



Qualify for 2015 Wellness Rates!

Tobacco Free Affidavit

Employee Last Name (Please Print):	First Name:	Middle Initial:
Employee ID:	Department / Store Location:	

I hereby attest and agree that I do not use nicotine or tobacco products including, but not limited to cigarettes, e-cigarettes, cigars, snuff, chewing tobacco, pipes, etc.

I further attest that if I am currently using nicotine or tobacco products, I will enroll in a tobacco cessation coaching program.

I agree to notify Corporate Human Resources promptly if at any time I begin using nicotine or tobacco products and understand that such use will cause my eligibility for the Wellness Rate to be voided.

Employee Signature

Date

**Fax this completed form to Corporate Human Resources at
(480) 951-8619 OR (480) 609-0995 or email to
benefits@discounttire.com by October 24, 2014**



Smoking Cessation Resources

National Resources

American Cancer Society

1-800-ACS-2345 or 1-800-QUIT-NOW

www.cancer.org

Websites

Become an Ex:

www.becomeanex.org/

Smokefree.gov:

www.smokefree.gov/

American Lung Association:

www.ffsonline.org/

National Cancer Institute:

www.cancer.gov

Teen Quit:

www.teenquit.com/indexflash.asp

Oregon Research Institute (smokeless tobacco)

<http://mylastdip.com/>

State by State Resources

Arizona 1-800-55-66-222

<http://ashline.org>

California 1-800-NO-BUTTS

www.nobutts.org www.californiasmokershelpline.org/

Colorado 1-800-639-7848

<http://co.quitnet.com/>

Florida 1-866-UCAN-NOW

www.flquitline.com

Georgia 1-877-270-STOP

http://georgiahealthinfo.gov/cms/healthy_living/center/170642

Idaho 1-800-784-8669

www.idaho.quitnet.com

Illinois 1-866-QUIT-YES

www.quityes.org

Indiana 1-800-QUIT-NOW

www.quitnowindiana.com

Iowa 1-800-QUIT-NOW

www.quitnow.net/iowa/

Kansas 1-800-QUIT-NOW

http://www.kssmokefree.org/quitting_help.html

Kentucky 1-800-QUIT-NOW

www.quitnowkentucky.org/

Michigan 1-800-QUIT-NOW

www.freeclear.com/quit-for-life/

Minnesota 1-888-354-7526

www.quitplan.com

Missouri 1-800-QUIT-NOW

<http://health.mo.gov/living/wellness/tobacco/smokingandtobacco/>

Nebraska 1-800-QUIT-NOW

http://dhhs.ne.gov/PublicHealth/pages/tfn_ces.aspx

New Mexico 1-800-QUIT-NOW

<https://newmexico.quitlogix.org/>

Nevada 1-800-QUIT-NOW

www.livingtobaccofree.com

N. Carolina 1-800-QUIT-NOW

www.quitlinenc.com

Ohio 1-800-QUIT-NOW

<http://healthyohioprogram.org/healthylife/tobc2/tsteps.aspx>

Oklahoma 1-800-QUIT-NOW

www.ok.gov/tset/Programs/HelpLine.html

Oregon 1-800-QUIT-NOW

www.quitnow.net/oregon/

S. Carolina 1-800-QUIT-NOW

www.scdhec.gov/health/chcdp/tobacco/quitforkeeps.htm

Tennessee 1-800-QUIT-NOW

<http://health.state.tn.us/tobaccoquitline.htm>

Texas 1-877-YES-Quit

www.dshs.state.tx.us/tobacco/quityes.shtm

www.yesquit.com

Utah 1-877-220-3466

www.tobaccofreeutah.org/index.html

Washington 1-800-QUIT-NOW

www.doh.wa.gov/tobacco/quit/quit.htm

www.quitline.com

Wisconsin 1-800-QUIT-NOW

www.ctri.wisc.edu/quitline.html

Wyoming 1-800-QUIT-NOW

www.wy.quitnet.com