## **Registration Form**

### 2011 Diabetes Symposium • October 27, 2011

**Registration Fee:** \$60 Sanford Employee Fee: \$25

#### Early Registraton Deadline: October 17, 2011

A late fee of \$10 will be charged for registrations postmarked after Oct. 17.

Name:		
Position/Title:		
Organization:		
Credentials/Certification	on:	
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City:	State:	_ Zip Code:
Telephone: ( )		
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Special dietary needs (	i.e. vegetarian, etc	c.):
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\_\_\_\_\_ Zip Code (billing address)\_\_\_\_\_ Expiration Date\_

Signature

#### **To Register:**

Mail: Send payment with registration form to Sanford Center for Learning, PO Box 2010, Fargo, ND 58122-0376.

Questions or more information? Call Sanford Center for Learning at (701) 280-4802 or (800) 437-4010. Visit our website at sanfordhealth.org for additional information and a complete conference listing. Please share extra brochures with your colleagues.

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# 2011 Diabetes Symposium

October 27, 2011 Holiday Inn

3803 13th Ave, Fargo, ND



#### Sanford Diabetes Symposium

This symposium is designed to provide an update on the latest research and management of diabetes as well as the relationship between diabetes and other diseases. The target audience includes physicians, physician assistants, advanced practice nurses, nurses, dietitians, pharmacists and other interested health care professionals.

#### **Learning Objectives**

Upon completion of this program, participants should be able to:

- Identify the key challenges associated with medical treatment and management of hospitalized patients with diabetes.
- Examine common challenges in caring for hospitalized patients with diabetes.
- Review what a patient needs to learn about their diabetes before hospital discharge.
- Review diseases that are related to celiac disease, including diabetes.
- List nutritional concerns related to celiac disease.
- Define gluten-free diet.
- Recognize the difference between Type 1 and Type 2 diabetes.
- Review today's therapeutic options and research landscape related to diabetes.
- Discuss the concept of current research strategies and future treatment options related to diabetes.
- Review the AACE/ACE Diabetes Algorithm for glycemic control.
- Apply appropriate strategies for maintaining optimal glycemic control.
- Explore the causes, diagnosis and pharmacologic treatment of polycystic ovary syndrome (PCOS).
- Discuss the management of PCOS through diet and exercise.

#### Faculty

#### Julie Blehm, M.D. Department Chair, Internal Medicine, Sanford Medical Center

Milapchand Bhora, M.D. Hospitalist, Sanford Medical Center Susan Cavalier, B.S.N., R.N., C.D.E. Diabetes Educator, Sanford Southpointe Clinic Patrick Schultz, M.S., R.N., A.C.N.S.-B.C.

Clinical Nurse Specialist, Sanford Medical Center

#### Andrea Haugen, L.R.D., R.D., C.D.E.

Clinical Dietician, Sanford Southpointe Clinic

#### Paul Burn Ph.D.

Todd & Linda Broin Chair, The Sanford Project, Sanford Health Julie Hallanger-Johnson, M.D., E.C.N.U.

Department Chair, Allergy, Rheumatology & Endocrinology, Sanford Southpointe Clinic

Erin Lee, M.S., B.S.N., A.A.N.P. Nurse Practitioner, Sanford Reproductive Medicine Clinic Katherine Olson, R.D., L.R.D.

Clinical Dietician, Sanford Southpointe Clinic

Kristin McCabe, B.S., A.C.S.M. Exercise Specialist, Sanford Southpointe Clinic

#### **Program Agenda**

7:30-8:15 a.m.	Registration & Exhibits
8:30-9:30 a.m.	Medical Management of the Hospitalized Patient
	with Diabetes
	Julie Blehm, M.D. & Milapchand Bhora, M.D.
9:30-10:15 a.m.	Survival Skills for Patients wih Diabetes
	Susan Cavalier, B.S.N., R.N., C.D.E. &
	Patrick Schultz, M.S., R.N., A.C.N.SB.C.
10:15-10:30 a.m.	Q & A
10:30-10:45 a.m.	Break & Exhibits
10:45-11:30 a.m.	Celiac Disease & the Gluten Free Diet
	Andrea Haugen, R.D., L.R.D., C.D.E.
11:30 a.m12:30 p.m.	Progress towards a Cure
	Paul Burn, Ph.D.
12:30-1:15 p.m.	Lunch
1:15-2:45 p.m.	A Dialogue on Diabetes:
	Discussion with an Endocrinologist
	Julie Hallanger-Johnson, M.D., E.C.N.U.
2:45-3 p.m.	Break
3-3:45 p.m.	Overview of Polycystic Ovary Syndrome
	Erin Lee, M.S., B.S.N., A.A.N.P.
3:45-4:30 p.m.	Polycystic Ovary Syndrome:
	Management with Diet & Exercise
	Katherine Olson, R.D., L.R.D. & Kristin McCabe, B.S.,
	A.C.S.M.
4:30-4:45 p.m.	Evaluation & Adjournment

For your comfort, we recommend dressing in layers as it is difficult to control the room temperature in conference facilities. **Registration & Accommodations** Pre-registration is required. For more information, call (800) 437-4010, ext. 280-4802. The early registration deadline is October 17, 2011. A late fee of \$10 will be charged for registrations postmarked after October 17. The fee, less \$10, will be refunded if you choose to cancel on or before October 24. No refunds will be given after October 24.

Participants with disabilities who require assistive devices and accessible meeting rooms in order to attend this educational activity may call Sanford Center for Learning at (701) 280-4802, (800) 437-4010 or TDD (701) 234-6655.

A block of rooms have been resered at the Holiday Inn. Room reservations must be received by Oct. 5. Reservations can be made by calling (277) 282-2700. Visit www.fargohi.com for more information.

physicians.

The Sanford USD Medical Center designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been approved for 6.7 ANCC contact hours. (#AR82-FGO)

Sanford Health Center for Learning is an approved provider of continuing nursing education by CNE-Net, the education division of the North Dakota Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC contact hours.



"This seminar is approved for 7 pharmacy Continuing Education hours. Credit will be issued following completion of an attendance roster and evaluation form. A statement of credit will be mailed to the participant within 6 weeks after attendance at the seminar and completion of the evaluation form. The College of Pharmacy, Nursing and Allied Sciences, North Dakota State University, is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education." ACPE program #0047-9999-11-139-L01-P.

#### **Continuing Education Credit/Contact Hours**

The Sanford USD Medical Center is accredited by the South Dakota State Medical Association to provide continuing medical education for

Participants must attend each presentation in it's entirety to receive