/Rape Issues
Authority Issues
Family Responsibilities
Accountability
Consistency
Financial Management
And many others.....

Our program is divided into 3 Phases. **The Induction Phase** is the first phase of the program. It lasts 4 to 6 months on average. This phase involves identifying 1) the underlying reasons for the individuals addiction cycle, 2) unhealthy patterns, 3) family relationships 4) key issues that the client needs to address before graduation. **The Training Phase** is the second phase of the program and it lasts for 2 to 4 months. In this phase of the program, the client is given more responsibilities and is required to do volunteer hours in the community. This phase is the beginning steps of developing skills and responsibility in every area of their life. **The Re-Entry Phase** is the third and final phase of the program. During this phase, the client is required to find a full-time job and keep it for 4 months. The issues that are addressed are financial management, identifying weaknesses and fears about being out in society, ability to cope when tempted with desires to use. There are several other areas each Phase addresses. This is an abbreviated description of what our program consists of.

This is a major decision for you. Please prayerfully consider all the requirements and the purpose of Grace House. The key is that you want to change and are willing to listen to the counsel of those God place in authority over you. This is not an easy program. It requires a big commitment, but we know that if you make that commitment you will be amazed at the changes that take place in your life.

Thank you for your inquiry and know we are looking forward to reviewing your application.

Sincerely, Cindy Gilbert Grace House Program Director

INTRODUCTION

TO

GRACE HOUSE

Grace House is a long-term women's residential Teen Challenge center in Evansville, Indiana. We have been very blessed by the Evansville Christian Life Center, which has offered, free of charge, the use of the 2nd floor of their beautiful building for our program. This amazing facility was a former monastery and is now being used as a multifaceted ministry that has impacted the Evansville community for almost 30 years.

Prior to becoming a Teen Challenge center, Grace House was a residential program for women who were dealing with a wide variety of issues such as: unplanned pregnancy, substance abuse, eating disorders, physical and sexual abuse, and other life controlling problems. These kinds of programs can become difficult to manage and very expensive to run. Therefore, many programs have no choice but to close down and try to restructure their program like Grace House did in 2002.

The board of the Evansville Christian Life Center (ECLC) began searching for a successful program that would be able to utilize their beautiful facility. In the process of their search, they discovered Teen Challenge International. In 2003, Clayton Arp, the Executive Director of Kentucky Teen Challenge was contacted by the board of ECLC about starting a long-term residential program for women.

After a year in planning and preparation, Evansville, Indiana had it's very first Teen Challenge fundraising banquet in November of 2004. The first banquet was a miraculous success which enabled us to open Grace House in March of 2005.

The 2nd floor of the Evansville Christian Life Center is Grace House. There are 23 individual bedrooms, which church groups, families, and friends of the Evansville Christian Life Center adopted and beautifully remodeled. An abundance of love, time and energy prepared this amazing facility for this ministry.

MISSION STATEMENT

The goal of Teen Challenge is to reach youth, adults, and families who have drug, alcohol, and other life-controlling problems and initiate the discipleship process to the point where the students can function in a society applying spiritually motivated biblical principles to relationships in the family, local church, chosen vocation and the community.

PURPOSE

Our primary purpose is to help people become mentally sound, emotionally balanced, socially adjusted, physically well and spiritually alive. We desire to introduce our students to Christ and then offer training as to how they can live for Him. We focus on offering a balance of compassion, discipline and consistency in daily living. We keep this purpose before us and we ask God for the vision of the work He desired to accomplish in each of the staff and students.

Grace House Teen Challenge of Evansville P.O. Box 2470 Evansville, IN 47728

Phone: 812-428-8448 Fax 812-402-9288

Applicant's Financial Responsibilities

The cost for a secular drug rehabilitation program can cost up to \$10,000 monthly whereas the cost per a student at Grace House Teen Challenge of Evansville is approximately \$1500. We do not require you to pay \$1500 a month, however, we need your financial help in order for you to come to our facility. So, at the time of intake, a pledge of monthly support is requested from you, your family, friends and your church to help offset the cost of your stay with us. We are funded voluntarily by individuals, churches, corporations and foundations. We do not receive any government funding for this program.

Your Financial Responsibilities <u>BEFORE</u> entering Grace House:

1. All applicants are financially responsible for their physical examination, including blood tests, **BEFORE** entrance into Grace House.

The specific blood work & physical exam must include:

Complete Physical Exam (use Health Screening Form)

VDRL (Venereal diseases)

Hepatitis A,B, & C (not the shots)

CBC

HIV

TB

Urinalysis

Pregnancy

Dental Exam

All written reports **MUST** be faxed or mailed to Grace House **BEFORE** entrance. Please sign a release with each facility so the results will be sent to us ASAP. Fax: ATTN: Grace House Intake Coordinator Fax #: 812-402:9288

- 2. There is a \$500.00 entrance fee & a \$700.00 minimum monthly tuition. If the client chooses to do automatic withdrawal their monthly tuition will be \$600.00. ALL FEES ARE NON-REFUNDABLE and must be paid on the day of your arrival. (Cash, money order, or check accepted).
- 3. Every applicant is **REQUIRED** to have return bus fare or flight fare from Evansville, IN back to their hometown upon entrance into the program- even if you have another means of transportation arranged. (This is in the event that you leave suddenly or are dismissed from the program.)
- 4. Provide spending money: \$50.00 \$70.00 per a month.
- 5. You must accept responsibility for payment of any of the following, if necessary, while at Grace House:

Medical and/or Dental Bills

Eye Exam/ glasses

Drug tests if necessary or required by probation office or courts

Long distance calls (collect or use a phone card)

Cost of transportation to and from bus station and/or airport

Your Financial Responsibilities while in the Grace House program:

There is a Biblical expectation (1 Tim. 5:8) that a family provide for the needs of its own. As a Christian program, we try to model Biblical teaching. Many cannot afford 100% support of \$1,500 but you are expected to provide at least some of the monthly tuition support while in the program.

Accepting my Biblical responsibility, I commit to provise in the Teen Challenge program.	(appli	icant)
Applicant's Financial commitment: Name		
One time support amount: Monthly	support amount:	
Personal Account monthly support amount:		
Signature:		
1 st Sponsor: Name	Phone	
Address:City	State	_Zip_
One time gift: (amount)	Monthly Support amount:	· ·
Personal Account monthly support: (amount)_		
Signature:		
2 nd Sponsor: Name	Phone	
Address: City	State	Zip
One time gift: (amount)	Monthly Support amount:	
Personal Account monthly support: (amount)		
Signature:		
3 rd Sponsor: Name	Phone	
Address:City	State	Zip
One time gift: (amount)	Monthly Support amount:	_ 1_
Personal Account monthly support: (amount)_		
Signature:		
4 th Sponsor: Name	Dhona	
Address: City	Phone State	7in
	Monthly Support amounts	- ∠ 1₽_
One time gift: (amount)	wioning Support amount.	·
Personal Account monthly support: (amount) Signature:		
NEHALUIC.		

GRACE HOUSE Bank Draft Form INDIANA TEEN CHALLENGE

AUTHORIZATION AGREEMENT FOR DIRECT PAYMENTS

Name(s)			
Address	_ City		
State Zip Phone	Email _		
Students Name			
I (we) hereby authorize Indiana Teen Challer indicated below at the financial institution nar			
Financial Institution Name			
Branch	Branch Pho	ne Number	
City	State	Zip	
Routing Number (Obtain from Financial Institution	ion)		
Account Number	This is a	checking	savings account
I (we) give permission for Indiana Teen Chal account listed above with the following frequency		e automatic withdraw	als from the
Amount to be debited monthly: \$ on ((1st or 15th) day of	f the month. (circle o	ne)
This authorization is to remain in full force an written notification from me (or either of us) of afford Indiana Teen Challenge Inc. and my fi	of its termination in	such time and in such	h manner as to
Name(s)		Date	
Signature	Signature		
You will receive a IRS donation letter for each gi			
NOTE: THE RECEIVER (donor) MAY REVOKE T	HIS AUTHORIZATIO	ON BY NOTIFYING TH	E ORIGINATOR

Return to Indiana Teen Challenge with a voided check
Indiana Teen Challenge Inc. State Office P.O. Box 564, Lebanon IN 46052
office @indianatc.org

(Indiana Teen Challenge) IN WRITING OR EMAIL AT LEAST 30 DAYS PRIOR TO THE FINAL AUTOMATIC

WITHDRAWAL. WRITTEN NOTIFICATION IS REQUIRED.



Attach Photo Here

Grace House Indiana Teen Challenge APPLICATION FOR ADMISSION

I.	GENERAL		TODAY'S	S DATE	/ /
1.	Name:	_			
	First	Middle	Last		
2.	Present Address:		- Ct		7.
	Phone: Street	So	City ocial Security #:	State	Zip
3.	Referred to Teen Challenge by:				
		Name		Phone	
	Address Relationship (Friend, Relative, etc.)	City		State	Zip
II.	PERSONAL				
1.	Birthdate: / /	Age: Sex	: M F Weig	ht: H	leight:
2.	Race: White Black Asian	n or Pacific Islander 🔲 H	ispanic	ndian Other	
3.	Are you an American Citizen?	Yes No			
4.	Are you living on your own? Reason for leaving home:	Yes No			
5.	What kind of problems did you have w	while living at home?			
6.	Last grade completed:	GED? Yes] No		
7.	Have you served in any branch of the Type of discharge:	military?	-		
8.	Do you have any Reserve or military of		Yes No		
9.	What is your sexual preference?	Iomosexual Bisexual	☐ Transsexual ☐ Het	terosexual	
10	. Have you ever engaged in homosexua	l activities?	No How recently? _		
11	. What are your present living condition	ns? With Whom?	Whe		
	How are you supported?				
12	What significant changes have occurred	ed in your life recently?	(Behavior, employme	ent, activities, etc.	.)

IV. DRUG HISTORY 1. Have you ever experimented with drugs or alcohol? Yes No 2. Why did you experiment with or become involved with drugs? Usage How Often Used?	1. ☐ Single ☐ Marri	ied 🗌 Senarated								
Address City State Zip 3. If separated or divorced, please give date: Reason for breakup: What is the relationship like now? 4. Do you have a boyfriend/girlfriend/finance'? Yes No If yes, what is the relationship like? 5. Do you have dependents? Yes No Dependent's Name Birthdate Age Other Parent's Name Child Support Me C		ica 🗀 Separatea	☐ Di	vorced Co	mmon Law 🔲	Widowed	Remarried			
3. If separated or divorced, please give date: Reason for breakup: What is the relationship like now? 4. Do you have a boyfriend/girlfriend/finance'?	2. Spouse or Ex-Spous	se's Full Name:				Phone:				
Reason for breakup: What is the relationship like now? 4. Do you have a boyfriend/girlfriend/finance'? Yes No If yes, what is the relationship like? 5. Do you have dependents? Yes No Dependent's Name Birthdate Age Other Parent's Name Child Support Me C	Address			City			State		Zip	1
4. Do you have a boyfriend/girlfriend/finance"?										
5. Do you have dependents?	4. Do you have a boyfi	riend/girlfriend/fi	nance'?	☐ Yes ☐	No					
Dependent's Name Birthdate Age Other Parent's Name Child Support Me Co	5. Do you have depend	dents? Yes								
V. DRUG HISTORY 1. Have you ever experimented with drugs or alcohol?	Dependent's Name	Birthdate	Age	Other Pa	arent's Name	Child S	upport			ody Other
1. Have you ever experimented with drugs or alcohol?										
1. Have you ever experimented with drugs or alcohol?		_								
1. Have you ever experimented with drugs or alcohol?										
Alcohol Barbiturates (downers) Amphetamines (uppers) Heroin Cocaine Hallucinogenics Opium Glue Tobacco Marijuana Other (Specify) 3. Do you consider yourself addicted? Yes No Explain: 4. I depend on drugs (Check which one(s) apply to you) To cope with life To be "in" with crowd										
Barbiturates (downers) Amphetamines (uppers) Heroin Cocaine Hallucinogenics Opium Glue Tobacco Marijuana Other (Specify) 3. Do you consider yourself addicted? Yes No Explain:		1 st Time	I	Last Time	Once	Several	Often	+	Reg	gularl
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Cocaine Hallucinogenics Opium Glue Tobacco Marijuana Other (Specify) 3. Do you consider yourself addicted? Yes No Explain: 4. I depend on drugs (Check which one(s) apply to you) To cope with life To be "in" with crowd										
Hallucinogenics Opium Glue Tobacco Marijuana Other (Specify) 3. Do you consider yourself addicted? Yes No Explain: 4. I depend on drugs (Check which one(s) apply to you) To cope with life To be "in" with crowd										
Opium Glue Tobacco Marijuana Other (Specify) 3. Do you consider yourself addicted? Yes No Explain: 4. I depend on drugs (Check which one(s) apply to you) To cope with life To be "in" with crowd	Heroin									
Tobacco Marijuana Other (Specify) 3. Do you consider yourself addicted? Yes No Explain: 4. I depend on drugs (Check which one(s) apply to you) To cope with life To be "in" with crowd	Heroin Cocaine									
Marijuana Other (Specify) 3. Do you consider yourself addicted? Yes No Explain: 4. I depend on drugs (Check which one(s) apply to you) To cope with life To be "in" with crowd	Heroin Cocaine Hallucinogenics									
Other (Specify) 3. Do you consider yourself addicted?	Heroin Cocaine Hallucinogenics Opium									
 3. Do you consider yourself addicted? Yes No Explain: 4. I depend on drugs (Check which one(s) apply to you) To cope with life To be "in" with crowd 	Heroin Cocaine Hallucinogenics Opium Glue									
4. I depend on drugs (Check which one(s) apply to you) \[\subseteq To cope with life \subseteq To be "in" with crowd	Heroin Cocaine Hallucinogenics Opium Glue Tobacco									
4. I depend on drugs (Check which one(s) apply to you) To cope with life To be "in" with crowd To pleasure To escape reality Other	Heroin Cocaine Hallucinogenics Opium Glue Tobacco Marijuana									
— · · · · · — — — — — — — — — — — — — —	Heroin Cocaine Hallucinogenics Opium Glue Tobacco Marijuana Other (Specify) 3. Do you consider you									
5. Longest period clean? When was that?	Heroin Cocaine Hallucinogenics Opium Glue Tobacco Marijuana Other (Specify) 3. Do you consider you Explain: 4. I depend on drugs (6)	Check which one((s) appl	y to you)	Γο cope with lif	e To be "in"	" with crow	vd.		

			Convicted?		
	Date	Charges	(Yes or No)	Sentence	Time Served
2.	Are ther	e pending charges?	If yes, when is cou	rrt date?	
3.		u ever been on probation? Yes			
	How do	g have you been on probation? you report? \square In person \square By \overline{M}	ail How often do yo	ning? ou report?	
				Phone:	
	Address				
	Are vou	on parole? Yes No			
	How do	you report? In person By Ma	ail How often do yo	ou report?	
	Name of	Parole Officer:		Phone:	
	Address	:			
4.	Have yo	u ever been in prison? Yes	No When?	Where?	
5.	Name of	Lawyer:		Phone:	
	Address	:			
I.	SPIRITUA	AL STATUS			
1.	Do you l	believe in God? Yes No	Uncertain		
2.	-	u ever committed your life to God?			
	_			:	
	a. Wha	at were the circumstances that led to	your decision?		
	1. 11.		2 - 40		
		w many times have you turned from C			
3.		en do you attend church? Never national preference:	_	ularly	
4.	-	a member of any church or religion? hich one?			

VII. FINANCIAL STATUS Are you receiving welfare, unemployment compensation, disability payments, workman's compensation, alimony, or other income? Yes No Explain: Do you have any outstanding debts or fines? Yes No Explain: Owed to Amount Address Phone **Payments** VIII. THE PRESENTING PROBLEM What is the main problem in your life, as you see it? (Why are you wanting to come here?) 1. 2. What have you done about it? 3. What are your greatest needs, in order of priority? Have you ever been involved in a Teen Challenge program before? Yes No Can't Remember 4. If yes, When? Where? Have you ever been in any other type of program before? Yes No How many? Religious Non-Religious Program Name Dates City & State Reason for Leaving 6. Why do you wish to be admitted to this Teen Challenge program?

8. Are you expecting God to do it all ("zap" you) or do you believe it will take commitment and sacrifice on your part?

Describe what you're willing to do, or what you think is required of you?

What are you expecting (believing) God to do in your life while you are at TC?

7.

IX.	HEALTH STATUS
1.	Range your general health:
2.	Do you have any communicable diseases? Yes No If so, what?
	Do you have epilepsy, seizures, diabetes? Yes No If so, what?
3.	List any medical problems or handicaps:
4.	Are you presently receiving medical care? Yes No If so, where?
5.	Are you currently taking medication?
6.	Do you have any physical problems due to drugs/alcohol? Yes No
7.	Have you been hospitalized within the past 12 months? Yes No If so, please explain:
8.	List all medications to which you are allergic or sensitive:
9.	List all allergies (including food, latex, insects, etc.)
10.	Have you ever had psychiatric care? Yes No If so, please explain:
11.	Have you ever attempted suicide? Yes No If so, How?
	Was it drug or alcohol related? Yes No If so, explain:
12.	What is the condition of your teeth? (Must provide a copy of dental exam and must have all necessary dental work completed before coming into Teen Challenge; otherwise must wait until Re-entry and you will be responsible for all expenses incurred. Unless something arises of an emergency nature, you will not be taken to a dentist while in Teen Challenge.)
For Wo	omen Only:
1.	Are you pregnant? Yes No Maybe Why do you think so?
2.	Menopause? (Change of Life)
3.	Have you ever had an abortion? Yes No If so, how many times? Please explain the circumstances of each time:

CHEC	KLIST: Make Check marks on the line as you complete each step.
_	Fill out application completely Sign and witness student agreement Sign General Program Rules agreement
	Fill out Financial Responsibilities Form
Note:	Every step must be completed and checked off BEFORE your application will be considered.
We res	erve the right to dismiss any student who knowingly does not disclose pertinent medical ation.

STUDENT AGREEMENT

- 1. I have read the rules and consent to abide by all of them, whether I agree with them or not.
- 2. I will dedicate myself to the discipleship program until it is recognized by the TC staff that I qualify for completion. I realize this is only possible by submitting to the Lordship of Jesus Christ and that I cannot do this in my own strength.
- 3. I release to Teen Challenge the right to search, read, and withhold my mail in the manner explained in the rules.
- 4. I release the right to Teen Challenge to do a room search and/or drug screen without warning. (Note: This is not done routinely, but only at times of definite cause.)
- 5. I release the right to Teen Challenge to make a thorough search of my person and belongings on the day of my admission.
- 6. I understand that withdrawal from drugs, alcohol, and cigarettes will be done "cold turkey" aided only by prayer. If this is not agreeable, withdrawal should be done prior to entrance.
- 7. I understand that Teen Challenge will not be held responsible for any of my personal property left, lost, or stolen while I am in the Teen Challenge program. When leaving Teen Challenge, I understand that all my personal property must be taken with me.
- 8. I release Teen Challenge from all financial or legal responsibilities in case of accident, injury, illness, or other misfortune.
- 9. I understand that I will not receive payment for the work I do while in the Teen Challenge program. I also understand that the purpose of this work is to aid in my character development.
- 10. I release the right to Teen Challenge to withhold any of my belongings that they deem necessary. Any items not specifically listed under "Forbidden Items" in the rules will be held for me until my departure.
- 11. I understand that upon arrival I must deposit with Teen Challenge the cost of a return bus ticket to be held for me in case I am dismissed or decide to leave the Teen Challenge program prematurely.
- 12. I agree to submit to the authority of all staff members.

THIS FORM MUST BE NOTARIZED BEFORE YOUR APPLICATION CAN BE PROCESSED!

Date	Applicant's Signature
Date	Witness Signature
Date Received	Grace House Staff Signature

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Grace House

Indiana Teen Challenge P.O. Box 2470 Evansville, IN 47728 PH: 812-428-8448

Fax: 812-402-9288 evansvilletc@yahoo.com

CONSENT & AUTHORIZATION TO RELEASE INFORMATION

I	hereby request and authorize Grace House Teen Challenge of the following information to:
Individual/Organization:	
Address:	
Phone #:	
I request and authorize Grace House information:	e Indiana Teen Challenge to receive or release the following types of
counselors, attorneys, medical infor	carceration, communication/telephone calls with probation, parole, rmation, and any and all information which will assist in rehabilitation continued residence in the Grace House program.
Additional specific informat	tion:
This authorization is subject to revo	ocation at any time except to the extent that action has been taken in rior thereto, this authorization to release information shall expire on
Date of Birth	Social Security Number
Signature	Date
Witness	 Date

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SCHEDULE FOR 1ST PHASE STUDENTS	
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	-	1.00.7					9:15-10:30	1:30	2:30		00.	00.400.4	T	Т					00:		7.00	T	25.	00:7-04:7		00-8:10	00:0	1.00	1:30		12:30		5:00		2:00	5:30	00:9	00:2		8:00-9:00		8:13-8:50	1		7:00			3,00		49-00 49-30	1800	1	2:00-3:30	1				1		

	THURSDAY
7:00	WAKE UP
7:20	
7:45	
7:55	ORES
9:00-9:15	USE AND WOR
Until 10AM	OVOTING OF ASS
11:00-11:30	HALL
11:30-12:00	FREE TIME . *
12:00-12:30	H ME
12:30-1:15	O
1:15-2:00	FREE TIME
2:00-3:30	STUDY HALL EDEE TIME MEDS
5:00-5:30	g
5:30-6:00	FREETIME
6:00-8:00	100
8:00-9:00	SHOWERS/FREETIME/MEDS
9:00-9:15	ROUP DEVOTIONS
9:15-9:50	PERSONAL DEVOTIONS
10:00	LIGHTS CO.
4.00	TOOK I
7.20	BREAKEAST
7:45	SQE
7:55	Soda and
9:00-9:15	PRAISE AND WORSHIP
10:00-7	JSE
7-12:00	FREETIN
12:00-12:30	LUNCH
12:30-2:00	PART INTO
2:30-3:30	WOW TOWN
5:00-5:30	OINNE
5:30-6:30	FREETIME
6:30-7:30	Ö
7:30-8:00	SHOWERS
11:00	MOVIE SNACKS
	SATURDAY
9:00	EUP
	BREAKFAST
ALL DAY	FREE ITWE
5:00-5:30	DINNER
	STINY HAI
	SHOWERS/FREETIME/MEDS
60	ROUP DEVOTIC
10:00	LIGHTS OUT
SUNDAY	
8:00	WAKE UP, BREAKFAST
12:30-1:00	5
	FREE TIME(NAP
5:00-5:30	OINNER FORTH 4887
6:00-8:00	USIGNE
8:00-9:00	SHOWERS/FREETIME/MEDS
9:15-9:50	PERSONAL DEVOTIONS
40.00	THEFT

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10.00	TIO STREET

Grace House

Teen Challenge of Evansville P.O. Box 2470 Evansville, IN 47728 Phone: 812-428-8448 Fax 812-402-9288

General Program Rules Agreement

The following are just <u>some</u> of the basic rules of Grace House Teen Challenge of Evansville. You will be provided with a complete handbook of rules upon admittance to Grace House.

Grace House:

- 1. I understand that Grace House is a Christian Discipleship Program and I agree to be subject to Biblical teaching and Christian forms of behavior.
- 2. I agree to assume personal responsibility for my own attitude and behavior at all times. I understand that what the program staff call incorrect behaviors and bad attitudes will be confronted and may result in disciplinary action. I will agree to do the disciplinary action or project with an improved attitude.
- 3. I understand that my main purpose for being in the program is to learn a new way of life, not just to get off drugs or alcohol.

Personal:

- 1. I will not possess or use drugs at any time, including psychiatric medications
- 2. I will not smoke or have cigarettes in my possession.
- 3. I will not curse or use off-color expressions or bodily gestures.
- 4. I will not talk about street life, drugs, or reminisce about past wrong doings (unless in support group).
- 5. I will not horseplay or engage in any other inappropriate body contact.
- 6. I will not become part of a clique.
- 7. I will not call other people names.
- 8. I will not go outside of the building without staff permission.
- 9. I will not bring a radio, tape recorder, books (other than approved spiritual or devotional books), knives, lighters, etc.
- 10. I will adhere to the modest dress code and not try to wear inappropriate clothing while at Grace House.

Family:

- 1. I will agree to the staff screening and reading all incoming and outgoing mail.
- 2. I agree to write only members of my immediate family, pastor and others approved by the director-no letters to boy friends or friends from jail.
- 3. I agree to wait until my 15th day here to write to anyone or to receive mail from anyone, unless I lose that privilege or have it delayed because of incurring demerits for bad behavior.
- 4. I agree to make only two (2) outgoing phone calls to my family or approved individuals on the designated nights during the assigned time after my first two (2) weeks at Grace House. (If I don't lose that privilege by incurring demerits.)
- 5. I agree not to have any visits from my immediate family until after 30 days here and only then with the program director's approval if I have earned that privilege.
- 6. I agree NOT to demand to call my family until the approved time.

Group:

- 1. I agree to participate in all scheduled activities including class, chapel, church, work, and recreation. I will do what I'm required to do in each of these activities without complaining.
- 2. I agree to conduct myself in a Christ-like manner and will not do anything in public that will cal attention to myself or reflect badly upon the whole group.
- 3. I understand the length of the Grace House program depends on how long it takes me to complete my learning contracts and I must receive the approval from the Program Director before I can graduate. This will take a minimum of 12 months and could take up to 18 months. I am responsible for my learning process. Staff will help me, but it will be up to me to do the work.

Discipline:

- 1. I understand that I'm expected to be prepared, in place and on time for all my scheduled activities 24 hours a day. I also understand that any tardiness, un-preparedness, and other forms of carelessness will result in disciplinary action.
- 2. I understand that my room must be kept in a neat and orderly manner at all times.
- 3. I understand there will be a dress code and I will adhere to it without complaining.
- 4. I understand there will be a grooming code: Shower once a day according to shower schedule, use good grooming habits for my hair, nails and general appearance, use deodorant and light cologne (nothing overpowering to other students or staff.)
- 5. I understand that disciplinary action may include: demerits, extra duty, loss of privileges, suspension, or dismissal.

, G	e more detailed handbook agreements I will receive upon Intake.
Applicant Signature	Date
***Applicant's with a child or children	still living at home:
I know I can not bring my children with me to the provided for while I'm in Teen Challenge.	Grace House program. The needs of my underage children are being
They will be cared for by the following person/peo	pple, physically as well as financially:
NamePhone	Address
	Address
Applicant Signature	Date

Grace House Applicant Letter

Dear Grace House Applicant,

Thank you for your interest in Grace House Teen Challenge of Evansville. Grace House is a Christian long-term residential rehabilitation program. The program takes between 12 to 18 (average is 15) months to complete. Each lady will work at her own pace to complete her program. This program is for women ages 18 and older that are struggling with various kinds of life controlling problems (addictions) such as: drugs, alcohol, pornography, bulimia, anorexia and etc....

I have sent this packet of information to you at your request. I have enclosed the following:

- 1. Cover letter
- 2. Application for Acceptance
- 3. Applicant's Financial Responsibilities
- 4. General Rules Agreement
- 5. What to Bring List
- 6. Consent and Authorization Form
- 7. Medication/Medical Conditions Policy
- 8. Example of the Daily Schedule
- 9. Health Screening Form
- 10. Introduction to Teen Challenge

Please complete, sign, and mail the following forms: Application for Acceptance, Financial Responsibilities, Consent and Authorization, and Legal Questionnaire. Once I receive your completed paper work, I will contact you for an over the phone interview. After that interview, if a mutual decision has been made for you to come to Grace House you will need to have your doctor fill out the Health Screening Form and send it to us. Once we receive the Health Screening Form a date will be given to you to arrive at Grace House. **If you are in jail, prison, or on probation, your attorney or probation officer need to contact me in order for me to verify that you are allowed to come here.

Requirements for Grace House Residents:

- 1. Willing to commit to a minimum of 12 months in the program and possibly longer depending on her ability to complete the required learning contracts.
- 2. Understands this is a faith-based program and is willing to attend religious services
- 3. Willing to give up all drug, alcohol, and tobacco products.
- 4. Willing to submit to random drug testing and room & body searches.
- 5. Willing to have a full physical health screening before entering program
- 6. Not taking any psychotropic medications
- 7. Willing and capable of paying minimum fees for the program (included financial responsibility form in this packet)

- 8. Understands that contact with family& friends (phone calls and visits) is limited and a privilege that is earned and can be take away.
- 9. Understands that there is 24 hour supervision by staff and they will submit to the authority of all staff.
- 10. Understands that failure to comply with program policy and rules will result in immediate dismissal.

The Teen Challenge Program addresses the following areas of every clients life:

Addictions (Alcohol, Drugs, Tobacco...all life controlling issues)
Healthy and Unhealthy Relationships
Anger Management
Conflict Resolution
Stress Management
Abuse/Rape Issues
Authority Issues
Family Responsibilities
Accountability
Consistency
Financial Management
And many others.....

Our program is divided into 3 Phases. **The Induction Phase** is the first phase of the program. It lasts 4 to 6 months on average. This phase involves identifying 1) the underlying reasons for the individuals addiction cycle, 2) unhealthy patterns, 3) family relationships 4) key issues that the client needs to address before graduation. **The Training Phase** is the second phase of the program and it lasts for 2 to 4 months. In this phase of the program, the client is given more responsibilities and is required to do volunteer hours in the community. This phase is the beginning steps of developing skills and responsibility in every area of their life. **The Re-Entry Phase** is the third and final phase of the program. During this phase, the client is required to find a full-time job and keep it for 4 months. The issues that are addressed are financial management, identifying weaknesses and fears about being out in society, ability to cope when tempted with desires to use. There are several other areas each Phase addresses. This is an abbreviated description of what our program consists of.

This is a major decision for you. Please prayerfully consider all the requirements and the purpose of Grace House. The key is that you want to change and are willing to listen to the counsel of those God place in authority over you. This is not an easy program. It requires a big commitment, but we know that if you make that commitment you will be amazed at the changes that take place in your life.

Thank you for your inquiry and know we are looking forward to reviewing your application.

Sincerely, Rev. Rebecca A. Henslee Grace House Program Director

INTRODUCTION

TO

GRACE HOUSE

Grace House is a long-term women's residential Teen Challenge center in Evansville, Indiana. We have been very blessed by the Evansville Christian Life Center, which has offered, free of charge, the use of the 2nd floor of their beautiful building for our program. This amazing facility was a former monastery and is now being used as a multifaceted ministry that has impacted the Evansville community for almost 30 years.

Prior to becoming a Teen Challenge center, Grace House was a residential program for women who were dealing with a wide variety of issues such as: unplanned pregnancy, substance abuse, eating disorders, physical and sexual abuse, and other life controlling problems. These kinds of programs can become difficult to manage and very expensive to run. Therefore, many programs have no choice but to close down and try to restructure their program like Grace House did in 2002.

The board of the Evansville Christian Life Center (ECLC) began searching for a successful program that would be able to utilize their beautiful facility. In the process of their search, they discovered Teen Challenge International. In 2003, Clayton Arp, the Executive Director of Kentucky Teen Challenge was contacted by the board of ECLC about starting a long-term residential program for women.

After a year in planning and preparation, Evansville, Indiana had it's very first Teen Challenge fundraising banquet in November of 2004. The first banquet was a miraculous success which enabled us to open Grace House in March of 2005.

The 2nd floor of the Evansville Christian Life Center is Grace House. There are 23 individual bedrooms, which church groups, families, and friends of the Evansville Christian Life Center adopted and beautifully remodeled. An abundance of love, time and energy prepared this amazing facility for this ministry.

MISSION STATEMENT

The goal of Teen Challenge is to reach youth, adults, and families who have drug, alcohol, and other life-controlling problems and initiate the discipleship process to the point where the students can function in a society applying spiritually motivated biblical principles to relationships in the family, local church, chosen vocation and the community.

PURPOSE

Our primary purpose is to help people become mentally sound, emotionally balanced, socially adjusted, physically well and spiritually alive. We desire to introduce our students to Christ and then offer training as to how they can live for Him. We focus on offering a balance of compassion, discipline and consistency in daily living. We keep this purpose before us and we ask God for the vision of the work He desired to accomplish in each of the staff and students.

Grace House

of Indiana Teen Challenge Inc. www.TeenChallengeHELP.com - 812-428-8448

Medical Waiver

Prior to your arrival at Grace House; you are required to receive a physical. One of the purposes for the physical is to make sure there are no urgent medical needs; that will require a Dr's visit. It's is also requested that all dental has been taken care of as well.

Teen Challenge is not equipped nor staffed to handle students with chronic medical conditions. Visits to the physician are for emergencies only. We are not able to transport ladies to and from the physician's office for consultation, labs, x-rays or other diagnostic testing.

If you have read the above statements and have agreed to adhere with them please sign below.

Student signature:	
Date:	
Staff signature:	
Date:	

Grace House Indiana Teen Challenge P.O. Box 2470 Evansville, IN 47728 Phone: 812-428-8448 Fax 812-402-9288

Teen Challenge Policy on Psychotropic Medication

It is the desire of Teen Challenge to minister to all who wish to enter our program to find hope, salvation, and deliverance in Jesus Christ. Due to the great diversity in the staffing of our ministries and the level of availability of volunteer support services, equity in specialized care is not assured. Each local center through its executive director and board of directors determines its own admissions policies concerning those with unique situations, i.e. AIDS, mental and physical disabilities, long-term prescription usage, etc.

Grace House Teen Challenge of Evansville Policy on Psychotropic & Other Medications

Our center does not accept applicants who are taking psychotropic, mood altering, or narcotic medications. If an applicant is currently taking a psychotropic medication, but she desires to stop taking the medication in order to enter our program, she must obtain a doctor's release to do so. We *will not* direct a student to stop using prescribed medication.

Grace House Policy on Applicant's with Medical Concerns

Our center has a strict admittance policy for women with disabilities and other medical conditions due to our inability to accommodate their needs. Our center is located on the second floor of a beautiful old monastery with many staircases. All residents staying at our center must be capable of climbing stairs, and doing household chores. If there is a medical condition that prevents and individual from being able to meet our requirements, she would not be able to be accepted into our program. If an applicant has a medical condition that requires frequent medical checkups, she would not be able to be accepted into our program.

It is our desire to be able to help as many women as possible. Unfortunately, there are some practical issues that prevent us from accepting applicants with the previously mentioned medical issues.

STUDENT AGREEMENT

- 1. I have read the rules and consent to abide by all of them, whether I agree with them or not.
- 2. I will dedicate myself to the discipleship program until it is recognized by the TC stall that I qualify for completion. I realize this is only possible by submitting to the Lordship of Jesus Christ and that I cannot do this in my own strength.
- 3. I release to Teen Challenge the right to search, read, and withhold my mail in the manner explained in the rules.
- 4. I release the right to Teen Challenge to do a room search and/or drug screen without warning.
- 5. I release the right to Teen Challenge to make a thorough search of my person and belongings on the day of my admission.
- 6. I understand that withdrawal from drugs, alcohol, and cigarettes will be done "cold turkey" aided only by prayer. If this is not agreeable, withdrawal should be done prior to entrance.
- 7. I understand that Teen Challenge will not be held responsible for any of my personal property left, lost, or stolen while I am in the Teen Challenge program. When leaving Teen Challenge, I understand that all my personal property must be taken with me.
- 8. I release Teen Challenge from all financial or legal responsibilities in case of accident, injury, illness, or other misfortune.
- 9. I understand that I will not receive payment for the work I do while in the Teen Challenge program. I also understand that the purpose of this work is to aid my character development.
- 10. I release the right to Teen Challenge to withhold any of my belongings that they deem necessary. Amy items not specifically listed under "Forbidden Items "in the rules will be held for me until my departure.
- 11. I understand that upon arrival I must deposit with Teen Challenge the cost of a return bus ticket to be held for me in case I am dismissed or decide to leave the Teen Challenge program prematurely.
- 12. I agree to submit to the authority of all staff members.

THIS FORM MUST BE SIGNED AND WITNESSED BEFORE YOUR APPLICATION CAN BE PROCESSED!

Date	Applicants Signature
Date	Witness Signature
Date Received	Grace House Staff Signature

GRACE HOUSE TEEN CHALLENGE

509 S. KENTUCKY AVE EVANSVILLE IN.47714 Phone (812)-760-2089

Tuition form

I understand that I need to par	y my tuition in full in order to graduat
from the Grace House Teen Challenge program.	If I do not have a balance of \$0 by th
end of my Phase 3, then I v	<u> </u>
Student Signature	Date
Staff Signature	Date

Grace House

Teen Challenge of Evansville P.O. Box 2470 Evansville, IN 47728 Phone: 812-428-8448 Fax 812-402-9288

What to Bring List

Clothing

We are a Christian program, so we expect all clothing to be modest-- anything too short, too tight, or revealing will not be allowed.

General Dress Code:

No spaghetti straps; No tank tops (unless under a shirt); No backless dresses or blouses

No low-cut tops; No crop tops; No shirt shirts that reveal the belly or waist area

No low-cut pants or jeans; No hip huggers; No spandex-style or clinging pants

Shorts- no more than 2-3 inches above top of the knee cap

Sleepwear: must be modest; no short-shorts; a Robe must be worn over PJ's or nightgown when not sleeping

Underwear: must be modest; nothing too see-through

Bras and panties must be worn at all times except when sleeping

Nothing with obscene language, secular messages, pictures or anything representing tobacco, drugs, secular music, the occult, or racism, etc.

Since storage space is limited, the amount of clothing allowed is limited. You don't have to bring everything on this list. We strictly adhere to the following maximum amounts:

Formal (For Church)

Dresses: 4 to 6 Skirts: 4 to 6 Dress Pants: 5 to 6 Blouses: 6 to 8

Dress Socks/ Hose: 4 to 6 pairs

Slip: 2 (whole or half) Dress Shoes: 5 pairs

Casual (Every day wear)

Jeans or slacks: 5 to 6 pairs

Shirts / T-shirts (long or short sleeve): 7 to 8

Tennis shoes: 2 pair Sandals or flip flops: 2 pair

Shorts: 4 to 6

Sweat pants & shirt: 3 to 5

Sweater: 3 to 4

Sleepwear

Summer pajamas/nightgown: 1 to 2 Winter pajamas/nightgown: 1 to 2

Bathrobe: 1 lightweight and 1 heavier weight

House Slippers: 1

Underwear

Panties: 8 to 12 pair Bras: 6 to 8

Socks: 8 to 10 pair (every day wear)

Outerwear (Spring, Fall & Winter)

Lightweight Jacket: 1 to 2

Heavy Jacket: 1 Sweaters: 1 to 2 Winter Coat: 1

Boots: 1

Gloves/ Mittens: 1 to 2 pair

Hat: 2 to 3 Scarf: 2 to 3

Other Clothing

Swimsuit 1 pieces only: 2 Swimsuit cover up shirt: 1

Beach towel: 1

(We go swimming for exercise often)

OTHER

Personal Care/ Hygiene Products

Toothbrush, toothpaste, dental floss

Hair brush/ comb

Hair dryer, curing iron, curlers

Shampoo, conditioner, mousse or gel

Bath soap, shower gel, body lotion

Makeup, nail polish/ remover

Perfume or cologne Sanitary napkins/ tampons

Disposable razors

One-A-Day Multivitamin

Tylenol, aspirin, ibuprofen

Non-drowsy cold medicine tabs not liquid

Other Items

Bible

Daily Devotional: 1 to 2

Journal

Pencils & Pens

Stationary/ envelopes/ stamps

Picture album (no immodest pictures, or pictures

of boyfriends allowed)

Pictures of family in small frames: 2 to 4

1 small or medium stuffed animal

Small craft project (cross stitch, needlework....)

1 CD player that doesn't have a radio on it
10 CD's (with your name written on them)

Prescription medicine (no narcotics, barbiturates, sleeping pills, nerve pills, psychiatric drugs, laxatives, etc.)
Water bottle

All bedding and towels are provided. You can bring your own pillow (1), and towels (5).

You <u>MUST</u> bring the following documents with you:

Driver's license or photo ID

Birth Certificate

Social Security Card

Any legal papers such as probation conditions, etc.

Medical or Insurance Card (if you have one)

DO NOT BRING:

nicotine replacement patches or gum any tobacco products drug paraphernalia of any kind poker cards or dice lighters or matches

weapons of any kind: guns, knives, box cutters, scissors, straight razor, etc.

If you bring any of these items, they will be confiscated and disposed of immediately. You will not get them back!!!

You can bring some modest jewelry, but be careful about bringing expensive items. They will not be locked up. We recommend that you not bring any valuable jewelry. No gaudy costume jewelry. No jewelry with drug, alcohol, tobacco or occult symbols. NO nose rings/studs, eyebrow, tongue, lip, bellybutton or other body piercing rings or studs allowed. Any restricted items will be confiscated and held until departure date.

You will **not** be allowed to bring your own car/vehicle until you are in the **RENTRY PHASE**.

Any clothing or items left behind upon departure will be held for 30 days only! After that, they will be disposed of. Resident or family will be responsible for paying for postage to ship items home.

Grace House Indiana Teen Challenge P.O. Box 2470 Evansville, IN 47728

Phone: 812-428-8448 Fax 812-402-9288

Applicant's Health Screening Form

**This form must be completed by your doctor **

I am applying for admittance into the Grace House Teen Challenge of Evansville residential discipleship program. In order to complete my application, I need a doctor to complete the following form regarding my health. I give permission and authorize you to release the information requested below to Grace House Teen Challenge of Evansville. After completion, this form is to be mailed or faxed to the center. Applicant's Signature Date **General Information** 3. Any Allergies:_____ 4. Any Current Medical Conditions/Concerns: 5. Medication currently prescribed, the reason for the medication, and the duration of it's use: 6. History of major illness:_____ 7. History of Surgeries/Hospitalizations: 8. Has this individual been exposed to any communicable diseases? Yes______ No _____ If yes, please explain: Last Tetanus Toxoid _____ Polio ____ Measles _____ 9. Immunizations (dates):

Mumps _____ Rubella ____ Other ____

Physical Examination

Height:	Weight:	Blo	od Pressure:		
Pulse:	Respirations:	Ter	mperature:		
General Appearance (inclu		_ ,			
Please check the following ar					
S = satisfactory U = unsat	is factory O = not e	examined			
1. Check for head lice:	does not hav	e head lice	does hav	e head lice	
2. Check ears:	Hearing:	Right:	Left:		
3. Check eyes:	Vision:	Right:	Left:	Has G	lasses?
4. Check the following are	eas: Nose:	Throat:	Mouth	/Teeth:	Chest:
Cardiac:	_ Abdomen:	Genitalia:_	Ski	in:	Scabies:
Musculo-Skeletal:_		Neurologic:			
Required Tests					
VDRL:Hepatitis Screening: ABC	Urinaly Pregna Pap Sn	ysis: ncy: near: s must be within	HIV CBC	er Function: /: C: y.	
General comments, assessi	Attach compu	•	of all test re	esults	
Signature of Examining	Physician:			Date:	
Address:					

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Mumps _____ Rubella ____ Other ____

Physical Examination

Height:	Weight:	Blo	od Pressure:		
Pulse:	Respirations:	Ter	mperature:		
General Appearance (inclu		_ ,			
Please check the following ar					
S = satisfactory U = unsat	is factory O = not e	examined			
1. Check for head lice:	does not hav	e head lice	does hav	ve head lice	
2. Check ears:	Hearing:	Right:	Left:		
3. Check eyes:	Vision:	Right:	Left:	Has G	lasses?
4. Check the following are	eas: Nose:	Throat:	Mouth	/Teeth:	Chest:
Cardiac:	_ Abdomen:	Genitalia:_	Ski	in:	Scabies:
Musculo-Skeletal:_		Neurologic:			
Required Tests					
VDRL:Hepatitis Screening: ABC	Urinaly Pregna Pap Sn	ysis: ncy: near: s must be within	HIV CBC	er Function: /: C: y.	
General comments, assessi	Attach compu	•	of all test re	esults	
Signature of Examining	Physician:			Date:	
Address:					