



LAP SWIM

January 6—May 21, 2015
TUESDAYS 5:30-7:00AM
THURSDAYS 5:30-7:00AM
See lifeguard for schedule changes

MSD Pool
505 East 5th Street

Lap Swim

Time is provided for participants to swim laps at their own pace.

Fees:

PUNCHCARDS ISSUED
YMCA Members: \$30/10 classes
Non-Members: \$40/10 classes



NAME: _____ D.O.B: _____

PROGRAM: LAP SWIM

PHONE #: _____ ALTERNATE PHONE #: _____

E-MAIL ADDRESS: _____

In consideration of my participation of the YMCA of Callaway County, I do hereby agree to hold free from any and all liability the YMCA of Callaway County and its respective officers, employees, volunteers and members, and do hereby for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights for damages which I may have or which may hereafter accrue to me arising out of or connected with my participation in any activities of the YMCA of Callaway County.

I do hereby further declare myself to be physically sound and suffering from no condition or illness that would prevent my participation in any activity of the YMCA of Callaway County. I acknowledge that I have either had a physical examination and have been given my physician's permission to participate, or that I have decided to participate in this activity without the approval of my physician.

SIGNATURE (PARENT IF PARTICIPANT IS UNDER 18):

DATE: _____