

# Who do you say that I am and What is Confirmation?

Session Make-Up (August 18, 2013)

This Make-up session has two parts. When completed with both, turn into your facilitator at the next meeting.

## Part 1

**Confirmation**, also known as **Chrismation**, is one of the seven **sacraments** through which Catholics pass in the process of their religious upbringing. According to Catholic doctrine, in this sacrament they receive the Holy Spirit.

The *Catechism of the Catholic Church* states:

Recall then that you have received the spiritual seal, the Spirit of wisdom and understanding, the spirit of right judgment and courage, the spirit of knowledge and reverence, the Spirit of holy fear in God's presence. Guard what you have received. God the Father has marked you with his sign; Christ the Lord has confirmed you and has placed his pledge, the Spirit, in your heart.

## Scripture

Acts 8:14-17 - the people of Samaria were baptized in Christ, but did not receive the fullness of the Spirit until they were confirmed by the elders. Confirmation is a sacrament that Jesus Christ instituted within His Catholic Church to further strengthen those who have reached adulthood.

*Please reflect on the following questions. Write a written response to each question. Your reflection should be at least 1/2 page long for each question.*

1. Are you excited about this year? Why or why not?
2. Who is Jesus to you?
3. What do you want to get out of Confirmation?

4. What topics do you want to learn about?
5. Why have you decided to go through Confirmation this year?
6. How do you think Confirmation can help you in your life?
7. How would you describe your relationship with Christ at this point in your life?

## Part 2

For the second part of this make-up session, you are to summarize the homily given during Sunday (or Saturday evening) Mass and how you will apply it to your life. This should be at least a page long, double spaced, 12pt font.

(Write your answer on a separate piece of paper and fill in the information below).

Date | attended mass \_\_\_\_\_

Church | attended \_\_\_\_\_

Name of the priest that gave the homily \_\_\_\_\_