

BLM Bureau of Land Management

El Mirage Dry Lake Dumont Dunes Silurian Dry Lake

Johnson Valley Soggy Dry Lake Cougar Buttes

Dear BLM Applicant:

The following is information about the **Bureau of Land Management Permit Application**.

Attached you will find:

1. BLM Cover Page with Location Rates – 2 pages
2. Land Use Application and Permit, 3 pages (**signature required on Page 1 & 2**)
3. Commercial Use Application, 2 pages (**signature required on page 2**)
4. Commercial Filming Stipulations, 2 pages (**signature required on page 2**)
5. BLM Credit Card Payment Form (**signature required**)
6. Map(s) of Specific Location – (please mark your location on map and return with permit)
7. Special Circumstances Forms and Stipulations – (sign and return only if applicable)
8. Driving Directions – yours to keep
9. Wildlife & Misc. Information – yours to keep

Please include with your return fax:

- a. #2 – 6 (and # 7 if applicable), signed and completed
- b. A **Storyboard** or a **detailed description of activities** (Required)
- c. A Certificate of Insurance **and** a Letter of Endorsement listing the **Bureau of Land Management** as additionally insured (Required – see page two (2) for details)

Please read and complete the aforementioned forms. **Any pages left unsigned will halt the permit process and delay your permit.** Please use the checklist above to verify you have received all the appropriate documents. Once you have **signed and fully complete** application has been received, along with required insurance documents and payment, the BLM will process you permit within three (3) working days. It is important to list **ALL** props, vehicles, and equipment to be used, along with a detailed description of your activities and/or a storyboard. You must list all stunts, precision driving, pyrotechnics, explosive devices, airplanes, or helicopters used in your shoot. If you need to create dust for your shoot, the use of Fuller’s Earth is allowed.

FEES*

All Motion Filming (Film, Digital, Video, etc.) Permit Rates: 01-30 people = \$250/day
31-60 people = \$500/day
61+ people = \$600/day

Commercial Still Photography Permit Rates: 01-10 people = \$100/day
11-30 people = \$150/day
31+ people = \$250/day

Processing Fee+ To be determined based on BLM Review (Starts at \$119)

Monitoring Fee+ To be determined based on BLM Review (Starts at \$119)

*Regulations (43 CFR 2920.6(b)) require the collection of cost recovery and monitoring fees for land use permits.

+As of October 27, 2008, **ALL** Still Photography permits will also be assessed a processing fee & a monitoring fee

Bureau of Land Management

Page 2

Make checks payable to the Bureau of Land Management. Once you have been given your total, overnight (via FedEx, UPS, etc.) your check to the address supplied below for the Insurance Certificate, Attn: RECREATION Dept. **It is recommended to pay by VISA, MASTERCARD, AMERICAN EXPRESS, or DISCOVER, using the attached credit card form, to help expedite your permit. Payment *must* be made *prior* to filming on BLM Lands.**

ALL FEES ARE NON-REFUNDABLE.

You must provide proof of liability insurance and a Letter of Endorsement (ISO Form CG-20-12-07-98 or equivalent) naming the Bureau of Land Management as additionally insured for the amount of \$1 million.

The Insurance Certificate *must* read in the “Certificate Holder” Box *verbatim*:
“Bureau of Land Management, 2601 Barstow Road, Barstow, CA 92311”

The Letter of Endorsement *must* read *verbatim*:
“Bureau of Land Management, 2601 Barstow Road, Barstow, CA 92311”

An additional Insurance Certificate and Letter of Endorsement is required naming the Bureau of Land Management as additionally insured for the amount of \$5 million in the event of the use of airplanes, helicopters, or any other aircraft.

The Aircraft Insurance Certificate *must* read in the “Certificate Holder” Box *verbatim*:
“Bureau of Land Management, 2601 Barstow Road, Barstow, CA 92311”

The Aircraft Letter of Endorsement *must* read *verbatim*:
“Bureau of Land Management, 2601 Barstow Road, Barstow, CA 92311”

A Copy of your “Plan of Activities” (POA) filed with the FAA is also required

All Insurance Certificates and Letters of Endorsement ***MUST*** be faxed to (909) 382-6060 ***AND*** a hard copy mailed to: BLM Barstow Office c/o IEFC, 1601 E. Third St., Ste. 102, San Bernardino, CA 92408 ***OR*** electronic copy emailed from the Insurance Agent or Carrier to info@filminlandempire.com.

Please contact the IEFC once a location has been chosen to determine the availability of that location. Once the completed and signed application and your payment is received, it will take three (3) full working days for your permit to be approved. **All locations placed “on hold” are tentative and are not guaranteed reserved until we receive the completed, signed application and payment in full.**

All vehicles to be used during filming must have display the approved *Film Access Vehicle Permit* on the front, driver’s side dashboard. Also, a complete copy of your permit, stipulations and insurance must be on site at all times.

If you have any other questions, please contact us at (909) 300-5648.

THANK YOU for permitting the
Bureau of Land Management Lands

Part of
“Hollywood’s Largest Backlot!”™

The Inland Empire Film Commission has crew and services available in the area for film production, feature films, commercials, television, still photography, music videos, industrial videos, independent films, student films, and more!

If you need any type of assistance
please do not hesitate to contact us

Sheri Davis ~ (951) 377-7849
Dan Taylor ~ (951) 232-1271

Thank you for filming the
“27,000 Square Miles of Filming Opportunity!”™

UNITED STATES
DEPARTMENT OF THE INTERIOR
BUREAU OF LAND MANAGEMENT
LAND USE APPLICATION AND PERMIT
(Sec. 302(b) of P.L. 94 - 579, October 21, 1976, 43 U.S.C. 1732)

FORM APPROVED
OMB NO.1004-0009
Expires: December 31, 2007

FOR BUREAU OF LAND MANAGEMENT (BLM) USE ONLY

Application Number

1. Name (first, middle initial, and last)	Address (include zip code)	Phone (include area code)
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2. Attach map or sketch showing public lands for which you are applying PUBLIC LANDS WITHIN JOHNSON VALLEY OHV AREA

3. Proposed date(s) of use: from _____ to _____

4. Give legal basis for holding interest in lands in the State of _____
(Check appropriate box at right and explain.)

<input type="checkbox"/> Resident	<input type="checkbox"/> Partnership
<input type="checkbox"/> Corporation	<input type="checkbox"/> County
<input type="checkbox"/> Local Government	<input type="checkbox"/> State Government
<input type="checkbox"/> Other	

5. Are the lands now improved, occupied or used? Yes No (If "yes," describe improvements and purposes, identify users and occupants.)

6. Do you need access to the land? Yes No (Describe needed or existing access)

7a. What do you propose to use the lands for?

b. What improvements and/or land development do you propose? (To complete application processing, engineering and construction drawings may be required)

c. What is the estimated capital cost? \$ _____	d. What is the source of water for the proposed use?
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I CERTIFY That the information given by me in this application is true, complete, and correct to the best of my knowledge and belief and is given in good faith.

(Signature of Applicant)

(Date)

Title 18 U.S.C. Section 1001, makes it a crime for any person knowingly and willfully to make to any department or agency of the United States any false, fictitious, or fraudulent statements or representations as to any matter within its jurisdiction.

PERMIT

Permission is hereby granted to of to use the following described lands: PUBLIC LANDS WITHIN Johnson Valley OHV Area			Permit Number
TOWNSHIP	RANGE	SECTION	SUBDIVISION

Meridian	State	County	Acres <i>(number)</i>
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for the purpose of commercial filming per Decision Record (EA CA-068-93-36), standard stipulations and map,

and subject to the following conditions:

- | | |
|---|--|
| <ol style="list-style-type: none"> 1. This permit is issued for the period specified below. It is revocable at the discretion of the BLM, at any time upon notice. This permit is subject to valid adverse claims heretofore or hereafter acquired. 2. This permit is subject to all applicable provisions of the regulations (43 CFR 2920) which are made a part hereof. 3. This permit may not be assigned without prior approval of the BLM. 4. Permittee must not enclose roads or trails commonly in public use. 5. Authorized representatives of the Department of the Interior, other Federal agencies, and State and local law officials will at all times have the right to enter the premises on official business. 6. Permittee must pay the United States for any damage to its property resulting from the use. 7. Permittee must notify the BLM of address change immediately. 8. Permittee must observe all Federal, State, and local laws and regulations applicable to the premises and to erection or maintenance of signs or advertising displays including the regulations for the protection of game birds and game animals, and must keep the premises in a neat, orderly, and sanitary condition. 9. Permittee must pay the BLM, in advance, the lump sum | <p style="text-align: right;">of \$ _____ for the period of use authorized by this permit or \$ _____, annually, as rental or such other sum as may be required if a rental adjustment is made.</p> <ol style="list-style-type: none"> 10. Use or occupancy of land under this permit will commence within _____ months from date hereof and must be exercised at least _____ days each year. 11. Permittee must take all reasonable precautions to prevent and suppress forest, brush, and grass fires and prevent pollution of waters on or in the vicinity of the lands. 12. Permittee must not cut any timber on the lands or remove other resources from the land without prior written permission from the BLM. Such permission may be conditioned by a requirement to pay fair market value for the timber or other resources. 13. Permittee agrees to have the serial number of this permit marked or painted on each advertising display or other facility erected or maintained under the authority of such permit. 14. This permit is subject to the provisions of Executive Order No. 11246 of September 24, 1965, as amended, which sets forth the Equal Opportunity clauses. A copy of this order may be obtained from the BLM. 15. Permittee acknowledges, by signing below, that he/she knows, understands and accepts the terms and conditions under which this permit is issued. 16. Special conditions <i>(attach additional sheets, if necessary)</i> |
|---|--|

Permit issued for period	
From _____	_____ (Permittee)
To _____	_____ (BLM)
	_____ (Title) (Date)

INSTRUCTIONS

- | | |
|--|---|
| <ol style="list-style-type: none"> 1. Submit, in <i>duplicate</i>, to any local office of the Bureau of Land Management having jurisdiction of the lands. 2. Applications for Land Use Permits will not be accepted unless a notification of the availability of the land for non-BLM use (<i>Notice of Realty Action</i>) has been published in the Federal Register and for 3 weeks thereafter in a newspaper of general circulation. This provision does not apply in those situations where the publication of | <p>a (<i>Notice of Realty Action</i>) has been waived by the BLM.</p> <ol style="list-style-type: none"> 3. If the annual rental exceeds \$250 dollars per year; costs of processing the application must be paid by the applicant in advance. 4. The BLM may require additional information to process an application. Processing will be deferred until the required information is furnished by the applicant. |
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UNITED STATES DEPARTMENT OF THE INTERIOR
BUREAU OF LAND MANAGEMENT

COMMERCIAL USE APPLICATION (revised 8/13/98)

- Fax phone () _____
1. Name of Company _____
Address _____
Telephone () _____ City/State/Zip _____
2. Name, title & phone # of Person Responsible on Location _____

3. Location of Site Desired _____ (See enclosed map) _____
Specific Locations to be Used (i.e., what part of lake bed/dunes/area, etc.) and circle on the map
the area you will be using for filming/still photos and return the map with your application.
4. Type of Use: _____ commercial production; _____ nonprofit production; _____ community service
production; _____ educational production
5. Purpose of use: _____ feature film; _____ advertisement; _____ documentary; _____ still photograph;
_____ video; _____ other (state) _____
6. State name of feature film, TV series, commercial product, music video group, other:

7. Dates of Use _____ Hours of Use _____
8. Number of Personnel Involved; include production, cast and crew _____
9. Statement of Activity to Take Place - in detail _____

10. Animals to be used on location; how many? _____
what kind? _____ None _____

11. Equipment, Vehicles, and/or Aircraft to be Used:

of Cameras _____ # of Camera Cars _____
of Small Vehicles (one ton or less) _____ # of Large Vehicles (one ton or more) _____
of Motorhomes _____ # of honeywagons _____
& type of equipment _____ # & kind of transport vehicles _____
& kind of Aircraft _____ Other: _____

12. Props/sets/scenes to be used/constructed, give details:

13. Use of Pyrotechnics, give details and full description of use:

**** WE REQUIRE A COPY OF PICTURE ID OF PYRO TECHNICIAN. COPY OF HIS LICENSE. AND A LETTER STATING WHAT EXPLOSIVES HE/SHE WILL BE USING. WITH DETAILED EXPLANATION OF USE AND EVENTS.**

14. Name and telephone number of person/persons to contact in case of emergency: _____

_____ Telephone Number _____

_____ Telephone Number _____

_____ Telephone Number _____

X _____
Signature Date

COMMERCIAL FILMING STIPULATIONS FOR JOHNSON VALLEY OHV AREA

1. The permittee shall designate a representative for field operations before activities may commence, who shall be the sole field representative of the permittee's employees or contractors in dealing with the authorized BLM officer. Said representative shall be employed on behalf of the permittee's employees or contractors to communicate with the authorized officer, and to receive and comply with all communications and decisions of the authorized officer.
2. A copy of the permit and the stipulations shall be kept available on location at all times, for review for BLM personnel upon request. All persons (e.g., permittees, contractors, subcontractors) working at the site will be familiar with the permit stipulations. Non-compliance with permit stipulations may result in cancellation of the permit, or other adverse actions against the permittee.
3. Availability of all authorized areas for commercial filming activities is subject to restrictions based on their compatibility with recreational and other authorized activities as well as area carrying capacity limits.
4. The permittee shall confine all activities within the Johnson Valley OHV Area specifically defined by the attached map at the specified times and dates. If the Johnson Valley OHV Area location or other limitations on this filming authorization are deemed not appropriate by the permittee, no action shall be undertaken by the permittee at other times or on other public lands suitable to him/her until said changes are approved by the Barstow Field Manager. Anytime filming activities move off BLM land, the Inland Empire film commission must be notified.
5. **THIS PERMIT AUTHORIZES THE USE OF PUBLIC LANDS ONLY. PERMISSION FOR THE USE OR OCCUPANCY OF PRIVATELY OWNED LANDS OR PROPERTY MUST BE OBTAINED FROM THE OWNER(S) AND REQUIRES A COUNTY FILM PERMIT. CONTACT THE INLAND EMPIRE FILM COMMISSION FOR MORE INFORMATION.**
6. Any soil disturbance such as ditching, ponding, leveling, mounding, etc. must be specifically authorized by BLM on the permit, and must be cleared by the Barstow Field Office if in desert tortoise habitat or known cultural resources area. Any authorized disturbance must be returned to original condition within 24 hours of completion of filming.
7. The permittee shall provide the filming operation employees or contractors, prior to commencing film activities, BLM printed materials describing:
 - Occurrence of the desert tortoise in the area,
 - Status of the desert tortoise,
 - Prohibitions against take and the penalties associated with take, and
 - Methods being employed as a part of the event to protect the tortoise and its habitat.
8. Desert tortoise handling is not authorized. Should a situation arise where "take" of desert tortoises becomes likely, filming operations shall cease and the Barstow Field Office and the Inland Empire Film Commission shall be notified to determine an appropriate course of action.
9. The area shall be kept clear of trash and debris. Trash containers must be raven-proof (with lids secured at all times) and all trash and debris generated by the filming operation shall be removed immediately after completing filming operations to reduce the attractiveness of the area to ravens and other desert tortoise predators. Waste and other discharges from camping vehicles or other equipment is prohibited.

10. The Barstow Field Office and the Inland Empire Film Commission must be notified of any commercial filming in the Yucca Rings ACEC and it must be specifically authorized by BLM on the permit. Only still photography is authorized in the Yucca Rings ACEC. All commercial filming activity is prohibited within the fenced area within the Yucca Rings ACEC.
11. The Barstow Field Office and the Inland Empire Film Commission must be notified of any commercial filming involving exotic (i.e., non-desert and desert plants and animals not native to the West Mojave, such as camels) or domestic species. The permitted filers are responsible for controlling and cleaning up after these species, including feces, to avoid the dissemination of seeds or diseases in the desert.
12. Filming operations shall be conducted in such a manner as to avoid creating safety hazards to other public land visitors and users and to the filming crews. The Permittee shall use whatever signs, flagging, help of individuals, or other authorized safety devices for the safe conduct of the filming operation and the protection of other users and visitors before, during, and after filming activities. Props, equipment and vehicles that are left at ongoing filming sites overnight must be clear of existing roadways and accompanied by a guard and warning lights and no structures or equipment are to be left over the weekend.
13. The Barstow Field Office and the Inland Empire Film Commission must be notified of any commercial filming involving aircraft or pyrotechnic or explosive devices and it must be specifically authorized by BLM in advance. The Permittee must obtain additional appropriate permits from other agencies as necessary, such as for special effects, pyrotechnics, and aircraft.
14. **Application and rental fees will not be refunded once a filming permit has been processed.** Please contact the Inland Empire Film Commission at (909) 300-5648 to reschedule.
15. For movie projects, acknowledgement through the film credits shall be given to: U.S. Department of the Interior, Bureau of Land Management, Barstow Field Office and Inland Empire Film Commission for the portions of the movie filmed on lands administered by BLM.

Permittee acknowledges, by signing below, that he/she knows, understands and accepts the terms and conditions under which this permit is issued.

Permittee Signature

Title

Date

UNITED STATES
DEPARTMENT OF THE INTERIOR
BUREAU OF LAND MANAGEMENT
2601 BARSTOW ROAD
BARSTOW, CA 92311

CREDIT CARD PAYMENT FORM

BLM CHARGE

This Bureau of Land Management bill may be charged to your VISA, MASTERCARD, AMERICAN EXPRESS, DISCOVERY, or paid by cash, check or other negotiable instrument. **PLEASE PRINT CLEARLY**

Exact Name: _____
(AS SHOWN ON THE CREDIT CARD)

Mailing Address: _____

City and Zip _____

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Three digit code ____ ____ ____

TYPE (circle one): VISA MASTERCARD AMERICAN EXPRESS DISCOVERY

Expiration Date: _____ Paid \$: _____

Date: _____ Phone# _____

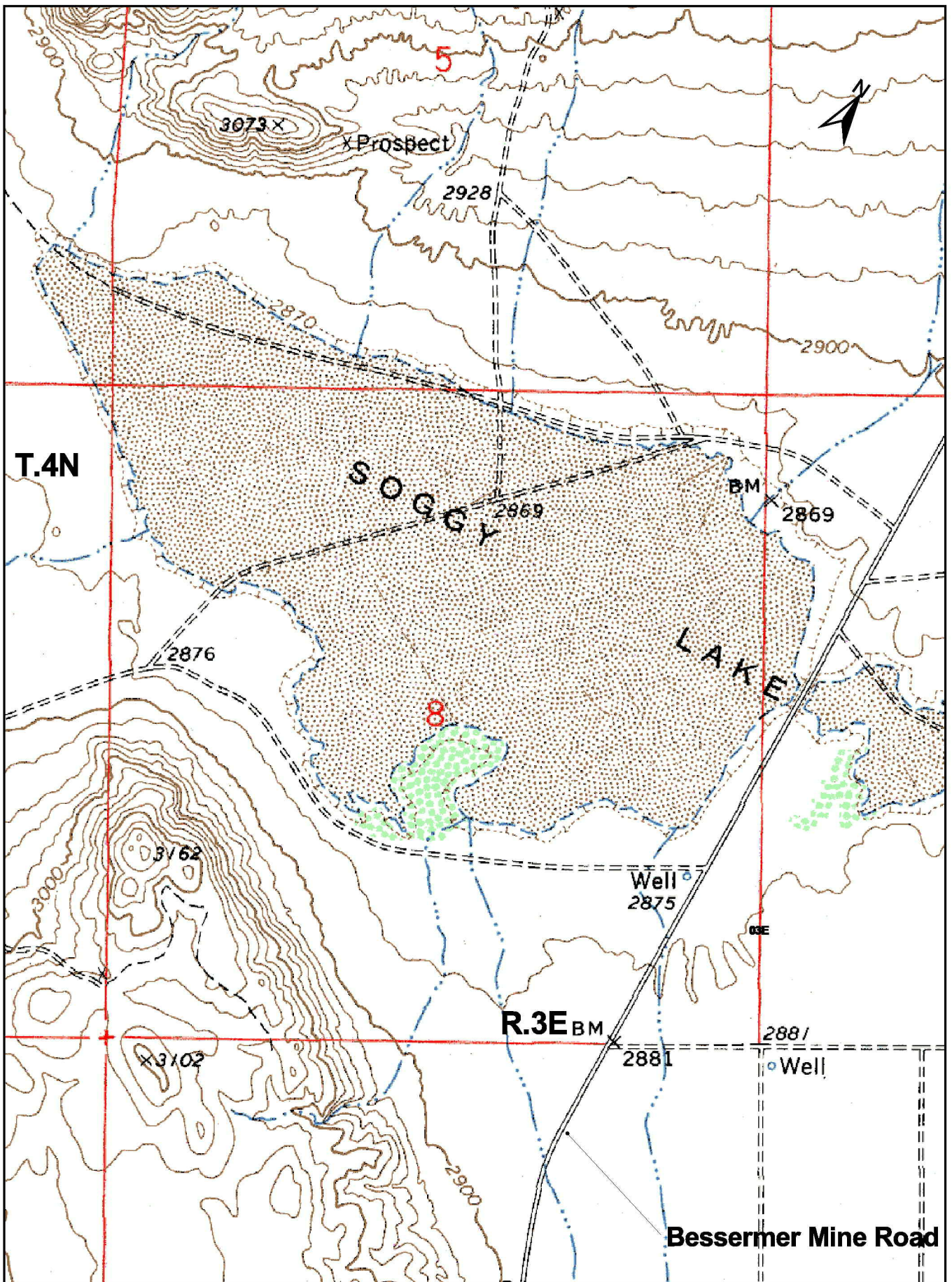
Customer Signature: _____

OFFICE USE ONLY

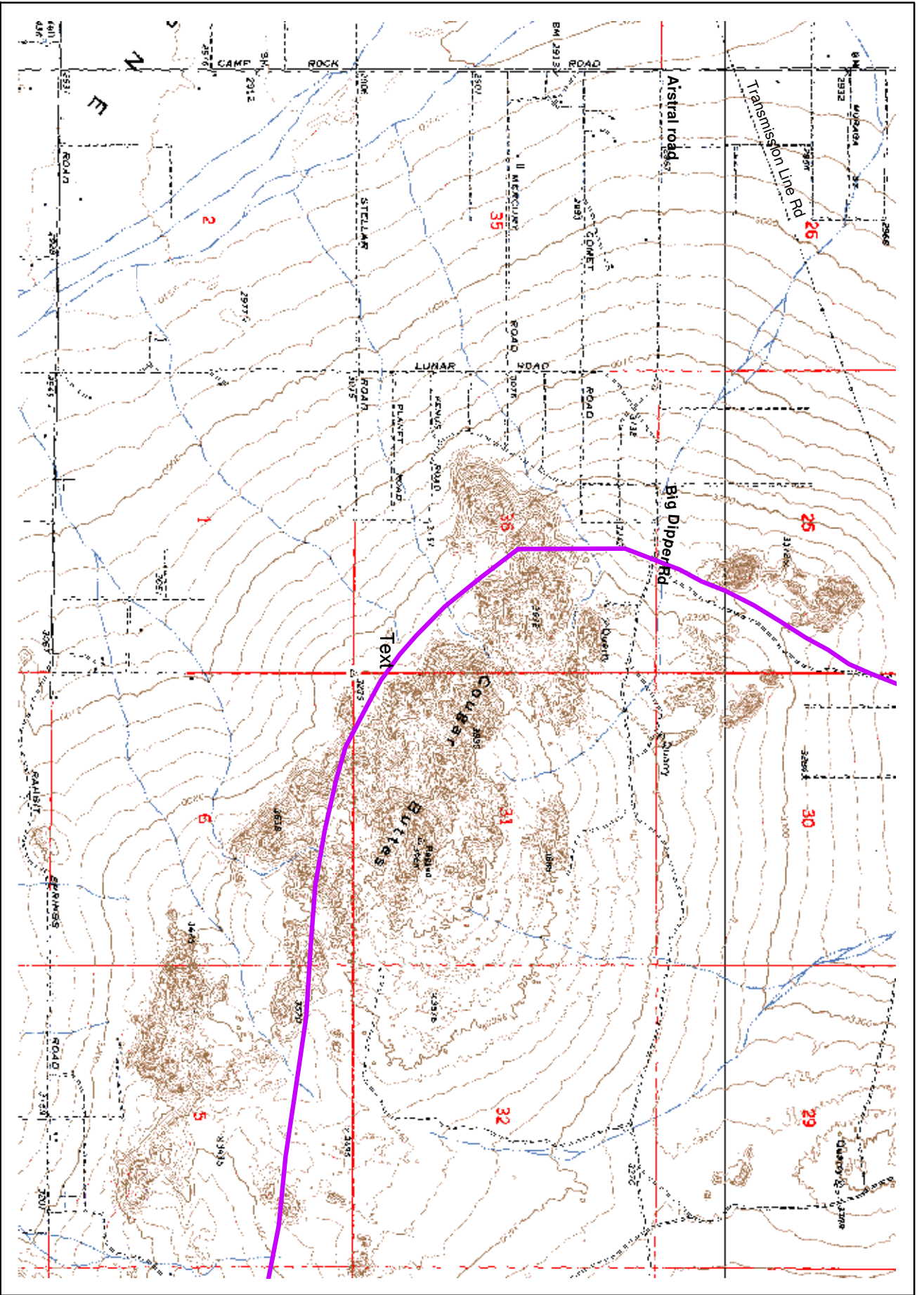
BLM Receipt No: _____ Signature: _____

ITEMS REQUESTED: _____

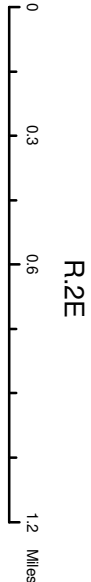
TITLE 18 U.S.C. Section 1001, makes it a crime for any person knowingly and willfully to provide any department or agency of the United States any false, fictitious or fraudulent statement or representations as to any matter within its jurisdiction.



Soggy Dry Lake



Disclaimer
 No warranty is made for data usage
 purposes not intended by the
 Bureau of Land Management
 MAD 1983 Albers UTM 11

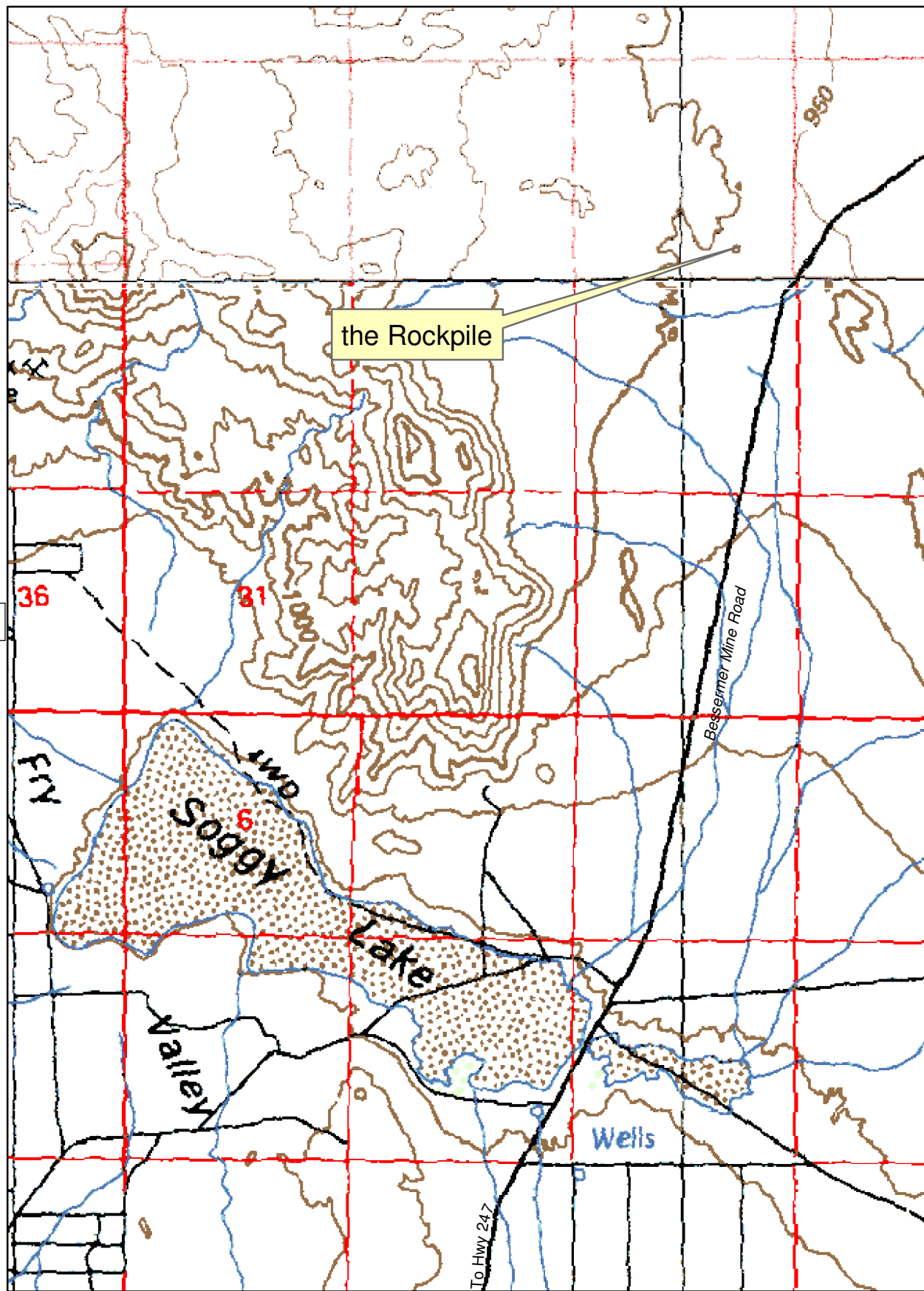


Legend
 OHVA Boundary



Cougar Buttes, Johnson Valley OHVA

Soggy Dry Lake & the Rockpile



T4N

36

31

950

the Rockpile

Bessemer Mine Road

Valley

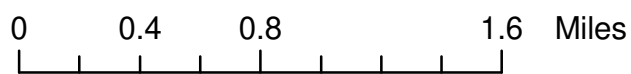
Soggy Dry Lake

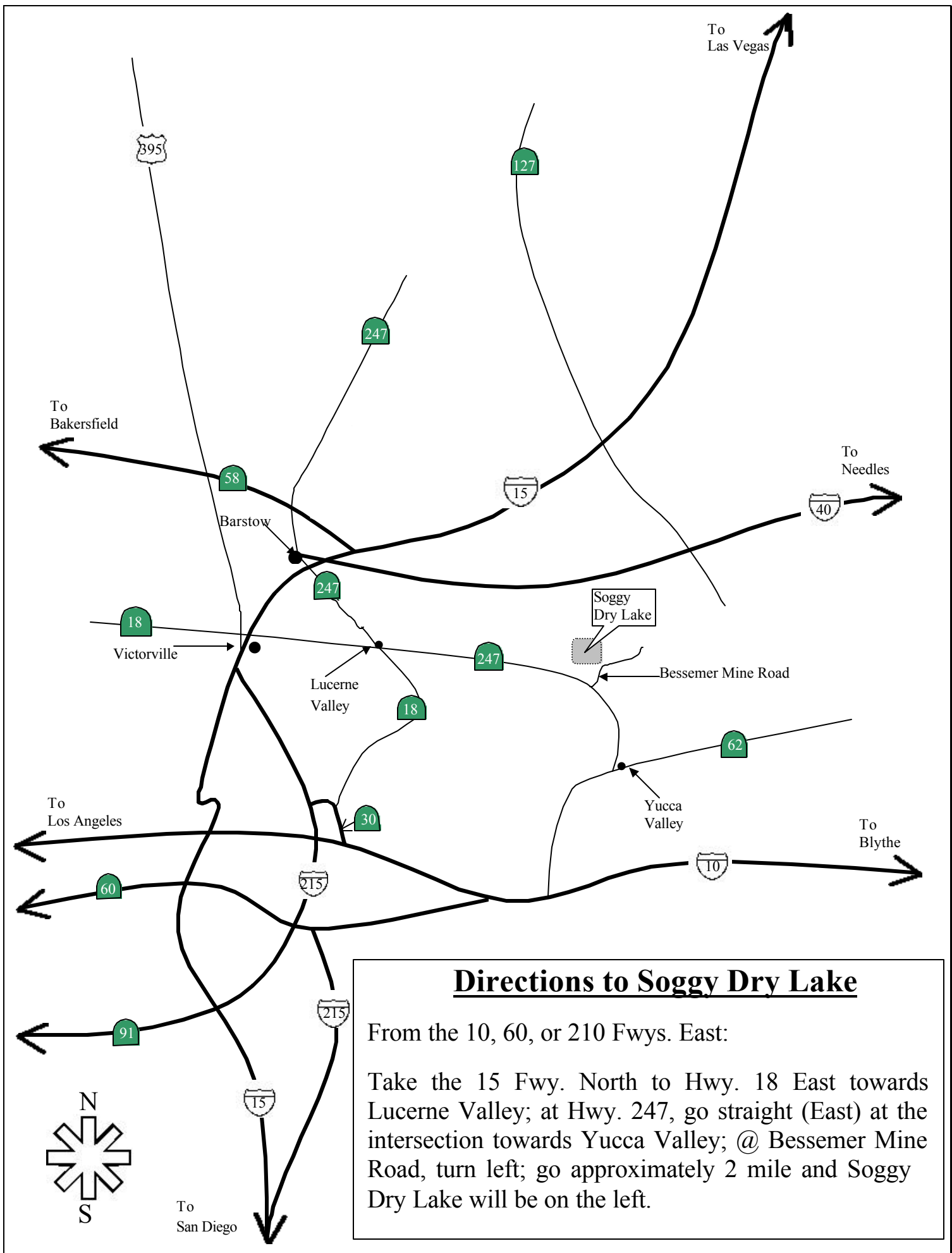
Wells

To Hwy 247

R3E

Disclaimer
No warranty is made for data usage
purposes not intended by the
Bureau of Land Management
NAD 1983 11 UTM Albers





Directions to Soggy Dry Lake

From the 10, 60, or 210 Fwys. East:

Take the 15 Fwy. North to Hwy. 18 East towards Lucerne Valley; at Hwy. 247, go straight (East) at the intersection towards Yucca Valley; @ Bessemer Mine Road, turn left; go approximately 2 mile and Soggy Dry Lake will be on the left.

**BUREAU OF LAND MANAGEMENT
BARSTOW FIELD OFFICE
SPECIAL ANIMAL STIPULATIONS FOR COMMERCIAL FILMING**

1. Animals not endemic to the area shall be under the control of **qualified handlers** at all times. Animals shall **not** be allowed to feed on natural vegetation.

2. Permittee is responsible for providing appropriate feed and water for the animals. Plant eating animals shall be fed non-germinating pellets or certified weed-free hay for two days prior to filming AND during filming while at the BLM location. Animals will be either tied to a parked vehicle; contained in a free standing fenced corral; and/or housed within a trailer in a parking area or road, when not in use.

3. All animal “waste” shall be removed from the public lands on a daily basis. Transmission of diseases from domestic animals to wildlife will be avoided through appropriate action (vaccines, avoidance of contact, etc).

Permittee acknowledges, by signing below, that he/she knows, understands and accepts the terms and conditions under which this permit is issued.

Production Company

Animal Handler Company

Permittee Name (Please Print)

Animal Handler Name (Please Print)

Title

Animal Handler Signature

Permittee Signature

Address

City, State

Phone number



Special Effects and Hazardous Conditions Worksheet

Permit # _____ Date _____

Special Effects Coordinator _____ License # _____

Company _____ Telephone # _____

Address _____

Location(s) _____

Assistants _____ License # _____

Assistants _____ License # _____

Activity/Special FX Materials (please note quantities to be used for each material listed): _____

Date(s) of Activity: _____ Time(s): _____

SFX Coord. Signature _____ Date _____

Production Co. Signature _____ Date _____

San Bernardino County

Fire Department – Curtis Markloff – 909-965-5803 ~ Sheriff's Department – Marlene – 909-387-3589*

Riverside County

Fire Department – Sonia Cooley – 760-393-3364 ~ Sheriff's Department: Dep. Rafael Cuevas – 951-955-6644*

**Only contact the Sheriffs if County Fire or the IEFC has requested you to do so.*

Please **fax** this form to (909) 382-6060. You must also **email** a copy of the front and back of the State Pyrotechnics license of all of the Pyrotechnicians who will be on location, in addition to the Special Effects Coordinator's license, to info@filminlandempire.com.

This form and a copy of your State Pyrotechnics license(s) are required before a permit can be issued

For IEFC Use Only

Fire Approval (initial) _____ Date _____ By _____

Sheriff Approval (initial) _____ Date _____ By _____

Desert Survival Safety Tips

Before any trip, always let someone know where you are going, the route(s) you plan to take, and when you expect to return. Make sure to stick to your plan. It will increase your chances of survival greatly. Be sure to check the road and weather reports before traveling as well.

When in hot weather, you need to adapt gradually, going into the heat for short periods at first. Always keep your clothing on. It helps to keep the body temperature down and reduces the dehydration rate. Also, cover your head. If a hat is not handy, improvise a head covering. Also make sure to drink fluids frequently and eat small meals regularly during the day. Do not drink alcohol. It will decrease your ability to tolerate the heat. If you have water, drink it. Do not ration it. Carry at least one gallon of water per person per day. In a pinch, use plastic gallon jugs. They are handy and are transported easily. If water is limited, keep your mouth shut. Do not talk, do not eat, do not smoke, and, as mentioned before, do not drink any alcohol.

The best thing to do is find shade, sit down, and prop up your feet. You may adjust your shoes and socks, but *do not remove them* – you may not be able to get them back on your swollen feet (a common problem). If you must walk in the sun/heat, rest for at least 10 minutes every hour. If you are not normally physically active, rest up to 30 minutes every hour. Try to avoid sitting or lying directly on the ground. It may be 30+ degrees hotter than the surrounding air.

Make it a point to keep an eye on the sky. If you see “Thunderheads,” near or far, be prepared to evacuate. Flash floods may occur in a wash in a matter of moments. They can fill low spots to dangerous levels very quickly. During evacuation, or any other time, do not drive through flooded roads if you can’t tell how deep it is.

Be sure your vehicle is in good condition with a sound battery, good hoses, spare tire, spare fan belts, necessary tools, reserve gasoline, and extra oil. Other spare parts and extra radiator water are also valuable.

Before driving through washes and sandy areas test the footing. One minute on foot may save hours of hard work changing a flat, digging your vehicle free, or replacing a punctured oil pan. It is recommended to use a four-wheel-drive vehicle when traversing these areas.

If caught in a dust storm while driving, immediately get off the road, Turn off your headlights, and turn on your emergency flashers. Try to position your vehicle with the back to the wind. This will reduce windshield pitting by sand particles.

If your vehicle breaks down, stay near it. Your car and various items within it can be useful in an emergency. You can raise the hood and truck lid to denote “Help Needed.” Also, a vehicle can be seen for miles, but a person on foot is very difficult to find. Only leave a disabled vehicle if you are positive of the route to help. If you must walk for help, wait until sunset and leave a note telling which way you went.

Heat Related Illness

Body Temperature Regulation

Regulating ones body temperature is a constant balancing act of heat input from ambient temperature, metabolism, physical work, sunlight, and heat output from radiation, evaporation, conduction, and convection.

Normally, radiation accounts for about two-thirds of heat loss, with one-third resulting from evaporation. If you are very hot, or working hard and sweating, evaporation can become a major factor in heat loss, except for when it very humid, in which case evaporation has no effect. Conversely, water conduction may also be a major factor in heat loss. When immersed in water, one can lose significant body heat (unless the water is around body temperature). Infants and very young children lack effective heat regulatory mechanisms and are more at risk for heat related injuries.

Acclimatization by exertion (i.e. working or working out) in the heat encourages the body to adjust to a hot climate. Until one is acclimated, heavy exertion should be limited to 30-90 minutes per day, avoiding the hottest part of the day.

Clothing should be lightweight, light in color, and a loose weave. A wide-brimmed hat will help keep you cool and prevent sunburn.

Be aware of humidity! Even in relatively cool temperatures (75 degrees), marked exertion in very high humidity can lead to heat illness due to failure of evaporative cooling.

Heat Disorders

Heat Cramps

These are painful cramps, usually following exercise or heavy exertion, and often affecting major muscles such as the calves and thighs. Stretching, maintaining good hydration and electrolyte balance, as will becoming acclimated to the heat has been found to be the most effective in alleviating this painful condition.

Heat Syncope

Heat Syncope is when one faints due to heat exposure, often after prolonged standing or when standing up from a seated position. Most people recover quickly to fluid replacement. Older individuals and those on hypertension medications are most at risk.

Heat Exhaustion

This is caused by dehydration and depletion of electrolytes, or body salts. Its symptoms are weakness, headache, dizziness, nausea, vomiting, and diarrhea. An increased body temperature and pulse rate may also be present. The treatments for heat exhaustion is to rest, get out of the heat/sun, sponge the body with water and fanning it, and to replace the body's fluids and salt with a sports drink, or water and salty snacks. If not taken seriously, this can progress to heat stroke.

Heat Stroke

In this condition the body loses its ability to regulate temperature causes the body temperature to soar, often to above 106 degrees. Sweating may or may not be present. Heat stroke will result in physical collapse and mental deterioration ranging from confusion to coma. If someone is exhibiting these systems, call 911 immediately. This is a medical emergency and must be treated aggressively with rapid cooling and IV fluids. If not, permanent damage to kidneys, heart, or liver may result, and in some cases, death. If you suspect someone is experiencing heat stroke, here are a few emergency treatment that will help until emergency crews arrive: 1) remove clothing, 2) cool/wet the body, with whatever water that is available, 3) fan the body, 4) if victim is able to drink, give them water, a sports drink, or any oral rehydration formula.

Preventing Heat Illness

Even marginal dehydration interferes with the body's ability to regulate temperature. It can also cause mild diarrhea, which can dramatically increase dehydration. In hot climates, you should always consume enough water so that you urinate every two to three hours. If your urine becomes dark yellow, it means that you are getting dehydrated or that you are getting jaundiced.



THE DESERT TORTOISE

STATUS: On April 2, 1990 the desert tortoise was listed by the U.S. Fish and Wildlife Service as a threatened species. Under the provisions of the Endangered Species Act, anyone who takes (the term "take" means to harass, harm, pursue, hunt, shoot, wound, kill, trap, capture, or collect, or to attempt to engage in any such conduct) a tortoise is subject to civil and/or criminal penalties of up to a \$50,000 fine and one year in jail or both. BLM will be assisting the Fish and Wildlife Service in the enforcement of the Act. Additionally, the desert tortoise is considered by California to be a threatened species with associated penalties.

BIOLOGY: Like other reptiles, the desert tortoise is cold blooded. To survive in the desert the tortoise "sleeps" through the heat of summer and the cold of winter in a burrow deep underground. Tortoises come out in the spring (and for a short period in the late summer and fall) to eat, drink, socialize, travel, etc. At other times of the year they are less active or not active at all.

The desert tortoise lays from 4 to 14 ping pong ball size eggs each year after reaching 10 to 20 years of age. Since a tortoise may live for 60 to 100 years, many eggs will be laid in a lifetime. However, only about 5 out of every 100 hatchlings will survive to become an adult tortoise. For the first 6 or 8 years, the young tortoise's shell is no thicker than your fingernail, and therefore, it is easy prey for many other desert animals.

Many of man's activities are also threatening the survival of the desert tortoise and are considered illegal. Some of these include:

1. removing wild tortoises from the desert,
2. releasing pet tortoises into the desert (they often carry disease),
3. driving off roads in areas not designated for off-highway vehicle play,
4. crushing tortoises as they are crossing roads,
5. shooting at tortoises, and
6. handling tortoises found in the desert (this may cause them to lose vital water supplies).

Some DOs and DON'Ts:

1. If you find a desert tortoise in the desert, **DO** take pictures, get down and look at it (but not too closely so that you don't harass it), watch to see how it moves and what it eats, and then walk away and know that you have done a good deed by letting it live in peace.
2. While driving on desert roads, **DO** keep an eye out for tortoises crossing the road. If you encounter one and have plenty of room to pass, drive slowly and carefully around it. If you don't have room to pass, stop and let the tortoise move across the road of its own accord. If the tortoise is on a paved road and in immediate danger, pull your car over and stop in a safe place. Lift the tortoise slowly and gently, keeping it level. Move it to a safe place, no more than 100 yards away, in the same direction that it was traveling. Carefully set it down, preferably in the shade of a shrub.
3. If you want a pet desert tortoise **DON'T** take one out of the desert! Do call the California Turtle and Tortoise Club (Linda York in Palm Desert at (760) 347-2647 or Bunny Williams in San Bernardino at (714) 862-4777) or the California Department of Fish and Game at (714) 597-8235. You also will need to get a free permit from the Department of Fish and Game to legally keep the tortoise.
4. If you get tired of a pet desert tortoise **DON'T** let it go in the desert. Release of captive tortoises is a violation of the Endangered Species Act. Instead, call one of the numbers listed above to find a new home for your pet.

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