



Minne-Trails

Volume 51

Minnesota Good Sam Club

www.mngoodsamclub.com

July 2010

Hello from your State Directors Ray and Gloria Poncelet



What a challenge it was in New Ulm! The weather was cold and wet, then mud, then power problems. But by Friday it had cleared and dried up and we learned once again, power is there to keep your batteries charged only! Handicapped get the power they need and so do some staff with computers to make a Samboree® work. I am really proud of our staff...they came to us with a story and a smile, sometimes shaking their heads but still smiling! You, the members enjoying the Samboree, also bringing new first-timers, are wonderful! I am challenging each chapter again to bring at least one first-timer!

We will again be having seminars, games, vendors, entertainment and more. Some changes will be more tours and card games will go 90 minutes. Chisholm has NEW bathrooms and showers, and yes, Gloria will again line up the caterers. Early Bird parking starts Monday at NOON. If you come before noon you will be charged for another day.

If you are into golfing you are in for a good time at our golf tournament by Duane!

The garage sale worked out really well at New Ulm, hopefully we can do that again.

Hope to see you in North Country! (Chisholm August 19-22 with early bird starting noon Monday, August 16). Host chapters and people come in Monday morning. We will have a lot of electric but please be prepared! The theme is "Christmas in August". Site and rig decorating will be judged on your 20'x50' site.

Wishing you a great summer,

Ray and Gloria Poncelet, Minnesota State Directors

2010 MINNESOTA STATE STAFF

<i>Ray Poncelet</i>	<i>State Director</i>
<i>Gloria</i>	<i>State Director's First Lady</i>
<i>Brenda O'Neil</i>	<i>State Treasurer/Registration</i>
<i>Duane Anderson</i>	<i>Safety/Security Coordinator/Golf/ First Timers Meeting/District 9</i>
<i>Kathy</i>	<i>State Secretary/Signup Sheets</i>
<i>Vern Strusz</i>	<i>State Wagonmaster/District 5</i>
<i>Carol</i>	<i>Vendors/Skipbo/Assist</i>
<i>Larry Schuler</i>	<i>Assistant State Wagon Master/District 4</i>
<i>Miriam</i>	<i>Publicity/Youth Activities/Assist Good Sam Store</i>
<i>Dave Schwier</i>	<i>Historian/Taxis/District 6</i>
<i>Jessica</i>	<i>Minne-Trails/Assist</i>
<i>Dave Staiger</i>	<i>Assist with Set-up/Seminars/District 10</i>
<i>Arlene</i>	<i>Chaplin/Choir Director/Euchre/ Anniversary & Memorial</i>
<i>Don Youness</i>	<i>Gambling/Flag Practice/Pop Tabs/ District 3</i>
<i>Diane</i>	<i>Good Sam Store/Cribbage/500</i>
<i>Red Johnson</i>	<i>Entertainment Coordinator</i>
<i>Flo</i>	<i>Goodie Bags/Door Prizes/Anniversary & Memorial</i>
<i>Bill Wallace</i>	<i>Games/Assist with Set-up/ District 8</i>
<i>Betty</i>	<i>Assist with Door Prizes/Rig Decorating/ Costume Parade</i>
<i>Audrey Knuth</i>	<i>Outdoor Games/District 7</i>
<i>Joe Jurisoo</i>	<i>Minnesota Web Master/Greeters</i>
<i>Marge</i>	<i>Paper Games/Find Sam & Samantha™</i>
<i>Keith Beckman</i>	<i>Scholarship & Fundraisers/Silent Auction/District 1</i>
<i>Dee</i>	<i>Pie Social/Ice Cream Social/Cakewalk/ Assist</i>
<i>Doug Yerks</i>	<i>Medical/Tours/Cart Race/District 2</i>
<i>Jan</i>	<i>Hospitality</i>



Good Sam Club

The Good Sam Club is The World's Largest RV Owners Organization



Good Sam Club

Costume Parade and Rig Decorating Contests



Did you know that at the Samborees we have a costume parade and a rig decorating contest? In the past the costume parade has been held on Saturday afternoon and sometimes the parade is not well attended. Well, at this year's Fall Samboree in Chisholm we are going to try something new. We will have the costume parade as part of the evening entertainment on Friday evening. This will give everyone an opportunity to see the creativity put into the costumes and make it more worthwhile for the contestants. Categories for judging include men's and women's individual, couple, and group.

The rig decorating contest takes place on Friday afternoon at 1:00 pm. The criteria used for judging includes, most importantly, "does it fit the Theme of the Samboree?" Each contestant (this could be an individual or a group) is allowed to use one "Lot" to decorate on and/or off the rig.

A Reminder to those who want to join us for the full week

Early Bird parking begins at 12:00 Noon on Monday. Monday mornings are reserved for the Host people to come in, set up and get ready to help. The Wagonmaster and his assistant are busy getting the parking organized and set up so that at noon, they are ready to get you parked. Those of you who come earlier than noon will be asked to wait outside the gate, or if you insist on being parked, an additional charge will be assessed.

Dates to Remember

July 22 The Rally, Louisville, KY
 Aug. 15 North Dakota Samboree, Rugby
Aug. 19-22 Minnesota Fall Samboree, Chisholm
 Early Bird starts Mon. Aug. 16
 Sept. 3 Illinois Samboree, Henry
Sept. 10-12 District 7 Campout, Finsteds, New Ulm
 Sept. 16-19 Michigan Fall Samboree, Otisville, MI
Oct. 9 (10 am) President's Meeting, St. Cloud

2010 Fall Samboree Golf Tournament

We will be going to the Virginia Golf Course in Virginia.

WHEN: Friday August 20th. Tee time is 9:00 am with a "shotgun" start.

Cost will be \$22.00/person which includes nine holes of golf, shared cart and prizes.

This will be a Best Ball Scramble and we will have four person teams at this point.

I will have signs posted at the Samboree as to where the informational meeting will take place. We will discuss the rules and coordinate vehicles for the outing. Please look for the sign up sheet at the Samboree as I will NOT take advanced registrations. The sign up sheet will be out and available until 4:00 on Thursday before the tournament as I need to get the team information to the golf course. If you have any questions, please let me know.



Looking forward to a great day of golfing,

Duane Anderson

CONTACT: Duane Anderson – email dkandy94@mywdo.com
 Phone: 320-654-0554 CELL 320-249-9494

Chapter of the Year

Don't forget to get your Chapter of The Year entries to Ray for the year 2010. The entry should include a description of your chapter's project and information on how the goals of the project were met plus pictures, correspondence, thank you letters, newspaper clippings, etc. You can get more information from the State Secretary, Kathy Anderson, at dkandy94@mywdo.com.

Ray (Gloria) Poncelet

State Director
 28074 Cty 16 Blvd.
 Goodhue, MN 55027
 651-380-1817
rayandgloriap@hotmail.com



Good Sam Club

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Minne-Trails Editor:

Jessica Schwier
 21347 260th St.
 Fountain, MN 55935
 507-421-6264
ylchickadee@hotmail.com





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15 MOTORHOMES DISPLAYED INDOORS

Chapter Chatter

After reading an article that appeared in October 6, 2009 Women's Day magazine putting forth a challenge to knit or crochet chemo caps for a group started by Pam Haschke called Chicagoland Head Huggers whose goal was to make 10,000 caps, the **Northern Lights Chapter** of Minnesota Good Sam decided to participate. All members who knitted or crocheted got excited and even those who did not know how to knit or crochet were eager to learn so they could participate. It was a wonderful project because the snow-birds visiting warmer states could continue their handiwork while enjoying the warmer weather. We started with a small goal of 300 hats. After much publicity in the local newspapers, many stitchers came forward with helping hands willing to make hats or donate yarn. Our small goal expanded and we finished our project in April with 1,300 hats. They were donated to eight hospitals and cancer care centers.



Article and photo submitted by Kitty Zimmerman

WANTED:

More members for our **Redhat Maidens Chapter**. We are a laid back bunch of ladies who enjoy having fun. You do not have to belong to another Redhat group. Dues are cheap. When we had our first meeting, many joined – but then no one came to the rest of the meetings to see what we do. We usually have a breakfast someplace, and a short meeting. In the spring we host the Ladies Tea, which is pretty simple—put a couple of items on a plate, make punch and find something for door prizes. Red Johnson gets the entertainment. We have a raffle of a basket of goodies, and the money we make goes to the local Women's Shelter. Right now, all the members but one who are active are from the Vikingland Sams, and that is rather lopsided. Please consider joining us! We only meet twice a year, at each Samboree. Time and place is in the Samboree agenda.

Blood Presssure Checks

One morning during the fall Samboree in Chisholm, the **Second Chance Chapter** will be giving free blood pressure checks during morning coffee provided by a registered nurse. Check the schedule for the day and time. Second Chance members all feel that they have had a second chance at life and want to promote preventive health options.

Have You Been Good Boys and Girls?



Announcement: Santa's head elf, Polloskeniemi, direct from the North Pole in Finland, is planning a stop in Chisholm during the fall Samboree for the express purpose of helping those who made the "Bad List" this year redeem themselves before December! Of course, traditionally, this has been done with good acts. However, due to time constraints, \$\$ will have to do. Since money collected will go to a good cause chosen by the **Second Chance Chapter**, the basic premise still works. Be prepared for some fun and frivolity in the name of Christmas generosity. Bring a few bills along to help your friends and loved ones make it onto the "Good List"!

District 7 Campout

Sept. 10-12, 2010 at Firststeads in New Ulm
Please bring a dish to pass for Saturday evening and Sunday morning. Coffee and rolls will be furnished. Hope to see you all there!

Reminder: Each chapter has a place to put pictures of their activities in the State picture books. It's an opportunity for each chapter to show the great things they are doing!



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Words from the State Staff



Greetings from your State Treasurer!



Hi all,

Well, the New Ulm 2010 Spring Samboree is now history, and we are looking forward to heading north to Chisholm in August. It was great to see everyone again, after the "long" winter. Even though it rained and was pretty chilly the beginning of the week, I think most that attended had a good time.

Any money that your chapter earns or collects for charities (and want to go through the Good Sam Club) should be turned in to me at the Samboree, before 11 am on Saturday. This allows me time to compile the listing for the Saturday evening program. Please make checks out to the Minnesota Good Sam and place them into an envelope, listing the name and address of the charity, and I will make sure that they get to the place of your choice.

Brenda O'Neil
State Treasurer

Hello from your State Secretary!!

Yet another Samboree under our belts. The week started out quite chilly and rainy, probably keeping a few from enjoying everything they wanted to see and do. We survived. We live in Minnesota!! By late week we were able to start leaving the jackets behind and enjoyed the sunshine.

The Chapter Rosters have not been received by our State Director Ray Poncelet yet, so the rosters will be distributed in August at the Secretary meeting on Friday at the Samboree in Chisholm. Please send someone from your chapter to the meeting at 8:30 Friday morning to receive the roster and instructions. Throughout the year, please keep your secretary informed of any address changes and update as necessary. Also if you are one of the lucky ones that get to be "snow birds" in the winter, please make sure we have the correct winter address on file so you will receive the January issue of the Minnetrails wherever you are. Your secretaries have been doing a REALLY GOOD job. Help them out by keeping them updated.

Ray's staff is working very hard and listening to what you have to say. We will try to make the changes that we are able to make. Keep submitting suggestions and letting us know what you would like to see at the Samboree. Hope to see you all in Chisholm in August.

Kathy Anderson
State Secretary
dkandy94@mywdo.com



FROM ASSISTANT STATE DIRECTORS MARGE AND JOE JURISOO

The Spring Samboree was a success with close to 300 rigs and our new Director did a good job except in the weather department. The first part of the week was not so nice but he made it up with the last part of the week. Let's hope he can keep it up in Chisholm!

I got the word at the last meeting that he does not want to be called "new" Director anymore so I took out the word "new" from the web site and automatically wanted to put in the word "old" but caught myself in time and obviously saved myself lots of trouble.

The Wagonmaster crew was great to work with, the weather made their work tough but they did survive.

Red Johnson came through with excellent entertainment again and the Chisholm entertainment looks good too. More information about fall entertainment is available at www.mngoodsamclub.com on the Samboree page.

Again I would like to remind you, if you have visitors at the Samboree, make some kind of arrangements to meet them by the entrance.

As usually we try to keep you posted with the latest on our web page.

Secret Samantha and Secret Sam will be at the Fall Samboree. Ask around—they will be easy to find—always friendly and happy to be spotted. Please drop names in the boxes before 2 pm Saturday!

Marge and Joe Jurisoo



Words from the State Staff



As first time Assistant Directors, the New Ulm Samboree proved to be a test. The rains came which gave Vern a lot of challenge in parking as he did not want anyone to get stuck in the mud. But as the week went on the sun shown and it was beautiful. Carol had her challenges also as doing both tours and vendors was quite the endeavor. Doug Yerks has agreed to take on the tours which should help a lot. We did not need an alarm clock as Herman the rooster was up bright and early doing the early wake up call to all who parked near the hospitality building! We hope you all enjoyed yourself and will join us again in August at Chisholm for Christmas.

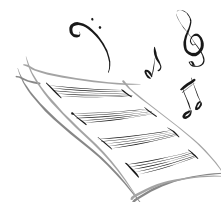
Vern & Carol Strusz
Wagonmaster and Assistant State Director



Our Samboree was successful. The new state staff are a bunch of people who are fun and sincere and willing to make the next Samboree even better. I want to thank all the members of the choir... You all were tremendous, even though all of you could not see me (I will work on making myself taller). I heard good comments about the sound of all the wonderful voices... Please, anyone who likes music and wants to have fun singing, consider joining the choir... I appreciate any input that you have... we will again have sheet music to follow, and start on time. Thanks to Gayle for accompanying the choir. Anyone who has sung before in the choir, please come back... We need you. If everyone brought just one new member to choir, just think how big it would be... Thanks to LeRoy and Red for all the help... I am looking forward to seeing all your smiley faces in the fall at Chisholm.

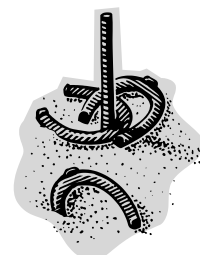
Keep a smile on your face and a song in your heart.

Arlene Staiger
Assistant State Director
Choir and chaplain



Hi Everyone,
I would like to thank everyone who came to the Samboree at New Ulm. I know it was wet for a few days, but turned out nice. Thank you to everyone who took part in all the games. We had a great time! I hope you all are planning on coming up to Chisholm. We will have a new card game, eucher. Come and try it out. Thanks again to all who came out to play the games. See you all soon!

Audrey Knuth
Assistant State Director



Hospitality at the Spring Samboree



It was a pleasure serving all the Good Samers coffee and cookies, especially during the first part of the week as it was cold and rainy. Hope everyone stayed warm in their campers. I had a lot of fun getting to know all the Good Samers and helpers during the Spring Samboree.

A big thank you to Country Misfits Sams, Wright Way Sams, Crow River Sams and anyone else who worked in hospitality at the Spring Samboree. Also, I want to thank the Host Chapter for all their help in delivering coffee. Awesome Job!

Wright Way Campers are scheduled to work on Friday at the Fall Samboree and offered to work at the Spring and Fall Samboree on Friday in 2011. Cloudy Town Sams is scheduled to work on Thursday and Crow River Sams on Saturday at the Fall Samboree.

See you at the Fall Samboree in August at Chisholm, MN

Jan Yerks
Assistant State Director



Reminder!

President's Meeting at the Fall Samboree
Saturday, August 21 at 8 am

Don't forget your pop-tabs!!



Words from the State Staff



We had 24 golfers sign up for the Spring Samboree golf tournament. The weather could not have been better and all golfers had a great time both on and off the course. The New Ulm Country Club did a fantastic job for us. (The winners of the tournament are on page 12)

The New Ulm Country Club also donated 4 golf shirts for the team with the highest score. That team consisted of Wayne Schuette, Dick Schulte, Ed Raden, and Tom Schroer.



Remember to sign up for the Fall Golf Tournament in Chisholm. Ladies, we need you to sign up and come out and beat these guys!!! I hope everyone enjoyed the golf tournament and if there is anything you golfers would like to see different or if you have some new game ideas, please don't hesitate to let me know. Thanks to all you golfers for making my first tournament a huge success!!!

See you all in the fall in Chisholm.

Duane Anderson
Assistant State Director



Hello again from Don Youness

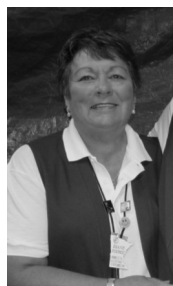
As new staff we all got our feet wet in New Ulm. But who didn't? Thanks to Arlene Staiger and all who participated in the flag ceremonies. Being in charge of charitable gambling (Samgo, Raffles and Silent Auction) was a new challenge for me and I hope it was fun for all of you.

Save your pop tabs and I hope to see you all at Chisholm.

Don Youness
Assistant State Director



Hi from Diane Youness



I must start my news with a thank you to Kathy Anderson and Miriam Schuler for all their help and also to all Hosts and Volunteers that gave their time to help me in the Good Sam Store (you made it fun!).

The Staff presented our new Directors Ray with a Black Good Sam's jacket and Gloria with a Red Good Sam's Jacket. You can purchase these along with many other items at the Good Sam Store. We will also have ponchos in case we have another great rain. Keep working for your caravan, early bird and other Good Sam patches. Stop by and check it out.

At the cribbage game we had about 50 plus players and we had fun! See you in Chisholm.

Diane Youness (Di)
Assistant State Director

Door Prizes by Flo Johnson



Hi Everyone.

It's time to think of door prizes again for the Samboree in Chisholm. We would appreciate it if each chapter could bring two door prizes, equaling a value of \$10.00 each. Also be sure to save all your receipts from shopping and eating in Chisholm and place them with your number on them in the box which you will find on the stage area. Also be sure to check the door prize board for your number on the days and times listed in your program. I have had many questions about what happens if you do not get around to checking the board for your number. All numbers drawn and not picked up will be called from the stage on Saturday evening. See you in Chisholm.



Flo Johnson



Words from the State Staff



Seven rigs from Minnesota traveled to Austin, Manitoba June 2-6 for the Manitoba-NW Ontario Samboree. Great weather and super-friendly hospitality was enjoyed by all. We were treated to porridge by the state staff and attended a fish fry in Austin for a community fundraiser. The grounds at the Agricultural Museum were terrific for dry camping with minimal electric sites. Wish you could all join us sometime!

Larry and Miriam Schuler
Assistant Wagonmaster and Assistant State Director



We need to give a big thank you to the host chapter taxi drivers at the spring Samboree! They navigated around and sometimes thru all the mud and water, in downright frigid conditions at times, to get us where we needed to go. Thank you host people: Robert & Donna Widdlefield, Russ & Gail Sorenson and Carl & Donna Schultz of Camper Trampers; Steve Werner and Gene & Elaine Selby of Heartland Sams; Dwaine & Marlys Evers of Country Misfits; Jim & Betty Himmel-spach and Mike & Janice Ulferts of Central MN Sams; Peter & Barb Koshowski of Lake Agassiz. Don't forget to submit your chapter news and accomplishments to be included on the Chapter Chatter page in the January Minne-Trails by October 1. Also check out the history photo books at the next Samboree...you might be surprised to see many people you know! Hope to see everyone in Chisholm for "Christmas in August"!

Dave & Jessica Schvier
Assistant State Director and Minne-Trails Editor



Hi, Good Samers
Congratulations on making the 2010 Spring Samboree a success. The weather started out wet, but ended up beautiful. How about that entertainment?! Good job, Red. We had a safe Samboree, only one person needed a band aid. New responsibility: I will be setting up tours for our Samborees starting this fall. If you have any ideas for tours, please let me know. We'll see you in Chisholm!

Doug Yerks
Assistant State Director Medical/Tours

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2010 MINNESOTA STATE FALL SAMBOREE

St. Louis County Fair Grounds, Chisholm, MN 55746

August 19-22, 2010

THEME: CHRISTMAS IN AUGUST

DIRECTIONS: Chisholm is located on Highway 169 between Hibbing & Virginia. St Louis County Fair Grounds is located south of Chisholm, next to the Minnesota Discovery Center (formerly Iron World) **FOLLOW THE GOOD SAM SIGNS**

PARKING: Early bird parking will start Monday 12:00 noon, through Wednesday [August 16-18], \$8.00 per night. Limit elec. **FIRST COME FIRST SERVE BASIS except people with medical needs.** Additional cost per day for electrical. There will be a 24 hr. Generator area. All other areas will be dry camping with 7:00 am to 10:30 pm generator hrs. **PARKING HOURS 8:00 am - 5:00 pm; REOPEN 6:30 pm - 7:30 pm DAILY. No parking after dark.**

REGISTRATION: Will start Wednesday August 18 at 1:00 pm to 3:00 pm

HOSPITALITY: Please bring 1 dozen cookies to share at hospitality.

ACITIVITIES: TOURS, SEMINARS, GAMES, JAM SESSIONS, BECOME PART OF OUR 50 MEMBER PLUS CHOIR, AND JUST PLAIN OLD FUN AND RELAXATION.

ENTERTAINMENT: THURSDAY, FRIDAY, AND SATURDAY NIGHTS.

**GET YOUR REGISTRATIONS IN EARLY. NO CONFIRMATIONS WILL BE MAILED.
PRE REGISTRATION DEADLINE August 11, 2010**

MAKE CHECK PAYABLE TO: MINNESOTA GOOD SAM: MAIL THEM TO:

Brenda O'Neil
7584 Hillton Rd
Royalton, MN 56373
Phone # 320-584-8076

EMERGENCY: PHONE 911 or CHISHOLM POLICE: (218) 254-7915

There will be a \$ 10.00 fee on cancellations. **NO REFUNDS ON MEALS!
NO REFUNDS FOR CANCELLATIONS THE WEEK OF THE SAMBOREE**

CLIP AND MAIL WITH 2010 FALL REGISTRATION FEE

Pre-Registration:

1 RIG / 2 PEOPLE	\$60.00	\$ _____ AT GATE \$70.00
1 RIG / 1 PERSON	\$55.00	\$ _____ AT GATE \$65.00
EXTRA PERSON	\$10.00	\$ _____ AT GATE \$20.00

CHILDREN UNDER 18 NO CHARGE WITH REGISTERED RIG

DAILY GATE FEE \$10.00 PER PERSON

CATERED MEAL SAT. \$10.00 PER PERSON (CHIDREN 12 AND UNDER ARE FREE)

NUMBER OF PEOPLE _____ X \$10.00 = \$ _____

TOTAL AMOUNT DUE AND MAILED IN \$ _____

NAME _____ PH (_____) _____

ADDRESS _____ CITY _____

STATE or PROV. _____ ZIP _____ GOOD SAM # _____

CHAPTER _____ # ADULTS _____ # CHILDREN _____

1st MINNESOTA SAMBOREE Y / N _____ HANDICAP PARKING Y / N _____

Having mobility difficulties and need to be closer to events; unable to walk distances. _____

Who only need electric to power to charge batteries, sleep machines (CPap) Oxygen Generators. _____

The undersigned person accepts full responsibility for the welfare of their unit and all persons with their unit while attending the MINNESOTA GOOD SAM SAMBOREE

SIGNED _____ **DATE** _____

2011 MINNESOTA STATE SPRING SAMBOREE
Steele County Fair Grounds, 1525 S Cedar Ave, Owatonna, MN 55060
May 19 - 22, 2011

THEME: CIRCUS

DIRECTIONS: Owatonna: Steele County Free Fair is located on the South side of Owatonna. Follow Interstate 35/State Road 14 to Exit #40 East, go East on 14/218 to intersection with Cedar Avenue (County 45), exit North and proceed to 18th St SE, East on 18th to Fairgrounds entrance. **FOLLOW THE GOOD SAM SIGNS**

PARKING: Early bird parking will start **Monday 12:00 noon**, through Wednesday (May 16-18), \$10.00 per night. Limited electric **FIRST COME FIRST SERVE BASIS except people with medical needs**. Additional cost \$4 per day for electrical. There will be a 24 hr. Generator area. All other areas will be dry camping with 7:00 am to 10:30 pm generator hrs. **PARKING HOURS 8:00 am - 5:00 pm, REOPEN 6:30 pm - 7:30 pm DAILY. No parking after dark.**

REGISTRATION: Will start Wednesday May 18 at 9:00 am to 11:00 am

HOSPITALITY: Please bring 1 dozen cookies to share at hospitality.

ACTIVITIES: TOURS, SEMINARS, GAMES, JAM SESSIONS, BECOME PART OF OUR 50 MEMBER PLUS CHOIR, AND JUST PLAIN OLD FUN AND RELAXATION.

ENTERTAINMENT: THURSDAY, FRIDAY, AND SATURDAY NIGHTS.

GET YOUR REGISTRATIONS IN EARLY. NO CONFIRMATIONS WILL BE MAILED.
PRE REGISTRATION DEADLINE May 11, 2011

MAKE CHECK PAYABLE TO: MINNESOTA GOOD SAM: **MAIL THEM TO:** Brenda O'Neil
7584 Hillton Rd,
Royaltan, MN 56373
Phone # 320-584-8076

EMERGENCY: PHONE 911 or Law Enforcement Center (507) 451-8232

There will be a \$ 10.00 fee on cancellations. **NO REFUNDS ON MEALS!**
NO REFUNDS FOR CANCELLATIONS THE WEEK OF THE SAMBOREE

CLIP AND MAIL WITH 2011 SPRING REGISTRATION FEE

Pre-Registration: **1 RIG / 2 PEOPLE \$60.00 \$ _____ AT GATE \$70.00**
 1 RIG / 1 PERSON \$55.00 \$ _____ AT GATE \$65.00
 EXTRA PERSON \$10.00 \$ _____ AT GATE \$20.00
 CHILDREN UNDER 18 NO CHARGE WITH REGISTERED RIG

DAILY GATE FEE \$10.00 PER PERSON
CATERED MEAL SAT. \$10.00 PER PERSON (CHIDREN 12 AND UNDER ARE FREE)
NUMBER OF PEOPLE _____ x \$10.00 = \$ _____

TOTAL AMOUNT DUE AND MAILED IN \$ _____

NAME _____ PH (_____) _____

ADDRESS _____ CITY _____

STATE or PROV. _____ ZIP _____ GOOD SAM # _____

CHAPTER _____ # ADULTS _____ # CHILDREN _____

1st MINNESOTA SAMBOREE Y / N _____ HANDICAP PARKING (Sticker?) Y / N _____

Having mobility difficulties and need to be closer to events; unable to walk distances. _____

Who only need electric to power to charge batteries, sleep machines (CPap) Oxygen Generators. _____

The undersigned person accepts full responsibility for the welfare of their unit and all persons with their unit while attending the MINNESOTA GOOD SAM SAMBOREE

SIGNED _____ **DATE** _____



TRUE COUNTRY MUSIC FESTIVAL

32621 River Ridge Dr. NW
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Friday & Saturday Sept. 17 & 18
Princeton, MN
10 AM to 9 PM

Bring your family and friends for two days of good, traditional country music and fun at the True Country Ranch, located west of Cambridge, Minnesota. It's a chance to hear such wonderful entertainers as **Bill & Mary Lou True, Joice & Phill Lenard, Terry Smith, Red Johnson, Betty Rydell, Sharon Lee, Angie Senger, Vern Bishop** and others as they each perform their own brand of country, bluegrass or gospel music! Guest singers are invited to perform during an open stage show each day and jammers are welcome to join the fun !



Bill & Mary Lou True



Red Johnson



Betty Rydell



Angie Senger



Greg Hager



Terry Smith



Joice & Phill Lenard

Admission:
\$15 per day
2 day pass \$25
Children
under 12 free



Bruce & Elaine Nelson



Vern Bishop

Complete food concessions will be available at the Ranch.
Bring your lawn chairs and plan to have a great time!
RV camping (dry) is available at the Ranch, \$6 per day.
No liquor or illegal drugs allowed on the premises.

Directions to the Festival

From Cambridge: Take Hwy 95 west of Cambridge to Hwy 47, turn south and go 1.25 miles to County Road 39. Turn right and go about a quarter mile. The Ranch is located on the left side of County 39.

From Princeton: Take Hwy 95 east to Hwy 47. Turn south and go 1.25 miles to County Road 39. Turn right and go about a quarter mile. The Ranch is located on the left side of County 39.

From Anoka: Take North on Hwy 47 and go north to Mile Marker 47. Just after the bridge, turn left on County 39. The True Country Ranch is located on the left, about a quarter mile after you turn.

For more information check our website: www.truecountrymusicfestival.com



Scholarship Fundraisers

The fundraisers for the Scholarship fund at the Spring Samboree were the Silent Auction and the Pie & Ice Cream Social. The Silent auction which was held by the Headwaters Chapter (Gene Clawiter, president) netted \$201 for scholarships...thank you Headwaters! The Pie & Ice Cream Social which was held by the Voyagers Chapter (Vern Gaupp, president) netted \$340.25 for the scholarship fund...thank you Voyagers and everyone else who helped out including Ray our director! Many thanks also goes to the chapters who donated to the fund...allowing the Minnesota Good Sam Club to give away eight \$500 scholarships to deserving students again this year!

The Minnesota Good Sam Scholarship winners for 2010 are:

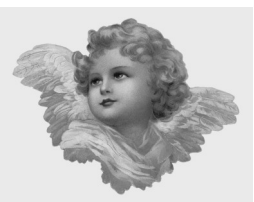
Alicia Brenhaug – University of Minnesota
Tami Buss – College of St. Scholastica
Mackenzie Johnson – University of Minnesota
Jessica Jones – College of Visual Arts
Aaron Lueders – Minnesota State University
Thomas Morinville – University of North Dakota
Joseph Sisser – N. Dakota State University
Laura Weiss – Bethel University



Dee & Keith Beckman, Chairpersons
 Assistant State Directors

2011 Scholarship applications

are available from your chapter secretary or Assistant State Directors:
 Keith & Dee Beckman
 9917 55th St.
 Clear Lake, MN 55319 (or) keitho1934@frontiernet.net
Due May 1, 2011



Memorial Service

A memorial service will once again be held at the Fall Samboree. If someone from your chapter has passed away during this past year, please bring a photo and a small writeup about this individual and we will remember them during the Sunday morning service.

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Fall Entertainment 2010



I'm busy recapping the Spring Samboree at New Ulm and I can't help but feel a warm glow of gratitude for the folks who braved the almost frigid temperatures to help us make our new State Directors, Ray and Gloria's first rally one for the record books! You supported the entertainment and froze in your chairs and never once complained and for that, I for one, am forever grateful!

I can't believe the SUPER talent we are able to feature at our jams! I wish I could name everyone but without each of you helping, the jams would fizzle. I think we have a bond between us that really feels good when we are all together...and where would we be without LeRoy making us sound good and laying Elvira on us once in awhile?? We lost Jack (the Tub) Larson around Christmas time and Marilyn Otto was not feeling well enough to join us this spring...our prayers are with you. Once again, the jams will start at 7:00 pm on Tuesday and Wednesday evenings and each day Thursday, Friday and Saturday from 10:00 until 11:30 am.

Thursday's entertainment will feature Maria Rose and Danny Elswick, who are favorites on the RFD Channel's Midwest Country Show. They have entertained our troops on eleven overseas USO tours and won many awards for their entertainment. Danny is a very accomplished musician who plays nearly every stringed instrument. They come to us from the state of Maryland. Check them out at www.mariarose.com.

Friday we will be entertained by "A Change of Pace" and that will be what it will be for us! I saw this group in Duluth at a bowling Hall of Fame ceremony and was really impressed by the show they did. Their Bio states: "Change of Pace Productions (Tim White, Peggy White, and Carol Walch) have been providing live musical entertainment throughout Minnesota and Wisconsin since 1992. Since 1994, Change of Pace has produced the Dinner Theater at Fitger's in Duluth. We specialize in musical comedy, and have directed, produced and performed in more than 20 musicals through the years!"

Saturday get ready to dance to "The Classics"! We will open up a floor and get the wax ready for some good ol' 50's Rock & Roll! "The Classics" have been a part of the music scene for many years and are very good at what they do. They cover music from over five decades. Check out their site: www.theclassicsusa.com.

Sunday will feature our now famous "Good Sam Choir". They are a good way to get you started safely down the road on a Sunday morning, after a cup of coffee, of course!

LeRoy Lutzke and I try to keep the stage on schedule and running as smoothly as possible. But sometimes getting the bands started on time becomes a problem. So please don't plan any "roasts" or skits during prime time if you can help it! It takes away time that is scheduled for someone else. Thanks for the support I have enjoyed for the last thirteen years! Without that I could never do what I do. You are great people and great friends!

Love, Red

Spring Samboree Game Winners

Women's Beanbag: 1st Place: Jan Miller
2nd Place: Kitty Zimmerman

Men's Beanbag: 1st Place: Richard Reed
2nd Place: Dennis Voss

Beanbag Baseball: 1st Place: Want to Be's: Don DeRonde, Bill Sterling, Barb Sterling, Izach Overend, Mike Parker, Jim Parker, Bob Keppy, Maureen Keppy, Orville Kemt
2nd Place: Chiefs: David Youngwirth, Helen Youngwirth, Cecil Anderson, Janice Anderson, Carol Thompson, Howard Thompson, Harley Skogen, Richard Reed, Jack Greene

Bocce Ball: 1st Place: Cancelled due to rain
2nd Place:

Women's Horseshoe: 1st Place: Reta Steele
2nd Place: Betty Rolla

Men's Horseshoe: 1st Place: Bob Hinkley
2nd Place: Al Volkmann

Men's Washer Toss: 1st Place: Bob Hinkley
2nd Place: Richard Reed

Women's Washer Toss: 1st Place: Kathy Beier
2nd Place: Vi Voss

Men's Bull Toss: 1st Place: Richard Reed
2nd Place: Dale Root

Women's Bull Toss: 1st Place: Kathy Beier
2nd Place: Jan Miller

Traveling Trophy: 1st Place: Go Fer Fun
2nd Place: Minne Singles
3rd Place: Headwaters

MN Chapter that traveled the farthest:
Itasca 1000 Lakes-240 mi

MN Chapter Most Rigs on Grounds:
Northern Lights-14
Wandering Sams-14

Region 3 Most Rigs on Grounds: Iowa-15

We had 23 First-timers!

Golf

1st Place: Don Palmer, Bob Keppy, Red Edson, Mike Arrigoni
2nd Place: Duane Anderson, Doug Hatling, Steve Spafford
Longest Drive Men: Doug Hatling
Longest Drive Women: Diane Palmer
Closest to the Pin: Red Edson

Paper Games

Sudoku: Nancy Rozeboom

Word Search: Marly Moga

Trivia: Keith Parchem

Cribbage: 1st Place: Keith Parchem
2nd Place: Ginny Johnson

500: 1st Place: Harley Skogen
2nd Place: Cecil Anderson

Rig Decorating: 1st Place: Go Fer Fun
2nd Place: Northern Lights
3rd Place: Jan Clark (Minne-Singles)

Costume Parade:
Couple: 1st Place: Ruffin & Patricia Veal
2nd Place: Jerry & Bonnie Anderson

Group: 1st Place: Go Fer Fun

Best Costume:
Men's 1st Place: Horst Schaller

Women's 1st Place: Karen Parchem
2nd Place: Bonnie Anderson

Secret Sam and Secret Samantha™ want to be found at each Samboree...Don't forget to ask!!

Congratulations to all Winners

Impressive Brain Benefits from Exercise

By Dr. Sandra Spore, RN, DABCI, DACBN, CCN, NMD

There is an old proverb that says: *"Those who do not find time for exercise will have to find time for illness."* As we age, there is the potential for brain function to steadily decline leaving a person confused and unable to care for themselves. However, regular exercise can do wonders to keep your brain in top form. Exercise encourages your brain to work at optimum capacity by causing nerve cells to multiply which strengthens their interconnections and protects them from damage. It also improves production of nerve-protecting compounds, improves blood flow to the brain, improves development and survival of neurons and decreases risk of heart and blood vessel diseases. A regular exercise program can also slow the development of Alzheimer's disease by altering the way damaging proteins reside in the brain.



When planning your exercise routine make sure it incorporates the following types of exercise: 1. **Aerobic**, such as walking fast, jogging, or an elliptical machine as these are activities that get your heart pumping to improve oxygen levels, activate your immune system and increase your stamina. 2. **Interval (Anaerobic) Training** which is alternating short bursts of high-intensity exercise with gentle recovery periods. Research demonstrates that short bursts of activity done at a very high intensity can help a person reach their optimal weight and level of fitness in a shorter period of time. 3. **Strength Training** involves enough repetitions of an activity to exhaust your muscles. The weight should be heavy enough that this can be done in fewer than 12 repetitions, yet light enough to do a minimum of 4 repetitions. It is also important NOT to exercise the same muscle groups every day. They need at least two days of rest to recover, repair and rebuild. 4. **Core Exercises** involve the 29 core muscles located mostly in your back, abdomen and pelvis. These muscles provide the foundation for movement throughout your entire body, and strengthening them can help protect and support your back, make your spine and body less prone to injury and help you gain greater balance and stability. Pilates and yoga are examples of exercise programs to strengthen core muscles.

While exercise assists in weight loss there are many things that exercise can do for your mind and body! 1. Improve your brain power, 2. Improve your blood pressure, 3. Fight off a cold or flu, 4. Manage arthritis, 5. Lower your risk for heart disease, 6. Cure insomnia, 7. Fight depression, 8. Lower your risk of diabetes, 9. Build strong bones, 10. Reduce risk for cancer, 11. Boost your IQ, 12. Improve mental focus, 13. Relieve chronic knee pain, 14. Increase energy, 15. Slow down the aging process.

And the other good news is it's never too late to start!



"The man who views the world at 50 the same as he did at 20 has wasted 30 years of his life."
- Muhammad Ali

Items Chapters need to remember to bring to the Fall Samboree

1 dozen store bought cookies or donuts per rig
One cake for cakewalk per Chapter
2-\$10 door prizes per Chapter
Toiletory donation
Food Shelf donation
Chili Cookoff ingredients
Arts & Crafts sale items
Raffle items
Garage Sale items
Silent Auction items
Cart Race
Costume & Rig Contest "Christmas in August"
Chapter flags for opening ceremonies
Cell phones for battered women
Pop Tabs

Hosts at the Samboree

Host people pay basic pre-registration fee, no electric fee, no early bird fee, and receive the Saturday evening meal free as well as lunch after Sunday clean-up. Hosts are to arrive on Monday.

Please consider volunteering to be hosts!

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2010 Minnesota Good Sam Couple of the Year

Dick and Elva Wiesner were selected to be our 2010 Minnesota Good Sam Couple of the Year at the Spring Samboree in New Ulm. They are members of the Heart Land Sams. They have been very active in their chapter: Dick has served as president for nine years; Elva has served as secretary for five years. Dick started the Minnesota Good Sam Samboree golf tournament and ran it for five years. Both Dick and Elva have volunteered as hosts at numerous Minnesota Samborees. Dick is active in the Good Sam choir and Elva has helped in the Good Sam store. They have hosted chapter campouts for many years.

The Wiesners have been married 30 years. While Dick was at work as a St. Paul fireman and chief of emergency services, Elva volunteered in her church as secretary and reader and drove school bus. They both also served Meals on Wheels and ushered at church. Dick is also proud to be an Eagle Scout.

As Couple of the Year they would like to collect food shelf items from every rig at the Fall Samboree in Chisholm. Please keep this in mind when you're packing your cupboards for the Samboree and watch for more information as to which day the collection will take place.

Congratulations to Dick and Elva Wiesner!

Be thinking now of nominations for next year's Couple of the Year. Nomination forms are available from Ray and should be returned to him before next spring's Samboree.

Two new seminar offerings at Chisholm

Spirelli Greeting Cards

1-1/2 Hours

\$5.00 for 5-card kit

Class size limited



Quilting Seminar

There has been interest expressed in doing a quilting seminar at the Fall Samboree in Chisholm. If interested in participating, one will need to bring a sewing machine, red or green thread and scissors. If you have a rotary cutter, mat and ruler, it would be helpful to also bring. Extension cords and multiple outlet strips would also be useful. Plans are to complete a simple hot pad with enough fabric for a second one in Christmas fabrics. Kits will be available for purchase. If you have your own project, you are welcome to join the group, space permitting. Mats, cutters and rulers will be available for use on a shared basis. I would welcome classroom assistants from any experienced quilters. 3 hours, class size limited. Bring your coffee cup, the pot will be on! Questions? I can be reached at 952-652-2221 and will be camping in an Arctic Fox trailer with the Wandering Sams chapter.

Carol Rhoades

"If you don't know where you are going, you might wind up someplace else."
- Yogi Berra



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RV Recipe Corner

Margaret's Hot Dish

Submitted by Rose Vesely,
Wandering Sams

Cut 1 lb bacon into bite-size pieces
Fry till brown
Add 1 large diced onion and 1 lb ground beef
Cook till brown – drain grease
Add 3 cans Spaghettios &
2 cans kidney beans (drained)
Heat and serve



The Good Sam Club
Minnesota State Secretary
Kathy Anderson
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St. Cloud, MN 56301

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