MetLife[®]

Metropolitan Life Insurance Company BENEFICIARY DESIGNATION

Please read Instructions on next page before completing this form. Do not erase or attempt to make corrections; use a new form.

	up Policy No. 105147		Insured's Social	Security No.	
	ccordance with the conditions of the Group Policy eficiary(ies) (if any) and designate as primary ben	listed above, I hereby eficiary(ies) and contin	revoke any previous c gent beneficiary(ies) (lesignations of primary beneficiary(ies if any) in the event of the insured's dea) and contingent
			iciary Designation		
	Full Name (Last, First, Middle Initial)	Relationship	Date of Birth	Address (Street, City, State, Zip)	Share
a	ment will be made in equal shares or all to the	survivor unless othe	rwise indicated	TOTAL:	100
-	ne event said primary beneficiary(ies) predecease				1007
		¥	eficiary Designatio		
	Full Name (Last, First, Middle Initial)	Relationship	Date of Birth	Address (Street, City, State, Zip)	Share
-	ment will be made in equal shares or all to the			TOTAL:	100%
	o beneficiary or contingent beneficiary design		llowing the insured's	s death, the amount payable by reas	son of the insure
ea	th shall be payable as provided in the Group F	olicy.			
		Note: See Next Page			
	Trust(ee) Designation (applies only if a trust has been created in an executed trust agreement)				
	Name of Trustee(s)				
				StateZip	Code
	and successor(s) in trust, as Trustee(s) under("Title of Agreement")				
	Dated executed by me and said Trustee(s).				
	MetLife shall not be responsible for the application shall be full discharge of the liability of MetLife up	on or disposition of the	proceeds by said Trus	stee(s), and the receipt of the proceed	s by said Trustee(
	shall be full discharge of the liability of MetLife un If this form is executed by the insured, it is under been revoked or is not in effect at the insured's of	on or disposition of the nder the Group Policy. rstood and agreed, how leath, the beneficiary s	vever, that if MetLife re hall be the insured's E	eceives proof satisfactory to it that the state, and payment to the estate's leg	aforesaid trust has
	shall be full discharge of the liability of MetLife un If this form is executed by the insured, it is under been revoked or is not in effect at the insured's of based on such proof shall be full discharge of lia If this form is executed by the current owner (wh it that the aforesaid trust has been revoked or is death, or the current owner's estate if the curren	on or disposition of the nder the Group Policy. stood and agreed, how leath, the beneficiary s bility of MetLife under t o is not the insured), it not in effect at the insu t owner is not living at t	vever, that if MetLife re hall be the insured's E he Group Policy or ce is understood and agr red's death, the benef he insured's death, ar	eceives proof satisfactory to it that the state, and payment to the estate's leg rtificate. eed, however, that if MetLife receives ficiary shall be the current owner, if livi	aforesaid trust has al representative proof satisfactory ng at the insured's
	shall be full discharge of the liability of MetLife un If this form is executed by the insured, it is under been revoked or is not in effect at the insured's of based on such proof shall be full discharge of lia If this form is executed by the current owner (wh it that the aforesaid trust has been revoked or is	on or disposition of the nder the Group Policy. rstood and agreed, how death, the beneficiary s bility of MetLife under to o is not the insured), it not in effect at the insu t owner is not living at the etLife under the Group ly if a trust has been se	vever, that if MetLife re hall be the insured's E he Group Policy or ce is understood and agr red's death, the benef he insured's death, ar Policy or certificate. et forth in your Will)	eceives proof satisfactory to it that the state, and payment to the estate's leg rtificate. eed, however, that if MetLife receives ficiary shall be the current owner, if livi	aforesaid trust has al representative proof satisfactory ng at the insured's
	shall be full discharge of the liability of MetLife un If this form is executed by the insured, it is under been revoked or is not in effect at the insured's of based on such proof shall be full discharge of lia If this form is executed by the current owner (wh it that the aforesaid trust has been revoked or is death, or the current owner's estate if the curren such proof shall be full discharge of liability of Me Trust(ee) (Under Will) Designation (applies on	on or disposition of the inder the Group Policy. rstood and agreed, how leath, the beneficiary s bility of MetLife under t o is not the insured), it not in effect at the insu- t owner is not living at t etLife under the Group ly if a trust has been se of mine as shall be address any such last Will and	vever, that if MetLife re hall be the insured's E he Group Policy or ce is understood and agr red's death, the benef he insured's death, ar Policy or certificate. et forth in your Will) nitted to probate. Testament shall be d	eceives proof satisfactory to it that the istate, and payment to the estate's leg rtificate. eed, however, that if MetLife receives ficiary shall be the current owner, if livi ad payment to the estate's legal represent uly appointed, I hereby designate My	aforesaid trust has al representative proof satisfactory ng at the insured's sentative based on Estate as benefici
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	shall be full discharge of the liability of MetLife un If this form is executed by the insured, it is under been revoked or is not in effect at the insured's of based on such proof shall be full discharge of lia If this form is executed by the current owner (wh it that the aforesaid trust has been revoked or is death, or the current owner's estate if the curren such proof shall be full discharge of liability of Me Trust(ee) (Under Will) Designation (applies on The trust(ee) under any last Will and Testament If for any reason whatsoever, no Trust(ee) under	on or disposition of the inder the Group Policy. Isstood and agreed, how leath, the beneficiary s bility of MetLife under t o is not the insured), it not in effect at the insu t owner is not living at t etLife under the Group ly if a trust has been se of mine as shall be add any such last Will and representative of my e	vever, that if MetLife re hall be the insured's E he Group Policy or ce is understood and agr red's death, the benef he insured's death, ar Policy or certificate. et forth in your Will) nitted to probate. Testament shall be dustate shall be dustate shall be full disc	eceives proof satisfactory to it that the istate, and payment to the estate's leg rtificate. eed, however, that if MetLife receives ficiary shall be the current owner, if livi ad payment to the estate's legal represent uly appointed, I hereby designate My I harge of the liability of MetLife under the	aforesaid trust has al representative proof satisfactory ng at the insured's sentative based on Estate as benefici
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re: Plea	shall be full discharge of the liability of MetLife un If this form is executed by the insured, it is under been revoked or is not in effect at the insured's of based on such proof shall be full discharge of liab If this form is executed by the current owner (wh it that the aforesaid trust has been revoked or is death, or the current owner's estate if the curren such proof shall be full discharge of liability of Met Trust(ee) (Under Will) Designation (applies on The trust(ee) under any last Will and Testament If for any reason whatsoever, no Trust(ee) under and any payment made in good faith to the legal serve the right to change the designated bener se Print)	on or disposition of the inder the Group Policy. Isstood and agreed, how leath, the beneficiary s bility of MetLife under t o is not the insured), it not in effect at the insu t owner is not living at t etLife under the Group ly if a trust has been se of mine as shall be add any such last Will and representative of my e	vever, that if MetLife re hall be the insured's E he Group Policy or ce is understood and agr red's death, the benef he insured's death, ar Policy or certificate. et forth in your Will) nitted to probate. Testament shall be d state shall be full disc e without (his/her/the	eceives proof satisfactory to it that the istate, and payment to the estate's leg rtificate. eed, however, that if MetLife receives ficiary shall be the current owner, if living ad payment to the estate's legal represent uly appointed, I hereby designate My I harge of the liability of MetLife under the ir) consent.	aforesaid trust has al representative proof satisfactory ng at the insured's sentative based on Estate as benefici

Submit Completed Form To MetLife Recordkeeping Center and Retain a Copy for Your Records

GENERAL BENEFICIARY INFORMATION

You may find the following definitions helpful in completing your Beneficiary Designation form.

Primary Beneficiary: Your primary beneficiary should be the individual(s) or organization that you wish to receive the insurance proceeds. You may have the proceeds divided among several primary beneficiaries. To do this, you must indicate what percentage of the proceeds you would like them to receive. Your total shares must equal 100%.

Contingent Beneficiary: Your contingent beneficiary should be the individual(s) or organization that you wish to receive the insurance proceeds if your primary beneficiary(ies) (see definition above) predecease(s) the insured. You may have the proceeds divided among several contingent beneficiaries. To do this, you must indicate what percentage of the proceeds you would like them to receive. Your total shares must equal 100%.

Trust(ee) Designation: If you plan to have the insurance proceeds distributed through a Trust, you should complete this section with the appropriate information. Your Trust(ee) will be held fully responsible for the application for and disposition of the insurance proceeds. This section should only be used if you have a legally drawn inter vivos trust agreement or an appropriate Trust(ee) is designated under your Last Will and Testament. If you complete this section, do <u>NOT</u> complete the Primary or Contingent Beneficiary sections.

An inter vivos trust is a trust established during the life of the trustor (the person who creates the trust) for the benefit of the trustor or other living persons.

INSTRUCTIONS FOR COMPLETING BENEFICIARY DESIGNATION

- 1. Fill in the insured's Name of Employer, Group Policy Number (found on your certificate) and Social Security Number at the top of the form. At the bottom of the form, fill in the name of the insured person or owner (if assigned), the daytime phone number, address, and sign and date the form.
- Fill in the Primary Beneficiary(ies) and Contingent Beneficiary(ies), if any. For each Primary and Contingent Beneficiary listed, enter the relationship (when the relationship of the beneficiary is other than by blood or marriage, the relationship should be shown as "Nonrelative"), date of birth, address(es) (permanent residence) and percentage of share (all shares must add up to 100%).
- 3. If you wish to name a Trust(ee) as beneficiary, complete one of the two Trust(ee) Designations **instead** of the Primary and Contingent Beneficiary sections. If the trust is an inter vivos trust, check only the first Trust(ee) Designation box, and complete the top Trust(ee) designation. You should enter (1) the name and address of the Trust(ee); (2) the Title of the Agreement; and (3) the date of its execution. **NOTE: AN INTER VIVOS TRUST BE A LEGALLY DRAWN AGREEMENT.**

If you wish to make a Trust(ee) under Will Designation, check only the second Trust(ee) Designation box. NOTE: A TRUST(EE) UNDER WILL (OR TESTAMENTARY TRUST(EE) MUST BE ESTABLISHED UNDER THE LEGALLY DRAWN LAST WILL AND TESTAMENT OF THE INSURED OR OWNER (IF ASSIGNED).

4. The owner of the coverage should sign and date the form in the spaces provided. Make a copy for your records.

Send the completed form to the MetLife Recordkeeping Center, P.O. Box 14401, Lexington, KY 40512-4401.

If you wish to name more beneficiaries than this form provides for, secure an additional copy. Complete your list of beneficiaries on that form. Attach the additional form to the first, indicating clearly on **each** form the number of additional forms attached. For example, if three forms are used, number the forms as follows: 1 of 3, 2 of 3 and 3 of 3.

It is important that you review your beneficiary designation periodically to ensure that the beneficiary information you supplied is up to date.

You may change or revoke your beneficiary designation at any time by completing a new Beneficiary Designation form.