



EMORY
UNIVERSITY

Emory Continuing Education



Winter
2013
COURSE
GUIDE

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Emory Classes for Adults Ages 50+





Osher Lifelong Learning Institute (OLLI) at Emory is an educational adventure - the quality of instruction and group participation makes OLLI at Emory an engaging intellectual and social experience. A \$99 quarterly membership fee entitles you to enroll in up to 4 OLLI classes of your choice. (Some courses have additional registration fees.) Or you may select a single class for a "sampler's fee" of \$69 (computer classes not included). Register today! Classes are held at Emory Continuing Education, 1256 Briarcliff Road, Building B. To register, call Emory Continuing Education at 404.727.6000 or visit olli.emory.edu. Open to all adults ages 50 and above.

**TUESDAYS:
JANUARY 15-MARCH 5
10:00AM-11:00AM**

Get in Touch with Social Media

Instructor: Stephen Beehler

We all know about social media. In this class, we will discover how to use some of the most popular platforms. Classes will include Facebook, Twitter, YouTube, Google Search, Google +, and Skype. Learn to set up accounts, connect with friends (and grandchildren), "tweet", explore and share videos, search the World Wide Web for images, news, etc., and make free worldwide video online calls. The ability to balance social media with our personal lives is important, and this class will help identify what websites are best for you. This is a lecture/demonstration course; **students are not to bring laptops.**

The World Seen Through Art, Design, and Architecture

Instructor: Allan Hing, MA

Countries can typically be identified by their own unique aesthetics: Britain and reactionary individualism, France and rationalism through technology, Germany with functionalism, Holland by innovation and quirkiness, Scandinavia and their relevance to nature, Italy and humanism, Spain and their love of light, Japan and the emotions (*kokoro*) an object stirs. America is often defined by our confidence and ingenuity. Each country will be discussed with images and examples in order to gain a broad understanding of the ties between aesthetics and cultural identity.

Emergence and Evolution

Instructor: Howard Page

Following up from the ideas introduced in the *Physics of Hope* course, we'll explore applications of emergence and evolution through lecture and book discussion. We'll start with a review of evolution and emergence and follow with discussions on good and evil, religion, cosmology, psychology -- but not politics.

Heroines and She-Wolves: Queens of England

Instructor: Susan Pillans

This course will explore the substantial impact of many Queens of England, ruling either alone or with a King. Maud, Eleanor of Aquitaine (wife of Henry II), Isabella of France (wife of Edward II), Margaret of Anjou (wife of Henry VI), and Elizabeth I and Mary Queen of Scots will serve as the main subjects of this storytelling-style class.

Decolonization Process: African and Islamic Experiences

Instructor: Abdullahi Ahmed An-Na'im, Candler Professor of Law, Emory University

At the turn of the 20th century, nearly the entire continent of Africa was under colonial rule. At the end of the century, the colonists were gone and Africa was left to recover from the ravages of the exploitation inflicted by the foreign invaders. As Africa has emerged, constitutionally-based governments have taken hold, but the residual culture has lagged in transition. Where is Africa today? What have been the obstacles in forming stable governments respecting human rights and dignity? What will it take for the constitutions to gain a footing and provide a solid foundation for governing? What difference does Islam make - good or bad - in the African countries where Muslims comprise the majority? Suggested reading: *African Constitutionalism and the Role of Islam* by Abdullahi Ahmed An-Na'im. ISBN10: 0-8122-3962-8.

It's Not Your Parents' Retirement

Instructor: Debi Buckland, MS, LMFT, LPC

Studies have shown that today's "post-intense career" person spends 20-30 more years in active, healthy retirement than past generations. How are you spending YOUR time? This course takes you through a journey of clarifying and identifying new ways to find passion and fulfillment in your "retirement" phase. We will do instructor-led and fun exploration exercises each week, which will lead to some very lively discussion. If you have recently asked yourself the question "now what?" or "what do I want to do now that I have grown up?" this class is for you.

**TUESDAYS:
JANUARY 15-MARCH 5
11:20AM-12:20PM**

About Mathematics

Instructor: Robert Sullivan

We won't actually *do* math, but we will *talk* about the functions. The course will consider how math differs from other disciplines, including why it's hated and feared by many. We'll also discuss defining characteristics, concepts, strategies, paradoxes, philosophical underpinnings; opposing schools of thought; and biographies of great mathematicians who fought for and against them.

Sight and Sound: American Popular Music from the 1920's to the Present

Instructor: Howard Cohen

Utilizing classic videos, we will explore a vast range of the most popular music in the United States. Artists like Al Jolson, Bing Crosby, Billie Holiday, Judy Garland, Frank Sinatra, Paul Robeson, and Louis Armstrong will be but a small sampling of our wonderful musical heritage. From the 1920's onward, historical footage will illuminate the great Pop Standards, Broadway showstoppers, Jazz Classics, and treasured Folk and Blues Songs. Former owner of International Records, Howard Cohen, will use his 35 years of experience in the music industry and the same format as last summers' successful course on World Music to deliver an entertaining and informative class for students.

The Rise and Fall of the British Empire

Instructor: John Thirkettle

It's the year 1066, and William the Conqueror has invaded England and made himself King. Previously, the British Isles were seen as part of Scandinavia and were often raided by Vikings, many of whom remained and help build a north-looking country. The 1066 invasion turned Britain toward the continent, giving it a European character. For the next 900 years, Britain went from a rainy island to world-dominating power. John Thirkettle tells this history as only an Englishman can.

Dialogues for Women

Instructors: Judie Manulkin, PhD, Host of award-winning cable television show, *Real Talk*

Women are incredible in their ability to transition, be

flexible, grow with life's demands, shift and accept the possibilities presented to them. Come and explore the full range of thoughts, concerns and behaviors that often define women. Class will include intimate and candid dialogue focusing on matters of interest or importance: relationships, independence, money, communications, sexuality, their "selves", and the changes that life offers. Leave class with a greater sense of freedom, power, self-expression and peace of mind.

The Global Warming Controversy

Instructors: John Leggett and Ronnie Shorestein

Examine evidence for and against the view that human activity is causing significant global warming, as well as the statement that we do not have enough accurate information to come to a conclusion about this matter. The course will cover changes in earth's climate - and the resulting consequences - from the time earth was formed to the present date; some of the factors that that have influenced earth's climate in the past; the limits of computer programs to predict future climate change; the consequences of using structured rather than unstructured computer programming techniques for creating climate change models; the latest Assessment Report of the U.N. Intergovernmental Panel on Climate Change (IPCC) and whether its predictions have been accurate; and excerpts from leaked e mails between IPCC researchers that are the basis for the "Climategate I and II" scandals. Lectures will be supplemented with visuals, a detailed time line and a reference list.

The Hamlet Family

Instructor: Saralee Fine

Was Hamlet sane or mad? Why was Hamlet a lingering student at Wittenberg instead of studying kingship at Elsinore? Was Gertrude a caring mother? Was Hamlet Sr. the paragon of virtue his son describes? Was Claudius merely a usurping younger brother or fated by love for Gertrude? Read William Shakespeare's *Hamlet* (preferably Signet Classic paperback) and John Updike's *Gertrude and Claudius* (Ballantine Books, paperback) to decide for yourself. Reading *Hamlet* just before class begins is essential.



**TUESDAYS:
JANUARY 15-MARCH 5
1:00PM-2:00PM**

Cures, Treatments, and the Conquest of Disease

Instructor: William Stanhope, PA, MS

This course uses storytelling and art to recount the major medical and public health discoveries responsible for doubling of the life span over the past two centuries. The course will explore the concepts of contagion, vaccination, anesthesia, quarantine, environmental health, sanitation and the application of scientific observation that have revolutionized man’s ability to improve both the quality and duration of modern life. The discussion of anesthesia will focus on Georgia’s own Dr. Crawford Long and his pioneering work that introduced painless surgery. Concurrently, the series will explore the cultural, religious and economic attacks on many of these medical milestones, which even today threaten to undo centuries of medical progress.

History of Psychology Part II

Instructor: Michael Zeiler, Candler Professor of Psychology Emeritus, Emory University

This course traces the development of psychology as a natural science. Psychology has been and continues to be a field of continual change and development, taking on many forms and adopting a number of different definitions. This history shows where psychology has been, why it was what it was and why it changed, and where it is now. The focus of Part 2 of this course is on the development of the science of behavior.

**TUESDAYS:
JANUARY 15-MARCH 5
1:00PM-3:00PM**

Neurobics IV: Younger Brains Through Creative Thinking

Instructor: Harry Vardis, Director, Center for Innovation and Creativity, Kennesaw State University

People say: “Some people are born creative, and I am not!” This notion is misguided. All of us are creative, and in this course (a continuation of the Neurobics III), we will discover more ways to realize our creativity. We will explore additional methods and activities to help achieve a ‘younger’ brain. We will build on the concepts and practice of creative thinking as we explore productive ways to apply creativity in our everyday lives, engage in interesting practices that you can do in class and at home.

Everyone is welcome. Based on the book *Keep Your Brain Alive* by Lawrence C. Katz, Ph.D. and Manning Rubin.

**WEDNESDAYS:
JANUARY 16-MARCH 6
10:00AM-11:00AM**

Gentle Morning Yoga

Instructor: Bianca Lee

Basic yoga *asana* (poses) and *prayanama* (control of breathing) are taught to improve physical strength, flexibility and balance. Yoga teaches to be mindful of every part of our body as well as our actions and maintain proper physical and mental posture for preventing injuries. Practicing yoga develops a non-judgmental, compassionate attitude and restores inner peace and harmony. The goal is for you to leave the class feeling relaxed, empowered and energized!

Watercolor

Instructor: Marcia Rice

Explore the pleasure you can derive from watercolor. Learn to sketch from photographs (preferably yours) or still life. Supply list is given and discussed the first day of class. **Class size limited to 10.**

**WEDNESDAYS:
JANUARY 16-MARCH 6
11:20AM-12:20PM**

T'ai Chi

Instructor: Harvey Meisner, Certified T'ai Chi and Qi Gong Instructor

T'ai Chi is a series of movements designed to open the body while creating strength, balance, and flexibility and improving cardiovascular health. The continued practice of T'ai Chi can help reduce blood pressure, stress, tension and the pain and stiffness of arthritis, fibromyalgia and other similar disorders. T'ai Chi also helps increase general health and well-being. These are gentle, easy yet effective movements that anyone can do, and all special needs are taken into consideration by the instructor. Gentle music and beautiful moves based on nature will help you ease through your days. All body types are welcome. Come share the joy! **Registration for this class is limited to 15 students, and there is an additional \$64 enrollment fee — just \$8/class.**

**THURSDAYS:
JANUARY 17-MARCH 7
10:00AM-11:00AM**

Fictional History, Historical Fiction

Instructor: Herbert Benario, Professor Emeritus of Classics, Emory University

We shall read three well-known and very popular fictional treatments of periods of Roman history. They are, in the order in which we shall read them:

Lew Wallace, *Ben-Hur* (1880)

Robert Graves, I, *Claudius* (1934)

Henryk Sienkiewicz, *Quo Vadis* (1897)

We shall also discuss the movies or TV series made of these works.

Great Decisions 2013 (Briarcliff)

Instructors: Charles Maddrey and Jack Carew

This year's topics include:

Future of the Euro (Erik Jones) – current state of the European Union debt crisis and the growing debate of austerity vs. growth. (Jack Carew)

Egypt (Bruce Rutherford) – The changing of the relationships between Egypt and the US and where do we go from here. (Charles Maddrey)

NATO (Mark Webber) – What is the future of NATO and what effects will this have on US foreign policy? (Jack Carew)

Myanmar & Southeast Asia (Barbara Crossette) – Developments over the past few years, the ethnic tensions, and the challenges to US foreign policy. (Charles Maddrey)

Humanitarian Intervention (Thomas Weiss) – When should the US get involved in other countries when obvious humanitarian issues are being ignored? (Jack Carew)

Iran (John Limbert) – What foreign policy issues are involved and which ones can the US eventually come to terms with? (Jack Carew)

China in Africa (Bruce Shinn) – What is the extent of China's involvement in Africa and is this a great concern for the US? (Charles Maddrey)

Threat Assessment (Greg Everton) – How is the US coping with the major threats to US security – terrorists, cyber, China, Arab Spring, nuclear rogues, and our fiscal imbalance. (Charles Maddrey)

History and the Arts of Islam

Instructor: Ildiko Flannery

On November 1, 2011, the Metropolitan Museum opened its “completely renovated, expanded and reinstalled” suite of 15 galleries devoted to the arts of Islamic lands. Barely 10 months later, on September 22, 2012 the Louvre opened its new wing, calling it simply “ISLAM”. The Met installation is geographic, the Louvre's chronological. So, let us journey through time and geography in our own pursuit of the cultural-history that the Arts of Islam provide. Visiting lectures by George de Man and Howard Cohen.

Victorian England

Instructor: Joseph Baird

During this course we will take a comprehensive look at England during the long reign of Queen Victoria -- a complex but fascinating era in English history. We will study not only the politics and foreign affairs of the era, but also such diverse topics as art, literature, poverty, education, fashion, child labor, marriage, social rituals, leisure entertainments, and morality (both public and private). We will examine the realities of everyday life for all strata of society. Finally, we will discuss how much of the English Victorian mindset survives in the modern age.

Public Education in Georgia: The Inside Scoop II

Coordinator: Joy Berry

This course is designed to broaden understanding of public education in Georgia through examination of the forces shaping its direction. A team with extensive expertise will present issues including constitutional and legislative responsibilities, impact of state education reform movements, broad authority of the Professional Standards Commission, nurturing a climate of civility in a fast-changing environment, bridging the gap between transparency and public trust, and the challenge to fund public education. The final session is a student-oriented forum.

Health and Happiness at 80

Instructor: Sally Giray

Every day we have choices to make -- often arrived at through habit -- and most habits are so natural to us we hardly notice them. In these sessions, we will take note of habit, and by coming together we will rethink how we perceive ourselves in relation to the age we are (in terms of years) and explore the means whereby we can achieve new patterns of harmony in every aspect of our lives, celebrating the years we've lived and those that lie ahead.



**THURSDAYS:
JANUARY 17-MARCH 7
11:20AM-12:20PM**

Yoga in the Third Age

Instructors: Donna Frankiewicz and Susan Zoller

Experience the benefits of hatha yoga as you learn basic asanas with the help of experienced yoga instructors. **Class limited to 20 students.**

News Literacy in a Digital Age

Instructor: Sean Grapevine

Now more than ever, it's important to be able to distinguish between news that can be trusted and all the other information bombarding us from different media. This course will give you the tools to become a more critical consumer of news and a more informed citizen in this digital age. The class will include discussions on the basics of good journalism and the difference between news and opinion, bias and fairness, and assertion versus verification. Learn how to deconstruct a news story and practice these skills on current news stories in class. By the end of the course, you will know what makes a news story credible and reliable.

The Infinite Variety of William Shakespeare

Instructor: Jim Mengert

When Shakespeare described Cleopatra as possessing "infinite variety," he could also have been describing himself. Variety is one of the most outstanding characteristics of Shakespearean drama, which includes comedies, histories, tragedies and romances set in real and imaginary places, from Denmark to Greece and from Illyria to a mysterious island in the Mediterranean. Within each play, Shakespeare offers a wondrous variety of incident and characters. Such infinite variety is, of course, a testament to the fertility of Shakespeare's imagination -- but it has a structural and thematic purpose, as well. In this course, we'll look at how Shakespeare's variety functions in three very different plays: the comedy *Twelfth Night*, the history *Henry IV, Part One*, and the tragedy *Antony and Cleopatra*.

The End of Roman Empire and the Birth of Modern Europe

Instructor: Esteban Bertera

We will analyze the root causes along the lines of demographic shrinkage, climatological changes and social stress, following them to the economic

consequences and eventual political and military collapse. We will discuss the classical thesis as well as the most modern cliometric and archeological evidence around what has been called "the most traumatic historical event ever." We will focus on the 400 - 800 CE period of Europe (before Charlemagne), placing heavy emphasis on the economic and social transformations of the period, and on how they critically determined modern Europe. See how, from an almost monolithic structure, the Empire fragmented and evolved in several divergent political and social paths.

How Governing the United States Transcends Presidential Turnover

Instructors: Dan McIntyre and Morris Socoloff

During the consecutive terms of three U.S. Presidents—John F. Kennedy, Lyndon Johnson, and Richard Nixon—the fate of the world and the leadership role of the U.S. in shaping the world were dramatically influenced -- starting with the Cold War issues of Vietnam and the Cuban Missile Crisis, and continuing on to the political challenges of Civil Rights and impeachment. The consecutive terms of these three men offer a great study of power being effectively used and/or abused.

Makers of the Modern World

Instructor: Bert Parks

Louis Untermeyer's classic book, *Makers of the Modern World*, has 92 dynamite essays about men and women whose lives have changed our world over the last 150 years. We will relive the vivid, explosive times and ideas of figures such as Darwin, Marx, Whitman, Melville, Dostoevsky, Tolstoy, Twain, Zola, Rodin, Renoir, Nietzsche, Van Gogh, Freud, Shaw, Chekhov, Yeats, Sun Yat-Sen, Curie, Wright, Gandhi, Lenin, Proust, Churchill, Einstein, Stalin, Picasso, Roosevelt, Joyce, Kafka, Hitler, Fitzgerald, Faulkner, Gershwin, and Hemingway. I will select about 6 of these essays to read and discuss every week. Amazon has this book available. If you get excited by revolutionary ideas and extraordinary people who changed our world, this book will light your fire. **This class requires an additional \$12 registration fee.**

Life Stories

Instructors: Marty Bennett and Anna Andres

Gift your kids, grandkids and friends with a slice of your life - one that you find memorable. In a supporting environment, we will discuss, choose and write one or several short life stories. The process will be fun as we live through these events again, recalling and writing the details -- and even more fun when you see the reactions

of those who read your story. Tell about your first love (or the second or third - the later the better); or your first car or house; or your favorite job, or your fun coaching Little League. We'll show examples of others' writing, demonstrate the process, help you select stories and join you in editing and revising until you say exactly what you want to say.

**THURSDAYS:
JANUARY 17-MARCH 7
1:00PM-2:00PM**

Rhyme, Rhythm, and Repetition

Instructor: William Allen, MA

Stretching from George M. Cohan to Stephen Sondheim, this course is another installment in our ongoing study in the imaginative use of rhyme and other verbal repetition by the classic Broadway and popular music lyricists of the last century. Class will include some initial material for clarification from last summer's 6-week course, but will mainly use new songs and recordings to illustrate things that the ear may hear but the mind may not always recognize in lyrics. Attendance in last summer's course not a prerequisite.

COMPUTER CLASSES:

**TUESDAYS:
JANUARY 15-MARCH 5
10:00AM-12:20PM**

Basic Computing for Seniors

Instructor: Denis Gray, Web Designer

Tuition: \$99

Eliminate the mystery of the computer! This is not a traditional computer course, but a relaxed environment with professional assistance. You don't need to own a computer or pay internet fees to have the opportunity to practice on a computer. If you have no computing experience, learn to turn on the computer, use a mouse and keyboard, open files, and browse the World Wide Web. Even if you've used the computer for years, you'll be amazed at how much you'll learn. Get your computer questions answered while you learn email, the Internet, and software programs. All levels of experience are welcome. No prerequisites. **4 sessions: 1/15-2/5.**

**TUESDAYS:
FEBRUARY 12-FEBRUARY 19
10:00AM-12:20PM**

Online Travel Planning

Instructor: Denis Gray, Web Designer

Tuition: \$85

The computer is a great place to find bargains, interesting destinations, and learn more about where you would like travel. Learn to use the power of the internet to plan your next vacation. **2 sessions: 2/12-2/19.**

OLLI SPECIAL EVENT

Great Decisions 2013 (Hallmark at Buckhead)

Instructors: Charles Maddrey and Jack Carew

Dates: Wed: Jan 16 - March 6 / 11:00 am - 12:00 pm

This year's topics include:

Future of the Euro (Erik Jones) – current state of the European Union debt crisis and the growing debate of austerity vs. growth. (Jack Carew)

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Registration Form Osher Lifelong Learning Institute at Emory

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE _____ EMAIL _____

TUESDAYS _____

WEDNESDAYS _____

THURSDAYS _____

PAYMENT \$_____ (\$99 SINGLE QUARTER TUITION + course fees)

I'D LIKE TO SUPPORT THE WORK OF OLLI AT EMORY WITH A CONTRIBUTION OF \$100 OR MORE

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TIME SENSITIVE MATERIAL