

Beneficiary Designation Form

For VALIC Annuity Accounts Only

The Variable Annuity Life Insurance Company (VALIC), Houston, Texas

Call 1-800-448-2542 for assistance.

1. CLIENT INFORMATION						
Name:	SSN or Tax ID:					
able to do so, and I h	arried	reasonable attempts to o.	locate my spo		•	
2. BENEFICIARY DESIGNATION						
 A beneficiary may be an individual, ins To ensure that all beneficiaries are ider If you wish to designate as beneficiarie words "all my living children" in the na If no percentage is indicated, your ben When there are multiple beneficiaries a 	ntified, list each by name. es your current children, and any children who ma	y be born to you or leg ided between the remai	ning beneficia	ries.		
PRIMARY BENEFICIARIES: INDICATE PRII Primary beneficiaries receive death benefit • Section 3 must also be completed if	MARY BENEFICIARIES BELOW	·				
Name First, MI, Last, or Trust/Estate Name	Address 123 Main Street, Anytown, State 12345	SSN 123-45-6789	Date of Birth MM-DD-YYYY	Relationship	Percentage Whole % Only	
	nal primary beneficiaries on a separate sheet, sigr umber at the top of each separate sheet attached.	ed, dated and attached		otal must eq	ual 100%	
·	CONTINGENT BENEFICIARIES BELOW offits if all the primary beneficiaries are deceased at you are designating a minor as a beneficiary.	t the time of the client's	death.			
Name First, MI, Last, or Trust/Estate Name	Address 123 Main Street, Anytown, State 12345	SSN 123-45-6789	Date of Birth MM-DD-YYYY	Relationship	Percentage Whole % Only	

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□ Check here if you have named additional contingent beneficiaries on a separate sheet, signed, dated and attached to this form. Print your name and social security number at the top of each separate sheet attached.

Total must equal 100%

3. CUSTODIAN FOR BENEFICIARY WHO IS A MINOR							
	uardianship arrangement for a Beneficiary who is a Minor. If you have named a minor as a be beneficiary who is a minor under your state's Uniform Transfers (Gifts) To Minors Act requirements.						
as Custodian for as Custodian for (name of t	under the Uniform Transfers (Gifts) to Minors Act.						
Check here if you have named additional minor beneficiaries on Print your name and social security number at the top of each s	a separate sheet, signed, dated and attached to this form.						
4. ERISA SPOUSAL CONSENT							
	non-spouse as a primary beneficiary. The Plan Administrator or a Notary Public must ement applies to you, please contact the Client Care Center at 1-800-448-2542.						
Required for spouse: For your spouse to read and sign							
Under federal law for ERISA plans, as the spouse of the contract own contract if your spouse dies before you.	ner, you have the right to receive a survivor benefit of at least 50% of the amount in this						
I agree to the beneficiary designation listed above.							
 I understand and agree that I'm giving up my right to receive a release The Variable Annuity Life Insurance Company from all 	a survivor benefit payment from The Variable Annuity Life Insurance Company, and I liability for completing this transaction.						
Spouse's Signature *Must be witnessed by Plan Administrator or	Notary Public Date						
PLAN ADMINISTRATOR'S ACKNOWLEDGEMENT	NOTARY PUBLIC						
 The client has established to my satisfaction that spousal consent is not required. 	State of County of						
OR	On this day of year of						
I affirm that any signature of a client's spouse in this section has been witnessed either by me or by a Notary Public	Before me personally appeared						
	(Name of spouse) known to me to be the person who executed the ERISA SPOUSAL CONSENT and he/she acknowledged to me that he/she executed the same.						
Plan Administrator's Signature Date	<u> </u>						
- Tall Carlotte Congression	Notary Public Date						
5. CLIENT APPROVAL							
I certify that the information provided above is true and correct. I re	equest the company to make the requested change(s).						
Client's Signature	Date						
Please fax the completed form to 1-800-858-2542 or mail to the a VALIC Document Control	address below for processing:						
P.O. Box 15648							
Amarillo, TX 79105-5648							

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Information

QUALIFIED JOINT AND SURVIVOR ANNUITY AND QUALIFIED ANNUITY BENEFIT: FOR ERISA PLANS ONLY

This notice should be provided to you at least 30 days, but no more than 180 days, before your proposed distribution date.

If you are married, your retirement plan distributions will be paid to you in the form of a Qualified Joint and Survivor Annuity ("QJSA") unless you elect a different form of distribution. Under your QJSA, if your spouse survives you, the plan will pay him or her at least 50% of the amount the plan had been paying to you, on the same frequency as the payments to you. If you are not married, your benefit will be paid monthly over your life and will end upon your death unless you elect a different form of distribution. This benefit is referred to as a Qualified Annuity Benefit ("QAB").

The plan may satisfy the QJSA or QAB by using your vested account balance to purchase an annuity contract from an insurance company. The actual monthly payments made under the annuity contract will depend on the value of your account balance, annuity purchase rates used by the insurance company, your age, and if you are married, your spouse's age at the time the distribution begins.

The following table reflects the relative values of monthly payments from a Joint and Survivor Annuity and a Life Annuity, assuming a vested account balance of \$5,000 and an interest rate of 6%. This table is based on the Annuity 2000 Mortality tables. The table is hypothetical and does not reflect the value of your individual benefit or the actual payments you or your beneficiaries would receive. Please note that as the ages change, the payment amount will change. If none of the examples closely approximates your situation, you may obtain a more accurate value specific to your situation from your plan administrator or from your financial advisor.

Age at Benefit Starting Date

Annuitant	70	65	60	55	50	45	40	35
Spouse	65	70	55	60	45	50	35	40
Monthly Payment								
Annuitant Life Only	39.62	35.35	32.38	30.27	28.75	27.61	26.76	26.13
Joint and 50% Survivor	35.47	33.65	30.21	29.26	27.53	26.99	26.07	25.76
Joint and 75% Survivor	33.71	32.86	29.23	28.78	26.95	26.70	25.73	25.58

This QJSA or QAB requirement may not apply to smaller account balances (generally below \$5,000) and will not apply if you have elected another form of benefit. A partial withdrawal would be considered another form of benefit for this purpose. Other alternate forms of benefits that may be available under your employer's plan and under your plan investments may include:

Annuity

An annuity can provide you with payments for your life or for your life and that of your beneficiary; payments for a specified period; payments for your lifetime with a minimum guaranteed period; or a continuation of payments to your surviving spouse that is different from the plan's percentage of the payments made to you. Generally, the more that the form of payment guarantees, such as a minimum period of payments, or payments to your surviving spouse or to another beneficiary, the more that specified benefit amount will cost. There are IRS rules that may limit the period during which payments may be made.

Lump Sum Distribution

If you elect a lump sum distribution, your benefit will be paid to you in one payment. The amount of your benefit is the vested portion of your account balance as of the valuation date used to calculate your distribution.

Installments

If you elect to receive your benefits in installments, you may specify the dollar amount and frequency of your payments. The period of time over which you receive these installments cannot be greater than your life expectancy or the joint life and last survivor expectancy of you and your designated beneficiary. There are other IRS rules that may further limit the period over which you receive payments.

In order to elect one of these alternative forms of benefits you must waive your right to the QJSA or QAB, and if you are married, your spouse must also consent in writing. In addition, this written consent must be witnessed by a Notary Public or by your Plan Administrator. You are entitled to 30 days (but no more than 180 days) within which to make this decision. Although you have at least 30 days to make this decision, under some circumstances, you may waive this minimum 30-day period, and if you submit a waiver of the QJSA or QAB less than 30 days after it is signed we will assume that you are waiving this notice period. Unless a waiver of the QJSA or QAB is made irrevocably, you have the right to revoke the waiver and execute another waiver at a later time, up to the time when the benefit payments have started. You also have the right to defer receiving a distribution, subject to the terms of your employer's plan as well as legal requirements that generally require distributions to commence upon the later of attainment of age 70½ or retirement.

The investment options available to you, the right to change investment options, and the fees imposed under the investment options will not be affected by your decision to defer distributions.