Great Prizes... Great Deals

Your Ticket to Fun for 9-13 Year Olds



June 1 - August 10, 2004

www.VERBsummerscorecard.com

PPIZES complete Scorecard to be in Prize Drawing

- \$250 gift certificate/Dick's Sporting Goods
- Bike and helmet/Wal-Mart
- Family membership to YMCA (6 months)
- Year of classes, Bruce Chewning's Taekwondo Academy
- Jr. membership & racquet at Lexington Tennis Club (1 year)

Ice skate at an indeer rink!

- 8 \$25 YMCA gift certificates
- The Stadium Party for 8
- Laser Quest Party for 6
- Champs Birthday Package
- Inflatable Jump rental from
- Astro Events
- 5 Family Pack Passes to Collins and Cosmic Bowling
- Alps Mountaineering, Monarch Pass sleeping bag
- Lexington Gymnastics and Cheerleading Party for 12
- Soccer Start Class, Kentucky Indoor Soccer & Sports
- 4 Family Memberships/Lexington Children's Museum
- Student karate uniform. Karate for Kids
- Gift certificates from Isle of You, J&H Lan-Mark Store. Lexington Gymnastics & Cheerleading

Everyone who completes the Scorecard will win: VERB drawstring sports bag, water bottle and flying disc as well as other coupons. Guard your card with your life. You must have the completed Scorecard to pick up prizes and for prize drawings.

With VERB Summer Scorecard

You MUST bring your card to get the discounts!!!

- · Collins & Cosmic Bowling Lanes: First game FREE in June, July and August. 252-3429, 277-5746
- Extreme Force Martial Arts: 1/2 price for first month of class. 221-3081
- · Brian Chewnings Taekwondo: FREE 8-week beginner class. 223-2842
- I Am Third Basketball, Cheerleading & All Sports Camps, Centenary United Methodist Church: \$10 off camp registration. 269-2800, x282
- Karate for Kids: \$194 savings enrollment in Basic Course or 1 month FREE with purchase of uniform (new members). 276-2425
- Kid's Place: Two for the price of one all summer. 272-5433
- · Laser Quest: \$1 off regular game price Friday, Saturday & Sunday; \$2 off regular game price Monday-Thursday. 225-1742
- Lexington Gymnastics & Cheerleading: \$3/hr open gym (9 am-5 pm M-F). 273-5880
- Lexington Ice & Recreation Center: Buy 1, get 1 FREE for skating or miniature golf (Sunday-Thursday). 269-5681
- New Balance Lexington: 10% off any non-sale item for student and accompanying adult. 269-8313
- The Stadium: Buy 1, get 1 FREE game of bowling, laser tag or rock wall climbs, Monday-Friday, 11 am-9 pm. (All games must be put on existing card or must buy new one). 296-6549

Don't forget to

get your card

stamped!



Your parent can initial one of your Scorecard squares each time you play for an hour on up to 12 of the squares. Try some of these activities:

- Play some hoops
- Hula Hoop
- Jump rope
- Play frisbee
- Swing on a swing
- Ride a bike
- Skate inline or board
- Swim
- Take a walk
- Dribble a ball around the block
- Turn on the radio & dance



 Check out VERBnow.com for "how to" videos and more fun things to do.

Double Time Any Time Take two VERBS, make one game ... and go. Sockey: Use a hockey stick and a soccer ball to make your own game.



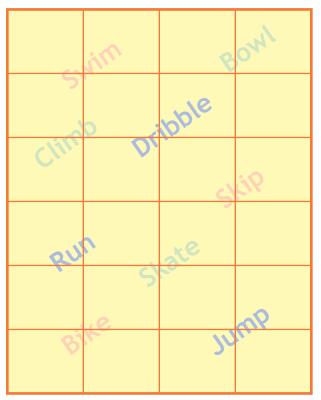




- Bounce a ball against a wall
- Make up fun, active games with friends and family



Get your Scorecard stamped each time you do an activity at any Scorecard site. You can get your card stamped at the same place over and over. Or, mix it up and try different places.



Parents can initial one of your squares each time you play an hour on up to 12 squares. If all 24 squares are stamped or initialed by August 10, you're eligible for prizes.

www.VERbsummerscorecard.com



To double your fun, do enough activities to complete more than one Scorecard. With more than one card in the drawing, your chance of winning grand prizes increases. One basic prize package per person.

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Participation in this program is voluntary. The Lexington-Fayette County Health Department is not responsible for any injury or illness incurred during this program.



You MUST bring your Scorecard!

June 5, 2-4 pm, Lexington Children's Museum, Dance, Jump & Boogie, FREE with admission, 258-3256

June 12, 2-4 pm, Lexington Children's Museum, Movin' to the Music Dance Workshop. Free with admission. 258-3256

June 14, 6-8 pm, Champs Rollerdrome, FREE admission for first 165 Scorecard holders. 268-3888

June 15, 10:30 am-12:30 pm, North Lexington YMCA Basketball Clinic, sponsored by Centenary United Methodist Church & I Am Third Coaches, FREE. Registration required. 269-2800, x282

June 21-25. Centenary United Methodist Church. Basketball Camp. \$10 off registration with Scorecard. Call for times. 269-2800

June 22, 2 pm, Tates Creek Library Branch, Get Moving Kentucky!, ages 9-12, Reservations required. 231-5580

June 26, 9-4 pm, Jefferson Fitness Club: Kids swim FREE with parent supervision. 255-2582

June 26, 2-4 pm, Lexington Children's Museum, Self Defense. FREE with admission. 258-3256

June 26, 2-3:30 pm, Woodland Park, Water Games, Relays & Fun.

June 27, 1-5 pm, Jefferson Fitness Club: Kids swim FREE with parent supervision, 255-2582

June 28-July 2. Centenary United Methodist Church, Basketball Camp, \$10 off registration with Scorecard. Call for times. 269-2800. x282

July 6-7, 9 am-5 pm. Centenary United Methodist Church, Advanced Boys Basketball Camp (ages 10-14), \$10 off registration with Scorecard, 269-2800, x282

July 8, 6-8 pm, Champs Rollerdrome. FREE admission for first 165 Scorecard holders. 268-3888

July 8-9, 9 am-9 pm, Centenary United Methodist Church, Advanced Boys Basketball Camp (ages 10-14), \$10 off registration with Scorecard, 269-2800, x282

July 10, 11 am-1 pm, Laser Quest, FREE admission to first 100 Scorecard holders: \$2 off admission after first 100, 225-1742

July 18, 2-6 pm, KY Indoor Soccer & Sports, FREE Football & Soccer Clinic 533-4653

July 19-23, Centenary United Methodist Church, Cheerleading Camp, \$10 off registration with Scorecard (ages K-5th grade). 269-2800, x282

Julv 25. 1-5 pm. Jefferson Fitness Club. Kids swim FREE with parent supervision. 255-2582

July 27, 7-8:30 pm, Cardinal Valley Park, Water Games, Relays & Fun

August 9-13, Centenary United Methodist Church, All Sports Camp, \$10 off registration with Scorecard (ages 8-12). 269-2800

You MUST bring your Scorecard!

- Sundays, 2-3 pm, Beaumont Centre YMCA. Sunday Big Fun Gym. FREE. 219-9622
- Mondays & Fridays, 4:15-5 pm, Beaumont Centre YMCA, Muscle Mania Youth Fitness Class. FREE. 219-9622
- Tuesdays & Thursdays, 6-8 pm, FREE SWIM at Woodland, Castlewood, Tates Creek & Southland pools, FREE swim all summer at Douglass Park
- *Tuesdays/Thursdays*, 5:45 pm, *Wednesday* at 4 pm & Saturday at 10 am, \$7 yoga class for tween and parent Earth, Body and Spirit, 276-3501
- Fridays, 7 pm-11 pm, Champs Rollerdrome ½ price admission, June 4-August 7. 268-3888
- Saturdavs & Sundays, 2-5 pm, Champs Rollerdrome, ¹/₂ price admission. June 5-August 6. 268-3888
- Saturdays in June & July: 1 FREE Class/Soundoff Fitness Adventures at Golds Gym, 230-9854. Parents use gym FREE while child is in class.



All Day Programs on Monday, June 21

- FREE admission to all Lexington pools
- Events at all YMCA's
- Kids Place, \$2 admission, 272-5433 Karate for Kids, Buddy Day. Call 276-2425 for FREE class.

Other Programs and Times on Monday, June 21

- 9 am-5 pm: Lexington Gymnastic & Cheerleading, \$4 per child/3 hours of play. 273-5880
- 10-11 am: Lexington Tennis Club, FREE Beginner's Clinic. Call to reserve. 272-4546
- 10 am-3 pm: Collins and Cosmic Bowling Lanes, Tween 5 x 5 Bowling Party, \$5 for 5 hours (includes shoe rental). 252-3429, 277-5746
- 10 am- 6 pm: A Day of Summer Fun, Pleasant Green Baptist Church, 276-4460, 223-1814
- 11 am-5 pm: The Stadium, 1 FREE game of choice. Limit 1. 296-6549
- Noon to dusk: Cardinal Valley Park/Una Tarde Infantil, Learn to Dance & Win Prizes: Marengue, Salsa, Quebraditas, Hip Hop. 281-6086

Longest Day of Play, Monday, June 21, Continued

- 1-3 pm: Wet 'N Wild Day, Centenary United Methodist Church, 269-2800, x282
- 1-4 pm, Inflatable Game & Shoe Clinic, New Balance Lexington, 335-1818
- 2-9 pm: Laser Quest, Unlimited games, \$20. 225-1745
- · 2-4 pm: Lexington Children's Museum, Balloonapalooza. 258-3256
- 4-5 pm: Earth, Body & Spirit, FREE Yoga Class. 276-3501
- 7-8 pm: Lexington Ice Center, FREE ice skating, 269-5681
- North Lexington YMCA, 6:30 pm: Outside Aerobic Dance Class; 7:30-10 pm: Turn Back the Clock: Kick-the-can, kickball, tug-of-war & relays. FREE & open to public. 258-9622
- 5-7 pm: Extreme Force Martial Arts Class. FREE for child with adult. 221-3081

August 10, 7-9 pm at Applebee's Par

Drawings for Grand Prizes!

Find your VERB at the Grand Finale: Martial arts, bowling, tennis, laser games, gymnastics, wacky games and much more! Meet the Legends players, run the bases and pick up your prizes. Be sure to bring your completed Scorecard to this event to be eligible for prizes!

If you can't come to the event:

- · Bring completed Scorecard to any YMCA between August 2-6 to pick up your prize package and be eligible for big prizes.
- Or mail your Scorecard by August 5 to Lexington-Fayette County Health Department, 650 Newtown Pike, Lexington, KY 40508. You'll be eligible for prize drawings, but won't get individual prize package with this option.