



# Oral Nutrition

Complete oral  
nutrition range,  
1.0 – 2.0kcal/mL

Ensure® Powder	5
Ensure® Liquid	6
Ensure® Plus Tetra	7
Ensure® Plus Can	8
Ensure® Pudding	9
Enlive® Plus	10
TwoCal® HN Can	11



# ENSURE® POWDER



**Ensure® Powder** is a nutritionally complete and balanced food for special medical purposes.

## INDICATIONS

For patients:

- Recovering from illness, injury or surgery, acute or chronic illness with limitations in food intake
- With or at risk of malnutrition
- With decreased appetite or involuntary weight loss
- Who have increased nutritional requirements
- Who wish to maintain good nutrition

## FEATURES

- Complete\*, balanced nutrition
- Available in delicious flavours of Vanilla and Chocolate

- A heart-healthy fat blend: New fat formulation targets healthy-heart recommendations (i.e. increased amount of healthier unsaturated fats and decreased amount of unhealthy saturated fat)
- An advanced fibre system that may enhance gut health [i.e. contains dual fibre blend of Inulin and FOS (fructo-oligosaccharides) to assist with gastrointestinal health]
- Source of essential vitamins and minerals
- Mixes and dissolves easily to allow reconstitution at 1.0 or 1.5 kcal/mL

\* when used in appropriate amounts

## FACTS

Nutrient density (Cal/mL)	1.0
(kJ/mL)	4.2
Protein (% Cal)	14.9
Carbohydrate (% Cal)	53.6
Fat (% Cal)	29.5
kcal/N ratio	168:1
Non-protein kcal/N ratio	143:1
Halal	Yes
Gluten-free	Yes
Lactose	low lactose (<0.06g/100mL)
Renal Solute Load (mOsm/L)	325
Osmolality (mOsm/kgH <sub>2</sub> O)	418
N-6:N-3 Ratio	9:1
Scoop Size	8.9g

## INGREDIENTS

Hydrolysed corn starch, sucrose, VEGETABLE OIL (high oleic sunflower oil, soy oil, canola oil), calcium and sodium caseinates, MINERALS (sodium citrate, potassium citrate, tricalcium phosphate, magnesium chloride, potassium chloride, dipotassium phosphate, zinc sulphate, ferrous sulphate, manganese sulphate, cupric sulphate, sodium molybdate, potassium iodide, chromium chloride, sodium selenate), soy protein isolate, inulin, fructo-oligosaccharides, milk protein isolate, artificial vanilla flavour, VITAMINS (choline chloride, ascorbic acid, ascorbyl palmitate, niacinamide, mixed tocopherols, calcium pantothenate, dl-alpha tocopheryl acetate, pyridoxine hydrochloride, thiamine hydrochloride, riboflavin, Vitamin A palmitate, folic acid, beta carotene, biotin, phyloquinone, Vitamin D3, cyanocobalamin). May contain: calcium carbonate.

## ORDERING INFORMATION

Flavour	Presentation	Units per case	Abbott Nutrition Product Code
Vanilla	900g Can	12	S167.15201
Chocolate	900g Can	12	S168.15201

## NUTRIENT INFORMATION (VANILLA FLAVOUR)

NUTRIENT	Unit	Avg Qty Per 100g	Avg Qty Per 100mL <sup>1</sup>
Energy	kJ	1827	420
	kcal	435	100
Protein	g	16.16	3.72
Carbohydrate	g	58.28	13.4
Sugars	g	20.95	4.82
Fat	g	14.23	3.27
Saturated fat	g	1.30	0.30
Monounsaturated fat	g	8.57	1.97
Polyunsaturated fat	g	3.65	0.84
Fibre	g	4.37	1.01
FOS/Inulin	g	4.37	1.01
Moisture	g	4	-
<b>VITAMINS</b>			
Vitamin A (acetate)	mcg RE	457	105
Vitamin A (beta carotene)	mcg RE	20	4.7
Vitamin D <sub>3</sub>	mcg	4.8	1.1
Vitamin E	mg α TE	8.0	1.9
Vitamin K	mcg	21.3	4.9
Vitamin C	mg	55	12.6
Folic acid	mcg	132	30
Thiamin (Vitamin B <sub>1</sub> )	mg	0.81	0.19
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.81	0.19
Vitamin B <sub>6</sub>	mg	1.02	0.23
Vitamin B <sub>12</sub>	mcg	1.52	0.35
Niacin	mg NE	8.3	1.9
Choline	mg	138	32
Biotin	mcg	18.3	4.2
Pantothenic acid	mg	4.27	0.98
<b>MINERALS</b>			
Sodium	mg	366	84
	mmol	15.9	3.7
Potassium	mg	681	157
	mmol	17.4	4.0
Chloride	mg	559	129
	mmol	15.8	3.6
Calcium	mg	457	105
Phosphorus	mg	274	63
Magnesium	mg	81	19
Iodine	mcg	65	15
Manganese	mg	1.42	0.33
Copper	mcg	290	67
Zinc	mg	4.8	1.1
Iron	mg	2.44	0.56
Selenium	mcg	22.4	5.1
Chromium	mcg	23.4	5.4
Molybdenum	mcg	42.7	9.8

<sup>1</sup>Standard Dilution 230g powder brought up to one litre with water  
For a standard serving of 230mL, combine 6 scoops (approx. 53.5g) of powder with 195mL of water.

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Ensure® Liquid is a 1.0kcal/mL nutritionally complete and balanced liquid.

## INDICATIONS

For patients:

- Recovering from illness, injury or surgery, acute or chronic illness with limitations in food intake
- With or at risk of malnutrition
- With decreased appetite or involuntary weight loss
- Who have increased nutritional requirements

## FEATURES

- Complete\*, balanced nutrition
- Delicious flavours of Vanilla and Chocolate
- Source of essential vitamins and minerals

\* when used in appropriate amounts

## FACTS

Nutrient density (Cal/mL)	1.06
(kJ/mL)	4.48
Protein (% Cal)	13.9
Carbohydrate (% Cal)	64.0
Fat (% Cal)	22.0
kcal/N ratio	182:1
Non-protein kcal/N ratio	157:1
Kosher	Yes
Halal	Yes
Gluten-free	Yes
Lactose	0.0151g/100mL
Renal Solute Load (mOsm/L)	324
Osmolality (mOsm/kgH <sub>2</sub> O)	590
N-6:N-3 Ratio	5.8:1

## INGREDIENTS (VANILLA FLAVOUR)

Water, maltodextrin, hydrolysed corn starch, sucrose, sodium and calcium caseinates, MINERALS (calcium phosphate tribasic, magnesium phosphate dibasic, potassium chloride, sodium citrate, potassium citrate, magnesium chloride, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, chromium chloride, sodium molybdate, sodium selenate, potassium iodide), canola oil, high oleic sunflower oil, soy protein isolate, whey protein concentrate, corn oil, flavouring, soy lecithin, VITAMINS (choline chloride, ascorbic acid, dl-alpha tocopheryl acetate, niacinamide, calcium pantothenate, vitamin A palmitate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, folic acid, biotin, phylloquinone, vitamin D<sub>3</sub>, cyanocobalamin), and carrageenan. May contain: potassium phosphate dibasic, magnesium sulphate and sodium chloride.

## ORDERING INFORMATION

Flavour	Presentation	Units per case	Abbott Nutrition Product Code
Chocolate	250 mL Can	24	P513.12501
Vanilla	250 mL Can	24	P514.12501

## NUTRIENT INFORMATION (VANILLA FLAVOUR)

NUTRIENT	Unit	Avg Qty Per 100mL	Avg Qty Per 250mL
Energy	kJ	448	1120
	kcal	106	266
Protein	g	3.7	9.3
Carbohydrate	g	17	43
Sugars	g	5.78	14.45
Fat	g	2.6	6.5
Saturated fat	g	0.25	0.63
Monounsaturated fat	g	1.51	3.78
Polyunsaturated fat	g	0.71	1.78
Dietary fibre, total	g	0	0
Water	g	84	210
<b>VITAMINS</b>			
Vitamin A (Palmitate)	mcg RE	158	395
Vitamin D <sub>3</sub>	mcg	1.05	2.6
Vitamin E	mg α TE	2.1	5.4
Vitamin K <sub>1</sub>	mcg	8	20
Vitamin C	mg	13	33
Folic acid	mcg	42	105
Thiamin (Vitamin B <sub>1</sub> )	mg	0.16	0.4
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.18	0.45
Vitamin B <sub>6</sub>	mg	0.21	0.53
Vitamin B <sub>12</sub>	mcg	0.6	1.5
Niacin	mg NE	2.1	5.3
Choline	mg	42	105
Biotin	mcg	32	80
Pantothenic acid	mg	1.1	2.8
<b>MINERALS</b>			
Sodium	mg	84	210
	mmol	3.65	9.13
Potassium	mg	156	390
	mmol	3.99	9.97
Chloride	mg	131	328
	mmol	3.7	9.25
Calcium	mg	127	318
Phosphorus	mg	127	318
Magnesium	mg	42	105
Iodine	mcg	16	40
Manganese	mg	0.5	1.3
Copper	mcg	210	525
Zinc	mg	1.6	4.0
Iron	mg	1.9	4.8
Selenium	mcg	8	20
Chromium	mcg	13	33
Molybdenum	mcg	16	40





**Ensure® Plus** Tetra is a 1.5kcal/mL nutritionally complete and balanced sip feed for the management of disease related malnutrition.

## INDICATIONS

For patients:

- With or at risk of developing malnutrition
- With increased energy and/or protein needs
- With decreased appetite
- Recovering from illness or surgery
- Who have fluid restrictions or require volume-limited feedings

## FEATURES

- Can be used as a supplement, with or between meals
- Source of essential vitamins and minerals
- Source of concentrated calories and protein
- The new Ensure® Plus has been reformulated to improve taste characteristics
- Available in a variety of great tasting flavours to aid patient compliance
- In tetra – suitable for both mobile and immobile patients

## FACTS

Nutrient density (Cal/mL)	1.5
(kJ/mL)	6.3
Protein (% Cal)	16.7
Carbohydrate (% Cal)	53.8
Fat (% Cal)	29.5
kcal/N ratio	150:1
Non-protein kcal/N ratio	125:1
Kosher	Yes
Gluten-free	Yes
Lactose	0.025g/100mL
Renal Solute Load (mOsm/L)	468
Osmolality (mOsm/kgH <sub>2</sub> O)	660
N-6:N-3 Ratio	5.6:1

## INGREDIENTS

Water, maltodextrin, hydrolysed corn starch, sucrose, milk protein isolate, canola oil, CASEINATES (calcium caseinate, sodium caseinate), corn oil, MINERALS (sodium citrate, potassium citrate, magnesium chloride, potassium chloride, magnesium phosphate dibasic, calcium phosphate tribasic, potassium phosphate dibasic, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, sodium molybdate, potassium iodide, chromium chloride, sodium selenate), soy protein isolate, flavouring, soy lecithin, cellulose, VITAMINS (choline chloride, ascorbic acid, dl-alpha tocopheryl acetate, niacinamide, calcium pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, vitamin A palmitate, beta carotene, folic acid, phylloquinone, biotin, vitamin D<sub>3</sub>, cyanocobalamin), sodium carboxymethyl cellulose, gellan gum.

May contain: sodium chloride.

## ORDERING INFORMATION

Flavour	Presentation	Units per case	Abbott Nutrition Product Code
Chocolate	200 mL Tetra	27	S256.120
Vanilla	200 mL Tetra	27	S260.120
Banana	200 mL Tetra	27	S262.120
Fruits of the Forest	200 mL Tetra	27	S264.120

## NUTRIENT INFORMATION (VANILLA FLAVOUR)

NUTRIENT	Unit	Avg Qty Per 100mL	Avg Qty Per 200mL
Energy	kJ	632	1263
	kcal	150	300
Protein	g	6.25	12.50
Carbohydrate	g	20.20	40.40
Sugars	g	6.89	13.78
Fat	g	4.92	9.84
Saturated fat	g	0.48	0.96
Monounsaturated fat	g	2.30	4.60
Polyunsaturated fat	g	1.85	3.70
Water	g	77.4	154.9
<b>VITAMINS</b>			
Vitamin A (Palmitate)	mcg RE	88	175
Vitamin A (Beta carotene)	mcg RE	29	58
Vitamin D <sub>3</sub>	mcg	2.0	4.0
Vitamin E <sub>3</sub>	mg α TE	2.1	4.3
Vitamin K	mcg	12	24
Vitamin C	mg	12	24
Folic acid	mcg	40	80
Thiamin (Vitamin B <sub>1</sub> )	mg	0.2	0.4
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.27	0.54
Vitamin B <sub>6</sub>	mg	0.27	0.54
Vitamin B <sub>12</sub>	mcg	0.55	1.1
Niacin	mg NE	2.6	5.2
Choline	mg	55	110
Biotin	mcg	6.0	12
Pantothenic acid	mg	1.1	2.2
<b>MINERALS</b>			
Sodium	mg	92	184
	mmol	4.0	8.0
Potassium	mg	160	320
	mmol	4.1	8.2
Chloride	mg	110	220
	mmol	3.1	6.2
Calcium	mg	120	240
Phosphorus	mg	100	200
Magnesium	mg	30	60
Iodine	mcg	22	44
Manganese	mg	0.5	1.0
Copper	mcg	180	360
Zinc	mg	1.8	3.6
Iron	mg	2.1	4.2
Selenium	mcg	8.3	17
Chromium	mcg	7.5	15
Molybdenum	mcg	16	32



**Ensure® Plus Can** is a 1.5kcal/mL nutritionally complete and balanced sip feed designed for the management of disease related malnutrition.

## INDICATIONS

For patients:

- With or at risk of developing malnutrition
- With increased energy and/or protein needs
- With decreased appetite
- Recovering from illness or surgery
- Who have fluid restrictions or require volume-limited feedings

## FEATURES

- Can be used as a supplement, with or between meals
- Source of essential vitamins and minerals
- Source of concentrated calories and protein

## FACTS

Nutrient density (Cal/mL)	1.5
(kJ/mL)	6.3
Protein (% Cal)	14.6
Carbohydrate (% Cal)	56.4
Fat (% Cal)	29.0
kcal/N ratio	171:1
Non-protein kcal/N ratio	146:1
Kosher	Yes
Halal	No
Gluten-free	Yes
Renal Solute Load (mOsm/L)	458
Osmolality (mOsm/kgH <sub>2</sub> O)	680
N-6:N-3 Ratio	7:1

## INGREDIENTS (VANILLA FLAVOUR)

U-D, water, corn syrup, maltodextrin (corn), sodium and calcium caseinates, sugar (sucrose), canola oil, corn oil, high oleic safflower oil, soy protein isolate, magnesium chloride, potassium citrate, calcium phosphate tribasic, soy lecithin, natural and artificial flavours, potassium chloride, sodium citrate, magnesium phosphate dibasic, choline chloride, ascorbic acid, carrageenan, alpha-tocopheryl acetate, ferrous sulphate, zinc sulphate, niacinamide, calcium pantothenate, manganese sulphate, cupric sulphate, vitamin A, palmitate, thiamin chloride hydrochloride, pyridoxine hydrochloride, riboflavin, folic acid, chromium chloride, biotin, sodium molybdate, sodium selenate, potassium iodide, phylloquinone, vitamin D<sub>3</sub>, and cyanocobalamin.

## ORDERING INFORMATION

Flavour	Presentation	Units per case	Abbott Nutrition Product Code
Chocolate	237 mL Can	24	51714.126
Vanilla	237 mL Can	24	51716.126

## NUTRIENT INFORMATION (VANILLA FLAVOUR)

NUTRIENT	Unit	Avg Qty Per 100mL	Avg Qty Per 237mL
Energy	kJ	627	1485
	kcal	150	355
Protein	g	5.5	13
Carbohydrate	g	21.1	50.1
Sugars	g	7.0	16
Fat	g	4.81	11.4
Saturated fat	g	0.42	1.0
Monounsaturated fat	g	2.66	6.3
Polyunsaturated fat	g	1.6	3.8
Dietary fibre, total	g	0	0
Water	g	75.9	180
<b>VITAMINS</b>			
Vitamin A	mcg RE	158	375
Vitamin D <sub>3</sub>	mcg	1.05	2.5
Vitamin E	mg α TE	2.1	5.0
Vitamin K	mcg	8.4	20
Vitamin C	mg	13	30
Folic acid	mcg	42	100
Thiamin (Vitamin B <sub>1</sub> )	mg	0.16	0.38
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.18	0.43
Vitamin B <sub>6</sub>	mg	0.21	0.50
Vitamin B <sub>12</sub>	mcg	0.63	1.5
Niacin	mg NE	2.1	5.0
Choline	mg	42.2	100
Biotin	mcg	32	75
Pantothenic acid	mg	1.1	2.5
<b>MINERALS</b>			
Sodium	mg	101	240
	mmol	4.4	10.4
Potassium	mg	186	440
	mmol	4.8	11.3
Chloride	mg	190	450
	mmol	5.4	12.7
Calcium	mg	84	200
Phosphorus	mg	84	200
Magnesium	mg	42.2	100
Iodine	mcg	16	38
Manganese	mg	0.55	1.3
Copper	mg	0.21	0.50
Zinc	mg	1.6	3.8
Iron	mg	1.9	4.5
Selenium	mcg	7.6	18
Chromium	mcg	13	30
Molybdenum	mcg	16	38



# ENSURE® PUDDING



**Ensure® Pudding** is a 1.5kcal/g nutritionally complete and balanced pudding-style supplement.

## INDICATIONS

For patients:

- With or at risk of malnutrition
- Who have fluid restrictions or require volume-limited feedings
- On consistency-modified diets (eg. Soft, pureed or full liquid)

## FEATURES

- Complete, balanced nutrition
- Delicious, rich and creamy taste
- Easy-open plastic cups for convenience
- Source of 24 essential vitamins and minerals
- Contains fructo-oligosaccharides (FOS), a soluble fibre
- Available in 2 delicious flavours

## FACTS

Nutrient density (Cal/g)	1.5
(kJ/g)	6.3
Protein (% Cal)	9.4
Carbohydrate (% Cal)	64.1
Fat (% Cal)	26.5
kcal/N ratio	266:1
Non-protein kcal/N ratio	258:1
Kosher	No
Halal	No
Gluten-free	Yes
Osmolality (mOsm/kgH <sub>2</sub> O)	1150
N-6:N-3 Ratio	6.5:1

## INGREDIENTS (VANILLA FLAVOUR)

Water, sugar, (sucrose), corn maltodextrin, modified corn starch, milk protein concentrate, soy oil, short-chain fructo-oligosaccharides (FOS), magnesium phosphate, potassium citrate, natural and artificial flavours, sodium citrate, sodium stearoyl lactylate, sodium ascorbate, salt (sodium chloride) dl-alpha-tocopherol acetate, ferric phosphate, zinc sulphate, niacinamide, turmeric, calcium pantothenate, manganese sulphate, cupric sulphate, thiamin chloride hydrochloride, pyridoxine hydrochloride, vitamin A, palmitate, riboflavin, folic acid, chromium chloride, biotin, sodium molybdate, sodium selenate, potassium iodide, phylloquinone, cyanocobalamin and vitamin D<sub>3</sub>. Contains milk ingredients.

## ORDERING INFORMATION

Flavour	Presentation	Units per case	Abbott Nutrition Product Code
Chocolate	113g Cup	48	54846.10602
Vanilla	113g Cup	48	54844.10602

## NUTRIENT INFORMATION (VANILLA FLAVOUR)

NUTRIENT	Unit	Avg Qty Per 100g	Avg Qty Per 113g
Energy	kJ	629	711
	kcal	150	170
Protein	g	3.5	4
Carbohydrate	g	24.3	27
Fat	g	4.4	5
Saturated fat	g	0.88	1.0
Monounsaturated fat	g	0.88	1.0
Polyunsaturated fat	g	1.80	2.0
Dietary fibre, total	g	2.7	3
<b>VITAMINS</b>			
Vitamin A	mcg	132.6	150
Vitamin D	mcg	0.88	1.0
Vitamin E	mg × TE	3.56	4.03
Vitamin K	mcg	11	12
Vitamin C	mg	8	9
Folate	mcg	53	60
Thiamin (Vitamin B <sub>1</sub> )	mg	0.20	0.23
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.27	0.30
Vitamin B <sub>6</sub>	mg	0.27	0.30
Vitamin B <sub>12</sub>	mcg	0.53	0.60
Niacin	mg	1.8	2.0
Biotin	mcg	40	45
Pantothenic acid	mg	1.3	1.5
<b>MINERALS</b>			
Sodium	mg	75	85
	mmol	3.3	3.7
Potassium	mg	97	110
	mmol	2.5	2.8
Chloride	mg	30	34
	mmol	0.85	0.96
Calcium	mg	88	100
Phosphorus	mg	88	100
Magnesium	mg	35	40
Iodine	mcg	13	15
Manganese	mg	0.44	0.5
Copper	mg	0.18	0.20
Zinc	mg	1.3	1.5
Iron	mg	1.6	1.8
Selenium	mcg	6.2	7.0
Chromium	mcg	11	12
Molybdenum	mcg	20	23

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**Enlive® Plus** is a 1.5kcal/mL juice-style fat free sip feed for disease related malnutrition.

## INDICATIONS

Ideal for patients:

- Who are intolerant to or do not like milky supplements or who require variety in their diet
- With taste aberrations e.g. cancer cachexia
- With fat intolerance/steatorrhoea
- On a clear liquid diet (pre/post-op, bowel prepping)
- On low sodium diets

## FEATURES

- 1.5kcal/mL and Nil Fat
- A variety of delicious flavours
- Clear liquid nutrition
- 27 vitamins and minerals
- Good source of protein, 11g per tetra
- Can be frozen easily into iceblocks or served chilled

## FACTS

Nutrient density (Cal/mL)	1.5
(kJ/mL)	6.4
Protein (% Cal)	12.8
Carbohydrate (% Cal)	87.2
Fat (% Cal)	0
kcal/N ratio	199:1
Non-protein kcal/N ratio	174:1
Kosher	Yes
Halal	No
Gluten-free	Yes
Lactose	0.041g/100mL
Renal Solute Load (mOsm/L)	323
Osmolality (mOsm/kgH <sub>2</sub> O)	870

## INGREDIENTS (ORANGE FLAVOUR)

Water, hydrolysed corn starch, sucrose, whey protein isolate, hydrochloric acid, flavouring, citric acid, malic acid, colour, VITAMINS (ascorbic acid, dl-alpha tocopheryl acetate, niacinamide, calcium pantothenate, vitamin A palmitate, thiamin hydrochloride, pyridoxine hydrochloride, riboflavin, folic acid, phyloquinone, biotin, vitamin D<sub>3</sub>), MINERALS (ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, sodium molybdate, chromium chloride, potassium iodide, sodium selenate).

## ORDERING INFORMATION

Flavour	Presentation	Units per case	Abbott Nutrition Product Code
Apple	220 mL Tetra	27	P597.118
Orange	220 mL Tetra	27	P594.118
Strawberry	220 mL Tetra	27	P590.118

## NUTRIENT INFORMATION (ORANGE FLAVOUR)

NUTRIENT	Unit	Avg Qty Per 100mL	Avg Qty Per 220mL
Energy	kJ	638	1403
	kcal	150	330
Protein	g	4.8	10.56
Fat	g	0	0
Carbohydrate	g	32.7	71.94
Sugars	g	9.36	20.59
Dietary fibre, total	g	0	0
Water	g	76.2	168
<b>VITAMINS</b>			
Vitamin A (Palmitate)	mcg RE	140	309
Vitamin D <sub>3</sub>	mcg	0.48	1.0
Vitamin E	mg α TE	2.7	5.9
Vitamin K <sub>1</sub>	mcg	11.5	25
Vitamin C	mg	10.2	22
Folic acid	mcg	12	26
Thiamin (Vitamin B <sub>1</sub> )	mg	0.24	0.53
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.20	0.44
Vitamin B <sub>6</sub>	mg	0.23	0.51
Vitamin B <sub>12</sub>	mcg	0.24	0.53
Niacin	mg NE	2.9	6.4
Biotin	mcg	3.4	7.5
Pantothenic acid	mg	0.36	0.79
<b>MINERALS</b>			
Sodium	mg	11	24
	mmol	0.48	1.04
Potassium	mg	16	35
	mmol	0.41	0.9
Chloride	mg	144	317
	mmol	4.06	8.94
Calcium	mg	32	70
Phosphorus	mg	11	24
Magnesium	mg	7.2	16
Iodine	mcg	29	64
Manganese	mg	0.48	1.1
Copper	mcg	216	475
Zinc	mg	1.4	3.1
Iron	mg	1.9	4.2
Selenium	mcg	8.4	18
Chromium	mcg	8.4	18
Molybdenum	mcg	18	40

# TWOCAL<sup>®</sup> HN 237ML CAN



**TwoCal<sup>®</sup> HN** is a 2.0 kcal/mL nutritionally complete and balanced sip and tube feed designed for the treatment of disease related malnutrition.

## INDICATIONS

For patients:

- With or at high risk of developing malnutrition
- With elevated energy and protein requirements (eg. wound healing – pressure ulcers)
- Who have fluid restrictions or require volume-limited feedings

## FEATURES

- Energy dense, complete\*, balanced nutrition
- High in protein – 20g protein per 237mL serving
- Enriched with FOS (Fructo-oligosaccharides) – stimulates the growth of beneficial bacteria in the colon
- Clinically shown to be ideal for use on a Medpass program (demonstrated to have 95% compliance)

\*when used in appropriate amounts

## FACTS

Nutrient density (Cal/mL)	2.0
(kJ/mL)	8.4
Protein (% Cal)	16.8
Carbohydrate (% Cal)	43.0
Fat (% Cal)	39.4
kcal/N ratio	153:1
Non-protein kcal/N ratio	127:1
Kosher	Yes
Halal	No
Gluten-free	Yes
Lactose	0.028g/100mL
Potential Renal Solute Load (mOsm/L)	648
Osmolality (mOsm/kgH <sub>2</sub> O)	690
N-6:N-3 Ratio	54:1
RDI/AI volume	950mL*

\*Recommended Dietary Intake (RDI) and Adequate Intake (AI) volumes based on 'Nutrient Reference Values for Australia and New Zealand 2005' Male 31-50y, specified volume meets 100% RDI/AI for micronutrients excluding electrolytes exception of Magnesium (95%RDI).

## INGREDIENTS

Water, maltodextrin, sodium caseinate, corn oil, sucrose, Medium Chain Triglycerides (MCT) oil, fructo-oligosaccharides (FOS), potassium citrate, calcium caseinate, magnesium chloride, calcium phosphate tribasic, soy lecithin, artificial flavour, sodium citrate, choline chloride, ascorbic acid, taurine, L-carnitine, ferrous sulphate, citric acid, zinc sulphate, dl-alpha tocopheryl acetate, manganese sulphate, niacinamide, d-calcium pantothenate, cupric sulphate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, vitamin A palmitate, chromium chloride, folic acid, sodium molybdate, sodium selenate, potassium iodide, biotin, phylloquinone, vitamin D<sub>3</sub>, cyanocobalamin. May contain potassium hydroxide.

## ORDERING INFORMATION

Flavour	Presentation	Units per case	Abbott Nutrition Product Code
Vanilla	237mL Can	24	M964.126
Vanilla	1000mL RTH*	8	57047.154

\*Note formulation differs from other presentation

## NUTRIENT INFORMATION

NUTRIENT	Unit	Avg Qty Per 100mL	Avg Qty Per 237mL
Energy	kJ	837	1984
	kcal	200	474
Protein	g	8.4	19.9
Carbohydrate	g	21.56	51.1
Sugars	g	4.40	10.43
Fat	g	8.9	21.1
Saturated fat	g	2.50	5.93
Monounsaturated fat	g	2.15	5.10
Polyunsaturated fat	g	3.81	9.03
Dietary fibre, total	g	0.84	2.0
FOS	g	0.84	2.0
Carnitine	mg	16	38
Taurine	mg	16	38
Water	g	69.0	164
<b>VITAMINS</b>			
Vitamin A	mcg RE	158	375
Vitamin D <sub>3</sub>	mcg	1.05	2.49
Vitamin E	mg α TE	3.4	8.1
Vitamin K <sub>1</sub>	mcg	8.5	20
Vitamin C	mg	20	47
Folic acid	mcg	48	114
Thiamin (Vitamin B <sub>1</sub> )	mg	0.25	0.59
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.29	0.69
Vitamin B <sub>6</sub>	mg	0.34	0.81
Vitamin B <sub>12</sub>	mcg	0.64	1.52
Niacin	mg NE	3.4	8.1
Choline	mg	63	149
Biotin	mcg	10	24
Pantothenic acid	mg	1.6	3.8
<b>MINERALS</b>			
Sodium	mg	146	345
	mmol	6.35	15.01
Potassium	mg	245	580
	mmol	6.27	14.83
Chloride	mg	182	430
	mmol	5.13	12.13
Calcium	mg	106	250
Phosphorus	mg	106	250
Magnesium	mg	42	100
Iodine	mcg	16.1	38.2
Manganese	mg	0.55	1.30
Copper	mcg	210	500
Zinc	mg	2.41	5.71
Iron	mg	1.9	4.5
Selenium	mcg	8.5	20.1
Chromium	mcg	12.5	29.6
Molybdenum	mcg	16	38

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Every effort is made to ensure all information is correct at time of publication, however is subject to change. Please refer to product labels for the most current information.

