



Christian Life Girls Basketball Summer Camp

WHEN IS IT?

June 24th – June 26th
8:00 am - 12:00 pm

WHAT IS IT?

The Lady Crusaders will hold a summer basketball camp covering all aspects of the game of basketball. This will be a great opportunity for young players to work with the Varsity team and coaching staff to help build proper fundamentals and become a better basketball player.

WHO CAN ATTEND?

Any girl entering 3rd - 9th grade.

WHERE IS IT?

Christian Life Academy

HIGHLIGHTS OF CAMP:

- Free t-shirt & water bottle
 - Individualized instruction for players of any level and experience
 - Players grouped appropriately by age and ability
 - Individual evaluations
 - Fun, skill, and competitive games
 - Guest Speakers
- *Former HS and College*

**Space is limited so register
ASAP!!!**

Dear Campers and Parents,

The coaches of the Lady Crusader Basketball team would like to invite you to a week filled with basketball, fun, and friends. The camp is run by CLA Alumni, Kirsten Roberson; Girls Head Basketball Coach, and Chelsea McDowell; Assistant Coach. It is our goal to help each and every girl become better at the game of basketball while having fun with fellow players and counselors. We look forward to meeting and working with you at our upcoming camp.

Sincerely,

The Lady Crusader Basketball Coaching Staff

WHAT IS THE COST?

\$100 per camper

**Have more than one child? \$20 off for each additional child!*

Please make checks payable to

CLA Girls Basketball

WHAT DO I NEED?

Campers should come prepared with shorts, a t-shirt, basketball sneakers, and a lunch. *A concession stand will be available for snacks, and drinks so bring some extra money.*

TYPICAL DAY AT CAMP:

| | |
|--------------|---|
| 8:00-9:15a | Stretching/warm-ups |
| 9:15-10:00a | Fundamental stations (ball-handling, shooting, etc.) |
| 10-10:45a | Team strategies |
| 10:45-10:50a | Break |
| 10:50-11:00a | Individual contests (Free-throws/hot spots, etc.) |
| 11:00-11:30a | Group breakdown contests (3 on 3, 4 on 4 transition) |
| 11:30-11:50 | Team contests |
| 11:50-12:00 | Fellowship/Lunch/Pick-up |

Name: _____ Date of Birth _____

Grade Entering: _____ Parent/Guardian names: _____

STREET, CITY, ZIP: _____

T-SHIRT SIZE (adult sizing) S M L XL Email Address: _____

Cell Phone: _____ Home Phone: _____ Work Phone: _____

Please indicate special needs, food allergies, etc.

WAIVER: I hereby authorize the directors of the Christian Life Girls' Basketball Camp to act for me according to their best judgment in any emergency requiring medical attention, and, I waive and release the camp from any liability for any injuries sustained while at camp. I also certify that my child is medically fit to participate in this program.
(Insurance is the responsibility of the parent/guardian.)

Amount paid: \$ _____ (Make checks payable to CLA Girls' Basketball)

LADY CRUSADERS
BASKETBALL CAMP
REGISTRATION
INFO:



Mail registration form and
payment to:

*Attn: CLA Girls' Basketball
2037 Quail Dr.
Baton Rouge, LA 70808*

Contact Information:

Kirsten.Roberson@gocrusaders.com

Chelsea.mcdowell@gocrusaders.com



Christian Life Academy
2037 Quail Dr.
Baton Rouge, LA 70808

*Lady
Crusaders*



*Basketball
Camp*

June 24-26, 2013