

## Parental Notification of 2012-2013 BMI School Survey

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or "BMI". The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. The survey involves **only** those students in who were in grades Kindergarten, 2, 4, 7 and 10 **LAST YEAR**.

The Spencer Van Etten school district was chosen to be part of the survey this year. We will be reporting our student's weight status group to the New York State Department of Health. This information will help health officials develop programs that make it easier for children to be healthier. Only summary information is sent. No names and no information about individual students are sent. However, you may choose to have your child's information excluded form this survey report. **If you do not wish to have your child's health weight status group information included as part of the Health Department's survey this year, please print and sign your name below and return this form to your child's school nurse no later than December 21, 2012.** Please also call your child's school nurse if you should have any questions.

***Tammy Martinez – Elementary School 589-7118***

***Gail Hall – Middle School 589-7128***

***Pamela Goodman– High School 589-7148***

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**Please do not include my child's weight status information in the  
2012-2013 BMI Weight Status School Survey:**

(Print) Child's Name \_\_\_\_\_

Grade \_\_\_\_\_ Date \_\_\_\_\_

(Print) Parent's Name \_\_\_\_\_

Parent's Signature \_\_\_\_\_