#### REGISTRATION

\$425 fee. Group rate (3 or more) must be mailed/faxed together \$399. Deadline for registration is two weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation will be accepted until that deadline, minus an administration fee of \$75. NO REFUNDS AFTER DEADLINE.

Please make check payable and return to:

#### **Education Resources, Inc.**

266 Main St., Suite 12 • Medfield, MA 02052 (508) 359-6533 or 800-487-6530 (outside MA) FAX (508) 359-2959 • www.educationresourcesinc.com

Limited enrollment

# **Best Practices/Clark** NAME\_\_\_ ADDRESS CITY/STATE/ZIP\_\_\_\_\_ PHONE(H)\_\_\_\_\_PHONE(W)\_\_\_\_\_ CELL PHONE\_\_\_ Required for last minute schedule changes Please clearly print your email address for course confirmation EMPLOYER\_\_\_ DISCIPLINE \_\_\_\_\_ SPECIALTY \_\_\_\_ HOW DID YOU LEARN OF THIS COURSE \_\_\_\_\_ □ ERI Rewards. I am registering for my 4th course since September 2002 and applying \$100 credit to the tuition. May not be combined with any other credit. Must be applied at time of registration. Subject to availability. I hereby authorize you to charge my: □VISA □ MC □ DISCOVER Exp.Date\_\_\_\_\_Signature\_\_\_ CVV2 code \_\_\_\_\_ (last 3 digits on back of card). Cardholder's name & billing address with zip code if different from above. ☐ I have read your refund policy above and understand.

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

#### ■Nov/CT

#### **TESTIMONIALS**

Ms. Clark is an excellent speaker who presented the info in a clear concise manner without it being overwhelming. I feel that I can leave this course equipped with better skills, assessment tools and tx techniques that will allow me to be a more effective home health therapist." - Ayana Reid, PT

Excellent presentation. Evidenced based tools and teaching materials were extremely helpful. Really great program. Much practical information."- *Kay Kelly* 

This was an excellent experience which was as worthwhile for our 15 years veteran as it was for the OT with only one year's Home Care experience. I would recommend this program for any Home Care therapist and would anticpate marked improvement in enthusiasm and expertize as a result of attending. -Sue Rushfirth

Excellent speaker, very knowledgeable. I would recommend this course to any therapist. The handouts and tools were great. - *Kelly Loescher* 

Ms.Clark was very well informed, articulate and gave a broad overview of the multiple facets of home health care. She was approachable and receptive to questions and experiences." - Beth Wiedower

## eri rewards

Each time you take 3 courses with us

the 4th one can be eligible for \$100 off!

Program applies to courses you have taken since September 2002.

Only available to previous full paying registrants. One day courses not eligible.

May not be combined with any other credit. Subject to availability.

# Best Practices in Home Care



Suzanne E. Clark PT, DPT, COS-C

November 3-4, 2012 - Hartford, CT

sponsored by

Education Resources, Inc.
Relevant Continuing Education for Therapists by Therapists

www.educationresourcesinc.com (508) 359-6533 or (800) 487-6530 (outside MA)

#### **COURSE DESCRIPTION**

As society ages and medical treatments advance, many older adults are living at home with complex medical problems. Home health care has become more complicated and requires specialized, advanced skills. Do you have the skills to provide your patients with the safest and best possible care? This course is designed to provide physical and occupational therapists with the most up-to-date, evidenced-based techniques for assessment and treatment of the medically complex geriatric home care patient. The course format is lecture with discussion of the most recent Medicare changes, research, tests and tools. Participants will also learn how to access the best current evidence using the internet to make best practice decisions for their patients. Case studies and audiovisuals will be incorporated to facilitate an active learning environment.

#### **COURSE OBJECTIVES**

Upon completion of this seminar participants will be able to:

- · Accurately assess vital signs, pain, mental status, wounds, heart and lung sounds.
- Identify patients that require emergent and nonemergent referral for medical or allied health assessment.
- Integrate evidenced-based diagnostic tests and screening tools into practice.
- Develop a therapeutic plan of care based on the medical status of the complex home care patient.
- Institute a falls prevention program in their home care agency.
- Understand the effects of common medications used by complex homecare patients.
- Locate the current best evidence for therapeutic assessment and treatment of the geriatric home care patient.
- Understand the latest Medicare home health care regulatory changes.

#### **LOCATION & ACCOMMODATIONS**

Please visit our website for suggested hotels

November 3-4, 2012 - Connecticut

Institute of Living 200 Retreat Ave. Hartford, CT

#### SCHEDULE DAY ONE

8:00-8:30	Registration/Continental Breakfast
8:30-9:15	The Therapist's Evolving Role in the
	Care of the Homebound Patient with
	Complex Medical Conditions
	<ul> <li>Screening for Medical Referra</li> </ul>

- Screening for Medical Referral
- Case Management
- Telemedicine
- Clinical Specialists

9:15-10:15 Current Medicare Regulatory Concerns

10:15-10:30 Break

10:30-12:15 Comprehensive Patient Assessment

- Vital Signs, pain, dyspnea
- Medications
- OASIS

12:15-1:15 Lunch (on your own)

1:15-2:45 Comprehensive Patient Assessment

- Auscultation
- Wounds

2:45-3:15 Elder Abuse

3:15-3:30 Break

3:30-4:15 Evidenced-based & Screening Tools

- Cognition, Depression
- Balance and gait
- · Function, aerobic capacity

4:15-4:45 Lab Session: Evidenced-Based Tests & Measures

4:45-5:30 Team-Based POC and Documentation

Each participant needs to bring a stethoscope

#### SUGGESTED AUDIENCE

Physical therapists, occupational therapists, physical therapist assistants, and occupational therapist assistants who work with patients in the home care setting.

### **CREDITS**

This course meets the criteria for 14 Contact Hours. (1.4

Approved Provider by the New York State Board of Physical Therapy for 16.8 contact hours.



Approved provider of continuing education by the American Occurs Therapy Association #3043, for 14 contact

hours (1.4 CEU's) Intermediate Level Occupational Therapy Process: evaluation, intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT professional development provider-17.5 PDU's.

## SCHEDULE DAY TWO

7:30-8:00	Continental Breakfast/ Questions from Day one
8:00-8:30	Fall Assessment and Prevention for the

Home Care Patient Fall risk factors

- Comprehensive Risk and Action
- Instituting a Falls Prevention Program

8:30-9:30 **Exercise Training Guidelines for Patients** with Complex Medical Conditions

9:30-9:45 Break

9:45-11:30 Evidence-based Treatment Strategies

CHF, COPD

Diabetes

- Palliative Care
- Case Studies

11:30-12:30 Lunch (on your own)

12:30-2:30 Evidenced-based Treatment Strategies

- · Osteoporosis & fractures
- Alzheimer's & Parkinson's
- Case studies

2:30-2:45 Break

2:45-3:30 Searching for the Evidence:

Locating evidence via the Internet

3:30-4:00 Strategies to improve your patients' adherence to exercise programs and

safety recommendations Wrap up and Questions

#### **FACULTY**

Suzanne E. Clark, PT, DPT, COS-C has over 20 years experience treating geriatric patients in acute care and rehabilitation hospitals, skilled nursing facilities and home care settings. She has worked exclusively in home health care for the past 15 years and has extensive clinical experience in the assessment and treatment of the medically complex home care patient. She closely follows Medicare regulation changes and currently holds an OASIS Specialist Certificate. Dr. Clark has a special interest in treatment of cardiopulmonary conditions and has developed and presented numerous educational seminars to clinicians and older adults in the community. She is a member of the Geriatric. Cardiopulmonary, Neurology and Home Health sections of the American Physical Therapy Association. Dr. Clark graduated cum laude with a B.S. in physical therapy from Russell Sage College in 1988. She graduated with distinction with a DPT from Simmons College in 2007.