

# The Art of Mehndi

## Parental Release Form

**Tuesday, June 5, 2:00 PM South Regional Library 981-1028**  
**Thursday, June 7, 2:00 PM Jefferson Street Branch 261-5787**  
**Tuesday July 31, 2:00 PM Youngsville Branch 856-9385**

Program Description: Teens are invited to try their hands with Mehndi. Mehndi, or henna, is an integral tradition in most Indian families to start celebrations. Teen participants will learn how to apply Mehndi, work with designs, and learn about this art form. Presented by the Acadiana Indian Association.

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Henna is an all natural paste applied to the skin to leave a stain. The paste should be left on the skin for 4-12 hours; soap and water should be avoided for the next 24 hours. This stain lasts one to two weeks (possibly longer) and as your skin exfoliates, the stain will fade away. The stain does not come off instantly, but will fade over time.

Henna paste will stain other things such as clothes, upholstery, and other fabrics.

The henna paste used for this class is made from:

Henna Leaf Powder, Lemon Juice, Dextrose (a sugar), Tea Tree Oil, and Lavender Oil.

Witch hazel astringent will also be used.

I understand the above information, verify that my child is not allergic to the above ingredients, and grant permission for my child to participate in The Art of Mehndi at the Lafayette Public Library.

Parent's Name (please print)

Parent's Signature

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Date

Phone Number

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Child's Name (please print)

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